

A FREE PUBLICATION

# TRENDY



Next Issue: Tuesday, August 31  
Deadline: Thursday, August 26

# TIMES

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AUGUST 17, 2021 VOLUME 12, NUMBER 23

## Landaff Old Home Day Returns Saturday, August 21

The Landaff Old Home Day is back. Having to cancel our 2020 celebration, we are happy to bring back the largest event in Landaff supporting the Landaff Volunteer Fire Association. There are multiple events being held on Saturday, August 21, 2021. The first event starting at 9:00 a.m. is the annual auction where items donated from residents around the north country and local business including baked goods are auctioned with an entertaining auctioneer. It is always fun and interesting to see which item gets a bidding war started and if we are lucky, we can beat the \$1200.00 once paid for an apple pie! There will be a concession stand selling the best burgers, hot dogs and Landaff Famous Donuts along with a bounce house

for the kids. Raffle tickets with over \$1,000.00 in prizes will be available for sale.

We were contacted by the State of NH for them to host a vaccination clinic at the event and were pleased to accept the offer to help anyone who wants to be vaccinated receive the vaccination. You may speak with the personnel on hand to understand which vaccination is available and whether it is the right choice for you. The "pop-up vaccination clinic" starts at 11:00 a.m just outside of the Landaff Town Hall. The organizers feel it is important to make access to getting a vaccine as easy as possible and is working with Zina Schmidt, the Public Health Emergency Preparedness Coordinator. At the events throughout the day, Covid precautions will be

taken with the bulk of the events being held outdoors where there is plenty of room for spacing and at the benefit dinner, all servers will be wearing masks and indoor seating will be properly vented and spaced.

The Landaff 2nd Annual Cornhole Tournament will start registrations at noon with play beginning at 12:30 p.m. We are excited to help introduce cornhole tournaments to the North Country and we have professional grade boards and bags. The registration is \$30 and the number of teams will be capped between 20-30 teams. As the tournament grows, the Association may look to hold other tournaments at other locations throughout the North Country.

There will be two seatings for the Benefit Supper at 4:30

p.m. and 5:30 p.m. Reservations are suggested. You may call 603-838-6870 or 838-5269. The dinner will feature great food and pies for dessert. The dinner cost \$10 per person, \$5 for children. There will be limited indoor seating and plenty of sheltered seating outdoors.

The Landaff Volunteer Fire Department is one of the last if not the last pure all-volunteer fire departments (meaning our members do not receive any compensation in any form making us true volunteers). We are part of the Twin State Mutual Aid system and respond to fires in Lisbon, Lyman, Littleton, Bath, Woodsville, Sugar Hill, and other areas as necessary. Our department currently has 14 members and our Association that supports the department has about 30 members.



These are great numbers from a community of less than 300 full-time residents which shows our communities commitment to community and service. This year, we are raising money for new turnout gear and additional radios for our members. The Landaff Volunteer Fire ASSOCIATION mission is to primarily support the fire department, but also offers scholarships to all Landaff Students who pursue higher education after high school. A small portion of the proceeds of the auction supports this effort as well.

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# TRENDY Dining Guide

## Cider House Cafe

by Gary Scruton

If you did not realize it yet, I enjoy visiting our Dining Guide advertisers and partaking of not only their food, but the whole experience of "Dining Out". Sometimes these excursions are well planned and sometimes they happen at the last minute.

This time around we planned ahead a bit and were rewarded with a great Saturday morning, weather-wise. The weather can make a difference when you visit the Cider House Cafe, because on a pleasant day it offers one of the most pleasant dining areas.

But let's start at the beginning. We knew we wanted breakfast and as it is only served until 11 am we got ourselves going early enough to get there in plenty

of time. We walked into the cafe and through the dining hall area to the back located counter where orders are placed. A menu is posted overhead on a blackboard, but there are also menus you can pick up and hold. We took one and turned back to a counter area that gave us a chance to look over the selections and make our choices. It also helped me that others came in and went straight to the order counter where I overheard at least a portion of their order.

We stepped up next with decisions made. Janice had settled on a breakfast burrito which came with a beverage (she picked a water from the cooler) and some home fries. I heard that one of the specials for the day was blueberry pancakes so that became my choice. I added

sausage and real maple syrup. The meal included a beverage and I grabbed a styrofoam cup and pressed the lever on the French Vanilla labeled coffee urn. Both meals also included a freshly made donut that came with a shaker of sugar..

It was also at this time that we paid for our meal. Another reason to plan ahead if you are one of those who seldom carry cash. Cider House Cafe does not take plastic. Our total for meals was \$20.37 which I paid for and left the change in the tip jar. Janice added some more cash to the tip jar on the counter. We were also handed a buzzer to let us know when our meals were ready.

With all this done we took our beverages and headed for the great out-

doors. There are a number of picnic tables scattered about on the front lawn. Each one has a great view of the distant mountains looking westerly. To the north of the area is a great looking apple orchard (after all this is also home to Windy Ridge Orchard). and to the south is the play area and trails. While we waited we saw what used to be a train powered by a four wheeler come through. The cars have now been repainted with Holstein colors and heads added so that the kids can enjoy taking a ride with the cows.

Our buzzer rang and I ventured back inside. A tray with our meals, utensils and extras was waiting for me. The buzzer shut off just as I approached the counter so I exchanged it for the tray and went back out to our table.

Janice's burrito had scrambled eggs, chunks of sausage, mushrooms, onions and cheese. On the side were small containers of sour cream and salsa. My three pancakes were about 8" in diameter and had plenty of blueberries. There was one sausage patty sliced in half and it had some good zest to it. Needless to say we managed to finish off our meals.

When done we gathered all our items back onto the tray and I went inside once more to return them. While I was there I returned to the counter in hopes of getting some more of the donuts that we had tasted earlier. A half dozen donuts in a white paper bag with plenty of sugar and cinnamon sprinkled in cost me only \$5 more.

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## LFC Partners With ATNHS

The Littleton Food Co-op (LFC) is partnering with The Above The Notch Humane Society (ATNHS) for this month of August. Many years ago when the LFC piloted the Partner of The Month concept, ATNHS had the honor of being the first organization to benefit from this unique opportunity. Since then dozens of local North Country nonprofit organizations have received thousands of dollars thanks to this unique symbiotic relationship. For the Above The Notch Humane Society it has provided a significant contribution in the years they have been involved.

Being a local totally volunteer organization that has served the community for twenty years whose mission is to: "Provide support for stray and unwanted dogs in our communities and attend to their necessities while

looking for their forever homes" the funds raised go directly to help the animals. Over the last few years ATNHS has spent around thirty two thousand dollars a year to cover the services they have provided. These services have included such things as: animal cruelty and abuse investigations; low cost spay neuter clinics; lost or missing dog searches; free obedience training; free pet food for low income families; and pet first aid classes.

To date the member/owners and customers have raised \$36,890.05 for area non-profits that the member/owners have chosen. Just by rounding up at the register the amount grows and grows throughout the month. A big thank you to all who round up and cultivate a vibrant community!

