

TRENDY TIMES

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JULY 24, 2018 VOLUME 9, NUMBER 21

West Newbury Summer Festival - August 11

The 34th West Newbury Summer Festival is on Saturday, August 11. West Newbury VT is a small, unspoiled village on the hills above the Connecticut River with open fields, historic buildings, and unrivaled views of the White Mountains. The festival is an opportunity to come together with neighbors and friends, enjoy a summer day, and raise some funds for maintaining the Community Hall, which sponsors the festival.

It takes a village, with some friends, to pull off this kind of event. The Summertime Marching Band from the Monroe NH area will lead the festival's parade for the fourth year in a row this summer. Marching bands are rare nowadays. The Woodsville/Wells River July 4 parade was on the search for one four years ago when Mary Choate (soon to be-

come a drummer) of Monroe NH asked her friend Perry Williams (trumpet) of Lower Waterford VT if he thought a marching band would be fun.

He said, "Yes!" and they started recruiting. The band grew from seven members the first year to 30 people today. Some are picking up instruments laid down decades ago, others are beginners. They range from 10 to over 70 years old and march rain or shine. Mary Choate says, "This is such a blast, and looking at the people waving to us... every single time people are so happy; they miss bands, too. We bring our energy and our joy and we just see it spreading down the street as we come down."

The band has a repertoire of seven energetic, easy-to-play tunes. They practice once a month January through May at the Monroe

Town Hall, moving outside in the spring to practice marching in the parking lot or down the road. They don't have a director but Williams has a whistle for four commands, which is all they need. "We're not too rigid," he says; members help each other with the music, staying in step, and covering for those on vacation. They concentrate on "playing at the same speed and blasting it out" so spectators can hear them coming and going.

The parade and Summertime Marching Band step out at 10:30. This year's theme is "Come Together, Right Now." Those wishing to join in on bringing our community and our world together are welcome. Please register in advance (see below).

Elsewhere, the festival features Maddie Cakes Gourmet Pastries starting at



8:00, the Ribs BBQ at 11:30, A Taste of Local Desserts starting at Noon, a large and selective Silent Auction, a white elephant sale, and exhibits: "Treasures of the Soul" display, and wild life and train photographer Ian Clark's digital slides. The Newbury Historical Society Schoolhouse will be open and face

painting, live music, activities and a bake sale go on all day.

For directions and more information, please visit westnewburyhall.org or contact westnewburyhall@gmail.com. If you want to be in the parade, call (802) 429-2632. For information on the Summertime Marching Band, visit them on Facebook.

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TRENDY Dining Guide

Whippi Dip

by Gary Scruton

Summertime is a time for many special events in this part of New England. It is also the time for many seasonal businesses to open and welcome tourists, snow birds and the locals who have always been around.

One of those long standing businesses is the Whippi Dip on Main Street in Fairlee. The biggest change to Whippi Dip this year is new ownership. With that has come a few changes, but most everything seems to be as visitors have come to expect.

We stopped in on a Sunday afternoon with the sun shining bright and some

heat in the air. But we were not there to partake of the ice cream portion of Whippi Dip. Instead we were there to have a solid lunch. Janice and I both took advantage of the long standing reputation of seafood dishes. I went with a fried scallop meal. This is one of my favorites and I always look forward to getting such a meal at Whippi Dip because they are always tasty, big scallops, plus they are plentiful and reasonably priced. My meal also came with french fries and a little dish of cole slaw. Janice went with a fried haddock sandwich. Her meal also came with cole slaw. She decided to add a side order of french fries.

While we were waiting to order we did hear a couple of young men talking about the ice cream they had ordered. I simply must pass along the comment of one. "That looks like one ice cream ate another ice cream". I believe they were talking about a flavor called "Muddy Sneakers". We do plan to get back there to try some of that.

One change at Whippi Dip this year (in fact the cashier said it was just implemented the day we visited) was that Whippi Dip now accepts credit/debit cards.

As in the past, after we gave our order, and paid the tab we went to find a seat to await our meals. As mentioned it was a bright sunny

day so we look advantage of a pair of Adirondack chairs that had a table between them. A comfortable place to sit for two that was under the overhang, and in the shade. We quickly returned to that spot after having our names called to go retrieve our meals.

Even with a change in ownership there seemed to be no change in the food. Plenty of scallops for me, I will say that the coating on my scallops easily fell off the scallops when I dipped them in the tarter sauce, or tried to cut the scallops into halves.

Janice's haddock sandwich was almost too good. She felt it was easier to eat by taking it apart. That's to take nothing away from the quality or quantity of what she was served. There was a sizable piece of fish along with all the toppings and the bun.

As I have mentioned in this column many times before this area is rich with some great eateries. From the fine seasonal spots like Whippi Dip, to year round fine dining locations, we all have a great variety to

choose from, and it all depends on what you want as to which location you may visit on any given day. If you want a good solid meal for a very reasonable price, and don't mind sitting outdoors while you eat, then the Whippi Dip is certainly a spot to have on your list.

The total cost of our two meals (we also had water from a pitcher at no charge) was just \$26.80.

Volume 9 Number 21
July 24, 2018

Not all Times are Trendy, but there will always be Trendy Times



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Get Outdoors Together with ACT's 'Shoes & Brews Series

SUGAR HILL – The Ammonoosuc Conservation Trust's (ACT) summer 'Shoes & Brews series continues in Sugar Hill!

Come out on Saturday, July 28th from 2 - 3:30 p.m. for a hike at ACT's Bronson Hill Conservation Area. After the walk we'll head to the Tavern at Sunset Hill for brews and snacks from 4 – 5:30 p.m.

The hike is planned for about an hour and a half and will be hosted by ACT Trustee Rosalind Page. We'll be moving at a moderate pace along old woods roads and to the beautiful open fields on Bronson Hill. This magnificent land is currently being conserved with ACT by its generous landowner and through the support of ACT members.

We'll stop to take in the sweeping views of Franconia Ridge and beyond at the historic cabin. Kids are en-

couraged to come along and dogs are also welcome!

The group will reconvene after the walk at approximately 4 p.m. at Sunset Hill Tavern in Sugar Hill for refreshments and snacks. Come catch up with old friends and get to know more folks in your community over a cold beverage. All are welcome (bring a friend!) and are free to come and go as needed. The event will officially run from 4 to about 5:30 p.m. but you're invited to stay and enjoy the new menu at the Sunset Hill Tavern run by Chef Michael Beers.

Registration for the hike portion of this event is required - for your safety and enjoyment we must cap the walk at 15 participants so please be sure to pre-register ASAP. Be aware registration closes on Friday, July 27th. Once registered, you will receive an e-mail with

details on the meeting location. Registration for the Tavern at Sunset Hill is appreciated to help organizers plan accordingly.

Not able to make it to both portions? You can join either or both. If you're only coming for the brews, please bring a friend(s)!

This program is free and open to the public, with a suggested \$5 donation to support ACT's land conservation efforts. Advanced registration is required. Details and registration information are available at aconservatrust.org/education-events or by calling (603) 823-7777.

The Ammonoosuc Conservation Trust is the North Country's lands conservancy, protecting land for the vitality and well being of our region. Learn more and become a member at aconservatrust.org.

American Roots Orchestra at the Colonial

Your cultural center in the White Mountains, the newly renovated Colonial Theatre in Bethlehem, NH, will present the genre-bending, roots oriented Dustbowl Revival, Saturday, July 28. Presented with the support of Woodsville Guaranty Savings Bank, The Dustbowl Revival has been making a name for itself with a vibrant mix of vintage Americana sounds.

Critics have proclaimed that this eclectic eight-piece band "would have sounded utterly at home within the hallowed confines of Preservation Hall in New Orleans' French Quarter" (Los Angeles Times) and their "upbeat, old-school, All-American sonic safaris exemplify everything shows should be: hot, spontaneous, engaging and, best of all, a pleasure to hear" (L.A. Weekly). Rob Sheffield, in Rolling Stone, hailed them as a great band "whose Americana swing was so fun I went back to see them again the next day."

Their new album, however, finds the Los Angeles-based ensemble evolving and refining its music. Their always-joyous sound now reveals a more soulful, funky side that exudes deeper emotions and taps a more modern vibe. Instead of Dixieland jazz and Depression-era folk songs serving as musical mile markers, this CD mines an energizing vein of soul, funk and roots-infused rock.



