

# TRENDY TIMES

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FEBRUARY 16, 2010 VOLUME 1 NUMBER 18

## Abbott Avenue Tree - An Imposing Threat



Thanks to Valerie Pickens for the picture of the Abbott Avenue tree.

Executive Councilman Ray Burton and Laura Weit, NHDES Acting Rivers Coordinator, NH River Management and Protection Plan, met with the members of the Ammonoosuc River Local Advisory Committee (LAC) on February 3rd to discuss the river and shoreline damage, following the January 25th thaw. The meeting was hosted by the North Country Council. Laura Weit and LAC Vice Chair, Rick Walling viewed the damaged areas along the river.

Heavy rains, rapid snowmelt and the break up of ice jams had caused the river to rush downstream at high levels. A house in Upper Bath Village, which had to be evacuated during the storm, had its steps torn away. There were areas where the bank had been undermined and eroded. A very large tree, root ball and all, was downed and became lodged in the middle of the river. Large chunks of ice, forcefully carried by the raging current downstream, had caused structural damage to the historic 1832 Bath

Bridge and to the siding of the historic Haverhill-Bath Bridge, built in 1829. Engineers were inspecting the underpinnings.

The most pressing concern was that the tree in the middle of the river would pose a major threat to the historic bridge on the next ice out. The ice flow had scoured the banks by the old railroad bridge between Bath and Lisbon as well as the shoreline alongside the Lisbon Soccer Field.

Ray Burton reported he had received messages from some of the residents, who had been directly affected by the storm surge. He talked about State and Federal



Seated Left to right: Errol Peters, LAC Member (Landaff); Councilman Ray Burton, and Steve Jesseman, LAC Member (Lisbon) Standing left to right: Charlie Ryan, Chairman LAC (Littleton); Laura Weit, NHDES Acting Rivers Coordinator; and Rick Walling, Vice Chairman LAC (Bath)  
Thanks to Connie McDade of Littleton, Secretary of the Ammonoosuc River Local Advisory Committee for the pictures of the gathered officials.



As a follow-up, a group of local, state, and federal officials met on the river in Bath on Monday, February 8, to view the ice and inspect the tree situation and discuss possible solutions.

assistance programs. Tara Bamford, Planning Director of the North Country Council said the erosion hazard-flood

plain mapping from Dr. John Field's 2009 Fluvial Geomorphology Study of the Ammonoosuc River would be helpful for future town planning to avoid or minimize this sort of future event. Laura Weit was there on a fact-finding mission; the data will be provided to DES Commissioner Thomas Burack for his recommendations.

Editor's Notes: It appears the Bath Village Bridge has been repaired enough to allow for pedestrian use. The hope is to bring it back to its three ton limit within the next few weeks. In regards to the full renovation of the bridge, initially scheduled for this summer, plans seem to be moving slowly. There is now some concern that the time frame may be moved back.



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# Old Church Community Theater Brings Murder, Arsenic, the Devil and Gin To Bradford for its 2010 Season

BRADFORD, VT: The Old Church Community Theater will be bringing all sorts of murder, mayhem and melodrama to its stage from early May through late September. The theater group's board has announced its 2010 season of plays as follows:

## "A Little Murder Never Hurt Anyone"

May 7, 8, 9 and 14, 15, 16

By Ronald Jay

Directed by Dianne Chamberlain

It's New Year's Eve at the Perry mansion, and Julia and Matthew Perry seem to have it all. But Matthew wants something more -- to be rid of his wife Julia so he can have some real fun! He resolves to murder Julia by new year's end, and tells her so. She vows to stay alive, and tells him so. And so the game begins -- a hilarious year-long match of wits and the witless. While Julia cleverly dodges Matthew's devious murder attempts, the friends and staff are dying off mysteriously. It seems Matthew is successful in murdering everyone but Julia. Enter Detective Plotnik -- a Sam Spade reincarnation who suspects everyone, but hasn't a clue. It's fun and mayhem until the hilarious ending.

## "Arsenic and Old Lace"

June 11, 12, 13 and 18, 19, 20

By Joseph Kesselring

Directed by Robin Ng

The play is the story of the eccentric Brewster family of Brooklyn, N.Y. In addition to the scheming old women who poison their victims with elderberry wine, the family includes Teddy, who suffers delusions that he is Theodore Roosevelt and that the Panama Canal runs through the cellar of his home. The locks he digs become convenient graves for the lonely men who fall victims to Aunt Martha and Aunt Abby's machinations. When their



nephew Mortimer discovers a body under the window seat of his aunts' home, however, the elderly women 'fess up to their deeds matter-of-factly and the events of the play become more absurd right up to a surprise ending.

## "The Devil's Disciple"

July 16, 17, 18 and 23, 24, 25

By G.B. Shaw

Directed by Jim Heidenreich

In a small New Hampshire town in 1777, during the American War of Independence, Dick Dudgeon, a local scoundrel, is mistaken for the local minister and arrested by the British. Dick discovers he is unwilling to let another person suffer and so continues to masquerade as the reverend. The minister's wife is moved by Dick's actions and mistakenly interprets them as an expression of love for her. In spite of his protests she finds herself romantically attracted to him. In the last act, Dick is sentenced to be hanged by British commander General Burgoyne, but at the last minute Dick is saved from hanging in a surprise ending.