Member-owned Littleton



Food Co-op serves the community by providing high quality food, offered at a fair price, with outstanding service. Everyone is welcome to shop and anyone is welcome to join. Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily from 7 am - 9 p.m. For more information or to become a member, please visit [www.littletoncoop.com](http://www.littletoncoop.com), call 603-444-2800 or just stop by!

## Army Guard Retiree Luncheon Date Set

The New Hampshire Army National Guard (NHARNG) 12th Annual Retiree Luncheon date has been set for Thursday, September 23, 2021 by the luncheon planning committee. The committee is made up of current and retired Army National Guard members. Our immediate goal is to notify all retired NHARNG members about this upcoming event. Retirees who have not attended prior luncheons or have relocated are urged to contact Command Sergeant Major (Ret) David Follansbee via e-mail: [dave\\_follansbee@comcast.net](mailto:dave_follansbee@comcast.net) or (603) 623-7757.

This year's luncheon will be at the Joint Force Headquarters building on the State Military Reservation in Concord and will feature a briefing on the current status of the NHARNG as well as exhibits and displays of interest to retirees. A group photo is also planned. The luncheon fee is \$8.00 at the door.

If you are an NHARNG retiree and plan to attend the luncheon you should RSVP no later than September 13th.

The planning committee asks if you know of someone who has retired from NHARNG to pass this information along.

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## Thank You North Haverhill Fair!

I would like to take this opportunity to thank the Directors, staff and the 300+ volunteers who made the North Haverhill Fair such a success. I especially enjoyed visiting and talking with local youth who are members of organizations like 4-H and the Future Farmers of America. Living through this horrible COVID pandemic has been difficult; the opening of the fair was a welcomed escape and return to a better "normal."

While visiting the fair on the opening afternoon, selected officials were invited to meet with the fair's Board of Directors. Currently, there are 12 fairs and expositions that comprise the New Hampshire Association of Fairs and Expositions. The North Haverhill Fair which opened July 28, is the first of this year's NH fairs that are held throughout the state from Lancaster to Rochester. The meeting with Directors was very informative and productive. The North Haverhill Fair is a successful

fair, but battling a number of challenges in order to remain a viable, sustaining non-profit organization. It should be noted that this fair focuses on a mission that is community and family oriented. As an agricultural fair, North Haverhill is also committed to providing exhibitors the opportunity to educate and promote agriculture and homecrafts to visitors. Live entertainment and cultural activities, the demo derby, livestock competitions, amusement rides and more provide something for everyone. Fair Directors continue to provide free parking, inexpensive entry fees, and many free ongoing attractions within the fair grounds. As presented by elected officials, the fair could not continue to operate without the committed support of 300+ volunteers. Each volunteer deserves a hearty "THANKS!"

The viability of NH's historical fairs is a part of New Hampshire, a heritage in which continued support is

needed. As I walked around the fairgrounds with NH's Commissioner of the Department of Agriculture, Markets & Foods (Shawn Jaspur), we were impressed and pleased to award the 'Commissioner's Award' to the Little Critters...CONGRATULATIONS! As usual, the Ed Blaisdell Maple Museum, did an excellent job of showing how the process of making maple syrup had progressed through the years. But with all the wonderful fair offerings, the Directors were very up front in letting us know that financial support is needed to help upgrade capital/building projects. This is where the legislature may be able to offer some assistance. In years past, state fairs received financial support from the Rockingham Race Track, which is no longer available. During the upcoming legislative session, elected officials from the House and Senate will be proposing legislation to offer statewide fairs some needed financial assistance.

In closing, I want to again thank the Directors for their informative and welcoming meeting.

Respectfully Submitted,  
NH Rep, Rick Ladd  
Chairman House Education

## Haverhill Town Manager Offers Public Thanks

Op-Ed By  
Brigitte M. Codling  
Haverhill Town Manager

I would like to publicly thank Darwin Clogston for having the fortitude to publish in the August 5, 2021 Bridge Weekly some of his observations from the past two years. All too often, local officials cannot discuss or disclose the "other side of the story" and because of that we (Town Administration & Select Board) are judged without being able to explain our actions or inactions. We often cannot, or do not, discuss the unpleasant side of the story; the tough decisions, the personalities, juggling of priorities, personnel matters, hostile negotiations, harassment, threats, and insults. Regardless, we come to work every day to serve in the best interest of our citizens. The job of Town Manager is not an easy one, with five revolving supervisors, each with their own unique thoughts, experiences, and ideas; each with their own agendas and biases; each with their own

constituents; each with their own reason for wanting to be a Selectmen. Often these well-intentioned members of the community do not agree on what a Town Manager does or should be doing. They are elected to the Select Board without true knowledge of what has happened over time and why. They don't know "the other side of the story", but are expected to be a supportive supervisor. It is not easy, for me or them. As Town Manager, I navigate these differences while doing my job to the best of my ability every day in accordance with NH RSA 37. I had a mentor earlier in my career who told me once when I was discouraged, "Brigitte, we come to work every day and give it 100%, because it's the right thing to do." I have followed that motto ever since; giving my role as Town Manager 100%, is the right thing to do for Haverhill regardless of how hard it can be. I love my job, I work with amazing people, and look forward to serving the community of Haverhill for years to come.

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# UnCommon Jam on the Newbury Common

After a year's hiatus, the UnCommon Jam music festival returns to the Newbury Common on Sunday, August 22nd from 1-6p.m. this year. Under the auspices of Court Street Arts (Haverhill Heritage Inc) of Haverhill, NH, this will be the 7th year of the festival which features live music, great local foods, and craft beers and ciders.

The bands this year include the Dave Keller Band (Montpelier) featuring blues and soul, leading off. Then The Mammals (Hudson Valley, NY) bring their rollicking brand of Americana and folk music to the stage, followed by Linda B and the Barncats, featuring Haverhill's native daughter, Linda Boudreault, bringing their lively set of R&B to wrap up the event. The local duo of Phyllis Shea and Randy Wales will play on the small stage between sets.

Scott Danforth's BBQ

food truck, Billy Brigsten' Bright Sun Kitchen featuring Louisiana cuisine and Cold Mountain Café's food truck will be the featured food vendors, with coffee, ice cream, desserts and assorted beverages – including a beer garden with VT craft beers and ciders – also available.

With generous sponsorships from Valley Floors, Housewright Construction, Wells River Savings Bank, Farmway, Judith Lerner, Colby Insurance Group, Knoxland Farm, North Country Organics, Camp Farwell, Woodsville Guaranty Savings Bank, Oakes Lumber, and Community Bank NA.

The cost to attend is only \$10 for those over 12 years of age.

For more information, go to [www.courtstreetarts.org](http://www.courtstreetarts.org) or call 802-866-3320

# Wonderland Welcomes Alice To OCT (BA) Stage

by Gary Scruton

If you enjoy live theater, or if you enjoy children performing, or if you like the tale (or tail) of Alice in Wonderland, then you need to get to the Old Church Theater (right now it is moved to the stage at the Bradford Academy building) to enjoy this adaptation of this long time classic.