General Admission tickets for the 8 PM LIVE! at The Colonial performance are \$20; Colonial, Cata-mountain Arts and St. Kieran's Community Center for the Arts, Gem Theater and Loading Dock members \$17. Reserved Front & Centers seats (available on-line only) are \$24. Tickets are available in advance while they last at Maia Papaya Cafe, Bethlehem, or Cata-mountain Arts, St. Johnsbury or www.BethlehemColonial.org. The doors open at 7 PM with refreshments including beer and wine on the patio. For more information about this or upcoming live events find The Colonial on Facebook ([lehemColonial\), follow The Colonial on twitter \(@ColonialNH\), visit the Colonial on line or tune in North Country Community Radio, WZNC, broadcasting from atop the historic Colonial Theatre at 99.9 on the FM dial.](http://Facebook.com/Beth-</p>
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This evening of great Americana music is made possible with additional support from New Hampshire Public Radio, The Cold Mountain Café, The Wayside Inn, The New Hampshire State Council on the Arts, The New Hampshire Charitable Foundation, The Jane B. Cook 1992 Charitable Trust, and The Colonial's promotional partner, Cata-mountain Arts.

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Galaxies Not So Far Away

by Maggie Anderson

I've been passing the early hours of this morning weeding out old emails, checking old addresses by sending short inquiries to see if they bounce back as undeliverable before deleting them as being no longer necessary speed bumps on my email access road.

I sent a message to one of the girls who was in my wedding, I hadn't heard from her in a long time and the last message was filled with tribulation, some family-inflicted and some simply part of everyday life.

I opened my note by saying, I am in Tokyo and before I'd finished the sentence was struck by the impossibility of that statement. Not only because it seemed unlikely I'd ever have the money to get here but also the very fact that I am actually in Tokyo.

It was not so long ago that the thought of being in Tokyo was as improbable as being on a planet on

the far side of two galaxies over because that's how far away it seemed yet now we can make the trip via a 13 hour flight out of Boston squeezed into a seat less comfortable than a go-cart's, more efficient yes, but also less comfortable.

Still 13 hours to the far side of a distant galaxy is pretty impressive and I'm not easily impressed.

When I was a child we traveled so often that many nights Dad would stuff us into the car and drive around until we were all asleep. I used to lie on my back gazing out at the moon convinced that it followed me wherever we traveled. Now I often find myself chasing the sun all the way to Japan wondering what I would do if we ever caught up to it.

I always get a window seat in order to watch the whole show but I have a feeling my dad might be guiding the pilot's hand because I'm always asleep before we touch down.



Equity and Fairness In NH Elections

New Hampshire is the only state in the United States that does not require registered voters to be permanent RESIDENTS in order to vote in a primary or general election. This, however, will not be the case when the new law signed by Governor Sununu takes effect on July 1, 2019.

During this past legislative session, both the House and Senate passed HB1264 that will restore equity and fairness beginning in the 2019 elections. After implementation of this law, people who vote in New Hampshire, as in other states, must be residents of the state. For instance, if a person registering to vote has an out-of-state driver's license, he or she will be required to obtain a NH license within 60 days of voting. Vehicles would also need to be registered in the Granite State.

Representative Dick Hinch, Majority Leader of the House and sponsor of HB1264 summed up the new law saying, "I don't believe it is unreasonable for us to require that those who

participate in our elections be residents of the state. What I do believe to be unreasonable is that we have two classifications of voters in our state who abide by our statutes and laws as RESIDENTS, and those who don't. HB1264 becoming law is a major win for election integrity and voters in New Hampshire."

Current law allows college students and others who say they are DOMICILED in New Hampshire to vote without being official RESIDENTS subject to all local and state residency requirement such as getting a New Hampshire driving license, registering a vehicle, or accountable for other local requirements. To make sure the new bill is constitutional, Governor and Council requested review by the Supreme Court, and the highest judicial body in New Hampshire did affirm that the bill is constitutional and affirmed that "New Hampshire has an interest in seeing HB1264 enacted." Governor Sununu who initially had serious ques-

tions regarding the bill did after requesting the advisory opinion from the state's Supreme Court and being told the bill is constitutional, sign the bill into law this month.

In other legislative news, the Legislative Budget Assistant Office has stated the following about Special Session Senate Bill 1 that will be acted upon by the House and Senate on July 23. "The bill directs foreign taxing authorities to register with the NH Department of Justice prior to taking any action to determine or impose a sales tax or use tax liability against a NH remote seller (retailer/business) and allows the Department to establish a fee sufficient to cover administrative duties required in the bill. To the extent the Department has expenditures associated with the implementation of this bill and is unable to collect a fee, they may request additional general funds." This bill is extremely important in order to counter the recent United States Supreme Court ruling on taxing internet sales, South Dakota v. Wayfair.

In closing, I hope all plan to visit the North Haverhill Fair this week. This is a time to talk with friends and neighbors about crafts and farm animals, taste the many foods, discuss politics, and to be young at heart while enjoying a thrilling ride.

Respectfully,
NH Rep Rick Ladd, Haverhill

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In the Heights at Vermont Children's Theater

July 26-29th Vermont Children's Theater will present Lin-Manuel Miranda's Tony award winning musical, In the Heights. In the Heights is Miranda's first musical, produced for Broadway in 2008. The show won 5 Tony awards including best musical and was shortlisted for the Pulitzer Prize. Height's powerful story is highlighted by Miranda's engaging score featuring a mix of latin, hip-hop and Broadway music.

In the Heights tells the universal story of a vibrant community in New York's Washington Heights neighborhood—a place where the coffee is always light and sweet, the windows are always open and the breeze carries the rhythm of three

generations of music. It's a community on the brink of change, full of hopes, dreams and pressures, where the biggest struggles can be deciding which traditions you take with you and which ones you leave behind.

In the Heights, features a cast of 40 young actors from all over Vermont's North East Kingdom. Show performances are July 26, 27, and 28 at 7pm. Tickets are \$10 for adults, \$8 for teens and seniors and \$6 for children 12 and under. There will also be a special matinee at 2pm on July 29th and all tickets are \$5. For more information or to order tickets please call 802-626-5358 (Monday-Friday from 3-9pm)



Usnavia De La Vega (Leo Parlo) and members of the In the Heights cast sing about life in New York's Washington Heights.

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Cohase Chamber Seeks Teams For 9th Annual 48 Hour Film Slam Competition

Bradford, VT, The Cohase Chamber of Commerce is excited to announce its 9th Annual 48 Hour Film Slam and welcomes teams from Vermont, New Hampshire and beyond to participate in what has become one of the most celebrated Film Slam competitions in the region.

The Slam will begin the evening of Friday, September 14th and will conclude the evening of Sunday, September 16 with a public screening of the completed films at the Bradford, Academy Building in Bradford, Vermont.

A panel of judges from the film industry and regional community will award cash prizes (\$500, \$250 and \$100) to the top three teams, as well as a Peoples' Choice award of \$100. This year, additional prizes and awards will also be awarded including Final Draft screenwriting software, complete libraries of Save The Cat! screenwriting books, 12-month memberships to MZed.com and their library of filmmaking and photography courses,

as well as \$100 gear credit from LensProToGo. Participating teams are also eligible for a 10% discount on gear rental from LensProToGo.

Participating teams will be required to create a film in 48 hours utilizing an assigned genre, a specific line of dialogue, a specific area landmark, a specific prop and product placement from one of the event sponsors.

"Each year, the Film Slam continues to grow both in participation and notoriety and is quickly becoming one of the region's hottest film competitions. We are continually overwhelmed by the quality of film produced and the amazing amount of creative talent in the region," said Erik Volk, Executive Director of the Cohase Chamber of Commerce.

There is no registration fee and teams of all ages and skill levels are encouraged to participate. However, space is limited. Interested teams should visit the Chamber website at www.cohase.org and complete



the Film Slam registration form. For more information about the event, please contact the Chamber at cohasechamber@gmail.com or by phone at (802) 518--0030.

This event is made possible through the generous financial support of local sponsors Woodsville Guaranty Savings Bank, WYKR, Wells River Savings Bank, Wells River Chevrolet, Cygnus Pictures, Trendy Times and Bliss Village Store. The event is also made possible through the generous support and in-kind donations of corporate sponsors Final Draft, Save the Cat!, MZed.com and LensProToGo.

On Site Country Auction Furniture, Accessories, Tools, John Deere Equipment Saturday July 28, 2018 @ 10 AM 901 Merrill Mt. Rd. Landaff, NH Preview 8-10 day of sale only

Furniture: Wall cabinet by Sugar Hill Pine 6.5' tall x 6' wide; Victorian barley twist rosewood corner stand; four foot mahogany hall bench; cast iron wood box, upholstered floral sofa; enamel top work table; Windsor chair; Large sofa with striped cover; assortment of bookshelves; 2 twin beds; small blue love seat; full set of office furniture; comfortable queen bed; dresser; 7' pine step-back cabinet; men's clothing hanger; several floor and table lamps; pine cupboard; outdoor furniture; green iron patio furniture set of table and chairs with cushions; wine rack; modern Ace workbench; small hanging cupboard; lots of other small furniture items.

