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Next Issue: Tuesday, August 21

Deadline: Thursday, August 16

TRENDY



TIMES

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Celebrate New Hampshire Eat Local Month With Littleton Food Co-op

Littleton, NH - Throughout the month of August, Littleton Food Co-op joins with 70+ partners throughout the state to highlight New Hampshire Eat Local Month -- a month-long celebration of local food and New Hampshire farmers and producers.

"New Hampshire residents and visitors, alike, are showing unprecedented interest in local food, and this month-long celebration offers a great opportunity to feature New Hampshire grown foods and farms," said Gail McWilliam Jellie from the New Hampshire Department of Agriculture, Markets & Food. As part of the NH Eat Local

Month festivities, the Littleton Food Co-op will be highlighting its broad selection of locally produced goods in all departments. Shoppers can look forward to a variety of events in-store, including local sampling, sales, and workshops designed to uphold the Co-op's mission of supporting local growers and producers. In addition, they invite the community to learn more about ways to eat local on social media. NH Eat Local Month also coincides with National Farmers' Market Week, honoring farmers' markets all across America.

"Providing a retail outlet for local farmers and produc-

ers has always been, and will continue to be, a key part of our business plan here at the Littleton Food Co-op, and we look forward to highlighting these great local farmers and producers every August as part of NH Eat Local Month," said Ed King, General Manager of the Littleton Food Co-op.

New Hampshire Eat Local Month is a statewide celebration of farmers and local food producers throughout the month of August. Promotion of this year's NH Eat Local Month is in collaboration with the Hampshire Department of Agriculture, Markets & Food, Monadnock Buy Local



and Seacoast Eat Local. Find more information at www.nheatlocal.org and www.facebook.com/nheatlocal.

Member-owned Littleton Food Co-op serves the local community by providing high

quality food, offered at a fair price, with outstanding service. Everyone is welcome to shop and anyone is welcome to join. The Littleton Food Co-op is conveniently located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), and open daily, 7 a.m - 9 p.m. For more information or to become a member, please visit www.littletoncoop.com, call 603-444-2800, or just stop by!

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TRENDY Dining Guide

St. Johnsbury Country Club

by Gary Scruton

Dining Guide.

It is always an interesting time when you get to visit a business for the first time, whether it is brand new, or simply with new ownership.. That would certainly include the chance to taste the offerings from an eatery that I have yet had the opportunity to visit. This was obviously the case on a recent Friday evening as Janice and I went north to St. Johnsbury and the St. Johnsbury Country Club.

According to their web site the long established 18 hole golf course and accompanying country club was recently purchased. The new owners have done some renovations and we are proud to have them as the newest part of the Trendy

operation currently works we called ahead to make reservations. When we arrived we found an almost full parking lot and immediately were happy we had those reservations. It turned out they were probably not needed. We followed the path to the back screened in porch and then inside to the bar. We found the bartender and mentioned we had reservations. She had a bit of a look like, "Oh, newbies" and told us that we could pick our table. We looked around a bit and finally settled on a high table situated on the converted front porch. The windows gave a great view east toward the mountains, as well as overlooking part of the course and some

nice looking gardens. It was somewhat separated from the bar area. That was important to us because we soon learned that we had made our visit at the same time as a large golf tournament. This meant plenty of men enjoying a beverage and some food after a long day on the course.

I write about all this in order to say that the wait was well worth it. Yes, we did have to wait a bit longer than normal for our meals, but the two bartenders/waitresses on duty when we arrived did all she could to keep everyone happy.

But let me get to the offerings of this establishment. The St. Johnsbury Country Club offers a solid pub menu to go along with a well tapped, and stocked, bar.

They also offered us a specials list with more complex meals. With that said Janice ordered a flat iron steak meal. I went a bit more simple and got a toasted ham & cheese sandwich.

Janice's meal was not only the steak, cooked medium-rare as ordered, and just perfect she said, but it was also served on a bed of mashed black beans and topped with a Chimichurri sauce. There were grilled seasonal veggies on the side. Before the meal there was a side salad that had seasonal ingredients which more than passed the taste test. She topped off her meal with an ice tea which came in bottle form with a glass.

My grilled ham and cheese sandwich had a choice of sides, I went with the fries, and I was certainly glad I did. The sandwich was lightly toasted and had a very generous amount of ham and cheddar cheese. The fries were also a delight. I'm not sure just what they did different, but they were very tasty and cooked just right.

Along with my sandwich I asked our waitress for a draft beer. She let me know there were 12 taps and needed a

bit more info. When I added that I like dark beer she suggested a Trout River Red Ale that well matched the sandwich and hit the mark nicely.

Our night was on a rather ubique night for the establishment. A lot of people and not enough staff. But the meals more than made up for the slower than expected service. We will visit again.

The total for our meals, and beverages was \$33.81 before tip.

Volume 9 Number 22

August 7, 2018



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10th Annual NHARNG Retiree Luncheon

The New Hampshire Army National Guard (NHARNG) 10th Annual Retiree Luncheon date has been set for Thursday, September 20, 2018 by the luncheon planning committee. The committee is made up of current and retired Army National Guard members. Our immediate goal is to notify all retired NHARNG members about this upcoming event.

This year's luncheon will be at building 1, the Joint Force Headquarters building at the New Hampshire State Military Reservation in Concord. It will feature a briefing

on the current status of the NHARNG as well as exhibits and displays of interest to retirees. A group photo is also planned. Information on the upcoming changes to the retiree dental plan will be available. Feedback from previous retiree luncheons tells us the most significant attraction for attendees is renewal of old acquaintances, retelling stories (often embellished beyond recognition) and exchanging military memories.

In recognition of the luncheon's tenth anniversary, the committee will present an embroidered golf-

style polo shirt to attending NHARNG retirees. Retirees will be asked for their shirt size when they RSVP to the luncheon invitation.

Retirees who have not attended prior luncheons or have relocated are urged to contact Command Sergeant Major (Ret) David Follansbee via e-mail: dave_follansbee@comcast.net or phone, (603) 623-7757.

The planning committee asks if you know of someone who has retired from NHARNG to pass this information along.

Take it Outside with ACT's Mid-Week Morning Hike August 8th

EASTON – Ammonoosuc Conservation Trust (ACT) invites you to our next mid-week summer hike Wednesday, August 8th, at 10 a.m. Bring a friend and join us for a hike around your Coolsey-Jericho Community Forest (CJCF). Spectacularly beautiful and rugged, with stunning views, the CJCF encompasses 840 acres in the northwest corner of Easton, sharing boundaries with Sugar Hill and Landaff.

After the walk, take a load off and get social with your fellow hikers. Bring a bag lunch to stay for an optional post-walk picnic. Registration for the hike is required - for your safety and enjoyment we must cap the walk at 15 participants so please be sure to pre-register ASAP. Be aware registration closes on Tuesday, August 7th. Once registered, you will receive an e-mail with details on the meeting location.

The summer nature walks are open to all ages and abilities. This walk is a loop, approximately 2.5 miles long with some mild elevation gains/losses. Kids

are encouraged to come but please leave your pups at home.

This program is free and open to the public, with a suggested \$5 donation to support ACT's land conservation efforts. Advanced registration is required. Details and registration information are available at aconservationtrust.org/education-events or by calling (603) 823-7777.

The Ammonoosuc Conservation Trust is the North Country's lands conservancy, protecting land for the vitality and wellbeing of our region. Learn more and become a member at aconservationtrust.org.

What: ACT's Mid-Week Summer Hikes Series!

When: Wednesday, Au-

gust 8th

What Time: 10 - 11:30 a.m. (walk) 11:30 a.m. - 12:30 p.m. (optional picnic lunch)

What to Wear: Comfortable clothing for being active outdoors, boots or sneakers you don't mind getting muddy, and a hat.

What to Bring: Binoculars, camera, bug dope, sunscreen, snacks, and plenty of water. Bring a lunch if you're staying for the optional picnic!

Free! Donations gladly accepted.

Where: Park at the ACT office parking lot at 729 Main Street, Franconia (Plain Kate's), and we will carpool to the trail head.