The performance I attended was opening night which always means a certain amount of jitters, especially seeing as the cast of about 17 included at least three who had never before performed on such a stage. Of course there were also some long time actors among the troop. In all it made for a balanced cast of characters that seemed to me to pull off the performance just fine.

The other thing about opening night was that it had been quite warm that Friday and as much as the audience must have been quite warm, the actors must have felt it even more. But again there did not outwardly appear to be any is-

sues due to the heat.

The first people that need to be congratulated on this performance are the co-directors, Melissa Mann and Robin Keith. A cast of this many individuals must be difficult to handle. Add in the fact that more than half are not yet able to drive a motor vehicle, and there are bound to be both learning as well as transportation issues getting to rehearsals, not to mention the performances themselves. But again the performance did not appear to suffer.

Let me add one more factor into this equation. The title role of Alice was played by Lara van Wyk. If you don't recognize the name it's because this is Lara's very first performance in the United States. Lara recently relocated here from New Zealand and I, for one, hope she stays to take part in many more Old Church Theater productions.

As mentioned earlier there were a number of long time performers who were also part of this cast. Megan Bullard, Doug Coughlin and Carrie Anne Quinn are all fa-

miliar names, and faces, on the OCT stage. Though their roles could easily have let them steal the spotlight they all took their roles to heart and also let the surrounding, and possibly less experienced actors, fill their roles and grow their own experiences.

Another aspect is that, as you might expect, the stage at the Bradford Academy building is different from the OCT stage, or even their other recent temporary home. With a new location come new hurdles as well as some welcomed additions. The obvious addition is that reservations are not required for this show. The audience has plenty of choices for comfortable cushioned seating. Again, the difficulties, if any, were not obvious to those enjoying the performance.

Congratulations on a strong return for Old Church Theater and the cast and crew of Alice in Wonderland. If the normal holds for most theater groups this production will improve as they continue to open the curtain.

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 9 a.m. - **AUCTION**  
 (preview and registration starts at 8:30a)  
 9 a.m. - **CONCESSION STAND** - featuring the best burgers and hot dogs and Landaff Famous Donuts  
 9 a.m. - **BOUNCE HOUSE** for the kids  
 9 a.m. - **FRIENDS OF LANDAFF BOOTH** featuring Unique Landaff Craft items  
 12 noon, registering teams for the **2<sup>ND</sup> ANNUAL CORNHOLE TOURNAMENT**  
 First place \$100 & 2nd place \$50.  
 We will have professional boards and bags.  
 4:30 & 5:30p **LANDAFF BENEFIT SUPPER** with reserved seatings for each time  
 5:30p **BACK SHED STRING BAND**  
 We are taking strong COVID prevention protocols and having most of the event outdoors where people can space as necessary.  
 All proceeds benefit the Landaff Volunteer Fire Association which is the fundraising branch of the Landaff Volunteer Fire Department.  
**Raffle tickets will be sold featuring over \$1000 in prizes**



**SUNDAY**  
**AUGUST 29<sup>TH</sup>**  
 7:30 PM

**LE VENT DU NORD**

**TICKETS**  
**\$20**

The award winning and highly acclaimed band Le Vent du Nord is a leading force in Quebec's progressive francophone folk movement. The group's vast repertoire draws from both traditional sources and original compositions, while enhancing its hard-driving soulful music (rooted in the Celtic diaspora) with a broad range of global influences.

On stage these friends create intense, joyful and dynamic live performances that expand the bounds of tradition in striking global directions. This is the modern sound of tradition, a music of the here and now.

The Bailiff's Cafe will be serving assorted desserts, craft beer, and wine.

**Court Street Arts**  
 at ALUMNI HALL

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# Calendar of Events

EVENTS FROM LOCAL NON-PROFITS, SCHOOLS AND TOWNS. *PRESENTED FREE BY TRENDY TIMES.*

## AUGUST 1 - SEPTEMBER 7

NORTHERN GRAFTON COUNTY REPUBLICAN COMMITTEE SILENT AUCTION  
WWW.NGCRC.ORG

## THURSDAY, AUGUST 19

UPSTAGE PLAYERS AUDITIONS  
6:00 - 8:00 PM  
Littleton Opera House

## WEEKS STATE PARK MEETING & CONCERT

6:30 PM Annual Meeting 7:00 PM Concert  
Great Room, Summit Lodge, Lancaster  
See Article on Page 11

## VFW POST #5245 MONTHLY MEETING

7:00 PM  
VFW HALL, NORTH HAVERHILL

## FRIDAY & SATURDAY, AUGUST 20 & 21

ALICE IN WONDERLAND by Old Church Theater  
7:00 PM See Article on Page 5 & Ad on Page 9  
Bradford Academy Auditorium, North Main Street

## SATURDAY, AUGUST 21

Landaff Old Home Days  
9:00 AM Auction : Noon Cornhole,  
4:30 & 5:30 Supper 5:30 Back Shed String Band  
See Article on Page 1 & Ad on Page 5

## BAKE SALE

9:00 AM - 2:00 PM See Ad on Page 6  
121 Central Street, Woodsville

## MICKEY WILLIAM ALUMNI SOCCER GAME

11:00 AM Girls, 1:00 PM Boys  
Woodsville High School See Ad on Page 4

## CAMP FARWELL TOUR & PRESENTATION

1:00 PM See Ad on Page 6 & Article on Page 7  
Camp Farwell, Hall Pond, Newbury

## EVERY DAY AUGUST 21-28

FREE CLOTHING EVENT  
lots of summer & winter clothes for all  
9:00 AM - 6:00 PM Warren, NH Town Hall

## SUNDAY, AUGUST 22

ACOUSTIC MUSIC JAM  
12:00 NOON - 3:00 PM  
Clifford Memorial Building, Woodsville

## UPSTAGE PLAYERS AUDITIONS

1:00 - 4:00 PM  
Littleton Opera House

## ALICE IN WONDERLAND by Old Church Theater

3:00 PM See Article on Page 5 & Ad on Page 9  
Bradford Academy Auditorium, North Main Street

## SUNDAY, AUGUST 22

UNCOMMON JAM MUSIC FESTIVAL  
1:00 - 6:00 PM See Article on Page 5  
Newbury Common

## SATURDAY, AUGUST 28

ERNIE & JASON COUCH REVIVAL/CONCERT  
7:00 PM See Ad on Page 6 & Article on Page 7  
United Methodist Church, North Haverhill

## SUNDAY, AUGUST 29

LE VENT DU NORD CONCERT  
7:30 PM See Ad on Page 5  
Court Street Arts, Haverhill Corner

## MONDAY, AUGUST 30

HAVERHILL SELECT BOARD MEETING  
6:00 PM  
Clifford Memorial Building, Woodsville

## WEDNESDAY, SEPTEMBER 1

JAKES EVENT REGISTRATION  
DEADLINE  
See Ad on Page 13

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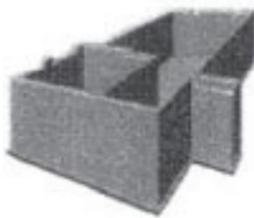
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## FRIDAY, SEPTEMBER 3

BOB & SARAH AMOS & OTHERS CONCERT  
7:00 PM See Article on Page 9  
Peacham Congregational Church & Meeting House

## SATURDAY, SEPTEMBER 4

SO LONG SUMMER - HELLO FALL FESTIVAL  
9:00 AM - 2:00 PM  
main Street, Wells River

## TUESDAY, SEPTEMBER 7

WOODSVILLE AREA 4TH OF JULY MEETING  
7:00 PM  
Woodsville Community Field, So. Court St.