Equipment & Tools: John Deere 2013 1025R with 60 mower deck - diesel- ride on ride off deck - 104 hours - quick mounts - 54 in quick hitch snowblower - brush hog and front loader bucket; 2012 John Deere Gator 620i - 4x4 two seater with cover - w/ 209 hours - regular gas; John Deere LA130 Automatic Riding lawn mower with 48" deck in excellent running condition; Honda self-propelled lawn mower; 3 leaf blowers; lots of gas cans; Space Cadet car top carrier; Craftsman rototiller; weed wackers; large galvanized wash tub; few old advertising wooden boxes; misc. tools; Weber grill with cover; small Weber grill; 3 chainsaws and accessories; large convertible Frigidaire freezer; Delta Unisaw with 52 in. Biesmeyer fence - 3 hp single phase 10 in. saw with 1 set of Dado blades and other accessories; 1 hp. Jet dust collector; Router table with Porter Cable half in chuck router and extra plates for the top with accessories; Blackmax 8125 Generator 13.0 hp. reg. gas 6500 W.; Porter Cable air compressor 135 psi; Dewalt saws-all; Bosch belt sanders; lots of misc. hardware;

Wood: selection of old raised paneling; quantity of 19th c. lumber and pine flooring; old doors and windows; quantity of cut firewood; Antique wide barn boards; hardware tools and supplies; small selection of exotic woodworking woods;

Books: full library of books; antique book sets with some first editions; Researches Into Chinese Superstitions by Henry Dore, Shanghai 1922, 11 volumes; poetry books; Shakespeare; some old leather bound sets; Geology of the United States, Niagara Folio 1913; 2 volume set Birds of Minnesota by Roberts, 1932; six large volumes of The Dore Dante, limited edition; set of books The Golden Bough - A Study of Magic and Religion by Frazer, 1925 edition, MacMillon & Co.; The Nancy Flier, a Stagecoach Epic by Ernest Poole;

Additions to the listing: Electronic chess set, Star Wars Episode 1; General international mortiser with floor stand and chisels; Hoover hard floor scrubber, Hoover carpet shampooer, (brand?); upholstery cleaner.; Four Cooper tires, fit most Subaru Outback or Forester models, used one season; Kitchen-aid stand mixer, white, with attachments; another earnest Poole book, Great White Hills of New Hampshire; large tapa cloth from Fiji, 1950s; large galvanized tubs, galvanized watering can; wall mirrors; vintage cameras: Olympus OM2, Pen FT, Voigtlander, accessories; Uher tape recorder, original box, with accessories; hooked and braided rugs; Wagner paint sprayer kit; assortment of antique floor lamps; and much more.

Sale #1008 Per Order of Patrick and Florence Webb - Terms: Credit Card, Cash or good check w/ proper identification. Buyers Premium 13% Discounted to 10% for Cash or Check. No live Internet bidding. Absentee bids accepted. Preview Morning of Sale 8-10 AM only.

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Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

TUESDAY, JULY 24

CHILDREN'S SUMMER READING PROGRAM
10:30 a.m.
Haverhill Library, 67 Court St., Haverhill Corner

FAIRLEE SUMMER MUSIC:

6:30 PM The Ticket
Fairlee Town Common

NH FISH & GAME / SEARCH & RESUCE

7:00 PM
Alumni Hall, Haverhill
See Article on Page 7

WEDNESDAY, JULY 25

RABBIT HILL(MOTOR) INN MEMORIES

6:30 PM
Congressional Church, Waterford
See Article on Page 7

BAYLEY-HAZEN ROAD PRESENTATION

7:00 PM
Presbyterian Church, So. Ryegate
See Ad on Page 7

WEDNESDAY-SUNDAY, JULY 25-29

NORTH HAVERHILL FAIR
1299 Dartmouth College Highway, No. Haverhill
See Ad on Page 16

THURSDAY-SUNDAY, JULY 26-29

IN THE HEIGHTS
7:00 PM Thu., Fri., Sat. / 2 PM Sun.
Vermont Children's Theater, Lyndonville
See Article on Page 5

FRIDAY, JULY 27

FOUR HANDS PIANO DUO
5:00 PM
Bethlehem Hebrew Congregation Sanctuary
See Article on Page 8

SATURDAY, JULY 28

ACT'S SHOES & BREWS
2:00 - 5:30 PM (603) 823-7777
Bronson Hill/Sunset Hill Tavern
See Article on Page 3

AMERICAN ROOTS ORCHESTRA

8:00 PM
Colonial Theater, Bethlehem
See Article on Page 3

SUNDAY, JULY 29

BENEFIT TEXAS HOLD "EM
11:00 AM Cash Game - 1:45 Tournament
American Legion Post #30, Rt. 5, Lyndon

MONDAY, JULY 30

HAYLAND & PASTURE REJUVENATION
2:00 - 4:00 PM
Grafton County Farm, North Haverhill
See Article on Page 14

TUESDAY, JULY 31

FAIRLEE SUMMER MUSIC:
6:30 PM Bob Amos & Catamount Crossing
Fairlee Town Common

WEDNESDAY, AUGUST 1

WOODSVILLE AREA FOURTH OF JULY
COMMITTEE MEETING
7:00 PM
Woodsville Emergency Services Building

SATURDAY, AUGUST 4

DOG MOUNTAIN SUMMER DOG PARTY
Dog Mountain, St. Johnsbury
See Article on Page 7

MONDAY, AUGUST 6

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

TUESDAY, AUGUST 7

FAIRLEE SUMMER MUSIC:
6:30 PM Lyme Town Band & Ice Cream Social
Fairlee Town Common

THE FINEST HOURS:U.S COAST GUARD

7:00 PM
Haverhill Library
See Article on Page 11

WEDNESDAY, AUGUST 8

ROSS-WOOD POST #20 AMERICAN LEGION
MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

THURSDAY, AUGUST 9

ROSS-WOOD POST #20 SONS OF THE
AMERICAN LEGION MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc Street, Woodsville

SATURDAY, AUGUST 11

"ALL YOU CAN EAT BREAKFAST"
8:00 - 10:00 AM Seniors \$7 Adults \$8 Kids \$4.
Lake View Grange, West Barnet

WEST NEWBURY SUMMER FESTIVAL

10:30 AM Parade
West Newbury
See Article on Page 1

SUNDAY, AUGUST 12

BENEFIT TEXAS HOLD "EM
11:00 AM Cash Game - 1:45 Tournament
Moose Lodge 1779, St. Johnsbury

ROSS-WOOD POST #20 AMERICAN LEGION

FAMILY PICNIC
12:00 Noon
Ammonoosuc Valley Fish & Game Club, Bath

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
BINGO - 6:00 PM
Orange East Senior Center, Bradford
TOPS (TAKE OFF POUNDS SENSIBLY)
6:00 PM - Peacham School
KIWANIS CLUB OF ST JOHNSBURY
6:15 PM - VFW Post, Eastern Ave.
DRAWING FROM LIFE - 6:00 - 8:00 PM
Joseph Patch Library, Warren
MONDAYS/WEDNESDAYS
RSVP BONE BUILDERS
10:30 AM - 11:30 AM
Linwood Senior Center, Lincoln
RSVP Bone Builders
10:30 - 11:30 AM
United Community Church, St. Johnsbury
MONDAYS/THURSDAYS
ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School
GOLDEN BALL TAI CHI
8:30 - 9:15 AM - St. Johnsbury House
RSVP BONE BUILDERS
9:00 - 10:00 AM
Municipal Building, Lyndonville
9:15 - 10:15 AM
Congregational Church, East St. Johnsbury
6:00 - 7:00 PM
Community Church, Concord
Golden Ball Tai Chi
8:30-9:30 AM - St. Johnsbury House

MON./WED./FRI.