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School Security and Preparedness Task Force Report

"If we can't put our kids on a school bus and truly believe that they're going to be safe, then nothing else matters." – Governor Christopher T. Sununu, State of the State Address, February 15, 2018.

In response to Governor Sununu, the School Safety and Preparedness Task Force recently submitted a comprehensive report to the citizens of New Hampshire in an effort to meet the Governor's charge to research, discuss, and make necessary recommendations regarding the most pressing issues involving safety and security in our schools. The Task Force included representation from the NH Department of Education, Homeland Security, municipal law enforcement, the University of New Hampshire, town governments, the NH State Police, fire departments, parents, students, a

former Supreme Court Justice and school administration. We were fortunate to have Haverhill's Superintendent Laurie Melanson representing statewide school administration. Director Perry Plummer presented and discussed Task Force findings with the Legislative Commission for Public School Infrastructure this past week. The Task Force issued 59 recommendations of which some may require legislative action.

Several of the recommendations that would require a change of the law include:

- Convene a study group to determine if the implementation of extreme risk protection orders is right for New Hampshire. (According to the Task Force Report, an example of an extreme risk protection order would allow law enforcement to temporarily remove firearms from the possession of individuals

who may be a risk to themselves or others pending a hearing to be held within 14 to 21 days of removal of the firearms. Currently, 8 states have instituted "red flag" laws such as this: Connecticut, Florida, Indiana, California, Maryland, Oregon, Vermont, and Washington),

- Convene a study group to examine New Hampshire background checks for the purchase of firearms to determine if changes are needed, and

- Replace 4 of the 10 required emergency school egress drills (fire drills) with all-hazards drills, at least one of which should test emergency response to an armed assailant.

According to the Task Force report, "No single recommendation will resolve New Hampshire's school safety concerns; however, many lives can be saved by combining recommendations that provide mental health support to those in need, delay an assailant, and accelerate the response capability of first responders, school staff, and students." This is a 76-page report with recommendations that cover: legislation, mental health, planning, training, exercises, communication and facilities upgrades. It should be noted that the Public School Infrastructure Commission has allocated and distributed close to \$30M in security and safety upgrades to NH's public schools in the past four months.

According to Director Plummer, NH Homeland Security, the Task Force Report has been requested and has been sent as a model to states across America. The report can be found on the first page of Homeland Security's website.

Respectfully Submitted,
Representative Rick Ladd,
Chairman, Public School
Infrastructure Commission

Saffo Endorses Hornick For Grafton County Attorney

Grafton County Voters,

I am writing to express my support for Marcie Hornick as the new Grafton County Attorney. When Marcie announced her candidacy, one Police Chief posted in Facebook "Good luck Marcie! It was always an honor to work with you and your staff. I'm sure you'll bring the same hard work, dedication and integrity to this office as you did your last. Maybe a little of that bright spirit and humor too!!!" That well sums up Marcie Hornick's reputation.

Marcie Hornick is the managing attorney for the Littleton branch of the New Hampshire Public Defender's office, which covers Northern Grafton County and all of Coos County. In this capacity, for over 15 years, she has litigated thousands of felony level cases in superior court, including presenting numerous cases to juries. She has the experience to prosecute in superior court and to guide and train the prosecutors working in the office.

She also understands the public safety issues facing our communities, having served in non law related civic organizations, and also working hard in drug courts, justice involved veterans programs, and mental health court. She has worked with the drug epidemic first hand and is dedicated to protecting children, families and the public from violence in its too many forms.

She is well respected, and currently serves as the Grafton County Governor for the NH Bar Association and was appointed by former Governor Maggie Hassan to the Judicial Selection Commission whose task it is to make recommendations for Judges on the Circuit, Superior and Supreme Courts.

In closing, she would do an exceptional job serving the citizens of Grafton County. Please vote Marcie Hornick for Grafton County Attorney in the primary on September 11th.

Sincerely, Lara Saffo

Pooh Bear He's Not

Lot's of excitement around here, first the beautiful bat who found a way in but had trouble finding his way out last week and then night before last a friend was here from Europe - well an uninvited druggie who probably wasn't from Europe. He trashed the kitchen looking for whatever drugs he could get hold of and we ended up spending the whole day yesterday boarding up the windows he broke out and cleaning up the mess he made.

He was an odd addict, his drugs of choice were Hank's hot dogs, my walnuts and blueberries, all of our cat Chantilly's food - she's pretty ticked off now - and as much

frozen food as he could carry. Get this - the little jerk left without even closing the lid on the freezer, his mother must not have taught him anything!

Hank's loading one of his rifles in case the little delinquent comes back.

I don't know how big he was but he had the strength to smash the window and crawl inside. The cat was scared out of her wits and now jumps at every little sound. We went looking for her when she wasn't waiting for breakfast, well Hank found her scruffy looking from a night alone in the barn while I was wiping spots that looked like blood and hoping that idiot bear hadn't eaten her too!

So the windows are repaired, the cat's jittery but fine and I can now concentrate on bears (tiny crocheted bears) for the show instead of mopping up after an uninvited guest - well intruder actually, I think they're only guests if you invite them, right?

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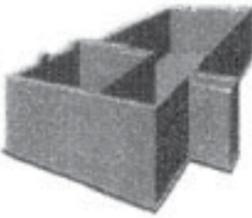
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Old Church Theater Presents Two One Act Plays

BRADFORD, VT: Old Church Theater presents its third offering of the 2018 season with two one-act plays, *The Holding* by Dan Weatherer, and *Squish* by Marianne Harding. Performances run for two consecutive weeks, Fridays and Saturdays, August 10th, 11th, 17th and 18th at 7:30 p.m., and on Sundays, August 12th and 19th at 4:00 p.m. at Old Church Theater's interim home located at 176 Waits River Road, just past Farmway in Bradford, Vermont.

The Holding is an intense drama about three strangers who awake to find themselves locked in a cell together, informed that only one of them will be allowed to leave. One is an aid worker who has given much to help others; one is a swindler and a thief with an ruthless streak; and one is a killer. Tensions mount as the three try to get out alive. The cast features Meghan Bullard, Anthony Helm, and Barbara Swantak, and is directed by Chris Leary.

Squish is a quirky comedy about three obsessional sisters dealing with the death of their mother, but their unseen pet bug upstages them and provides lots of laughs. The cast features Carrie Anne Quinn, Emma Steincross, and Barbara Swantak, and is directed by Eli Hunt.

For reservations, call Old Church Theater's box office anytime at 802-222-3322, or



The casts and directors of Old Church Theater's newest offering of one act plays, opening August 10th and playing two weekends with Friday and Saturday shows at 7:30pm and Sunday shows at 4pm. (L-R) Meghan Bullard, Chris Leary, Carrie Ann Quinn, Barbara Swantak, Emma Steincross, Eli Hunt and Anthony Helm. Tickets are \$12, seniors \$10 and Students \$6. Call anytime to reserve 802-222-3322.

email the theater at reservations@oldchurchtheater.org. Ticket prices are: \$12.00 for general admission, \$10.00 for seniors, and \$6.00 for students. For more information, please email info@oldchurchtheater.org.

In September, Old Church Theater will present "As Long As We Both Shall Live", a comedy murder-mystery. The group has just closed its July performance of "Stepmothers", an original musical featuring a large cast of all ages, and sold out five out of six performances.

Old Church Theater first opened its doors in 1985. A community organization, its purpose is to promote and present staged and multi-media productions for

the residents of Bradford, Vermont, and surrounding communities. While the theater troupe renovates its 225 year-old building over the next three years, productions will continue at their temporary theater just past Farmway at 176 Waits River Road. The location features heating and air conditioning, and is wheelchair accessible. The renovation project plans to transform the historic "old church" into a vibrant, year-round theater and community performance center. To learn more about Old Church Theater and how to volunteer, please visit oldchurchtheater.org. Old Church Theater is a 501(c) (3) non-profit organization.