## "The Gin Game"

August 20, 21, 22 and 27, 28, 29

By D.L. Coburn

Directed by Peter Richards

Weller Martin and Fonsia Dorsey, two elderly residents at a nursing home for senior citizens, strike up an acquaintance. Neither seems to have any other friends, and they start to enjoy each other's company. Weller offers to teach Fonsia how to play gin rummy, and they begin playing a series of games that Fonsia always wins. Weller's inability to win a single hand becomes increasingly frustrating to him, while Fonsia becomes increasingly confident. While playing their games of gin, they engage in lengthy conversations about their families and their lives in the outside world. Gradually, each conversation becomes a battle, much like the ongoing gin games, as each player tries to expose the other's weaknesses, to belittle the other's life, and to humiliate the other thoroughly.

## "An Evening of One Act Plays"

Sept 24, 25, 26 and Oct 1, 2, 3

Directed by Sheila Kaplow

Always a favorite, audiences will enjoy a varied fare served up by veteran director Sheila Kaplow.

The Old Church Community Theater in Bradford Vermont welcomes all interested people to volunteer both on and off stage. There are openings in acting, box office, ushering, set construction, lighting, costumes, props and publicity. Auditions are open to all and generally are 8 weeks ahead of each production. Each play is in rehearsal for 5 weeks. For more information: [www.oldchurchtheater.org](http://www.oldchurchtheater.org) or 802-439-6199

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## The Fall and Rise of a Rose

By Virginia Onorato

The rose dropped softly on the kitchen shelf  
With a sigh like the whisper of sylvan elf.  
No one was present to hear or see  
Or to mourn the death except for me.  
I could have pressed it in a paper grave  
But it seemed too ephemeral to save.  
I took it gently in my hand instead,  
Took it outside where the sunset bled;  
I held the petals up and let the breeze  
Transport it, fluttering, beyond the trees.



## Nifty, Nifty

### Looks Who's

# 50

## "Bumpa"

## GOT AN OPINION?

Send it to:

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or

171 Central Street  
Woodsville, NH 03785

Let everyone know what you think & why.

Just be ready for one of our editors to respond.

# America's Got Talent - Phase 2

In the January 5 issue of Trendy Times we featured a story about one of the hopeful participants in the reality TV series entitled "America's Got Talent" The show is on NBC and will resume some time later this year. But the ground work for this show is already well under way. And the ground work for this particular performer has been under way for a much, much longer time. But the time is now very close to see if all that time, effort, spirit and desire will pay off. Though in reality even this step will take a lot of time.

The performer we are referring to is Lonnie Lear. Lonnie grew up in Mayfield, Kentucky but has a close connection to this area after living in Bath for some five years. When he moved back to Kentucky he took with him Kimberly Fournier, a graduate of Woodsville High School, and now Lonnie's "significant other". Also with them in Kentucky is their four year old son Lonnie, Jr.

Not only is Lonnie looking to wow the judges at America's Got Talent with his

singing, but he will perform his newly penned song entitled "Angles Cry Roses and Rain". Lonnie's brother Ronnie says he's not sure which is the better part to the song, the melody or the lyrics. Either way Lonnie has gotten his creation copyrighted and is ready to perform it on Saturday, February 20th in Atlanta, Georgia.

As Lonnie pointed out, he has only 90 seconds to impress the judges. The rules for America's Got Talent allows just that short period of performance time, but the on line rules also say that each performer should be ready to spend the entire day waiting to get in, or having photos taken, or doing an interview, or just wondering what's next.

How the interview and audition go will not be known by Lonnie or anyone else outside of the judging team

for another couple of months. In fact the FAQ's page of the AGT website informs all that notices to those who move on will be sent before mid-April. That means more time waiting, wondering and hoping.

In the meantime what happens to the song could be known a whole lot sooner. As mentioned, the song has been copyrighted to ensure its ownership and to guarantee any future revenues are shared with whatever artist may choose to record it, and with the man who wrote it. Lonnie feels the song could be a great breakthrough for him and his career, and hopes the song, as well as his presentation, will impress the judges enough to move him along.

In the meantime Lonnie continues to pursue his profession. A professional truck driver. In fact he just got back

from a trip to Texas where he moved one of those big semis across the ice and snow to get the load delivered and earn a living.

Whatever the outcome of this coming weekend and whatever the future holds for his songwriting, Lonnie continues to be inspired by his family, his life, and his desire to entertain. Not only in the audition room of America's

Got Talent, but also in the churches and senior centers where he has performed for years, and hopes to continue to perform for many years to come.

Good luck to Lonnie from all you friends here in New Hampshire including Zachary, Kyleigh and Garritt Lamarre.

Trendy Times will continue to keep an ear and eye out for what is happening.

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We wish to again express our thanks to the dozens of investors who have shown their belief in Trendy Times.

Your continued belief in our venture is not only gratefully received but also very appreciated.

We continue to move forward with production and hope to fulfill our promises sooner rather than later.

Gary Scruton  
 Editor, Publisher

# 4-H Food Show



A grin a mile wide spread across Calvin Roy's face as Rachel Butler, mistress of ceremonies, announced Calvin Roy, Suzi Bazzell and Lilah Flynn as third place winners for the 2010 Grafton County 4-H Food Show, held Saturday, January 23, 2010 at the Warren Village School.

Calvin, a member of the Little Ox-Box 4-H Club, made Easy S'Mores as his entry. His co winners in the junior

division, Lilah and Suzi, created Pizza Calzone and Fruit Salad, respectively. Each earned a white rosette and a prize provided by Wal-Mart of Littleton and Woodsville.

In all, thirty eight 4-H'ers from throughout Grafton County competed in the annual event highlighting 4-H'ers cooking skills and knowledge of food and nutrition.

Amanda Geil of Hunt Mt. 4-H in Monroe earned the first

rosette in the Senior Cook Off. Her Italian menu dutifully impressed judge Norah Hannrahan. "She did an amazing job," commented Hannrahan, "I had no idea the quality would be this outstanding."