RSVP BONE BUILDERS
10:30 - 11:30 PM - United
Congregational Church, St. Johnsbury
TUESDAYS
BREAKFAST BY DONATION
8:30 AM - 10:00 AM
Horse Meadow Senior Center,
North Haverhill
RSVP BONE BUILDERS
9 AM - 10 AM - St. Johnsbury House
10:30 AM - 11:30 AM
Congregational Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville
TOPS (TAKE OFF POUNDS SENSIBLY)
Weigh In 5:00 PM - Meeting 6:00 PM
Horse Meadow Senior Center, N. Haverhill
EMERGENCY FOOD SHELF
4:30 PM - 5:30 PM
Wells River Congregational Church
COMMUNITY DINNER BELL -
5:00 PM September 5- June 5
All Saints' Church, School St., Littleton
AA MEETING (OPEN BIG BOOK)
7:00 PM - 8:00 PM
St. Luke's Parish Hall, Woodsville
TUESDAYS/THURSDAYS
RSVP BONE BUILDERS --
8:30 - 9:30 -- Monroe Town Hall

ACTIVE OLDER ADULT STRENGTH CLASS

1:30 PM
Woodsville Post Office, S. Court St
RSVP BONE BUILDERS
3:00 PM -East Haven Library
TUESDAYS/FRIDAYS
GOLDEN BALL TAI CHI
8:30 AM - 9:15 AM
First Congregational Church, Lyndonville
RSVP BONE BUILDERS
9:30-10:30 AM
GRACE Art Gallery, Hardwick
GOLDEN BALL TAI CHI
8:30-9:30 AM
United Methodist Church, Lyndonville
RSVP BONE BUILDERS
9:30-10:30 AM
GRACE Art Gallery, Hardwick
Golden Ball Tai Chi
8:30-9:30 AM
United Methodist Church, Lyndonville
WEDNESDAYS
AQUA AEROBICS
Evergreen Pool, Rte 302, Lisbon
ADULT STRENGTH TRAINING
1:30 - 2:30 PM - North Congregational
Church, St. Johnsbury
BINGO - 6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill
CRIBBAGE - 7:00 PM
Orange East Senior Center, Bradford
WEDNESDAYS/FRIDAYS
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House

NOON - Presbyterian Church, West Barnet

NOON - Darling Inn, Lyndonville
THURSDAYS
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Darling Inn, Lyndonville
ST PAUL'S BIBLE STUDY ON JAMES, 6:15
PM, 113 Main St., Lancaster
TOPS (Take Off Pounds Sensibly) --
Weigh-in @ 6:00 p.m., meeting @ 6:30
-- Monroe Public Library
FRIDAYS
RSVP BONE BUILDERS
9 AM - 10 AM - St. Johnsbury House
1:30 - 2:30 PM - United Congregational
Church, St. Johnsbury
WORSHIP UNDER THE TENT- 7 PM
100 Horse Meadow Rd, No Haverhill
AA MEETING (OPEN DISCUSSION)
8:00 PM - 9:00 PM
Methodist Church, Maple St, Woodsville
SATURDAYS
STORY HOUR FOR CHILDREN - 10:15 AM
September thru May
Brainerd Memorial Library, No. Danville
SUNDAYS
CRIBBAGE - 1:00 PM
American Legion Post #83, Lincoln
NORTH DANVILLE BAPTIST CHURCH (ABC),
Worship and Sunday School, 9:30 AM
Refreshments at 10:20 a.m.

The NH Department of Fish & Game and its Role in Search and Rescue

How is it that Fish and Game is involved with Search and Rescue? Is it their mission? Do they have an appropriate budget for such a mission? What to do about irresponsible hikers, etc. who need to be rescued? What other agencies help?

Hear some answers to these questions on Tuesday July 24 at 7:00 PM at Alumni Hall in Haverhill Corner, NH. Admission is free and open to the public. The venue is handicapped accessible.

A presentation by Lieutenant Heidi Murphy of Andover, NH is sponsored by the Haverhill Historical Society

Heidi Murphy is an 11-year veteran of the New Hampshire Fish and Game Department and is its first female Conservation Officer and "she has set the bar very high for those who strive to follow" according to Chief Kevin Jordan. She is an active member of the Advanced Search and Rescue Team and instructs several courses for Fish and Game's Becoming an Out-

doors-Woman program.

Murphy currently serves as Fish and Game Law Enforcement's Administrative Lieutenant, where she is charged with reviewing, approving and issuing all wild-life permits and is the "go-to" person for questions of law or administrative rules.

In 2015 Murphy was honored as the Shikar-Safari International Wildlife Officer of the Year. The Shikar-Safari Club International was founded in 1952, as a group of international hunters who joined together to exchange experiences and ideas about hunting. It started as a social hunting organization, but soon recognized its potential to accomplish meaningful goals in the field of conservation. About 1973, the Shikar-Safari International Foundation was formed. Moneys raised by the members are used to carry out various conservation projects throughout the world.

For more information contact Roger Warren – 603 787-2446 or barogw@hotmail.com

Dog Mountain Summer Dog Party 2018

Saint Johnsbury, VT - On Saturday, August 4, come to Dog Mountain for our annual Summer Dog Party! Named one of the top 10 Summer Events of 2018 by the Vermont Chamber of Commerce, this doggie bash is not to be missed.

If there was ever a day for the dog, this is it! The dog days of summer have arrived and what better way to beat the heat than to bring Fido to Dog Mountain for a joyous celebration. Four-

legged friends and their two legged companions will gather for a romping good time. The dogs that attend are deliriously joyful, and their joy is contagious.

There will be a bounce house for the kids, lawn games, dog contests, bubble machines, plenty of dog-friendly vendors, farm fresh local food by Chez Mami, foot-tapping live music by Chris White from White Steer, and more!

With plenty of room to run

and play, visiting families and their dogs can enjoy Dog Mountain's leash optional policy from the ponds, trails, and pastures to the whimsical art gallery. Dogs and humans alike will have a ball!

The Summer Dog Party is free to the public and will be held rain or shine.

For more information about this or any of Dog Mountain's events, go to www.dogmt.com/Events or call 800.449.2580. We look forward to seeing you there!

Historical Society Seeks Rabbit Hill (Motor) Inn Memories

WATERFORD, VT – Did you or your parents work at the Rabbit Hill Inn? Have a special event there? Do you remember the on-site manager Anita Oakes from the late 1950s after Moore Dam opened? The Carrolls who brought fine-dining to the historic property? The Charltons who rode the bed-and-breakfast wave? Or the Magees who got the inn a spot on a national TV morning program?

The Waterford Historical Society is interested in hearing and preserving your stories. For some three generations, the town's only hotel/motel combination has offered both hospitality, and employment, in a family setting in Lower Waterford. Most of the innkeepers have been married couples;

some shaped the lives of the young people working with them, and remain important in memories and tales of "those days."

The public is invited to come and listen to the "Rabbit Hill Inn Reminiscence Reunion" and enjoy looking at photos and other mementos that link Waterford's present to its past.

The gathering takes place Wednesday, July 25, at 6:30 p.m., across from

the inn, in the Community Room of the Congregational Church. The Maple Street door will open at 6 p.m. This event is free and open to the public; handicap access is partial, with assistance available. Refreshments will be served.

For more information and a view of some stories and photos already on hand, visit <http://waterford-vt-history.blogspot.com>.

"A Stroll Through Time –the People & Places of the Bayley-Hazen Road"

Presented by the
Ryegate and Newbury Historical Societies
Wednesday, July 25 at 7:00 PM
Presbyterian Church,
48 S Bayley-Hazen Rd, Ryegate Corner, VT.

Groton Free Public Library Summer News!

Win Prizes, see special performers!

The Libraries Rock! Summer Reading Program is in full swing here at GFPL! The musical programs will be running all summer long!! Check out dates and times and join the fun!

Check out our updated website! www.GrotonLibraryVT.org

Find us on Facebook: Groton Free Public Library
*Open Hours: M (2:30-7) W (10-4) F (2:30-7) Sat (10-12)

NOTE: This summer the AIR CONDITIONERS will have the library cool!

STORY HOUR – Summer Reading Series

Wednesday, July 25 at 10:30am

The GFPL is excited to announce our Summer Reading Series surrounding the theme of Music!!! This series is part of our Libraries Rock Summer Reading Program. Ms. Andrea Dennis, the NES Kindergarten teacher, will be reading music themed stories. Come let your imagination soar as Andrea's dynamic personality and passion for literature leads you through new worlds found only in books at your local public library!

For more information please call the library at (802) 584-3358 or email librarian Luisa at grotonlibraryvt@gmail.com

TALES for a HARMONIOUS WORLD - Saturday, July 28 @ 3:00pm, South Ryegate Vestry. Storytelling team Joan Robinson and Susanna Olson combine their voices and involve family audiences to bring the wisest of folktales to life! Ages 6 and up. This program is Co-sponsored by the Groton Free Public Library and Baldwin Library and it will take place at the South Ryegate Vestry.