"The Finest Hours" at Haverhill's Alumni Hall

The Haverhill Library Association and New Hampshire Humanities invite you to join us at 7:00 p.m. Tuesday, August 7 at Alumni Hall to hear New York Times bestselling author Michael Tougias discuss his book "The Finest Hours: The True Story of the U.S. Coast Guard's Most Daring Sea Rescue."

On February 18, 1952, an astonishing maritime event began when a ferocious nor'easter split in half a 500-foot long oil tanker, the Pendleton, approximately one mile off the coast of Cape Cod. Incredibly, just twenty miles away, a second oil tanker, the Fort Mercer, also split in half. On both tankers men were trapped on the severed bows and sterns, and all four sections were sinking in 60-foot seas. Thus began a life and death drama of survival, heroism, and a series of tragic

mistakes. Of the 84 seamen aboard the tankers, 70 would be rescued and 14 would lose their lives.

Michael Tougias, co-author of the book and Disney movie *The Finest Hours*, uses slides to illustrate the harrowing tale of the res-

cue efforts amidst towering waves and blinding snow in one of the most dangerous shoals in the world. A graduate of St. Michael's College, Michael Tougias is a lecturer and award-winning author of 20 n

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American Cancer Society Day Trip
To Benefit the Caledonia Relay for Life
"Zachary's Angels"

SUNDAY, AUG 12, 2018
\$75/Adult \$70/Ages 12 & Under

Cathedral of the Pines Day Trip
Rindge, NH

THURSDAY, AUG 23, 2018
\$75 per person

Cohase Chamber Hosts Free Farm Tour Sunday, August 19

Join the Cohase Chamber of Commerce on Sunday, August 19th from 10 AM to 3 PM for their Annual Farm Tour. This free event is a great chance to meet the farmers and animals that call the Cohase region their home.

Learn about regional animal rescue and sanctuary efforts, organic crop production, dairy operations, the raising of cattle, cheese production, animal husbandry and so much more!

Or just visit the animals! Cows, ducks, pigs miniature donkeys, goats, peacocks, alpacas, geese, horses, chickens and so much more await your exploration.

This is a self-guided tour so visitors can visit all the farms or just the ones of interest.

For more information, a list of participating farms and a downloadable map, visit the Cohase Chamber online at www.cohase.org, email them at cohasechamber@gmail.com or call them at (802) 518-0030. Maps/guides are also available at various locations throughout the region including Woodsville Guaranty Savings Bank (Woodsville & Piermont locations), Wells River Chevrolet and Wells River Welcome Center. For a full list of locations, visit the Chamber WEB site at www.cohase.org. This event is sponsored by WYKR, Woodsville Guaranty Savings Bank, Wells River Chevrolet, Camp Farwell, Tilden Electric, Odell Insurance and Blackmount Equipment

ROSS-WOOD POST #20 AMERICAN LEGION

ANNUAL FAMILY PICNIC

Sunday, August 11, 2018

12:00 Noon

Ammonoosuc Valley Fish & Game Club
Route 112
Swiftwater, NH

MENU:
Hot Dogs, Hamburgers, Baked Beans, Various Salads, Watermelon & Beverages

There will be door prizes. Plus games & prizes for the children.

All members of the Legion, Auxiliary, SAL & Riders along with their guests are invited to attend & enjoy the day at no cost.

August 11, 2018

West Newbury Summer Festival

Food, Exhibits, Music, Activities

8 - 10:30	'Maddie Cakes' Gourmet Pastries
10:30	Parade: "Come Together - Right Now!"
11:30 - 1:30	Ribs BBQ: Adults \$10 & Children \$5
12 - 2pm	Taste of Local Desserts
8 - 2pm	Silent Auction White Elephant Sale 'Treasures of the Soul' Exhibit Digital Slideshows by Ian Clark Bake Sale
10 - 2pm	Newbury Historical Society Schoolhouse Open (Annual Meeting at 2:30)

Directions & Information
on Facebook or westnewburyhall.org
219 Tyler Farm Rd, West Newbury, VT 05051

Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

TUESDAY, AUGUST 7

FAIRLEE SUMMER MUSIC:
6:30 PM Lyme Town Band & Ice Cream Social
Fairlee Town Common

THE FINEST HOURS: U.S COAST GUARD
7:00 PM - See Article on Page 5
Haverhill Library

WEDNESDAY, AUGUST 8

ACT MID-WEEK MORNING HIKE
10:00 AM - See Article on Page 3
ACT Office, Main St., Franconia

BOOK DISCUSSION - TOUGH JEWS
4:00 PM
Bethlehem Public Library, 2245 Main St.

ROSS-WOOD POST #20 AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

BMU INFORMATION MEETING
6:00 PM - See Ad on Page 7
Blue Mt. Union School, Wells river

THURSDAY, AUGUST 9

ROSS-WOOD POST #20 SONS OF THE AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

FRIDAY, AUGUST 10

HUGE RUMMAGE SALE
10:00 AM - 4:00 PM
Our Lady of Perpetual Help, Bradford

CONCERT - THE BOROWSKY TRIO
5:00 PM - See Article on Page 11
Bethlehem Hebrew Congregation Sanctuary

OCT: SQUISH & THE HOLDING
7:30 PM - See Article on Page 5 & Ad on Page 9
176 Waits River Road, Bradford

BEATLE'S YELLOW SUBMARINE
7:30 PM - See Article on Page 16
Colonial Theater, Bethlehem

SATURDAY, AUGUST 11

"ALL YOU CAN EAT BREAKFAST"
8:00 - 10:00 AM Seniors \$7 Adults \$8 Kids \$4.
Lake View Grange, West Barnet

HUGE RUMMAGE SALE
9:00 AM - 12:00 NOON
Our Lady of Perpetual Help, Bradford

WEST NEWBURY SUMMER FESTIVAL
10:30 AM Parade
West Newbury - See Ad on Page 5

OCT: SQUISH & THE HOLDING
7:30 PM - See Article on Page 5 & Ad on Page 9
176 Waits River Road, Bradford

SUNDAY, AUGUST 12

BENEFIT TEXAS HOLD "EM POKER"
11:00 AM Cash Game - 1:45 Tournament
Moose Lodge 1779, St. Johnsbury

ROSS-WOOD POST #20 AMERICAN LEGION FAMILY PICNIC
12:00 Noon
Ammonoosuc Valley Fish & Game Club, Bath

OCT: SQUISH & THE HOLDING
4:00 PM - See Article on Page 5 & Ad on Page 9
176 Waits River Road, Bradford

MONDAY, AUGUST 13

BMU INFORMATION MEETING
6:00 PM - See Ad on Page 7
Blue Mt. Union School, Wells river

TUESDAY, AUGUST 14

FAIRLEE SUMMER MUSIC:
6:30 PM Mellow Yellow
Fairlee Town Common

VERMONT PRIMARY DAY
A Polling Station in Your Town

THURSDAY, AUGUST 16

FILM - MARSHALL
6:00 PM - See Article on Page 9
Colonial Theatre, Bethlehem

FALL BEE HIVE CHORES & WINTER PREP
7:00 PM / Conn. River Beekeepers
Grafton Cnty Ext conf room North Haverhill

VFW POST #5245 MONTHLY MEETING
7:00 PM
VFW Hall, North Haverhill

FRIDAY, AUGUST 17

OCT: SQUISH & THE HOLDING
7:30 PM - See Article on Page 5 & Ad on Page 9
176 Waits River Road, Bradford

SATURDAY, AUGUST 18

BENEFIT TEXAS HOLD "EM POKER"
11:00 AM Cash Game
Dancers' Corner, White River Jct.