## WEDNESDAY, SEPTEMBER 8

ROSS-WOOD POST #20 AMERICAN LEGION  
MONTHLY MEETING  
6:00 PM  
4 Ammonoosuc Street, Woodsville

## SUNDAY, SEPTEMBER 12

BENEFIT TEXAS HOLD 'EM POKER  
11:00AM-1:15 PM Cash 1:45 Tournament  
Moose Lodge 1779, St. Johnsbury

## MONDAY, SEPTEMBER 13

ROSS-WOOD UNIT #20 AMERICAN LEGION  
AUXILIARY MONTHLY MEETING  
6:00 PM  
Post Home, 4 Ammonoosuc St., Woodsville

## SUNDAY, SEPTEMBER 22

ACOUSTIC MUSIC JAM  
12:00 NOON - 3:00 PM  
Clifford Memorial Building, Woodsville

## DAILY WALKING

11:00 AM - 12:00 NOON  
zks,rd T z,ptto;; Nio,fomh. zmptyj zjsbrtjo;;

## MONDAY, TUESDAY, THURSDAY

10:00 AM - 1:00 PM

## WEDNESDAY

6:00 PM - 7:00 PM

GOOD SHEPHERD ECUMENICAL FOOD PANTRY  
65 S Court St. Clifford Building, Woodsville, NH.

## Newbury Historical Society Presents

### A Free Presentation and Tour

# CAMP FARWELL – The First Girl's Camp in America

Saturday, August 21, at 1PM

Reservations are required.

Call Aroline Putnam at 802-429-2402  
or email her at Putnam8@fairpoint.net  
Must be Fully Vaccinated and Masked

Park at the Veterans Park on Camp Farwell Drive,  
West Newbury, and walk or carpool to Camp  
Farwell at 421 Camp Farwell Drive

## ACRES OF HOPE CHRISTIAN FELLOWSHIP

# Bake Sale

Homemade cookies, bread,  
baked beans, cupcakes, and more!!

SAT, AUG 21, 2021 • 9 AM TO 2 PM  
121 CENTRAL STREET, WOODSVILLE NH

All profits and donations to benefit  
our annual Women's Conference.



# IN CONCERT



**ERNE & JASON COUCH  
REVIVAL**

**August 28 at 7pm**  
**United Methodist Church**  
**North Haverhill NH**



# Camp Farwell - The First Girl's Camp in America

The Newbury Historical Society has resumed offering programs after a year's hiatus, and we are pleased to announce the first one: a presentation of the history of the first girls' camp in America and a tour of that camp, Newbury's very own Camp Farwell on Halls Pond. Julia Farwell of Wells River founded the camp in 1889. The camp's present owners and directors, Bob, Charyl, and Marley Hanson, are generously inviting visitors to Camp Farwell for a free presentation and tour on Saturday, August 21st at 1:00.

Reservations are required. No one will be permitted to visit Camp Farwell without a reservation, and reservations will be limited to the first 25 people who request one. To ensure a spot, call Aroline Putnam at 802-429-2402 or email her at Putnam8@fairpoint.net Please note that all attendees must be fully vaccinated and come wearing a mask.

Camp Farwell is located at 421 Camp Farwell Drive in Newbury. Visitors are asked to park either at the Veterans Park at the beginning of Camp Farwell Drive or across from the Halls Pond boat launch and walk or carpool to Camp Farwell. The camp cannot accommodate parking for all attendees.

Reserve your spot now, to visit Camp Farwell and learn how it helped shape Newbury's history and how it nurtured and inspired countless young women over its 132 years of operation.

# Exciting Mixture of 20th Century Gospel Classics & Originals

Gospel and Christian music fans need to circle August 28th at 7pm on their calendars. On that date, Nashville, TN duo Ernie & Jason Couch, will be in concert at the North Haverhill United Methodist Church, North Haverhill, NH.

Ernie & Jason will be bringing an exciting mixture of 20th Century gospel classics and originals to town. These guys are known across the United States and Canada for their live music, good humor, and genuine spirit. Many describe the group as refreshingly different, and a lot of fun. Jason Couch stated, "We want to reach everyone from all age groups and backgrounds, with the message of the

music. We enjoy what we do and want the people to enjoy it just as much. We certainly will give it all we got in the time we have."

This duo has been traveling the road for almost three decades, presenting a professional evening of music. Besides a Grammy nomination, having a number of songs in the gospel charts both here and abroad, Ernie and Jason have recorded with such greats as: George Beverly Shea, Jake Hess,

George Jones, Petra, James Earl Jones, Patti Page and Dallas Holm to name a few.

Please take the time to check these guys out for yourself at [www.erniecouchandrevival.com](http://www.erniecouchandrevival.com) or on their Facebook page at Ernie Couch & Revival. If you want to enjoy a great evening of music, don't miss seeing Ernie & Jason Couch in concert! A 'goodwill offering' will be collected.

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BEST TO CALL AFTER 5 PM Woodsville, NH

# THANK YOU!

*We wish to thank the thousands of visitors, near and far, young and old, new or long time, who attended this year's 77th Annual Fair!*

*Many thanks also to the over 300 volunteers who helped make all the events, new and old, possible.*

*Another huge and heartfelt thanks to our many business sponsors for their enthusiasm in supporting this family fair.*

*Finally, a thank you and congratulations to the hundreds of competitors at this year's fair.*

**The all volunteer Officers and Board of Directors of the North Haverhill Fair thank one and all and wish you a great 12 months until we meet again, JULY 27 - 31, 2022 FOR THE 78TH ANNUAL NORTH HAVERHILL FAIR**

David Lackie, President  
John Aldrich, Vice President  
Dianne Ingalls, Treasurer  
Linda Stoddard, Secretary  
Board of Directors: Jim Aldrich, Debbie Bigelow, Harold Clough, Mike Clough, Tim Clough, Chris Dellinger, Hannah Leland, Dick McDanolds, Mike Perkins, Gary Scruton, Bob Stoddard & Dalton Thayer

## 8 Town/Village History

by Cyndi Wellman

contact: For the Mill picture cnb.pics07@gmail.com

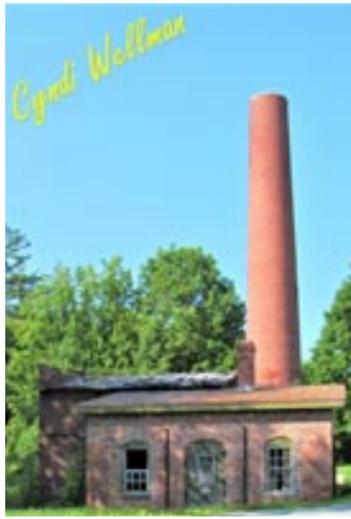
When you first enter the village of Pike, NH you will notice two important landmarks. As follows:

### THE MANSION

Alonzo Pike in 1882 built a Family Mansion. Alonzo was the son of Issac Pike (founder of businesses). Currently, the building is still standing. And a local farmer owns it. (Unknown photographer)

### MILL

The Whetstone mill - approx. 1840's was a manufacturing center that drove everything that used to be in Pike. In the early 1900's artificial abrasives replaced whetstone.