Dave Rosane and the Zookeepers, a Bradford-based indie folk rock band, is touring Vermont this summer with benefit concerts for libraries, and they'll play to benefit the Groton Library on Saturday, August 4 at 7:00 pm at the community building.

Join Dave Rosane and the Zookeepers this summer to raise funds and advocate for literacy, community and freedom of speech, with the accompanying release of their new album "BOOK of ZOO".

***Vermont has the HIGHEST NUMBER OF LIBRARIES per capita in the Union!

184 to be precise. They range from beautifully historic to tiny, cutting edge to make-do. Today their responsibilities are rapidly changing, shifting from being the habitual pillars of the common good, to de facto community centers for their towns. A place to gather and network, access resources and even ideas for career choice and economic growth.

We now offer numerous passes for free & reduced admission: Billings Farm & Museum, Birds of VT Museum, Fairbanks Museum & Planetarium, Echo Center, VT State Parks, VT Historic Sites, Shelburne Farms.

Many thanks to our Friends of the Library group & the sponsoring institutions for these opportunities!

TOPS (Taking Off Pounds Sensibly) Thursday from 4:30 to 6:00pm. Our library is happy to host our local weekly TOPS group. TOPS is a nonprofit organization that provides a support group for weight loss. To learn more, contact Barb Frost @ 603-638-4416 or Brenda Powers @ 802-584-3386.

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HUGE BARN & YARD SALE

Rain or Shine

Saturday, July 28, 9:00 AM - 3:00 PM

Sunday, July 29, 9:00 AM - 3:00 PM

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Near Hall's Lake

My Grandmother's vintage dishes, many antiques, bicycle, baskets, silk floral arrangements, tires, bureaus, lamps, craft & sewing supplies, animal statues, cattle drinking bowls, floor model jig saw, Karaoke system "The Singer Model", and much more.



Four Hands Piano Duo Presents Works of Czerny, Gavrilin, Schubert, and Gershwin

Sounds in the Sanctuary features pianists Stanislava Varshavski and Diana Shapiro

at 5 p.m., Friday, July 27, in the Bethlehem Hebrew Congregation sanctuary. The exciting Four Hands Piano Duo will perform Czerny's Grand Sonata Brillante in C minor, Op. 10, selected pieces from Gavrilin's ballet "Anyuta," Schubert's Fantasy in F minor, D. 940, and their arrangement of Gershwin's "An American in Paris."

Varshavski and Shapiro, began playing together in 1998. Since then, they have captured top prizes at many international competitions, including the most prestigious competition for piano duos, the Murray Dranoff International Piano Competition in Miami.

A winner of the Astral Artists' 2012 National Auditions,

the duo also won first prizes at Italy's XV Piano Competition "Rome 2004," Jerusalem's Kol HaMusica Young Artists Competition, the Israel Chamber Music Competition, the XIII Schubert Competition in the Czech Republic, and the First International Piano Duo Competition in Bialystok, Poland.

Beyond their current home base in Wisconsin and Illinois, they have given concerts across the United States. In 2016, the duo captivated the audience at the Northeast Kingdom Classical Series in St. Johnsbury, VT. In Texas, they performed Poulenc's Concerto for Two Pianos with the Wichita Falls Symphony Orchestra, and they have performed in the Lincoln Theater in Miami.

Varshavski and Shapiro have also given concerts in distinguished venues around the world: the HKAPA Concert Hall in Hong Kong, Henry Crown Symphony Hall in Jerusalem, Teatro Valle in Rome. They have appeared with the Radio Orchestra in Munich, the Israel Chamber Orchestra, the Jerusalem Symphony Orchestra, the Warsaw Philharmonic Or-



Stanislava Varshavski and Diana Shapiro, "A wonderful piano duo that can charm even the most versed music lovers." (Gazeta Krakowska, Poland)

chestra, and Miami's New World Symphony.

The duo has recorded for Bavarian Radio, Radio 4 of Hong Kong, Israeli National Radio and TV, and New York's WQXR. In collaboration with the Wisconsin Public Radio, they produced a CD that was later broadcast live on WPR and recorded for a documentary film presented on Wisconsin television.

As music educators, Varshavski and Shapiro frequently present lectures and master classes across the United States. In 2016, they were invited to showcase at the National Conference of Chamber Music America and served as judges at the Chicago International Com-

petition for Piano Duos.

Varshavski and Shapiro hold Bachelor's and Master's degrees from the Jerusalem Academy of Music and Dance where they studied with the legendary Israeli duo Alexander Tamir and Bracha Eden. They continued their education under renowned American pianist Victor Rosenbaum, and in 2011, both pianists completed Doctoral degree studies at the University of Wisconsin, Madison. Shapiro is an Assistant Professor of Piano and Undergraduate Chair of the Music Department at Silver Lake College. Varshavski is Director of Education at the Holy Family Conservatory of Music.

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Northeast Motor Sports Museum To Display US Olympic Gold Medal Winning Bobsled

(Loudon, NH) In 1992, Daytona 500 winner Geoff Bodine watched the Olympic Bobsled competition in dismay. The American team was using a hand-me-down sled built in a foreign country and it was badly outclassed. Bodine decided to provide the American team with a new and better sled. An American-built sled.

Bodine gathered a group of stock car racers, including race-car builder and owner of Chassis Dynamics Bob Cuneo and Phil Kurze of Whelen Engineering. Bodine contributed \$250,000 of his own money to the project and his group of racers began building better bobsleds.

The U.S. Olympic Bobsled team had not won a bobsled medal of any kind since 1956, but with a number of very talented stock car racers on the job that was about to change in a big way.

The most famous of their sleds was called "Night Train," a glittering black piece of brilliant engineering design and race car craftsmanship. "We applied the way we do things in auto racing to the bobsled," said Cuneo. "That changed everything." Cuneo said that the German team they beat had 50 full time technicians and millions in funding. "We kicked their a..."



Constructor/engineer Bob Cuneo (center) poses with the U.S. Olympic Bobsled Team's Night Train along with his crew that helped move the sled into the North East Motor Sports Museum in Loudon, NH.

As he did when racing cars, every year Cuneo designed and built a new sled. In 2002, the group won three medals, including a Gold in the two-women category. In 2010, Night Train won the Four-Man Gold medal at the XXI Olympic Games in Vancouver, the first American Olympic Gold medal in bobsled competition since 1948.

The crew works out doing shoulder squats with 450-pound weights. They are profoundly strong men who are in incredibly good physical condition. This sled runs as quick as 96 MPH and is steered by ropes. It's equipped with mechanical brakes.

Night Train is currently on display at the North East Motor Sports Museum located at 922 NH Rt 106, Loudon,

NH. This is the first time the US Olympic Team's Night Train bobsled has been on public display in New England.

The North East Motor Sports Museum is currently open Friday, Saturday and Sunday from 10:00am to 4:00pm through this Fall. For additional information regarding the North East Motor Sports Museum or the U.S. Olympic Team's Night Train bobsled, visit www.nemsmuseum.com



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North Country Senator Jeff Woodburn along with County Commissioner Linda Lauer presented a belated state resolution to Irma Clough, of Bath who turned 100-years old last February.

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Mail or Drop Off at Trendy Times, 171 Central St., Woodsville, NH 03785 Email: Gary@trendytimes.com

Speaker at Haverhill Library

New York Times bestselling author Michael Tougias will appear at Haverhill Library on Tuesday, August 7 at 7 PM to give a slide presentation on his new book *The Finest Hours: The True Story of the U.S. Coast Guard's Most Daring Sea Rescue*. The Disney Corporation has made a movie based on the book, and will stars Chris Pine and Casey Affleck. The program is sponsored by the _____, is free and open to the public.

On February 18th, 1952 an astonishing maritime event began when a ferocious nor'easter split in half a 500-foot long oil tanker, the Pendleton, approximately one mile off the coast of Cape Cod, Massachusetts. Incredibly, just twenty miles away, a second oil tanker, the Fort Mercer, also split in half. On both fractured tankers men were trapped on the severed bows and sterns, and all four sections were sinking in 60-foot seas. Thus began a life and death drama of survival, heroism, and a series of tragic mistakes. Of the 84 seamen aboard the tankers, 70 would be rescued and 14 would lose their lives.