OCT: SQUISH & THE HOLDING
7:30 PM - See Article on Page 5 & Ad on Page 9
176 Waits River Road, Bradford

SUNDAY, AUGUST 19

COHASE FARM TOUR
10:00 AM - Visit www.cohase.org for info
See Ad on Page 8 and Article on Page 5

OCT: SQUISH & THE HOLDING
4:00 PM - See Article on Page 5 & Ad on Page 9
176 Waits River Road, Bradford

MONDAY, AUGUST 20

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
BINGO - 6:00 PM

Orange East Senior Center, Bradford
TOPS (TAKE OFF POUNDS SENSIBLY)
6:00 PM - Peacham School

KIWANIS CLUB OF ST JOHNSBURY
6:15 PM - VFW Post, Eastern Ave.
DRAWING FROM LIFE - 6:00 - 8:00 PM
Joseph Patch Library, Warren

MONDAYS/WEDNESDAYS

RSVP BONE BUILDERS
10:30 AM - 11:30 AM
Linwood Senior Center, Lincoln
RSVP BONE BUILDERS
10:30 - 11:30 AM
United Community Church, St. Johnsbury

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School
GOLDEN BALL TAI CHI
8:30 - 9:15 AM - St. Johnsbury House
RSVP BONE BUILDERS
9:00 - 10:00 AM
Municipal Building, Lyndonville
9:15 - 10:15 AM
Congregational Church, East St. Johnsbury
6:00 - 7:00 PM
Community Church, Concord
Golden Ball Tai Chi
8:30-9:30 AM - St. Johnsbury House

MON./WED./FRI.

RSVP BONE BUILDERS
10:30 - 11:30 PM - United
Congregational Church, St. Johnsbury

TUESDAYS

BREAKFAST BY DONATION
8:30 AM - 10:00 AM
Horse Meadow Senior Center,
North Haverhill
RSVP BONE BUILDERS
9 AM - 10 AM - St. Johnsbury House
10:30 AM - 11:30 AM
Congregational Church, Danville

NEK COUNCIL ON AGING'S HOT MEALS

11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville

TOPS (TAKE OFF POUNDS SENSIBLY)

Weigh In 5:00 PM - Meeting 6:00 PM
Horse Meadow Senior Center, N. Haverhill

EMERGENCY FOOD SHELF

4:30 PM - 5:30 PM
Wells River Congregational Church

COMMUNITY DINNER BELL

5:00 PM September 5- June 5
All Saints' Church, School St., Littleton

AA MEETING (OPEN BIG BOOK)

7:00 PM - 8:00 PM
St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

RSVP BONE BUILDERS --
8:30 - 9:30 -- Monroe Town Hall

ACTIVE OLDER ADULT STRENGTH CLASS
1:30 PM

Woodsville Post Office, S. Court St

RSVP BONE BUILDERS

3:00 PM - East Haven Library

TUESDAYS/FRIDAYS

GOLDEN BALL TAI CHI
8:30 AM - 9:15 AM
First Congregational Church, Lyndonville

RSVP BONE BUILDERS

9:30-10:30 AM
GRACE Art Gallery, Hardwick

GOLDEN BALL TAI CHI

8:30-9:30 AM
United Methodist Church, Lyndonville

RSVP BONE BUILDERS

9:30-10:30 AM
GRACE Art Gallery, Hardwick

GOLDEN BALL TAI CHI

8:30-9:30 AM
United Methodist Church, Lyndonville

WEDNESDAYS

AQUA AEROBICS
Evergreen Pool, Rte 302, Lisbon

ADULT STRENGTH TRAINING

1:30 - 2:30 PM - North Congregational
Church, St. Johnsbury

BINGO

6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill

CRIBBAGE

7:00 PM
Orange East Senior Center, Bradford

WEDNESDAYS/FRIDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House

NOON - Presbyterian Church, West Barnet
NOON - Darling Inn, Lyndonville

THURSDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House

NOON - Senior Action Center,
Methodist Church, Danville

NOON - Darling Inn, Lyndonville

ST PAUL'S BIBLE STUDY ON JAMES, 6:15
PM, 113 Main St., Lancaster

TOPS (Take Off Pounds Sensibly) --
Weigh-in @ 6:00 p.m., meeting @ 6:30

-- Monroe Public Library

FRIDAYS

RSVP BONE BUILDERS
9 AM - 10 AM - St. Johnsbury House

1:30 - 2:30 PM - United Congregational
Church, St. Johnsbury

WORSHIP UNDER THE TENT- 7 PM
100 Horse Meadow Rd, No Haverhill

AA MEETING (OPEN DISCUSSION)

8:00 PM - 9:00 PM
Methodist Church, Maple St, Woodsville

SATURDAYS

STORY HOUR FOR CHILDREN - 10:15 AM
September thru May

Brainerd Memorial Library, No. Danville

SUNDAYS

CRIBBAGE - 1:00 PM
American Legion Post #83, Lincoln

NORTH DANVILLE BAPTIST CHURCH (ABC),
Worship and Sunday School, 9:30 AM

Refreshments at 10:20 a.m.

Horse Meadow Senior Center

Activities for August, 2018
Lunch is served daily at 12:00, except when noted
AUGUST EVENTS
18th Anniversary 8/23/18 All Day

Breakfast Buffet: Every Tuesday @ 8:30-10:00
Find-a-Sticker 8/1 @ Noon
50/50 Raffle: 8/15 @ Noon
*Meals are available M-F for home delivery.

*A variety of Exercise Equipment is available daily in Bertha's room at HMCS
SPECIAL DAYS:

*Our 18th Anniversary is Thursday August 23rd, Western Wear Theme, Come dressed in Western Attire, Raffling off a Handmade Wooden Bowl, Picnic Basket, Doll with hand crocheted Western Outfit, BBQ and Music by Cowboy Bob Benjamin: Horses will be here courtesy of Rebecca Guillette of Open Acres Ranch

*American Red Cross Blood Drive on August 24th from 12:00-5:00

ENTERTAINMENT:
Starts between 11&11:15
Phyllis: 8/14, 8/28
The Boy-z: 8/15
Ethel Cooper: 8/30
Bob Benjamin: 8/9, 8/23
Wayne Klinger: 8/13, 8/27
Barry Hayes: 8/8
Tabor Valley Singers 8/17

CLINICS:
Senior Feet: 8/24 Starting @ 10:00 (\$30 by appt. only)

ON-GOING ACTIVITIES:
Movie Time Wednesdays at 1:00: 8/8 "The Long Long Trailer" with Lucille Ball, 8/22 "August Rush"

Cancer Support Group now meets once a month: This month is 8/9 @ 2:00

Bone Builders: Mondays, Wednesdays & Fridays @ 9:30, Tuesdays and Thursdays @ 1:00

Grief Support with Florence, Mondays @ 10:30 in the library

Interfaith Fellowship & Coffee beginning at 9:30 on 8/7, & 8/21 w/ Pastor Wayne Chevalier
All welcome!

Hearts & Hands Quilting: Mondays @ 1:00

Herbal with Elaine on Fridays, 8/10, 8/24 @ 12:30
Nifty Needlers:

Every Tuesday 9:00-2:00
Writers Group: Wednesdays @ 10:30

Bingo: Wednesdays @ 1:00
Floral Arrangements w/ Jane: Thursday 8/9 @ 9:30

Mahjongg: Every Friday @ 10:30

MS Support Group: 8/20 @ 1:00

Cribbage: Thursdays @ 12:30
Hand & Foot Card Games Mondays @ 1:00

*Also, Please think about volunteering here at Horse Meadow!

Seldom Told Stories of Wells River

You have probably heard some of the stories about Wells River, like being home of the "world's tallest windmill" at the time it was built or the Fat Man's Club at Hale's Tavern or the flood of 1927, but do you know about "a gas station restroom war" or the "Bank of Newbury misplaced in Wells River?"

The Newbury Historical Society invites to you to hear these stories and more on August 23, at 7:00 pm at the Wells River Congregational Church. Hod Symes, President of the Newbury Historical Society and author of "The Cross Road - A History of Wells River" will

tell interesting vignettes of "Wells River Stories Seldom Told" using an illustrated power point presentation.

In addition to the above stories Symes has tales about "cowpasture golf", "the "No-Bell" prize in Wells River" and "Tears when Hale's Tavern was torn down?" plus a few others.

Light refreshments will be served at the conclusion of the program. The church is ADA accessible. The program is free and open to the public. For more information, email the Newbury Historical society at newburyhistorical@gmail.com



"Philip Ross Hastings—Through His Lens."

The Bradford Historical Society is pleased to announce a major new photographic exhibit entitled "Philip Ross Hastings—Through His Lens." Hastings, who grew up in Bradford, was one of the leading railroad photographers.