Other top place winners were: in the junior division, Grace Flynn of Bob-O-Links, in the intermediate division, there was a three way tie for first place: Cathrin Flynn, Bob-O-Links; Alaina Shelzi of Cardigan Mountain 4-H; and Ryan May of Little Ox-Bow. Jacob Dalton earned first place in the senior division. Prizes for this event were provided by Wal-Mart of Littleton and Woodsville.

Second place rosettes were earned by Hope Cataldo of Bob-O-Links, junior division, and Sydney Coster of Hunt Mountain 4-H, in the intermediate division.

The third place rosette in the intermediate division was earned by Madeline Flynn of Bob-O-Links 4-H.

Other youth participating in the event included: Ryan May, Jaden Dalton, Ari Carter,

Monica Zuk, Josh Maynard, Madeline Flynn, Alaina Shelzi, Mary Davidson, Jasmine Walker, Jane Sargent, Jordan Avery, Jessyka Hart, Sierra Norko, Matthew Sargent, Mason Boutin, Travis Stoddard, Madison Lewis, Alyssa Bach, Emily May, Madyson O'Shana, Griffin Zuk and Alice Morrison.

Besides showing off their culinary skills, 4-H'ers, siblings, friend and adults in attendance participated in workshops. MaryEllen Shelzi, a leader with Cardigan Mountain Bobcats, led a workshop on the history of napkins and napkin folding. Rebecca Page and Rachel Butler along with Anna Davidson, led two workshops from the 4-H Healthy Living/Up for the Challenge food and physical activity education curriculum.

After a lunch buffet of all their creations, 4-H'ers were introduced to the 4-H Healthy Living activities, funded by the Wal-Mart Foundation and National 4-H Council. As part of the event, all participants

did activities from the Up for the Challenge curriculum: Snack Attack; Go, Slow, Whoa; Make up a Physical Activity Game, and Power of Foods. In addition, while waiting to be judged, youth did pencil and paper exercises on healthy eating choices and made whole grain bracelets they could wear and snack upon. They were given an opportunity to sign up for the 4-H Healthy Living Pledge, a six week healthy lifestyle goal setting program where youth decide on a healthy lifestyle change to make, pledge to start it, keep it for six weeks and turn in their pledge for a prize.

For more information about 4-H, the 4-H Healthy Living program and/or how to start a 4-H Club in your community in Grafton County, please contact the UNH Cooperative Extension office at (603) 787-6944 or email: Kathleen.jablonski@unh.edu

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**Partial Listing: for photos and more go to [www.eatonauctionservice.com](http://www.eatonauctionservice.com)**

**Furniture:** Custom teak 2 pc china cabinet, dining table w/2 leaves, & 12 chairs; cherry high post dbl bed; stepback cupboard; shoeshine platform; Mission-style 2/4drw oak bureau; oak serp gentleman's chest & 2/4 drw bureau w/mirror; set 4 oak t-backs; Marsh Furn pntd hoosier w/sifter; 40's breakfast tbl w/pr highback benches; chrome/formica kitchen table; enamel-top work tables; set 5 Vict side chrs; tbls & stands; tool box; trunks; & much more!

**Accessories:** 21" Remington bronze "Trooper of the Plains" Founders Authorized Ed No 4/100; sterling match safe mkd Tiffany&Co Makers; coin spoons; cinnabar snuff bottle; Chinese export porc; Ballard Burl, VT jug w/cobalt; sponge-ware wash bowl; Rockingham nappy; Turk's cap mold

**Vintage Pottery/Kitchenware:** blk Hall ball pitcher; Hall star shape teapot; Essex China Bo Peep pitcher; Oxfordware pitcher/cork; pr Hull early art pottery vases; Stanford ducks/bowl console set; Haegar; ~50pcs Laughlin Rhythm (wheat) dinnerware; grp drink stirrers; sifter for hoosier & more!

**Other accessories:** 1920's architectural lamp globe; 10' pntd tin sign "Now We Launch Where Shall We Anchor"; andirons; Parker Pens desk lamp; glass elephant & Scottie dog ink blotters; other desk accessories; Tiger Tobacco lunchbox tin; Reagan-Bush 1980 jackknife; Gemeinhardt flute; beret hat form; sewing notions; linens; blankets & country quilts; 1920's beaded top; braided scatter rugs; Howe, Rutland, VT counter-top scale; snowshoes; lg group collector plates & more!

**Jewelry/Coins:** Victorian & sterling jewelry; costume jewelry; lg collection foreign currency; sm group coins; & more

**Ephemera/Photos:** Japanese Topsytruvy-Dom by Mrs ES Patton; grp vintage Halloween inc 10+ lg emb cb die cuts, die-cut cb/tissue lanterns, & more!; sm Civil War-era cabinet card (no accoutrements); stereoviewer & cards; Winner Supply Co. (gaming supplies) catalog; CocaCola Nature Study Cards Series I-VII; Victorian scrap book; Victorian photo album inc cabinet cards of actor; postcards; stamps; & more!

**Artwork:** lg Shakespearean Rogers group; set 4 Peter Hunt "Four Seasons" silkscreens; Japanese watercolors & prints; **Toys:** doll-size bureau; western collectible toys inc Hopalong watch MIB & kerchief, Kohner push-up Lone Ranger, Straight Shooters jackknife, Davey Crockett musket, & more; Corgi Batmobile; Marx wind-up butterfly; other tin toys; magic lantern slides; sleds & more!