### Loon on Lower Baker's Pond Orford NH

A wonderful surprise on a day out.

Cyndi Wellman

contact for a picture of the loon:

cnb.pics07@gmail.com



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## Now Accepting New Patients Carey Brodzinski, Wells River



Carey is both a Family practice and Psychiatric NP, presently concentrating on taking care of patients with mental health concerns. Carey was born in England. She emigrated to Canada with her family in 1966. She has been working in the USA since 1976, after graduating from Nightingale school of nursing, in Toronto. She received her BSN from The State of New York University, Regents College in 1997.

She obtained her MSN and Family practice certificate from UVM in 2000. She returned to UVM to get her post graduate certificate in psychiatry, graduating in 2007. She is looking forward to working with the dedicated employees at LRHC. Outside of work she enjoys spending time with her family and friends, travelling, cooking and gardening.

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## An Organizational Change for The Morrison Communities

WHITEFIELD — Shannon Lynch, currently Executive Director of Summit by Morrison, has been promoted to the newly created position of Executive Director of The Morrison Communities.

The organizational change is effective immediately, with the new Executive Director ultimately responsible for the leadership of all aspects of The Morrison Communities including the Morrison Skilled Nursing Facility (the Nursing Home), Sartwell Place Assisted Living, Morrison Rehabilitation, and Summit by Morrison Senior Living Community. The new management structure solidifies the concept of The Morrison Communities as one entity, located on two campuses, but working hand in hand for the benefit of all the residents and the greater community.

“The Board of Trustees was unanimous in its confidence in Shannon and know that she shares the vision and high hopes for the future of The Morrison Communities,” said Doug Shearer President of the Board of Trustees.

Lynch was instrumental in the planning and construction of Summit by Morrison and she worked effectively to spearhead its completion — literally from the ground up. “As Summit’s Executive Director since its opening ceremonies, Lynch’s strong leadership and her forward-thinking management style have served Summit and The Morrison Communities well as she led her team to building and operating the premier senior living community in the North Country,” noted Shearer.

In her new role, Lynch will report directly to the Board of Trustees, while continuing to oversee the day-to-day operation of Summit by Morrison as its Administrator. With Lynch at the helm of The Morrison Communities, Patti Roy will fill the dual role



of The Morrison Communities Finance Director and Interim Nursing Home Administrator. The Morrison Communities is in the process of finding and hiring a new, permanent, Nursing Home Administrator, and when that person is hired, he or she will round out Lynch’s management team.

“We are confident that with this new structure, under Shannon’s leadership, The Morrison Communities will better be able to provide the right tools and support for its amazing and dedicated staff so that together we can further enhance the quality of life and the quality of care they provide our wonderful residents and their families,” said Shearer.

The Morrison Communities is a nonprofit 501 (c)(3) charitable community that has been providing quality healthcare to residents of New Hampshire’s North Country since 1903. Located on two campuses in Whitefield, the original Morrison building includes Morrison Skilled Nursing, Sartwell Place Assisted Living, and both Inpatient and Outpatient Rehabilitation. The Summit by Morrison continuum of care campus provides Independent Living, Assisted Living and Memory Care options. For more information, go to [www.themorrisoncommunities.org](http://www.themorrisoncommunities.org). Pictured: Shannon Lynch, Executive Director of The Morrison Communities

## Bob & Sarah Amos Concert to Support the Peacham Library

PEACHAM, VERMONT: It will be a night of musical artistry and harmony in Peacham as the beloved father-daughter duo Bob & Sarah Amos headline a concert in support of the Peacham Library on Friday, September 3rd at 7:00pm at the Peacham Congregational Church & Meeting House (56 Church Street, Peacham, VT 05862). Opening act Pipe & Slippers, featuring the Peacham-based duo Andrea Otto and Nathan Colpitts, will perform traditional and original tunes. Suggested donation \$15 in support of the Peacham Library. Tickets are available at the door.

The performance will be preceded by an ice cream social outside the Church starting at 6:00pm featuring Artesano Ice Cream sundaes. All ice cream purchases are by donation to support the Peacham Library.

Visit [www.peachamlibrary.org](http://www.peachamlibrary.org) or call 802-535-3682 for more information.

Peacham Library is a 211-year-old incorporated library. It is a central part of Peacham’s intellectual, educational, leisure, and cultural life. The Library strives to represent all of the community’s interests in its collection; promotes use of the Library by all residents; and meets the needs of all residents for information and other library resources, either from its own collection or through the networks to which it belongs. [www.peachamlibrary.org](http://www.peachamlibrary.org)



Bob & Sarah Amos - This popular father-daughter musical duo presents a wide variety of songs in an intimate style, with mesmerizing vocal harmonies accompanied by Bob’s formidable guitar talents. Bob is an award-winning songwriter who has written and recorded over 100 songs on 12 albums over the past 30 years. His songs reflect many influences and styles including folk, bluegrass, blues, Celtic, pop and rock-a-billy. Vocalist Sarah Amos has been singing professionally for over 15 years, and currently performs with her father in their duo act as well as in a bluegrass band. In their duo, Bob and Sarah step outside of their bluegrass setting, performing a wider selection of songs from Bob’s diverse musical catalog, plus a few of their favorite traditional and modern covers. [bobamos.com/bob-sarah-amos-duo](http://bobamos.com/bob-sarah-amos-duo)

amos-duo

Pipe & Slippers are an acoustic folk duo newly located in Peacham, made up of Nathan Colpitts and Andrea Otto. They have performed in a variety of small venues across the NEK for the past 6 years and are popular at local farm markets where Nathan also peddles his wares under the name ‘The Singing Blacksmith’. The two perform both traditional and original tunes with Nathan on guitar, mandolin & vocals, and Andrea joining him in clear, crisp harmony. Presented with care and confidence, with a touch of humor and a splash of storytelling.

[www.facebook.com/Pipe-and-Slippers-757461630967012](http://www.facebook.com/Pipe-and-Slippers-757461630967012)



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**August 20-21-22**

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# Weeks State Park Annual Meeting and Concert

Weeks State Park Annual Meeting and Concert by Islay Mist Céilidh: Thursday August 19, 2021 Meeting 6:30 pm, Concert 7 pm

The Islay Mist Céilidh is a group of musicians from Northern New Hampshire who play traditional Celtic music from Scotland, Ireland and maritime Canada. The members of the ensemble perform with fiddles, flutes and whistles, bodhrans, harps and guitars. Their repertoire includes centuries-old tunes, Scottish country dance music, jigs, reels, waltzes and strathspeys. Many of the members wear the tartans of their family heritage. A Céilidh is a popular gathering in many Celtic countries, perhaps in your granny's kitchen, where everyone is expected to contribute to the evening's entertainment.