His thousands of photographs captured the era of steam and the rise of diesel engines across the nation. In addition to a wide selection of railroad photographs, many of which were

taken locally, the display includes photographs from his student years at Bradford Academy and his views of Vermont life in the 1940s.

An opening reception will be held on Sunday, Aug. 12 from 2-4 pm at the museum at 172 North Main, Bradford. The display will also be open Fridays from 10-12 noon through October. For information or to request viewings at other times, call 802-222-4423 or 802-222-9621 or email lccoffin@charter.net.

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So Long Summer Hello Fall Festival Returns To Wells River

The 7th Annual So Long Summer Hello Fall Festival is going to be held on September 1st from 9:00 am - 2:00 pm in downtown Wells River on Main and Railroad Streets.

To Celebrate the 7th year of the festival vendor spaces, until August 12th, are only \$7.00. If space is available after the 12th the cost will be \$12.00. Vendors before the 12th will be included in the advertising and other announcements for the festival. Vendor spaces are available to folks who are selling crafts, flea market items, food items, jewelry and other interesting items. Spaces are also available for area non-profit groups to raise money or to pass out information or both. Non-profit groups that are only providing information and not raising money may set up for free. Last

year there were about 25 vendors selling items and 10 non-profit groups providing information.

Perennial favorites of the festival like the WRAP Bake Sale, the NewburyConnect free drawing, the Giant Zucchini Contest and the Baldwin Library Book Sale will be there. For the second year, the Cohase Chamber's Rubber Ball River Race on the Wells River will be returning. New this year will be music in the gazebo and a public address system.

Applications for vendor space may be picked up and returned at the Baldwin Library or be requested by emailing wrapwr@gmail.com. For more information, to request an application or to volunteer at the festival either email WRAP or call Richard M Roderick at 802 757 2708.

Whitehill Reunion

The descendants of James and Abraham Whitehill, William Gardner and Margaret Whitehill, and John Miller and Mary Whitehill will hold their annual reunion on Saturday, August 18, 2018 at the Whitehill Stone House on the Groton/Peacham Rd in

North Ryegate, Vt. A chicken dinner will be served at 12:00 noon followed by the annual meeting and group photo.

Meet your relatives and enjoy the food and beautiful scenery surrounding the homestead.

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MARK YOUR CALENDAR BE INFORMED

The BMU School Board is hosting two meetings at the school related to BMU's way forward prior to an Advisory Vote on Tuesday, August 14, 2018.

- **August 8, 2018 at 6:00 pm** is a **Public Forum** with attorney Mr. Mark Oettinger, VT State Education Law expert, to share information on our plans for addressing the AOE's state wide plan at the State Board of Education.
- **August 13, 2018 at 7:00 pm** is an **Informational Hearing** regarding the warned Advisory Vote on August 14, 2018.
- **VOTE** on the three Articles either through early voting, absentee ballot or on **Primary Day, August 14, 2018, between 10:00 am - 7:00 pm** at your town's voting place: the Groton Community Building; Town Hall Ryegate Corner; or the Village Garage in Wells River.

If you or a family member is not registered to vote, you just need to contact your town clerk for a voter registration form.

Not all Times are Trendy, but there will always be Trendy Times August 7, 2018 Volume 9 Number 22

Monroe Selectboard Presents Cane

Monroe Selectmen recently presented William "Bill" Bunnell with the town cane in a ceremony with his wife, Ramona, and family. The selectmen announced Bill was the oldest living resident in town at age 94. Bill served in the Pacific Theatre during World War II and was a town selectman.

oldest living citizen for safe keep as long as he or she shall live." The first recipient was Bernice Blake, who

received the cane in 2014 on her 100th birthday. She passed away in March of this year.

The cane was made for the town by Clinton "Buster" Bates back in 2014. It reads, "This cane is placed in the custody of the town's



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Cohase Chamber of Commerce

FARM TOUR

Sunday, August 19
 Piermont • Bradford • Haverhill • Fairlee

Download **FREE** map and guide at www.cohase.org or email cohasechamber@gmail.com

Map/Guides also available at various locations throughout the region. Visit www.cohase.org for a list of where to find them or call us at (802) 518-0030.

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This very nice 3-acre lot is located conveniently across the road from the Harvey's Lake public beach. The land is currently being hayed by a local farmer. It includes a lean-to with a shed on one back corner and a porta-potty on the other. Sit on or next to the lean-to enjoying a nice, quiet fire and listening to the river that makes up one border. \$35,000--ML4689037

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Hydro/aquatic Therapy Studio Mobile Therapy Clinic

Hydro/aquatic Therapy Studio is pleased to announce the Aug. 1st. delivery of our "state of the art" aquatic mobile clinic. With this state of the art aquatic unit we will provide therapy and fitness opportunities by training in a warm water environment equipped with treadmill, water jets and camera observation documentation, to name a few. We will be serving our rural communities, hospitals, clinics, nursing homes, assisted living, fitness centers and individuals. Where ever the need we will be there. Our primary focus is Healthcare for all ages. We provide services for all ages of the young and elderly from sports injuries to fitness and wellness and everything in between.

"Have Water Will Travel"

We are anticipating being up and running in September. We are now scheduling and setting up pre-opening pkg. discounts. Please call for more info and where you can sign up. Now is the time to act before there is a waiting list.

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Chadwick Boseman Portrays Thurgood Marshall in Legal Thriller at Colonial Theatre August 16

In a tense legal drama, the White Mountain Jewish Film Festival features one of Thurgood Marshall's early cases in "Marshall," August 16 at the Colonial Theatre in Bethlehem. In this true story, one sees the multi-faceted personality of Marshall long before he became the first African-American appointed to the Supreme Court.

In the early 1940s, Thurgood Marshall, portrayed aptly by Chadwick Boseman ("Black Panther," "42"), is a rising star in the field of civil rights travelling across the nation for the NAACP to defend African-Americans who are believed to be wrongly accused of crimes. Marshall has been sent to Bridgeport, Connecticut, to defend a black chauffeur accused of kidnapping and raping the high society wife of his employer. Marshall's usual confidence is shaken when the court refuses to allow him to be the lead attorney. Instead, the court appoints Sam Bernstein, a local lawyer who has never handled a criminal case, to be the lead counsel. Working for and with Marshall, Sam makes some important decisions about what kind of man he wants to be and can become.

The pitch-perfect directing by Reginald Hudlin ("Black Panther," "Django



Michael Koskoff (L) developed Marshall's story with his co-writer and son, Jacob.

Unchained") creates edge-of-your-seat-suspense. Gripping performances are delivered by this top cast, Chadwick Boseman, Kate Hudson, Josh Gad, and Sterling K. Brown who steals the film with his portrait of the chauffeur.

The ticket holder patio reception hosted by Rick and Beth Dyer begins at 6 p.m. to welcome guest speaker and co-writer of "Marshall," Michael Koskoff, a partner in Koskoff, Koskoff & Bieder, PC. A renowned litigator specializing in personal injury and medical malpractice, Koskoff earned a reputation early in his career as a civil rights advocate. In 2008, the Connecticut Trial Lawyers Association awarded a Lifetime Achievement Award to Koskoff for his work. He has also received the National Association of Black Pa-

trolmen Dedicated Service Award, the Greater Bridgeport NAACP Waverly Jones Freedom Award, and the Afro-American Educators Association Dedicated Service Award.

"Marshall" is open to the public. Tickets are \$9 for BHC members, \$10 for general admission.