**Special Interest:** firefighting & related collectibles Diamond T speedometer; brass New Departure Alarm Bell (Bristol, CT); few brass/copper extinguishers; nickel nozzles; variety oiling cans & more!

**NOTE: In event of severe weather, auctioneer reserves right to delay sale one hour.**

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Watch for auction signs -- parking and entrance are at rear of building.

Next Auction: Saturday March 20, 2010

# A Clean Slice Of Life

by Robert Roudebush

I was running the loudest vacuum cleaner in Haverhill when it happened - I was powering up the small gravel and dust from the bare floors and rubber-backed mats in the North Haverhill Post Office when the lady walked in and gave me a look that would have stopped any flatlander in his tracks.

"Gotcha doing woman's work huh?"

I turned off the machine. "Well I'm a man and I'm doing the work so today I guess this is man's work."

She did not like that. "You saying I'm wrong?"

"Right here, right now, yes ma'am, you're wrong all right."

"I don't like to be told I'm wrong".

"Me neither as a rule, unless I am wrong, then I figure maybe I learned something and move on."

Her look sharpened and drilled me. I was put in mind of my old Black and Decker plug-in electric variable speed drill, running on high. She was stubborn New Hampshire stock, not used to giving much guff, and taking even less. I liked her for it, but wasn't giving in.

"So, you're the janitor here." It wasn't a question.

"The Post Office calls it contract cleaner. I sign a contract and then I clean."

"Like I said, a janitor." She kept looking me right in the eye. "None of the men in my family ever did this kind of work, not once."

"I bet you're pretty good at it then/"

She wasn't a happy lady. "Not a once. Never picked up a broom or vacuum. They didn't do it," she kept on.

"Neither do I unless I'm paid to do it."

"Good pay?"

"Fair work for fair pay."

"So, good pay?"

"Some of best in town"

"You're not going to tell me how much you make, huh?"

"None of your business unless you're doing the work."

That might have set her back a minute. She almost looked pleasant for a minute.

"You like your job?", she asked.

"I've got a great boss, I like the people I work with - we get the job done right and manage to have a good time at the same time."

Now she actually smiled, "Well, nice talking to you. See you again."

"Yes ma'am, you too". I smiled back as she got her mail and then walked out the door.

We're not dating or anything.

# The Haverhill Heritage Report <sup>5</sup>

Submitted by Duane Baxter, HHC Press Officer

Well! Is that Caboose just going to sit there looking shabby? A shabby Caboose will never do right in the heart of town! We don't think so either! The Haverhill Heritage Commission folks need help with our projects and as they say, "if you don't ask, you don't get!" We are always so overwhelmed with the positive responses when we do ask. Most folks are so willing to help in so many ways. This reluctance to ask has just got to stop, I say! Therefore, we have formed a group of "Friends of our Heritage" that is intended to broaden and enhance the skills and hands needed for project work. Below is a "Friends of our Heritage" volunteer form. We would like this to act as a directory of skills and hands

that we can call on for specific project work. That work may be tomorrow or months from now. Each project is subject to so many variances, such as money, regulations, weather etc. that having the man power resource ready to be called on will speed up the process considerably. So please respond now so you are in our "directory"! A list of volunteers will be posted on our web site and will be part of our project recognition ceremonies when completed. Remember the Covered Bridge Project? So many hands and skills helped and it was so heartwarming to see the town show their appreciation at the dedication ceremonies. We need you, so please sign up right away!

Besides the Railroad

Park project, we are going to be working on developing the Hazen Farm property this summer. Plans are still being made and we are hopeful that they will be finalized soon. Some ideas include a day park with picnic tables by the river with a non-motorized boat launching area. Or, nature paths or overnight camping sites. Lots to discuss before a final decision. The property is under the protection of the Upper Valley Conservation Trust so we must do our work within the guidelines of this organization. Stay tuned! Please return the form below to: Jim Hobbs, HHC, Municipal Building, 2975 Dartmouth College Hwy, N. Haverhill, NH 03774. Thank you in advance for your participation.

Not all Times are Trendy but there will always be Trendy Times

## HAVERHILL HERITAGE COMMISSION VOLUNTEER SIGN-UP FORM

Return form to:

Jim Hobbs, HHC, Municipal Building, 2975 Dartmouth College Hwy, N. Haverhill, NH 03774

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7:00 PM - Class B - Haverhill Hawks vs. RAMS

8:30 PM - Class B - Burroughs Builders vs. Royston Logging

### THURSDAY, FEBRUARY 25

7:00 PM - Class B - Railway vs. Orford

8:30 PM - Haverhill Recreation 3rd and 4th Graders

9:00 PM - Class B - Rycgate Flash vs. Responsible Driving

### THERE WILL BE NO GAMES ON FRIDAY, FEBRUARY 26

### SATURDAY, FEBRUARY 27

7:00 PM - Class B - Semi-Final

8:30 PM - Class B - Semi-Final

### SUNDAY, FEBRUARY 28TH

1:00 PM - Class A - The Naz (Nashua, NH) vs. Fishers

2:30 PM - Haverhill Recreation 3rd and 4th Graders

3:00 PM - Class A - Class Acts vs. Team BST

7:00 PM - Class B - Final

8:30 PM - Class A - Final

Awards Presentation Immediately Following The Class A Championship Game  
Ticket Prices: Single Game: Adults \$3.00 / Children 12 & Under Free  
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February 16, 2010 Volume 1 Number 18

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Tax him if he dares to laugh.  
Tax his barns and tax his lands,  
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Tax the water and tax the air,  
Tax the sunshine if you dare.  
Tax the living, tax the dead,  
Tax the unborn before they're fed.  
Tax them all and tax them well,  
And do your best to make life Hell!