The members of the Islay Mist Céilidh live and work in towns of Northern New Hampshire. They enjoy presenting this wonderful Celtic repertoire and bringing pleasure to others.

Prior to the concert by Islay Mist Céilidh, the Weeks State Park Association will

hold their Annual Meeting. All are welcome to attend.

The concert and meeting will be in the Great Room of the Summit Lodge of Weeks State Park. Annual meeting is 6:30pm, concert is 7pm. Come early and bring a picnic supper, or climb the Fire Tower for one of the best views north of the notches. Weeks State Park is located on the east side of Route 3, approximately 2 miles south of Lancaster, NH. Carpooling is strongly suggest if possible for the events.

The summer programs are sponsored by the Weeks State Park Association, NH Division of Parks, and UNH Cooperative Extension. "Thank You" to our local business supporters who help make the summer program series possible.



During the 77th Annual North Haverhill Fair a discussion was held between some of the volunteer North Haverhill Fair Directors and Elected Officials to help find a way to better fund these summer functions throughout the state. No state funds have gone to NH fairs since the close of Rockingham Park.



Photos courtesy of Heather Subject

## Fair Directors make request to Elected Officials for State Aid to all NH Fairs

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**BEEZWAX**  
By John Martin

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If you've heard of 529 plans, you might think they can only be used to help pay for college. And you wouldn't be alone: Less than one-third of adults properly identified that a 529 plan can be used for more than just higher education, according to a survey by Morning Consult and Edward Jones. But what are these other expenses?

Before we get to them, let's review the main benefits of 529 plans. Contribution limits are high and earnings can grow tax-free if withdrawals are used for qualified education expenses such as tuition and room and board. (Withdrawals for nonqualified distributions are subject to taxes and a 10% penalty on the earnings portion.) Plus, as the account owner, you maintain control of the plan, so you can switch beneficiaries to another qualified family member, if necessary.

Now, let's consider the other uses of 529 plans, which have been made possible by various

pieces of legislation over the past few years:

- Student loan repayments – The average amount of student loan debt per borrower is well over \$32,000, according to the Federal Reserve. So, many people welcomed the news that 529 plans could be used to repay student loans. There's an aggregate lifetime limit of \$10,000 in qualified student loan repayments per 529 plan beneficiary, plus \$10,000 for each of the beneficiary's siblings. Being able to use 529 plans to repay student loans gives you some flexibility if your family members have excess balances in their accounts.

- K-12 expenses – A 529 plan can now be used to pay up to \$10,000 per year in tuition expenses at private, public and religious elementary and secondary schools. This amount is per student, not per account. However, not all states allow 529 plans to be used for K-12 expenses – or to be

stand your state's rules on K-12 expenses before taking money out of your 529 plan.

- Apprenticeships – Not every child wants or needs to attend a college or university. And now, 529 funds can be used to pay for apprenticeship programs registered with the U.S. Department of Labor. These types of programs, which combine on-the-job training with classroom instruction, are offered at community colleges and trade schools. Once students complete their apprenticeships, they often go on to well-paying careers in a variety of fields. And since these types of programs are typically far less expensive than a four-year college degree, a 529 plan can have a particularly long reach.

The tax treatment of 529 plans for all these expenses can vary from state to state, so, if you move to another state after you've established your plan, you'll want to know the rules. Even if you don't move, it's still a good idea to consult with your tax advisor about how 529 plan withdrawals will be treated.

Nonetheless, a 529 plan could be valuable to you in many ways. Consider how you might want to put it to work for you and your family.

*This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.*

*Edward Jones, Member SIPC*

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technical, some states consider K-12 tuition to be a nonqualified 529 plan expense, which means the earnings portion of a 529 plan is subject to state income taxes and possibly a "recapture" of other state income tax breaks connected with 529 plan withdrawals. So, make sure you under-

## Mental Health Matters



by Renee L. Schulze, MSW, LICSW

### Mental Health Matters and Meditation Helps

Do you know that you can create a comfortable place to have your mind go to when you're extremely sad or upset? Think of this mindfulness/meditation technique as a daydream or visual imagery.

My place has white sand, crystal clear aqua colored ocean water and a gentle breeze that makes my skin tingle. I instantly relax when I conjure up this mental safe-haven place, and it's helped lower my blood pressure too.

Let's try it now if you can:

- Get into a comfortable position, sitting or lying down. Close your eyes and focus on your breathing: breathe in slowly.....hold... ..release slowly.....repeat.....Imagine experiencing a sense of peace and feel comfortable and relaxed.

Now create your mind's comfy place, what does it

look like?

- Observe what you've created, what do you see, smell, hear, feel, or taste? Allow yourself to look around in your mind's comfy place, walk around in your mind or stay sitting or laying down. It's what YOU NEED. Allow yourself to be grounded and stay as long as you need to.

- Feel your connection to YOUR place. Then, when you're ready, begin your journey back to the present and feel yourself grounded on the chair, couch, or whatever you're on. Open your eyes when you're ready, and stay in position for a moment or two. Gently becoming aware that you've just had a break, a short mindful meditation that has replenished you.

Continue visiting your special place whenever you need a break or go there daily as a practice. It will help you to focus, to manage difficult emotions and sometimes to escape boredom. Your special place has NO judgment, NO negativity, and NO criticism.

Remember your mental health matters and meditation helps.

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Thank you for your understanding.



**TRENDY TIMES**  
A FREE PUBLICATION

# You Go Girls!

by Maggie Anderson

Having been raised with an army of brothers, surrounded almost exclusively by men except for the hours spent in school nine months of each year, and having worked in male-dominated fields in the work force from the age of fifteen until my late forties, I did everything but throw the windows open and scream "they're mad as anything and they won't take it anymore" when I heard of Norway's handball team refusing to play one of their matches in bikini bottoms at the recent European Beach Handball Championships, donning shorts instead, and facing certain humongous fines in the donning.

The reason cited for the fines were "a breach of clothing regulations" yet only the women are expected to wear bikini bottoms. The men's handball team's regulations call for shorts no more than 10cm above the knee. Apparently not slipping into a Speedo doesn't diminish the skill of the men's teams but shorts might crush the women's team's chance at winning any matches.

The women of my generation used every opportunity to be seen as people with experience and intelligence, we did all we could to be appreciated for our skills and to avoid being seen as just a selection of body parts to be measured against those of our peers.

Why the Me-too camp and the Equal Opportunity adherents haven't joined the chorus of voices offering to pay the Norwegian team's fines is a mystery to me. If this isn't a case for standing up for women's rights I don't

know what is. How can those so invested in protecting women from sexualization not be cheering at the top of their lungs over the Norway women's handball team's decision?

Those women and hundreds of other athletes have spent a lifetime honing their skills, they have now arrived on the biggest sports stage in the World to show us their skill and to compete against the best athletes in the history of their sport. They should not be reduced to the images caught on camera from an angle only a technician poised for a colonoscopy would recognize.

The images captured at those angles would be a red flag if they'd been discovered in the home of a sus-

pected pedophile or sexual predator. Why does that not register in the minds of the committee members who decide who wears what? How do we teach them the difference between a uniform and a display case?