Local Band "Beer Knights" Made it to the top 10 of Foxwoods Resort and Casino's Battle of the Bands last Wednesday July 25th. The band was Sponsored by Walker Motors. They did not make the top 5 but we are sure proud of these local boys! Mike Chamberlain of S Ryegate, Rick Churchill of Concord VT, Josh Souliere of E Ryegate, Josh Aldrich of N Haverhill

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Aug 10-11-12 & 17-18-19

Squish

A dark comedy by Marianne Harding

The HOLDING

Drama by Dan Weatherer



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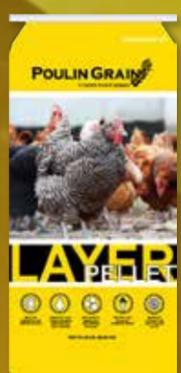
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Borowsky Trio Appears in Bethlehem August 10

Music lovers look forward to the next Sounds in the Sanctuary concert featuring the Borowsky Trio at 5 p.m., Friday, August 10, in the Bethlehem Hebrew Congregation sanctuary. Hailed by the international press as "American virtuosi," the Borowsky siblings Frances, cello, Emmanuel, violin, and Elizabeth, piano, have won their way into the hearts of audiences throughout North and Central America, Europe, Asia, and the Middle East. The trio has delighted listeners of all ages with their interpretations of standard repertoire and dazzling original compositions. Each began music studies at the age of four.

The Heidelberg Rhein-Neckar Zeitung praised cellist Frances Borowsky as "very courageous...marvelously colorful." A dedicated citizen of the world, Frances embeds her memories of Norwegian fjords, Venetian artists, Parisian chocolates, and friendly Belgian cows into her rich interpretations.

Violinist Emmanuel Borowsky has been hailed by audiences and media worldwide. He has performed as soloist with symphony orchestras in China, Jordan, Lithuania, and Poland, among others. He teaches privately in Balti-



"It's hard to find a family more musically gifted than the Borowskys. They've been given a rock star reception in countless countries. International press has given them rave reviews. It takes a while to realize when reading the glowing testimonials, however, that the music they're playing isn't the next big thing. It's classical." The Towerlight

more and is a frequent adjudicator of competitions and festivals

Elizabeth Borowsky, pianist, enjoys a vibrant career as a solo and collaborative pianist, composer and educator. Her performances in distinguished venues and festivals in over 30 coun-

tries include appearances in Carnegie Hall, the Kennedy Center, the Beethoven House, and the Penderecki European Music Center among many others.

In 2004, the trio received the Erick Friedman Prize for outstanding Young Musicians which led them to

their Carnegie Hall debut. Since then, they have toured the US, European countries, Vietnam, China, Mexico, and Cuba, and they have been featured performers as part of American Tribute to Chopin celebrations.

Respected composers, they have been commissioned to write for the German Society of Pennsylvania, the Lithuanian Day of Mourning and Hope, and the Madrona Viola Duo. They direct the International Music Institute and Festival in Maryland and music programs for young musicians.

With the motto "Music: The Best Bridge for All People," the Borowsky Trio is committed to serve as ambassadors and promoters of great music around the world.

Their program features programmatic works by contemporary composers: Harmonic Etudes by Jody Nagel, Othmar by Maria Newman, and Spanish Rhapsody by Jaroslav Vanacek. Original Borowsky Trio compositions on the program are Postcards from Dillsberg, Hardy, Life An Impromptu, and Resurrection from Trio No. 3.

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THANK YOU!

We wish to thank the thousands of visitors, near and far, who attended this year's fair despite the less than perfect weather conditions.

Many thanks also to the over 300 volunteers who helped work around what Mother Nature threw our way and made all the events possible.

Plus a huge and heartfelt thanks to our many business sponsors for their enthusiasm in supporting the fair.

Finally, a thank you and congratulations to the hundreds of competitors at this year's fair.

The all volunteer Board of Directors and Officers of the North Haverhill Fair thank one and all, and wish you a great 12 months until we meet again, July 24 - 28, 2019 for the 75TH ANNUAL NORTH HAVERHILL FAIR

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You'll always want to base your investment decisions on your own needs and goals. But there may be times when you might consider adjusting your portfolio because of risks and opportunities. Now may be one of those times.

Here's some background: In recent months, the Federal Reserve has raised short-term interest rates several times, and given its generally favorable outlook on the economy, it has indicated it may continue bumping up interest rates gradually over the next year or so. The Fed doesn't control long-term interest rates, but these rates often follow the lead of short-term movements. However, longer-term rates haven't yet risen as much as shorter-term ones, which means the difference between short- and long-term rates is relatively small, historically speaking.

This doesn't mean you should make drastic changes to your portfolio. You still need to stick with the asset alloca-

tion that's suitable for your situation, which typically involves owning a certain percentage of growth-oriented vehicles, such as stocks, and a certain percentage of fixed-income securities, such as bonds. However, if you do have space in the fixed-income part of your portfolio, you may find the higher interest rates offered by short-term bonds and certificates of deposit (CDs) to be attractive. To take advantage of this opportunity, though, you will need to have the cash available to invest.

Some people hold too much in cash, waiting for interest rates to rise, or as protection against the risk of a market decline. But holding excess cash involves its own risk – the risk of not investing. So, if you have your cash needs covered, you may want to consider investing any excess cash.

To determine if you are holding excess cash, you'll need to review your entire cash situation. For example, do you have enough cash, or cash equivalents, to create an emergency fund of three to six

months' worth of living expenses? This fund can be vital in helping you pay for things like a major car repair or an unexpected medical bill without dipping in to your long-term investments. And, of course, you need enough liquidity to provide for your lifestyle, including your regular spending needs – your mortgage, utilities, groceries and so on. Also, you may want to set aside enough cash for a goal you want to reach in the next year or so, such as a vacation.

But if you have taken care of all these needs and you still have excess cash, you may want to consider putting this cash to work, possibly by investing in short-term fixed-income vehicles now being issued at higher interest rates.

And keep in mind that regardless of where interest rates are going, bonds and other fixed-income investments can offer some key benefits to investors. In addition to providing a source of regular income, these types of investments can help reduce the effects of volatility on your portfolio. While bonds can, and will, fluctuate in value, they typically can provide more stability to your portfolio and tend to behave differently than stocks over time.

After years of historical lows, shorter-term rates now have risen to levels that are more attractive to investors. Take the time to review your situation, perhaps with the help of a financial professional, to determine if taking advantage of these rates may be appropriate for you.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor

12th Annual MIKEY WILLIAMS Alumni Soccer Game

Saturday, August 18 • 11 am & 1 pm
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vs.
WHS Girls Varsity
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WHS Mens Alumni
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THEN AND NOW

BY JIM HOBBS - WHITE MOUNTAIN TRADER - 603-243-0225 - INFO@WMTN.BIZ - WOODSVILLE, NH



All agree a new bridge that would accept ambulances and fire trucks is needed!

But, when I looked down into the huge hole today where the bridge once stood, it looked like some Match Box toys were being played with in a huge Hole!

Pics of the new bridge ... soon!

The Mill Street Bridge over former B&M Railroad bed. It was a rickety ride over the single wide bridge that was built in 1938, But, a walk along the former railroad bed, under this bridge was like entering another world!

The massive granite footings and the amazing timbers that wove together creating a maze that appeared it would combat a hurricane, made you want to just gaze at it from every angle!



Bridge entrance from Mill Street



Letter to the editor

Dear Editor of Trendy Times:
The 4th of July parade committee put on a spectacular parade this year.

The floats were colorful and the men and women who marched representing the VFW and the American Legion made the parade a truly American parade as they honored our service men and women and paid tribute to those who served and are serving this country. The young people who manned the various floats with their squirt sticks were enjoying watching the watchers and the watchers were enjoying the "rain". The politicians walked and rode in the parade waving to all, and even one church - Calvary Baptist Church - had a float. Acres of Hope should be commended for handing out bottled water, lemonade and iced tea to watchers and parade people. They started at 0900 and continued to pass out water even after the parade ended, to those in hot cars waiting in traffic.

The Community field was ready to feed the hungry and the rides for the kids were in place, but the heat of the day kept many people from enjoying what was set up.

I helped in the Bingo tent

from 1600 to 1900 but there were few people who were willing to swelter under the tent. The music tent was loud and drowned out the Bingo caller, but we carried on. The dunk tank was a hit. People did start wandering in after the sun started to set.

The fireworks were beautiful. I could even see them from my home.