*This poem is copied from one that was published in a local paper back in the 1970's. As the contributor said, it's amazing how things really have not changed.*

## Calendar of Events

### SATURDAY, FEBRUARY 20

**ICE SKATING PARTY**  
1:00 PM – 4:00 PM  
Monroe Town Rink, Monroe

### SUNDAY, FEBRUARY 21

**LENTEN SERVICE**  
5:00 PM – 6:00 PM  
Newbury Congregational Church, Newbury

### TUESDAY, FEBRUARY 23

**GROWING RASPBERRIES WORKSHOP**  
1:00 PM  
UNH Cooperative Extension Conference Room, Grafton County Complex, North Haverhill

### MEET THE CANDIDATES NIGHT REPUBLICANS OF HAVERHILL

6:30 PM  
VFW Hall, North Haverhill

### WEDNESDAY, FEBRUARY 24

**FREE COMMUNITY MEAL - OPEN TO ALL**  
5:00 PM – 7:00 PM  
St. Luke's Parish Hall, Central Street, Woodsville

### WOODSVILLE/WELLS RIVER 4TH OF JULY COMMITTEE MEETING

7:00 PM  
Woodsville Emergency Services Building, Woodsville

### COHASE LIONS BASKETBALL TOURNAMENT

7:00 PM and 8:30 PM  
Woodsville Community Building, Woodsville

### THURSDAY, FEBRUARY 25

**POWERFUL TOOLS FOR CAREGIVERS**  
1:00 PM – 3:30 PM - six week course  
Horse Meadow Senior Center, North Haverhill

### COHASE LIONS BASKETBALL TOURNAMENT

7:00 PM, 8:30 PM and 9:00 PM  
Woodsville Community Building, Woodsville

### THURSDAY, FEBRUARY 27

**COHASE LIONS BASKETBALL TOURNAMENT**  
7:00 PM and 8:30 PM  
Woodsville Community Building, Woodsville

### SUNDAY, FEBRUARY 28

**BRIDAL & SPECIAL EVENT SHOW**  
12:00 Noon  
Alumni Hall, Haverhill

### COHASE LIONS BASKETBALL TOURNAMENT

1:00 PM, 2:30 PM, 3:00 PM,  
7:00 PM and 8:30 PM  
Woodsville Community Building, Woodsville

### LENTEN SERVICE

5:00 PM – 6:00 PM  
Wells River Congregational Church, Wells River

### WEDNESDAYS, FEBRUARY 17 & 24

**BUREAU OF THE CENSUS 2010 APPLICATION & TESTING SESSION**  
2:30 PM  
Horsemeadow Senior Center, North Haverhill

### THURSDAYS, FEBRUARY 18 & 25

**SENIOR & COMMUNITY MEAL**  
12:00 Noon  
Brown's Market Bistro, Groton  
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### THURSDAYS, FEBRUARY 18 & 25

**BUREAU OF THE CENSUS 2010 APPLICATION & TESTING SESSION**  
6:00 PM  
Old Church Building, Piermont

### MONDAY, MARCH 1

**GOOD OLD BOYS MEET HAVERHILL CANDIDATES LUNCHEON**  
12:00 Noon  
Happy Hour Restaurant, Wells River  
*See story on page 15*

### HAVERHILL SELECTBOARD MEETING

6:00 PM  
Morrill Municipal Building, North Haverhill

### TUESDAY, MARCH 2

**CONNECTICUT VALLEY SNOWMOBILE CLUB MONTHLY MEETING**  
7:00 PM  
Morrill Municipal Building, North Haverhill

### WEDNESDAY, MARCH 3

**3 RIVERS BUSINESS ASSOCIATION MONTHLY MEETING**  
8:00 AM  
Woodsville Guaranty Savings Bank, Woodsville

### SATURDAY, MARCH 6

**BREAKFAST, DOG SLED RIDES AND BAKE SALE**  
7:00 AM – 11:00 AM  
United Congregational Church, Orford  
*Benefitting: Orford UCC, Playground & Food Shelf*

### OLD CHURCH COMMUNITY THEATRE AUCTIONS

2:00 PM  
United Congregational Church, Bradford

### SUNDAY, MARCH 7

**LENTEN SERVICE**  
5:00 PM – 6:00 PM  
Monroe Methodist Church, Monroe

### WEDNESDAY, MARCH 10

**MONTHLY MEETING - ROSS-WOOD POST #20 AMERICAN LEGION**  
6:00 PM  
American Legion Home, Woodsville

### SUNDAY, MARCH 14

**LENTEN SERVICE**  
5:00 PM – 6:00 PM  
St. Luke's Episcopal Church, Woodsville

### MONDAY, MARCH 15

**HAVERHILL SELECTBOARD MEETING**  
6:00 PM  
Morrill Municipal Building, North Haverhill

### WEDNESDAY, MARCH 24

**WOODSVILLE/WELLS RIVER 4TH OF JULY COMMITTEE MEETING**  
7:00 PM  
Woodsville Emergency Services Building, Woodsville

### WHENEVER DATE

Place your event for your town, school or organization at no charge.

**Submit your entries by:**

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**Deadline for submissions is Thursday, February 25, 2010 for our March 2nd issue.**

# Turning A Typo Into A Tribute



The February 2 issue of Trendy Times had a mistake. Can you believe that? We made a mistake. It's true. In our Calendar of Events we listed a Veterans Appreciation Day from 9:30 AM - 4:00 PM for Friday, February 6. That part was right. It was taken from an article that appeared in the January 19 edition of Trendy Times. The event was taking place at the Bretton Woods Ski Area as part of a weekend of events. Unfortunately we mislabeled the location and Bretton Woods became Woodsville Guaranty Savings Bank.