They simply must come to the realization that the only way to lure people into watching women's sports is not to undress them but to allow them to play the games they've trained a lifetime for.

When Norway's women play in the Olympics I will be rooting for them, hoping they steam press every opponent - until they play the American team of course, I have to draw the line somewhere.

Scott Borthwick  
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# What About Ma?

by Kellie Quackenbush

## All About The Dog Days of Summer

August 11th marks the end of the "Dog Days of Summer", that hot sticky part of summer when the heat is so bad that it feels impossible to move. For our part of New England, we missed it. We did not see much heat in July, in fact we had one of the rainiest Julys in history.

Per the Farmer's Almanac, [www.almanac.com](http://www.almanac.com), "Here at the Old Farmer's Almanac, we consider the Dog Days to be the 40 days beginning July 3 and ending August 11. This is soon after the Summer Solstice in late June, which of course also indicates that the worst summer heat will soon set in." While New England was saved from terrible heat during July, the rest of the country saw record heat-waves and drought. Many rivers and lakes are at an all time low.

The Farmers Almanac has been predicting weather and telling about annual trends for many years and the Dog Days of Summer are not new. "This period of sweltering weather coincides with the year's heliacal (meaning "at sunrise") rising of Sirius,

the Dog Star. Sirius is part of the constellation Canis Majoris — the "Greater Dog" — which is where Sirius gets its canine nickname, as well as its official name, Alpha Canis Majoris. Not including our own Sun, Sirius is the brightest star in the sky." Additionally, the heat of summer has been noted and written about for centuries, "In ancient Greece, Egypt, and Rome, it was believed that the dawn rising of Sirius in mid to late summer contributed to the extreme weather of the season. In other words, the "combined heat" of super-bright Sirius and our Sun was thought to be the cause of summer's sweltering temperatures."

Now that we know that hot summer days are a normal part of our lives, what does that say about Global Warming and Climate Change? Nothing. However, there are studies being done all over the world to understand the effect of the pollution and the construction that people are doing. People with our machines and expanding growth are causing changes to the environment.

Per the [www.nrdc.org](http://www.nrdc.org), Global Warming 101, "Between 1880 — the year that accurate record-keeping began — and 1980, it rose on average by 0.07 degrees Celsius (0.13 degrees Fahrenheit) every 10 years. Since 1981, however, the rate of increase has more than doubled: For the last 40 years, we've seen the global annual temperature rise by 0.18 degrees Celsius, or 0.32 degrees Fahrenheit, per decade." The earth changes every day on its own but people are building and creating machines. The trees and the habitats that are destroyed are not replaced. We need trees and plants to remove the excess CO2 from the air. "Now climate scientists have concluded that we must limit global warming to 1.5 degrees Celsius by 2040 if we are to avoid a future in which everyday life around the world is marked by its worst, most devastating effects: the extreme droughts, wildfires, floods, tropical storms, and other disasters that we refer to collectively as climate change."

We still have a few more days of hot summer weather ahead of us and we should use caution in the heat. To lessen the effects of climate change, we as individuals can plant trees and shrubs. If you do not have a yard, get a houseplant. Ferns are noted for their air purifying properties, Ivy are known for being forgiving to folk without a green thumb. Small changes made by everyone to lesson our carbon foot-print will make a difference in climate change.

With that said, the four seasons are going to remain and winter is coming. Please enjoy the last wisps of summer and remember to be mindful about your energy use and replanting the trees that have been cut down.

# The USSR #3

by Elinor P. Mawson

*Editor's Note: These articles are being taken directly from Elinor's notebook from her trip to the USSR in 1988.*

The breakfast we had this morning consisted of cheese, hotdogs (sausage), rolls and tea. Also the oddest tasting yogurt I ever had. (It turns out that it was Kefir -- a cultured milk product high in protein).

From there, we toured the Kremlin and the Armory which was fabulous! We came back to the hotel for lunch which was borscht, french fries, pot roast and some wonderful ice cream.

From there, we went to an interesting outdoor art show where people set up their wares in snowbanks for the day. It was minus 15 degrees! We bought a soldier and watched the Moscovites do their Sunday afternoon thing.

After a quick change and even quicker supper, we went to the Bolshoi and saw Sleeping Beauty! It had to be one of the highlights of my life.

We bought our hats today. They were 17 rubles (about \$28) We love them and they kept our heads warm all the rest of the day. It is minus 20 degrees with a good breeze tonight. I'm still not tired, but I should be -- what a busy and thrilling day!

Our first sight this morning was thousands of workers going to their jobs via Metro. From 14 stories up they looked like ants going into a big anthill. They are also a study in black and white -- the colors of the USSR.

After breakfast -- cheese, eggs, rolls and Kefir, we went to a Soviet kindergarten. A class of 6-7 year olds sang and danced for us. We were able to participate in a game which resembled the Bunny Hop, and took lots

of pictures. We gave them stickers and other gifts, and they gave us samples of art work. They are at school from 7 AM to 7 PM and it costs 18 rubles a month (\$32). Sometimes the children stay over if the parents work the night shift.

We went to a pizza restaurant -- why, I'll never know, as it cost over \$5 each and the food and service was horrible. Sometimes I think that Intourist (the tour company we are with) has a point when they say that Americans always want to change things around.

Our afternoon tour was cut short by a funeral of an "academician", so we spent the time in a Berioska shop where we bought wooden animals, dolls, scarves and a hat for our granddaughter. In fact, we bought a set of expensive nesting dolls as well as a lot of other things.

We went to Gorki Park and even though we didn't skate, we had a great time. After that we went to the apartment of a professor of English at a Music Institute. We met his son, Sergei and ate and drank with them. Our cab driver spoke excellent English and was very helpful. I am so amazed at the lack of amenities and the bareness and barrenness of the apartment. This man, Mark, is considered one of the elite, and he lives in a "better" area than most people. He gave us each a book of idioms (both Russian and English) that he had written.

We came back to the hotel and drank vodka and talked until 3:00 AM.

Tomorrow we will be going to a school where we will work in a classroom and start making our next quilt. We will bring gifts, and tell a couple of American stories. I suspect we will have a tour of the school and be able to compare it with our school in New Hampshire.

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Over the past few weeks, The Colonial Theatre's Founding Director and outgoing Director of Programming, Stephen Dignazio, has shared the history and vision of The Colonial with its new Director of Programming, Susanna Brent.

Susanna: How did you get involved with The Colonial Theatre?

Stephen: I moved here in 1970, went to Franconia college. Had a great college experience. Raised a family here. I found it was a really good place to live. I re-invented myself any number of times to continue to make a living here. I had an art and poetry career going. I was the bookstore guy for a long time, then I had this organic farm before anyone knew what organic was, then I started doing garden design and I was the garden guy. Then I got a job with the North Country Chamber Players, as their Executive Director. Then the people who owned The Colonial Theatre came to me and asked me if the North Country Chamber Players would like to purchase the theatre because they did a summer music festival every year. The Chamber Players weren't really in a position to do that but I went anyway. I went in there and I was immediately struck by the fixed seating. Fixed seating! I had been putting up chairs in every grange hall and church basement, and the Sugar Hill Meeting House, week after week, after week. Fixed seating, it was like a new concept. I couldn't believe it. I looked around at this falling down building which was literally falling down and I thought \$400,000 and we'll be all set here. Well, over a million dollars and twenty years later and finally we are almost there.