All of the above was due to 6 or seven people this year. It was the first year for my son and his wife to be chairpersons for the parade. They did a lot of leg work getting all the right pieces of paper to even put on the parade and they did a lot of begging friends to help them and sadly many turned them down. All of you on the committee went over and above to make sure this was a successful parade, but it is about time for the people of the towns of Woodsville and Wells River who want a parade next year that more people need to volunteer to help. There are so many tasks that have to be done to put on an event like this - from helping the secretary get the permits signed for the parade to sending letters to ask for sponsors for the parade, asking businesses to put floats in the

parade. It would be nice if all the churches in the area put floats in the parade even if it is only a kids wagon with balloons on it and a few walkers handing out stickers to the watching public.

It is time to step up and make next years parade even better that this.

I want to thank the 4-H for policing the trash and cleaning up the Community Field after all the tents were down.

How about next year a parade of kids on bicycles that have been decorated and judged just like the big people floats (and I will give \$100 toward the awards for the best, funniest, and crowd applause)

There are many ideas out there for what and how to put on a parade and activities at the Community Field, but as the Community implies, the people of Woodsville and Wells River need to step up and volunteer to help. If we start now asking the residents who would they like to see march next year - TV personalities, politicians, the Pope. I would enjoy Mark Breen parading and perhaps a discussion group about weather.

Jane Ann Billings-Hunt
Woodsville

and would love to hear ideas from others. We would also love to have others join us in making the decisions of what will be added (or subtracted) for next year.

We also continue to look for those willing to step up and help on July 4th itself. Plus we have a host of jobs to be done before July 4.

So, thank you Jane for opening this door. I hope many walk thru and become part of the solution.

Gary Scruton, Editor (and Woodsville Wells River Fourth of July Committee President)

Jane,

First I must start by saying that I am also involved with the Woodsville Wells River Fourth of July Celebration, and have been for quite a few years. I love the opportunity to give back to our community.

I do very much thank you for your kind words about this year's event and for your encouragement to others to join our small but enthusiastic group. To get into those details, we currently meet on the first Wednesday of each month at 7:00 PM at the Woodsville Emergency Services Building (the fire station). We are already talking about how to improve next year



antique business which she enjoyed and was quite proficient at. During his lifetime, Bob's one great hobby was fishing, particularly fly fishing. Every spring or summer Bob and his best fishing partner, Dr. Robert McCauley, managed to fish a new Quebec or Labrador area and these vacations were always the best. Bob was very active in the Vermont Chamber of Commerce and served as President of this august body in 1977-1978. He was also a 32 degree mason and was a Shriner, belonging to Mt. Sinai Shriners, Montpelier, VT. His Blue Lodge affiliation was Pulaski Lodge #58 F&AM of Wells River, VT. Bob had a keen and inquisitive mind and a good sense of humor. He often proved to be a loyal friend.

Private burial services will be observed in the Monroe Village Cemetery.

For more information or to sign an online condolence please visit www.rickerfh.com

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

Monroe, NH - Robert Harley Simblest, 91, was born at Forest Hills Hospital, Boston, MA, on July 28, 1926, the son of Margaret (Butson) Simblest and Samuel Simblest, and departed this earth on Monday, July 23, 2018.

Mr. Simblest grew up in a number of different cities and towns, among which were Miami, FL, Manchester, NH, and Brooklyn, NY. After graduating high school he joined the military during World War II and saw considerable military action in the Pacific theater of operations. He was particularly proud that he held combat stars for both Iwo Jima and Okinawa in the final battles to defeat Japan. Bob was an unabashed patriot and loved his country very much. He returned to civilian life in late 1945/1946 and commenced college life. After graduation, he worked for a period of time as a sales representative for the text book company J.C. Winston. After this stint, he went to work for St. Johnsbury Trucking Company, commencing in 1951 and retiring in January 1, 1984. Mr. Simblest was the first director of rating and coding and assistant general office manager. He enjoyed this part of his life.

In April 1984 he married Carol Boland Simblest, and acquired two step children through this union, Deborah Moore of Lyndonville, VT, who predeceased him on April 2, 2007. and Gregory Boland and wife Cindy of Hudson, MA, along with grandchildren Matthew Hill and wife Amanda of Lyndonville, Brian Boland and Alicia Boland both of Hudson, MA.

Bob and Carol wintered in Fruitland Park, FL, from 1985 to 2005. They enjoyed this time very much and it enabled Carol to pursue her

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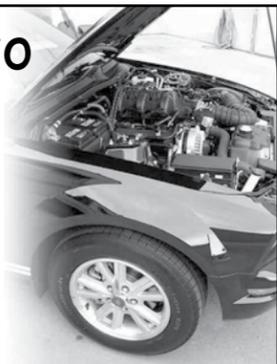
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Books

by Elinor Mawson

Even though we have moved several times, had a fire, and given a lot away, we still have books in every room in our house. For a long time, I bought them at yard sales, visited bookstores, used Amazon and accepted every book that was offered--resulting in the huge amount of items on our many bookshelves.

I love books. On my fourth birthday my mother rigged up a pillowcase full of gifts, and hung them from a contraption on the ceiling of my bedroom. It was the first thing I saw when I awoke, and my delight was palpable when I opened the pillowcase and saw...books! There was Heidi, Black Beauty, Anderson's Fairy Tales and several others. I still have them, by the way; they were the first in my collection. Even if I couldn't read them, they were treasures and it wasn't long before I could read them myself--with a lit-

tle help from whomever was around.

As I grew older, I was given several book series--Nancy Drew, The Five Little Peppers, The Bobbsey Twins, Anne of Green Gables, and others. I would read them over and over.

From the age of 8, my mother let me walk to our Town Library. It was a little over a mile, and every Saturday would find me walking down a back country road--all alone--to give back the 7 books I had borrowed the past Saturday and bring back 7 more. When I think of doing that walk today on that deserted road, I shiver--it couldn't happen in this day and age.

By this time, I was wearing glasses. Sometimes I would get carried away and read without them. I remember my father "catching" me glasses-less, and saying, "If I catch you again, you won't be able to read for a month!" Sure enough, he did, and I spent the next month with-

out my favorite pastime. I remember my sister receiving her monthly copy of "Jack and Jill" magazine and nearly having hysterics because I couldn't read it.

In college I majored in English and took many courses in American and English literature. I was introduced to whole new genres such as poetry and drama, and loved everything.

After I got married and had kids, my reading had to take a back seat to being a mother and doing housework. Everytime I would read, I would feel guilty because I wasn't getting anything else done. I felt this way too, when I was getting my Master's degree and "fun" reading was "out" in favor of research, papers and studying for exams. I was so happy to get that degree so I could resume what I really loved.

One time, my husband built a whole wall of bookcases in our bedroom and they were immediately filled--he called it a bookcase with a room in it!

Now I am retired, voracious is what I call myself when I read. I have stopped buying the physical "book" and have an ereader which gets heavy use. It is OK--but I love my books, and I can't loan something on my Kindle. I can only recommend.

When a friend or relative has a baby, I don't give clothes--I give books. A lot of little kids I know are familiar with Good Night Moon and Brown Bear, Brown Bear.

When I was told that I would be a grandmother to a little boy, I quickly bought Mike Mulligan and his Steam Shovel and gave it to the mother-to-be, along with a tiny pair of yellow boots.



What About Ma?

by Kellie Quackenbush

All About The Dental Care

My parents have dentures, Ma has dentures and almost every person I know, over the age of 80, has dentures. I don't but some day I might -if I do not take good care of my teeth. With that said, most of my life, I did not give much thought to how life is with dentures. However, when you get to the age of caring, oral hygiene and dentures become one of the many life concerns that is on your list of concerns.

The topic came up at supper, we were having steak and Ma was not enthusiastic about our meal. Having had the same dentures for over 30 years, the plate was thin, they didn't chew things the way they used to and the fit was not as nice as it once was. Once the topic of dentures came up, there was a flurry of issues that followed; she was using that sticky paste to hold them in, she dropped the "uppers" in the sink and some of the teeth broke, the sticky paste made her gag....