What a surprise to the folks at the bank when a reader called to ask what the event was all about. But they did not stop at simply being surprised. Jan Carver, Marketing Officer at Woodsville Guaranty Savings Bank made a call to Trendy Times to see what, if anything, we knew about this Veterans Appreciation Day. With a bit of digging and ending up with a very red face from embarrassment, we called her back to inform her of the typo and mislabelled location for the event. Jan replied with an announcement that the event would still go on. To Quote Jan, after the end of the event on Friday, "From the moment we saw the event listed, we agreed that we would 'make it happen' so as not to disappoint anyone, especially our local veterans. While we could have used more than 48 hours notice, it's been a nice day, and our employees and customers have really appreciated it."

The main portion of the event was the signing of Thank You cards. These blank cards were laid out on a table while staff of the bank encouraged customers to fill them out. The care package with thank you cards will be shipped to Army PFC Matthew Woods of Lyman, NH (son of Rena Woods, Branch Manager of the bank's Lisbon office). Matt is stationed with B Troop, Cavalry Unit, at Camp Zulu in Iraq, one of the few remaining small base camps located in Iraq, with less than 75 Army personnel stationed there. They are there on a 12 month tour that began in October, 2009.

Along with the blank thank yous the bank provided some snacks, treats and even a drawing for their customers. VISA gift cards were awarded to door prize winners, Johnny Hicks, Wayne Mitchell, Harry Chandler, and Carol Britt. Additional door prize winners also won WGSB hats, mugs, and other items. It really was a good event with a great outcome.

A large congratulations to Jan and the rest of the staff at Woodsville Guaranty Savings Bank for pulling off this day with such little lead time. And along with that thank you an apology from the staff at Trendy Times for making the mistake in the first place. By no means was it intentional. Hopefully it will be a learned lesson and we can continue to serve the community with information that is correct and useful.

Gary Scruton  
Editor, Trendy Times

## BRIDAL and SPECIAL EVENTS SHOW

Sunday, February 28<sup>th</sup>

12:00 pm - 3:00 pm

Alumni Hall

Court Street / Haverhill, NH

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# Bath First Grade Job Search

## The Story From Two Perspectives



By Bath First Grade Teacher Trisha Shipman

In social studies, during the month of January, the First Graders from Bath Village School have been exploring jobs and careers. They have begun to understand individual strengths and interests and how those relate to jobs people enjoy and are good at. As the unit progressed they have explored jobs that produce goods and jobs that perform a service. They also explored many different jobs in the Bath community and at home, as well as jobs they may be familiar with based on exposure.

The students were given opportunity in class to choose a job that may interest them and explain why they chose that job. We had students write and draw about being a vet, firefighter, zookeeper, scientist, and a cop. It was a diverse group of jobs and the students were able to explain what would be most interesting about that job and whether their jobs was a service job or product job.

Additionally, they had a parent come in to talk to the children about what it is like being a nurse. She was an excellent speaker. She helped the children realize how important their education is for some jobs, especially for becoming a nurse. She also brought two stethoscopes allowing the children to hear their own hearts beating and their lungs breathing, as a nurse may do. More parents are welcome and encouraged to join the class over the rest of the year to discuss their own jobs and open the children's eyes to more opportunity.

To accompany their career and job studies the First Graders walked into the village of Bath on Tuesday, February 2nd. On their journey they visited the Brick Store, Fire Department, Post Office, and Bath Library. The

students had previously worked as a group to generate interview questions for each place of business. These questions were directed at the employee working during that time. They were geared toward learning more about what it may be like to do that particular job or career. Some of the questions included:

- What do you make here at the Brick Store?
- How long have you been working at your job?
- How do you know that a fire needs you?
- Have you ever worked at another post office?
- Do you like helping people find books?
- Do you like your job?
- Do you work at your job because you like it or because you can make money?
- Have you ever worked at another Library?

The First Graders and their teacher, Mrs. Shipman, were so pleased to have

Police Chief, Dennis MacKay and Fire Chief, Willy Minot to accompany them into the Village. With fourteen young children you can never be too careful walking along side the road. The children were very well behaved throughout the entire outing. They walked into the Village twice; once in the morning and once after lunch to allow enough time to visit all four businesses.

The community of Bath is always very welcoming to the students of Bath Village School. It was very helpful to the First Graders, and exciting for them to learn more about the businesses that make up their community. Their favorite visit was the Fire Station with Chief Minot. They asked many interesting questions and were highly complimented by the chief for their level of excitement and interest. With the support of Chief MacKay, Chief Minot and the wonderful parents who volunteered to chaperone it was a successful learning opportunity.



By "A Member of the Bath Family"

The old adage that it takes a village to raise a child is not very far off the mark. The children of Bath, New Hampshire are fortunate to have a community that pulls together to see to their safety. The first grade class of Bath Village School can certainly attest to this fact.

On Tuesday, February 2, 2010, Trisha Shipman the first grade teacher at Bath Village School took her class of 14 students on a walking field trip through the village of Bath. The children were on a mission to interview various community members with questions they had developed together in the classroom. At 10:00 am Mrs. Shipman's class, accompanied by 2 parent helpers and both the Chief of Police Dennis MacKay and the Fire Chief Willie Minot, began the journey down the busy Route 302.