Michael Tougias, co-author of *The Finest Hours*, will use slides of the storm, the sinking tankers, the rescues, the victims, the survivors and the heroes to tell the story of this historic event. Tougias will describe the harrowing attempts to rescue the seamen, especially focusing on four young Coast Guardsmen who must overcome insurmountable odds to save the lives of 32 crewmen stranded aboard the stern of the Pendleton. Standing between the men and their mission were towering waves that reached 70 feet, blinding snow, and one of the most dangerous shoals in the world, the dreaded Chatham Bar. The waters along the outer arm of Cape Cod are called "the graveyard of the Atlantic" for good reason, yet this rescue defies all odds.

The author will also discuss the making of the movie, working with the screenwriters, and will share some humorous stories about the actors and his cameo in the movie.

"I enjoy doing these programs," says Tougias, "because I like to transport the audience into the heart of the storm so that they ask themselves 'what would I have done.' I don't like to do author readings because

I think they are boring, but with a slide presentation, the viewer can visually relive the adventure."

Tougias goes on to say, "This event was--and still is--the greatest and most daring sea rescue ever performed by the Coast Guard, and it happened right here off the New England coast. I felt this episode of heroism and tragedy needed to be told in its entirety because it's an important piece of overlooked history. A book signing will follow the program, and the presentation is suitable for all ages. NY Times bestselling author James Brady (*Flyboys and Flags of Our Fathers*), says "The Finest Hours recounts incredible heroism...A Gripping Read." The Finest Hours has been the #4 bestselling non-fiction book in New England according to the New England Booksellers Association.

Tougias has a new book just released titled *So Close To Home: A True Story of an American Family's Fight for Survival During WWII*. This is the story of the Down's family and the U-boat commander who sank their ship in the Gulf of Mexico just 30 miles off New Orleans.

Michael Tougias is the author and coauthor of 24 books including *Fatal Forecast: An Incredible True Tale of Disaster and Survival at Sea*, which the Los Angeles Times called "breathtaking...a marvelous and terrifying tale." Tougias' previous book *Ten Hours Until Dawn: The True Story of Heroism and Tragedy Aboard the Can Do During the Blizzard of '78* received an Editor's Choice Selection from the American Library Association which selected it as one of the top books of the year. Visit www.michaeltougias.com for more information.

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RAILROAD DEPOT, BETHLEHEM, NEW HAMPSHIRE, CIRCA 1930

Letter to the Editor

To The Editor,

Re: HB 1264 For instance. You "live" in Lincoln, NH. BUT get your "mail" in N. Woodstock, NH.

So, where do you vote? Where will your vote count? Do you have to change YOUR ADDRESS.

How many "life" changes will you have to make in your life, to "legally vote in NH?"

Start with your auto registration, License, insurance- Nancy,

A simple solution is usually the best solution. Unfortunately simplistic solutions do not seem to work when it comes to rules and regulations because some person, or group of people will look to find a way around the simple words that are used.

For example: "If you live in NH, Vote in NH" sounds wonderful. But exactly where in NH do you vote? In our small towns in northern New Hampshire, especially if you have lived somewhere for some time, the town clerk, or supervisors of the checklist or moderator, or whomever, probably knows who you are. But if you are new to an area you really need to prove where you live. And even "live" could be messed with. Are you a resident if you "live" here for 6 months of the year? And the big question seems to be about students. If you are just attending college, does that make you a resident?

I agree that there is a lot of confusion. Has this new law clarified the question, or made it muddier? I'm not sure, but I hope our lawmakers do find a way to make a solid definition so that we can all be assured that our elections are fair, and those who should vote can vote, while those that should not vote, do not vote.

Gary Scruton, Editor

es, social security, taxes, schools, (if not one district) job applications, home in Florida 6 months of the year, on & on, etc.

Was this really thought out or will it be "again" more confusing.

Why not make it, "If You live in NH Vote in NH." Confused, or don't "vote" at all.

Nancy Leclerc
North Woodstock, NH

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Where You Live as Retiree Can Affect Financial Strategies

Upon retiring, many people relocate to enjoy a more favorable climate, or to be closer to grown children, or to live in an area they've visited and enjoyed. If you, too, are thinking of moving someday, you'll want to study possible locations, but you also need to be aware that where you eventually decide to live can greatly affect your savings and investment strategies – both now and during your retirement.

Here are some relocation costs to consider:

Housing – Not surprisingly, the larger the city, the more expensive the housing is likely to be. Also, locations near an ocean or the mountains tend to be more costly. But the type of housing you select – house, apartment or condominium – also can affect your financial picture in terms of initial expense, maintenance and possible tax benefits. Plus, you can now find newer types of arrangements, such as senior coopera-

tive housing, in which you own a share of the community and have a voice in how it's run.

Health care – If you are 65 or older when you retire, you'll have Medicare to cover some of your health care costs, though you'll still likely need to purchase some type of supplemental coverage. However, out-of-pocket health care expenses may vary in different parts of the country, so this is something else you'll want to check out before relocating. Of course, the availability of good medical facilities may be just as important to you as health care costs.

Taxes – You may hear about people moving to a different state to lower their tax burden during retirement. A few states don't have personal state income taxes, and many others offer favorable tax breaks on retirement income, so, if taxes are a major concern, you'll want to research the tax situation of prospective retirement locations. You may also want to consult with your tax advisor.

These aren't all the areas you will need to consider when estimating your total cost of living in a retirement destination, but they should give you a good idea of what you can expect. And your choice of where to live as a retiree can affect your financial strategy in at least two ways: how you invest today and how much you can withdraw from your retirement accounts when you're retired.

Regarding how you invest today, you should evaluate whether your current investment strategy is likely to produce the resources needed to support you adequately in the retirement location you've chosen. So, for example, if you think you're going to live in a fairly expensive place, you may need to reduce your expenses, delay retirement or work part time.

Your choice of a retirement destination also may affect how much money you withdraw each year from your 401(k) and IRA. When choosing an appropriate withdrawal rate, you'll need to consider other variables – your age, the amount of money in your retirement accounts, other available assets, etc. – but your cost of living will be a key factor. A financial professional can help you determine the withdrawal rate that's right for you.

When you retire, it can be a great feeling to live where you want, but you'll enjoy it more if you're fully aware of the costs involved – and the financial steps you'll need to take.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor



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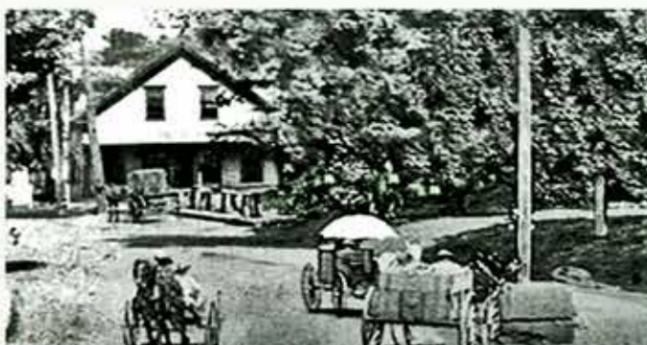
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Gerald Allen Stoddard - OBITUARY

North Haverhill, NH - Gerald Allen Stoddard, 97, of Clark Pond Road, died peacefully at his home on Sunday, July 8, 2018.

Gerald was born in Columbia, NH, on June 27, 1921, to Carroll Titus and Etta Louise (Frizzell) Stoddard. He graduated from Haverhill Academy, Class of 1938. He was a self-employed dairy farmer as the owner and operator of Blackmount Farm in North Haverhill until 1975.

Gerald was the last surviving charter member and long-serving Vice President of the North Haverhill Fair Association for whom he volunteered and maintained the grounds for over 70 years. Recently, he was appointed as Director Emeritus.

Gerald won numerous farming awards and was a long time member of the Farm Bureau and DHIA. He was the former President of the New Hampshire Holstein Association, a former member of the Pink Granite Grange, the 1957 State Grange Farmer of the Year, and a recipient of the New Hampshire Green Pastures Award.

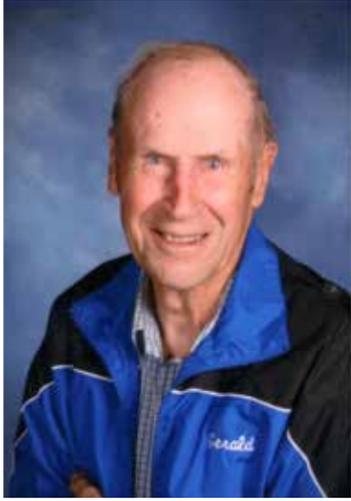
He was also a member of the North Haverhill United

Methodist Church. Following retirement, he began pitching horseshoes competitively, winning numerous events. He enjoyed wintering in Riverview, FL, for several years.