The answer to all of these issues was a trip to the den-

tist. Our local dentist had followed in the family business and continued to work in the practice his father had established, his dad was Ma's dentist 30 years ago. Thankfully, the son is even more skilled than his dad and was able to help with the denture repair and eventual replacement of the dentures. Ma has made several trips to the dentist, in recent years, because like everything else in the body, the mouth changes. A dentist can assess mouth health and make adjustments to existing dentures or as Ma needed, make a fitting for a new set. Goodbye to the sticky paste.

The lesson we learned was that seeing the dentist and good dental care does not end when you get dentures. Dentures are a tool but even tools need to be maintained. If you have dentures that are loose, mouth sores or recent changes in your health, make time to visit your dentist. The knowledge that the dentist holds about your health is well worth your time.

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Thank you for your understanding.



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Volume 9 Number 22 August 7, 2018 Not all Times are Trendy, but there will always be Trendy Times

“Green” Coming-of-Age Presented by Author Sam Graham-Felsen

Author Sam Graham-Felsen discussed “Green,” his highly praised first novel, at the Bethlehem Library last week. A classic coming-of-age story, “Green” is told by sixth grader, David Greenfield who lives with his parents and younger brother in Boston’s newly gentrifying Jamaica Plain. The story touches on issues of race, justice, adolescent angst, privilege, and friendship.

“Prickly and compelling... Graham-Felsen lets boys be boys: messy-brained, impulsive, goatish, self-centered, outwardly gutsy but often inwardly terrified.” The New York Times Book Review (Editor’s Choice).

“Green” is built from some of Graham-Felsen’s own experiences and told in an authentic clear voice and language of a young teen striving to grow up in a complicated world.

Graham-Felsen graduated cum laude from Harvard with a degree in political science and social theory and went on to the MFA writing program at Columbia University. He worked as a journalist for The Nation magazine, and he also produced video reports from Europe and the Far East for Current TV. He later served as content director at Blue State



Digital, a Washington, DC-based Internet strategy and technology firm.

In 2008, Graham-Felsen was chief blogger for the Obama campaign and produced many online videos for the campaign. His next choice was to become a fiction writer to tell the stories he knew and to have freedom to control the narrative.

This event is part of the Books of Jewish Interest program (BJI) co-sponsored by the Bethlehem Hebrew Congregation and the Bethlehem Public Library. “Tough Jews: Fathers, Sons, and Gangster Dreams” by Rich Cohen is the topic of the next BJI meeting at 4 p.m., Wednesday, August 8, Bethlehem Public Library, 2256 Main Street. These meetings are free and open to the public.

Old Timer’s Tales



by Jim Hobbs

This tale is about my little friend Thelma. We were sitting on her front porch on King street. She was sitting in a straight backed chair and her feet were about six inches from the floor. Her legs were badly swollen and it really hit me hard when she said she really missed going for walks. I asked why she stopped. She said she was afraid of falling down and wouldn’t be able to get up by herself. She pointed to her legs!

The mood brightened as she started telling me another of her wonderful life stories. This one happened soon after her family moved from Wells River to Woodsville and the family was watching “Gun Smoke” on TV. A man was shot and came tumbling out of the saloon onto the wood planked sidewalk.

Her mother, Mary, said to her husband, Jack, that reminds me of what happened at the “Swinging Door Saloon”. Jack quickly said. “We shouldn’t talk about that in

front of the child, meaning Thelma.

Thelma went to bed soon after the show ended. First thing in the morning, after her father had gone to work at the roundhouse, Thelma asked her mother if she would tell her what happened at that Swinging Door Saloon. Mary explained how a man was shot in the saloon and he staggered our of the building and landed on the sidewalk. Thelma asked what happened to the man and her mother said a couple of men came, picked him up, and buried the body

in a dirt cellar in Woodsville! The only saloon I can find in Woodsville was in the old Peoples Market building, through the underpass on North Court street! It was operated by Mr. Smith, possibly Henry’s father, a Woodsville banker, and Bob Smith’s grandfather.

Bob Smith, recently deceased, was another of Woodsville’s baseball stars!

I guess, if you own a house in Woodsville with a dirt cellar, that it would be best not to do much diggin’ in it!

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Eggplant Parmigiano

Hello hello my fellow chefs. July is over and it was the hottest month on record. But... we are still getting high humidity and hot temperatures. But I'll take this over snow even though some days I wish I could feel the cold of winter. Oh well, I wonder if we're ever really happy about the weather.

Today's recipe is Eggplant Parmigiano. A good chance to use eggplant while it's in season. Here's what to do.

Slice eggplant 1¼" to 1½" thick. Not too thin and not too thick. Sprinkle with salt

on both sides and place on paper towel under and over to absorb excess water. Let sit for a half-hour to one hour. Smaller eggplants are better because the seeds are small and the skin is more tender.

Preheat oven to 325 degrees.

Use one or two eggplants depending on the size.

2 eggs
1½ teaspoon of Baking soda

2 Cups of seasoned bread crumbs

¾ Cup of vegetable oil

1 jar of your favorite pasta sauce

Colonial Celebrates Yellow Submarine at 50

The newly renovated Colonial Theatre in Bethlehem, NH, continues its 2018 Anniversary Film Series with the Beatle's Yellow Submarine Friday, August 10 at 7:30 PM. At 50 years old this joyful, phantasmagoric blend of colorful animation and the music of the Beatles is still delightful family fare. This animated meandering journey filled with puns and dry British humor, where psychedelic music videos take precedent over any linear story. The swirling animation is a mixture of pop-culture images and modern artistic styles brought loosely together with a naïve antiwar message and some clever political commentary. The Blue Meanies take over Pepperland, draining it of all its color and music, firing anti-music missiles, bonking people with green apples,

and turning the inhabitants to stone by way of the pointed finger of a giant white glove. As the only survivor, the Lord Admiral escapes in the yellow submarine and goes to London to enlist the help of the Beatles.

The evening's festivities will include trivia contest, door prizes (original art work by Matt Bassett, Yellow Submarine movie poster, movie tickets and more) as well as a signature cocktail — a Blue Meanie, of course. General Admission tickets for the 7:30 showtimes are \$10, \$8 for Colonial members including members of Catamount Arts and St. Kieran's Community Center for the Arts, Gem Theater and the Loading Dock. Tickets are available at the door or on line at www.BethlehemColonial.org. Concessions include beer and wine, organic popcorn, fine chocolates coffee and tea.

For more information about this or upcoming live and special events and feature films find The Colonial on Facebook ([Facebook.com/BethlehemColonial](https://www.facebook.com/BethlehemColonial)), follow The Colonial on twitter (@ColonialNH), visit the Colonial on line or tune in North Country Community Radio, WZNC, broadcasting from atop the historic Colonial Theatre at 99.9 on the FM dial.



Parmesan cheese
Italian 3 cheese blend
(optional)

Scramble eggs with baking soda in shallow bowl

Put some of the bread crumbs in shallow dish, adding crumbs as you coat your eggplant. Dip eggplant in eggs covering both sides, then coat both sides in bread crumbs. Heat oil in frying pan over medium to high heat. I used a cast iron pan but you can use any Teflon frying pan. Add your prepared eggplant one at a time to hot oil, it should bubble, that's how you know the oil is hot enough. You can cook 3 or 4 slices at a time depending on your pan size. They cook pretty fast. Fry, turning once when brown.

When you take them out, place on paper towel to absorb excess oil. Use a bak-



ing dish and put a thin coat of pasta sauce in bottom.

Make a layer of cooked eggplant and spoon sauce over each one spreading to cover all and sprinkle Parmesan cheese over each one. Layer till you use all, covering each one with sauce and parmesan cheese. Bake at 325 degrees for 30 minutes. Last 5 minutes sprinkle some Italian 3 cheese blend on top and that will melt in the final 5 minutes. Remove

from oven and let sit for about 10 minutes. You can make eggplant parmigiano sandwiches served on buns of your choice, I use round rolls. You can even serve on the side with your favorite pasta. You'll love it cause it's Delicioso!

I hope you enjoy this classic recipe as much as I do.

Well folks, until next time I'm signing off. Cin Pin

Janice is in need of a Get-a-Way



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