The first stop was at The Brick Store where Mike Lusby and his employee Ginny fielded questions from an eager group of children. The kids asked questions varying from the types of food made right there at the store, to how old the store is. After gathering their interviewing notes they moved on to the second stop on the journey; the Bath Volunteer Fire Department. Chief Willie Minot took the kids on a tour of the fire station, wowing them with the equipment, and detailed descriptions on how each piece is used. After the question and answer period the children were allowed to climb up in the fire truck and check out the view from the driver's seat. Chief Minot then gave each a "Bath Volunteer Fire Department" water bottle. The traveling field trip then

returned to the school for lunch and recess.

The second session of the field trip started at 1:00 pm where the entire entourage started out again. The class proceeded to the Bath Post Office where they interviewed Dawn Thornton. The children were encouraged to ask their questions, and Dawn cheerfully answered each in turn. The kids left with a first class understanding of the postal service. The final visit on the journey was the Bath Public Library. At the library children were introduced to the library itself as well as the personnel. Children were encouraged to utilize the various opportunities the library has to offer. Books for all ages, and interests are available as well as the media area, and computer stations. After a very busy day, full of information, the interviewers made their way back up the steep hill to the school.

All the parties involved in the teaching of these children should be applauded for their efforts. The interviewees who participated made the learning experience not only fun but memorable as well. The police chief; who provided all the adults with safety vests, set up the speed trailer and emergency vehicles with the lights flashing to slow the traffic down, and then escorted the traveling field trip on it's journey. The fire chief, who in about 12 years will have a bunch of new firefighters to train with the comments on the field trip were anything to go by, taught and practiced safety for the children.

Thank you to the village that is helping to raise the children of Bath.



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# A Daylily Named Magic Jack



Woodsville, NH – Pain is an awful feeling and it can be experienced in so many ways, perhaps the physical pain of migraine headaches or an old football injury or the emotional pain of losing someone close to us... For the community of Cottage Hospital we had a special man who eased that physical pain and unfortunately left us with the emotional pain of losing him.

One year after the loss of our longtime friend, Nurse Anesthetist Jack Neary, known by most as "Magic Jack", the Cottage Hospital Pain Clinic received a gift, an exquisitely

framed picture of a Daylily... the type of Daylily – A Magic Jack Daylily of course.

When local business owners of the Bethlehem Flower Farm, Scott & Michelle Schafer, were given a crossbred Daylily from their hybridizer, they decided that it should be named after Jack Neary, Scott Schafer explained that the flower was as unique and special as Jack and that flower was deserving of such a name. Papers were filed with the American Hemerocallis Society to register the special breed of flower, similar to how breed of dog is

## LOVE IS IN THE AIR

I met my husband at a K-Mart Blue Light Special in Brockton, MA. We were together for four years and got married in the spring of 1986. We have a wonderful marriage and a great friendship, love and respect for each other.

We were both previously married. I had no children of my own. He had four children, so I got the family I always wanted. We have had a lot of great times with the kids over the years, sharing them with their mother. We now have 14 grandchildren.

We moved to our home in Bath, NH in 1991. We just love living in the country. We hope to retire someday and continue our good times in Bath.

Ray & Judy Glover, Bath, NH



*Congratulations to our "Love Is In The Air" contest winners. Ray & Judy Glover and David & Jane Grimes will each receive \$25 gift certificates to Warner's Gallery Restaurant. Thank you for your entries.*

registered. The flower was approved and a limited edition of the Magic Jack Daylily was sold. One Cottage Hospital nurse was a lucky owner and she shared the flower with friend, Bonnie Trayhan, a patient of Jack Neary's. Bonnie presented the staff with a picture of the Magic Jack Lily on January 26, 2010.

Bonnie describes that

"the flower is as beautiful as Jack was." She continued by telling me her story of how she came to Jack and like so many others... How he changed her life through pain management.

A year later, colleagues of Jack continue his work at the Cottage Hospital Pain Management Clinic, remembering the important mission

that meant so much to him, to ease the pain of others.

Cottage Hospital is a 25 bed, critical access hospital serving the beautiful Upper Connecticut River Valley. For additional information regarding Cottage Hospital and any of our services, visit us on the web at [www.cottagehospital.org](http://www.cottagehospital.org), or call (603) 747-9000.



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# State of New Hampshire Looking at Placing a State Native Commission

This bill is politically incorrect and needs a lot of work. The State of NH will be moving immaturely if it passes this bill this year and does not slow down enough to study the meaning of the wording they have in HB 1610.

First off they have written Abenaki as a minority. They have no way set up to define "ABENAKI". There are some clear cut ways that the federal standards are set to help states determine "Tribes."

They also have written in

HB 1610 many goals and projects set forth for the commission. One being Indian Arts and Craft promotion and helping people market their wears. The Federal Indian Arts and Craft laws are very strict even with states. This is impossible for a commission in NH to take on as a goal because of these federal standards. We know there are many New Hampshire entities claiming an "Abenaki" or "Tribal" identity. However, as Meredith Stanton, Director of the Indian Arts

and Crafts Board has made it very clear, not just anyone can claim an Indian Identity for purposes of the Arts and Crafts Act of 1990 (104:6463-4). She noted "Individuals who claim to be Abenaki... to sell their art or craft work as Indian made...is in conflict with the definition of Indian under the federal Act." And "Recognition of a group as a tribe for very limited purposes of benefiting from the (Indian Arts and Crafts) Act falls short of recognition unless it is deter-

mined as a sovereign Indian Tribe." So what is the sovereign Indian Tribe that Director Stanton Refers to?