Gerald married Priscilla Phelps on September 23, 1943 and she predeceased him on July 13, 2017. He had married Evelyn Mae (Wallace) Ulery on December 31, 1965, and she predeceased him on April 24, 2006. He was also predeceased by two brothers, Stanley and Frederick Stoddard.

He is survived by two daughters, Jane S. Oakes and husband Winston of Piermont, NH and Edith S. Regan and husband Tom of Seabrook, NH; a son, Robert E. Stoddard and wife Linda of North Haverhill; five grandchildren, Rob Stoddard, Samantha Stoddard, Sarah Regan, Melissa Ulery, and Fred Ulery; three great grandchildren, Elizabeth, Emily, and Travis Stoddard; two step-sons, Frederick A. "Chip" Ulery of Benton, NH and James Ulery; a sister, Eloise Wallsten of Alton Bay, NH; and several nieces, nephews, and cousins.

There will be no calling hours.



A memorial service was held on Friday, July 13th at 1 PM, at the North Haverhill United Methodist Church, 2900 Dartmouth College Highway, North Haverhill, NH with Pastor Clint Brake, officiating. Private burial will be observed in the Horse Meadow Cemetery, North Haverhill.

Memorial contributions may be made to the North Haverhill Fair Antique Museum Fund, PO Box 207, North Haverhill, NH 03774. For more information or to offer an online condolence, please visit www.rickerfh.com

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.

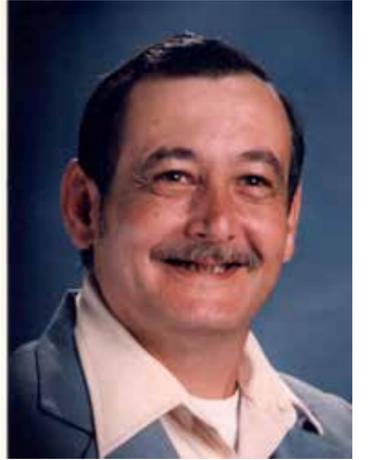
Robert Dale Dean - OBITUARY

Bath, NH – Robert Dale Dean, 66, of Smith Road, passed away Monday, July 16, 2018, at Dartmouth Hitchcock Medical Center, Lebanon, NH.

He was born in Littleton, January 6, 1952, a son of George and Sylvia (Dustin) Dean. He graduated from Woodsville High School, class of 1971. Robert served in the U.S. Army during the Vietnam Era for 18 months. He married Dawn M. Smith on June 3, 1989. Bob worked for DCI in Lisbon for 18 years as a woodworker. Later, he was custodian at the Bath Village School for several years and then went on to the house-keeping department at the Glenclyff Home. Bob has been retired for 6 years. He enjoyed hunting, going to yard sales, attending local fairs, and being a Yankees fan. Bob especially loved time spent with his daughters and grandchildren.

He was predeceased by his parents, George and Sylvia (Dustin) Dean and a brother, George "Butch" Dean.

Surviving family members include his wife of 29 years, Dawn M. Dean of Bath, NH; his two daughters, Lisa A. Murray of Wells River, VT and Crystal L. Green



and husband Charlie of Bath; five grandchildren, Alexa, Avery, Alaina, Billy, and Benjamin; a sister-in-law, Janice Dean of Littleton, NH; and several nieces, nephews, and cousins.

Calling hours will be on Thursday, July 26th, from 6 to 8 PM at Ricker Funeral Home, 1 Birch Street, Woodsville, NH. Burial will be in the Bath Village Cemetery at the convenience of the family.

In lieu of flowers, memorial contributions may be made to a charity of one's choice.

For more information or to sign an online condolence please visit www.rickerfh.com

Ricker Funeral Home & Cremation care of Woodsville is in charge of arrangements.

John Gilbert Elliott, Jr. - OBITUARY

Benton, NH- John Gilbert Elliott, Jr., 92, of Coventry Road, died on Tuesday, July 17, 2018, at the Jack Byrne Palliative Care Center, Lebanon, NH, with his family by his side.

John was born in Bath, NH, on July 1, 1926, to John G. and Mildred A. (Ball) Elliott, Sr.

On January 16, 1943, he married Catherine L. "Kitty" Mason.

John served in the US Army in the Infantry during World War II in Germany and France.

During his early working career, he had been a truck driver for Whiting Milk Company prior to working for Connors and Hoffman Shoe Shops in Littleton, NH. Then he started his own construction company.

John was a member of VFW Post #5245 in North Haverhill, NH and was a founding member of the Ammonoosuc Valley ATV Club. He held several offices for the Town of Benton including moderator, selectman, and sexton. In his spare time, he enjoyed hunting, fishing, and playing poker.

John took great pride in his family and looked forward to family gatherings. He had a deep abiding faith

in his Lord and Savior, Jesus Christ.

He was predeceased by his wife of 71 years, Kitty Elliott on May 13, 2014; two daughters, Bonnie Kenny on August 17, 2006 and Debbie Goss on January 17, 2014; and his siblings, Benjamin, Mary, Ella, Russell, Nora, Robert, Ruth, Laura and infant sister, Joanne.

He is survived by a daughter, Sandra LaLeme and husband Lawrence of Lisbon, NH; four sons, John Elliott III and wife, Barbara of Lisbon, Bruce Elliott and wife Gina, Daniel Elliott and wife Laurie, and Justen Elliott and wife Mi Yong, all of Benton; 16 grandchildren, 38 great grandchildren, 18 great great grandchildren; three sisters, Betty L. Sawyer of Bath, NH, Norma Toussaint of Rollingsford, NH, and Jeannette Brown and husband Noel of Benton; a brother, James Elliott and wife Margaret of Benton; and many nieces, nephews, and cousins.

There will be no calling hours.

A memorial service will be on Saturday, July 28th and 11 AM in the Benton Bible Chapel, 504 Bradley Hill Road, Benton, with Pastor Wayne Chevalier, officiating.



Burial will follow in the Mountain View Cemetery, Benton.

Memorial contributions may be made to the Ammonoosuc Valley ATV Club, PO Box 63, Bath, NH 03740.

For more information or to offer an online condolence, please visit www.rickerfh.com

Ricker Funeral Home & Cremation Care of Woodsville is in charge of arrangements.



What About Ma?

by Kellie Quackenbush

All About A Funeral

At the age of 97, Uncle Bill or William Quackenbush, took his last breath and left this world. In the town, Orford of New Hampshire, that had been his home for over 60 years he was the holder of the Boston Cane. An honor bestowed upon the oldest resident in the town. He left his wife, June and their grown children and many nephews and nieces and grandchildren behind as he went to his Great reward.

Bill was a survivor of World War Two, his military service was a marvel and anyone who had the privilege to hear him recount the tales of his adventures in the military felt the awe. The strength of character that comes from living through such a time and to be subject to the war experience changes people. We can say, in truth, Bill lived his life.

Now it is time to think about his Funeral. God, in His finest Glory, is found in Nature for many people. It is in this tradition that Bill will have his last moment be a grave-side service in the town that had become the fabric of his life. Quietly, his family and friends will stand together and recall a time of joy, a funny story, a silly song or some other happy thought of Bill as the minister says the parting phrases. Only good thoughts and prayers remain.

"Funerals are not to benefit the dead, but the living. They have a number of unparalleled therapeutic bene-

fits. As a rite of passage, the funeral assists you in recognizing the passing of your loved one, supporting you as you start your life without the deceased, and reintegrating you back into the social group as a person whose loved one is no longer alive." ~ How to Go on Living When Someone You Love Dies by Therese A. Rando, Ph.D.

We read in "Beginning The Healing Process", Funerals can be emotionally difficult, but they provide an opportunity to receive the gift of treasured memories that others shared with the person who has died. Many families are pleasantly surprised to hear stories from friends and relations about their loved one that they ad never heard before. Being surrounded by family and friends and learning how their lives were touched can bring great comfort.

So on July 29, Ma and Auntie will unite in their grief and say goodbye to Bill. Auntie has lost a spouse that had been with her faithfully since the day they married. Family memories, of times gone by, never saw them apart. Now, we must attempt to return to our lives without someone who was so very great.

Funerals are a time for the distant family and friends to join together and reaffirm a connection that is shared. It is a community obligation to support the people left behind and help relieve their grief. We are humbled with the tradition of a Funeral.