Susanna: If it was falling down, why did you do it?

Stephen: For me, it was two things, I wanted to continue to work in the arts and this was kind of a cool project, but the other thing was a sense of giving back. This area has been really good for me. I have raised a family here. I have lots of good relationships and I love living here. The only thing that was missing here for me was a certain cultural aspect. There are two things that you need here, I've found, you need a car that would run to get you out of town and a theatre, something that was going on. Thankfully, I have both things now.

Susanna: How did you

get it started?

Stephen: Well, the first season, before we even opened we had a heavy snowstorm and the marquee fell off the building. People got interested because they saw all these pictures in the newspaper. People, particularly from Bethlehem, were interested because the theatre had been around for a long time, even though it had a pretty checkered history. So we opened without a marquee.

Susanna: What was it like in the beginning?

Stephen: We didn't have a marquee for the first 5 years. We didn't even have a concession area; on one side there were antiques and on the other side, there was a barber where the yarn store is now. We used to make popcorn underneath the portico, we had a little roll-out popcorn machine that we would plug it in and make popcorn for people at night. Inevitably, someone would leave the popcorn out and the raccoons would get in it and you would come in the next morning and there would be popcorn all over the place. I was doing projection three or four times a week. One of the really great decisions that we ever made was to ask Jim Severyn, Sep, if he would be interested in helping out. He had been a projectionist with the New York film festival and he was an electrician. He saved our ass so many times in

those early years because the lights would flicker when the wind blew. Sep was there from the very beginning and he just retired last year.

Susanna: How did you keep it going?

Stephen: Eventually, incrementally, one step at a time, things started to change. People started to pay attention. It was a lot of hard work. The Bethlehem Redevelopment Association, under the leadership of Len Reed, helped us with 501c3 nonprofit status. We got an L-chip grant and we purchased the building as part of the match. We re-did the electrical system and put in a real lift. Built the patio and put in a real concessions area. Our donor list started to grow, our membership grew, and eventually, I got a handle on the movie industry and then we started doing live events. We started to see some success. One of the other crucial, really positive decisions that we made at The Colonial was when we hired Jane Storella. Jane does a fantastic job and has become the voice of the theatre.

Susanna: Why did you decide to leave The Colonial?

Stephen: Well, I had seen this coming for quite some time. I'm a 20th century kind of person, my aesthetic is a postmodern aesthetic and my abilities and skillsets are all late 20th century skills. It



was really obvious to me that the Colonial needed somebody to move the theatre into the 21st century. I only have limited skills in that regard and limited interest in learning these new skills. I am great at putting up posters, but I am not so great at communicating with people through Instagram. That is what was needed. It was pretty obvious to me that it was needed and I didn't want to stand in the way. I see so many nonprofits with Executive Directors who stand in the way of progress simply because they want to hang on. I didn't want to do that. Now, Christine is here and doing an incredible job and you're here and I am very excited for the future of The Colonial.

Susanna: What are the plans for celebrating your work? I think people want to thank you for what you have done for this community. Is there a parade?

Stephen: A parade; I hope not! You know, I understand that impulse but that

kind of thing is not for me. First of all, I am not leaving, I will still live in town. People will still see me at The Colonial. I am very honored that people want to say thank you, but, really, come to The Colonial. That's what I want. Come to The Colonial, support The Colonial. I notice when people attend and I am very grateful to our supporters, from our major donors to anyone who comes to the window and buys a ticket. When people do that, it's the kind of thank you that means the most to me. This place was built on millions of small moments, a few big lucky breaks, and the connection of interacting one person at a time. I want that kind of personal feeling to continue long after I am gone. That is what I want for my legacy.

Stephen Dignazio's twenty-one-year tenure at The Colonial concludes this summer and he departs with our gratitude and best wishes.

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by Cindy Pinheiro  
to contact Cindy (aka Cin Pin) write to the editor at gary@trendytimes.com

## Shrimp and Vegetable LoMein

Hello hello my fellow chefs! How are you all doing today? I'm doing fine and enjoying the nice weather. My new dog Penny is doing good. I adopted her through a nice organization called the Student Project in Norwich, Vt. Penny is from Puerto Rico and she is a sweetheart, she even loves her 3 kitty sisters.

Anyway my friend Jane and her son Scott came over for dinner and we all loved this recipe and thought it was "Delicioso". You can certainly use whatever vegetables you want or whatever you have on hand. I served it with a nice salad of red leaf lettuce, cucumber, chick peas, tomato and hard boiled eggs. It was a nice meal. I even made Chinese tea! Well let's get started with today's recipe and how to make it.

- Ingredients**
- 25 large raw shrimp, cleaned, deveined and all shells removed even the tail
  - 6 white mushrooms, sliced
  - 1/2 green pepper sliced and cut bite size
  - 1 carrot shaved with a veggie peeler
  - 2 cups broccoli cut bite size
  - 1/2 Vidalia onion cut into



- bite size pieces
- A handful of pea pods
- 2 cups coleslaw mix
- 1 can baby corn
- 2 packages Ramen Noodles, shrimp or soy sauce flavor
- 3 Tbsp vegetable oil, divided
- 2 Tbsp Hoisin sauce
- 2 Tbsp sesame oil, divided
- 3 Tbsp soy sauce
- 1 tsp ground ginger
- 1 Tbsp water
- 1 tsp brown sugar

Cut up and get vegetables ready and set aside. Clean the Shrimp and set aside. In small bowl combine 1 Tbsp vegetable oil, 1 Tbsp sesame oil, 3 Tbsp soy sauce, 2 Tbsp Hoisin sauce, the ginger, brown sugar, the

seasoning packets from the ramen noodles and mix well.

Heat 1 Tbsp vegetable oil and 1 Tbsp sesame oil and 1 Tbsp of your mix sauce. Over medium to high heat and in a wok type pan stir fry the shrimp just until they start to turn pink 2-3 minutes then remove from pan and set aside. They will finish cooking later. Add 1 - 2 Tbsp oil to pan and heat then add all the vegetables mix, add the sauce and mix, cover, lower heat and cook until mostly cooked about 10 minutes.

Add the shrimp back in. Cook your ramen noodles according to package separating with a fork and drain but don't rinse. Add into your pan or wok and mix altogether. Serve hot.

It makes quite a bit and we all had leftovers. That's it, you are done. If you want you could use spaghetti in lieu of the ramen noodles but the ramen was different.

I hope you enjoy this recipe please give it a try. If you have any questions please contact Gary and I will help you out.

So my friends that's all for today's edition of the Trendy Kitchen. Enjoy the summer and until next time I am signing off.  
Sincerely,  
Cin Pin

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Not all Times are Trendy, but there will always be Trendy Times August 17, 2021 Volume 12 Number 23