Hayland and Pasture Rejuvenation Workshop

If you are stressed about low productivity in your hayland or pastures, this workshop is for you! The Hayland and Pasture Rejuvenating Workshop will provide information about improving nutrient value and productivity in haylands and pastures on Monday, July 30, 2018 from 2:00 – 4:00PM, at the Grafton County Farm, 3855 Dartmouth College Highway, North Haverhill, NH. The Workshop will review ideal conditions for the development of nutritious feed, and what adjustments can be made in your management to improve productivity. Bill Fosher, Grazing Specialist, will join Tom Ebert, NRCS District Conservationist and Steve Turaj, UNHCE Dairy, Livestock & Forage Crops Field Specialist. We will meet at the Grafton County Farm Stand and look at the County Farm hay fields

with Grafton County Farm staff. We'll have a demonstration of the AerWay aerator and discussion of soil health equipment available for rent from Grafton and Coös County Conservation Districts. To register, please contact Pam at Grafton County Conservation District by phone (603) 353-4652, or email: pamela.gilbert@nh.nacdnet.net. Bring your questions and biggest challenges to add to the discussion. We'll also be talking about:

Seeding methods, seed mixes and timing to get desired results

Importance of soil testing, and how to interpret the results

Understanding the impact of soil compaction, and practices to reduce field compaction

Increasing water and air infiltration using an aerator,

and reducing runoff
Correct usage, quantities, and timing of fertilizers, pesticides, and animal waste applications to reduce nutrient and pathogen runoff to waterways

Identification and Management of unwanted weeds
Conservation Planning and Program Assistance available from NRCS

Maintaining productive hayland and pastures can be a challenge, even when the weather and growing conditions are ideal. Let's face it, 2018 has not yet provided ideal conditions. Grafton County Conservation District is coordinating this workshop to provide technical assistance and answers to your challenges. GCCD is a partner in the Long Island Sound Regional Conservation Partnership Program, promoting water quality in the CT River Watershed.

NEK Council on Aging Hosts

Assistive Technology Devie Try-out Center

St. Johnsbury, VT – The Northeast Kingdom Council on Aging, in partnership with the Vermont Assistive Technology (AT) Program, is inviting the public to visit their office on 481 Summer Street in St. Johnsbury to demonstrate over 50 AT devices that are used to promote full access for those who may face challenges to daily living within their homes, occupations, or communities.

"We were pleased to welcome staff from the AT Program to learn about the many different devices that may help our area Vermont residents with vision, hearing, mobility, dexterity, communications, cooking/eating, or other challenges," said Meg Burmeister, Executive Director of the NEK Council on Aging. "We are current-

ly hosting the AT items on display in our St. Johnsbury office for the public to "try out" for thirty days, with the plan to move the display to our Newport office at a date to be announced. Our staff is eager to help those who come in to inquire."

Through a federal grant, the UVM Center on Disability and Community Inclusion and the VT Department of Disabilities, Aging, and Independent Living, has established three formal AT device tryout centers located in Burlington, Waterbury, and Rutland. The tryout centers welcome the public to meet with AT Program professionals to demonstrate over 2,400 devices available on their website www.vtAT4all.com.

The "assisted technology demonstration kit" at the NEK Council on Aging is one of several touring the state in an effort to promote the accessibility of AT devices to residents of Vermont. The AT devices are available for purchase to all Vermont residents, with no age restrictions, eligibility requirements, or paperwork.

"A great benefit is the opportunity for NEK Council on Aging clients or other members of the public to borrow the items and determine how

the AT device can be used in their own home," said Burmeister. "Some of the devices can be life-changing and we are grateful for the opportunity to present this to residents of the Northeast Kingdom."

The AT Program offers a free three-part video training series that defines Assistive Technology, the AT Program, and how to consider if AT is a true benefit. In addition, every AT Program device has a dedicated video to demonstrate its use on YouTube.

Burmeister is hopeful that the hands-on presentation of the AT devices will open doors for clients who are not aware of the assistance provided by advances in design or technology. "The word technology tends to make some people nervous but these devices can be as simple as a reconfigured pen or pencil, or as elaborate as an amplified cordless phone."

To learn more about the 2,400 AT devices available for loan or demonstration, contact the Vermont Assistive Technology Program by calling (800) 750-6355 or visit their website at www.atp.vt.gov. There is also a website to buy and sell used AT devices at www.getAT-stuff.com.

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171 Central St. • Woodsville, NH 03785
Tuesday – Friday 9:00 am - 5:00 pm

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CALIFORNIA POPPY: (*Escholzia Californica*), Useful in treating sleeplessness and over-excitability in children, acting as a sedative. California Poppy is a non-addictive alternative to the Opium Poppy and may be used as a general anti-spasmodic.

MILK THISTLE SEEDS: (*Silybum Marianum*), A specific in a liver regeneration and rebuilding combination, particularly in cases of hepatitis and cirrhosis; to increase

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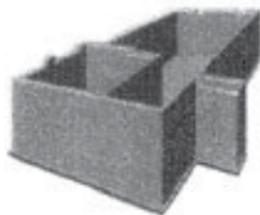
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Melanie Osborne is the owner of Thyme to Heal herbs and has a private practice on Route 302 in Lisbon, NH. She has been in practice since 1991.

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Table Talk

by *Elinor Mawson*

"We always sat around the table and talked," said my father as first one and then another excused themselves and went away.

Meals, when we were growing up, were things to dread. We always had to eat everything on our plate, and we had to eat EVERYTHING that was on the table. I never did like vegetables, but we had to eat them. I still hate turnip and parsnips. We had to eat the crusts of our bread; I tried to hide them but was seldom successful.

We had to sit up straight, handle our knives and forks properly, and listen to our parents discuss the news of the day. My father would get all excited about politics; his voice would get louder and louder and it reminded us of the way he spoke to us when we'd done something wrong. I hated meals.

When we got older we would try to participate in the conversation. An argument would ensue and one of us would end up either furious or crying. And most of the time, both.

My father's chair was right by a window which looked out to a bird feeder. Squirrels ate more there than the birds did. Dad kept a gun next to the window and whenever he heard a squirrel, he would jump up, raise the window and shoot at the interloper on the bird feeder. Most of the time, he missed, but the interruption to our dinner has been legendary.

When we were raising our two sons, we always ate our meals at the table, with only one rule: "There will be no unpleasantness at the table." We tried not to discuss our boys' behavior, report cards, friends, or any other subject that would elicit problems. I don't remember any fury or crying during our

meals, and I never served any food that I knew nobody liked.

In the years since, I have heard remarks about our menus, and most of the complaints have been about the lack of boiled dinners which both boys claim to LOVE now that they have their own families.

Speaking of their own families--most of their menus consist of fast food, and they never sit around a table. They all eat at different times, and usually watch TV when they are eating. When they visit us, we try to eat at the table, but they still eat at different times and if there is a choice, they all eat something different.

I wonder what my father would say to that.



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by Cindy Pinheiro
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Spinach Dip

Hello hello my fellow chefs. I hope you are enjoying your summer. I know the heat is sometimes unbearable but I was really tired of snow and ice and freezing temperatures.

Today's recipe is a heavenly seasoned chicken dish. The seasoning comes from Italian flavored Good Seasons dry salad dressing mix. Here's what to do and how to prepare it.

- Preheat oven to 350 degrees
- 1 whole chicken cut up in pieces
- 1 dry package of Good Seasons Italian flavored
- 3/4 cup vegetable oil
- 1/2 stick melted butter
- Green and yellow zucchini squash
- 1/4 stick of butter
- 2 Tablespoons olive oil
- Salt and pepper to taste

Rinse the chicken and pat dry
Mix 3/4 cup vegetable oil, 1/2 cup melted butter and the dry package of Good Seasons and mix well. Put the cut up chicken in a large bowl and pour your seasoned oil and butter mixture over and toss till all coated. Marinade for 30 minutes. I left the skin on, it let's the chicken stay moist and I saw a program that said the skin is not as bad as you would think and it brown's beautifully. If you do not like a whole cut up chicken use six to eight pieces of your choice. I didn't use the wings because they would get over done.
Place the chicken in a 13x9 baking dish and any mixture left in bottom pour over chicken pieces. I



While your chicken is cooking slice your zucchini 1/2" thick then cut in half. Melt 1/4 stick butter and two tablespoons olive oil in frying pan and add zucchini and turn to coat then mix while cooking. Cook and brown a little. They cook pretty quickly so keep warm till chicken is done. Leave uncovered so they don't get soggy. Don't forget to turn chicken every 15 minutes. If you have a Teflon roasting pan use it. I used a glass baking dish because I didn't have Teflon. When chicken is done, let stand for 10 minutes. That's it, serve with zucchini. I hope you enjoy this recipe because it's Delicioso! Good luck and until next time I'm signing off, Cin Pin.

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July 24, 2018

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