A New Hampshire tribe is a cultural entity with demonstrable historical and spatial dimension within the borders of the state of New Hampshire. To restate the supposition; a NH tribe is 1.) a community of people that 2.) has a documented history of practiced culture (doing things, saying things, making things, and belonging to kin-groups

[families] that any unbiased observer would say is "distinctly ethnic"); and 3.) one that has left physical, historical, and testimonial evidence of this communal Indigenous practiced culture within the borders of New Hampshire that 4.) applies to the period between the eighteenth century, when scholars and lawyers agree that there were New Hampshire Indians, and today, when there are numerous self-identifying Native entities in the state, that 5.) can be discovered from the perspectives including archaeology, physical anthropology, ethno history, ethnography, linguistics, folkloric studies, genealogy, history, economic ethno botany, cultural and historical geography, as well as political science and race relations study. Under this definition, we must also add

This definition with its embedded explicit criteria should have no problem separating individuals, foreign Abenaki entities, families or social organizations from cultural/political/geographic organizations that would be seen as tribes under determinant federal guidelines that supervise New Hampshire state recognition intended to meet the Indian Arts and Crafts Act of 1990. So the State would have to determine what is and who is exactly an Abenaki Tribe. Second, the Indian Arts and Craft board would not allow for an Intertribal Organization to be seen as a "Tribe" by legal definition. They would be viewed as an Organization, Incorporation, Social Organization but not a legal entity that would satisfy the Federal Act. So for HB 1610 to put the NH Intertribal in a position to recommend members for this commission is not a correct way for the state to be going.

There are many that also say Indian People in NH should be handing over genealogies. That should be worked on with the state departments including the Human Rights Department. The state of N.H. has a lot of misconceptions with the wording of this bill. There is no doubt that the State of NH is meaning well with the idea of putting a Native American Commission in place, and coming forth with a good heart and intentions. However, they are not fully understanding the scope of the words that are written in HB 1610 and this bill if passed promises to bring a great deal of problems later unless they slow down and do their homework.

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# Five Good Reasons

By Heather Bryant, Extension Educator, Agricultural Resources

I don't know about you, but I like spring and I always hope that Punxsutawney Phil of Groundhog Day fame will predict an early one. I didn't expect him to, and of course he did not. He saw his shadow, and predicted 6 more weeks of winter.

It begs the question, why do we ask a groundhog about the weather anyway? I did a little research and the tradition came to us from the Pennsylvania Dutch (or German) settlers. Early Christians in Europe had a holiday called Candlemas, which is the halfway point between the winter solstice and the spring equinox. Celtic tradition observed a similar holiday called Imbolc. Tradition held that if the day was sunny and warm, winter would continue and if the day was stormy, winter would be coming to an end. The Romans then took this lore to the early Germans who added the idea that on a sunny day an animal like a badger or hedgehog would see his/her shadow but not on a stormy day. When the settlers came to the Northeastern United States, they found that groundhogs are more common here than badgers and hedgehogs so the lore evolved again.

Ancient wisdom and lore about the natural world fascinate me even if they do not always tell me what I want to hear. So if, like me, you were disappointed with Phil's forecast, here are five good reasons for the cold and the snow to continue a little while longer.

1.) Many insects and plant diseases that attack our crops and gardens can't survive the cold and the snow of a normal New Hampshire winter.

2.) A good snow cover will protect many plants, notably berries, from frost damage.

3.) Abnormal weather patterns can cause plant and animal life cycles to get out of sync. For example, if an early spring leads to early migration or baby birds being hatched too early the insects

or other resources they normally feed on may not be available when they are needed.

4.) Ice fishermen need ice, winter enthusiasts like snow, and loggers need it so that they can move equipment around in the forest. Making them all happy is good for our economy.

5.) Maple producers need predictable weather patterns so that they can be ready when the sap begins to run.

So, give a sigh of resignation, make another cup of cocoa, put your feet up, and wait it out in front of the fire while reading your seed catalogs.

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Horse Meadow Senior Center Staff & participants of the Taste Testers' Cooking Group prepared & served a delicious meal in celebration of Valentine's Day.

L-R: Pam Smith, Bonnie Chaine, Jo Anne Jaworski, Marcia Selent, Virginia Crowe, Doris Martell, Olive Martin, Deb Foster, Debbie Whitaker

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# Regional Church World Service Director To Speak at Opening Lenten Service

The Opening Lenten (Main Street) on Sunday, soup and bread ecumenical February 21. The opening supper will be held from five speaker, Rev. Burt Marshall, to six pm at the Newbury New England Regional Congregational Church Director, of Church World

Service, will offer a brief meditation.

Rev. Marshall, born in Nebraska, is a graduate of Yale Divinity School where he majored in the art of story-telling and narrative preaching. He pastored the UCC Church in Lee, Massachusetts from 1997-2006. A life-long singer and song writer, Rev. Marshall helped create "The Chancellors," a band in Lincoln, Nebraska which was voted into the Nebraska Rock and Roll Hall of Fame. He also composed a Crop Hunger Music Video - and has developed a two-hour, one-man presentation (See [www. Gospel ofMarkAlive.com](http://www.GospelofMarkAlive.com)) which he performs by memory with dramatic accompaniment.

There is no charge for the supper, but an offering will be received for Church World Service to assist in its support of relief for the Haitian earthquake.

Rev. Marshall will also be the guest preacher and singer at the 10:30 a.m. worship service at the Newbury Congregational Church on the 21st.

Succeeding Lenten "Table Fellowship" services are as follows:

- Feb. 28 - Wells River Congregational Church
- March 7 - Monroe Methodist Church
- March 14 - St. Luke's Episcopal Church, Woodsville
- March 21 - Bath Congregational Church

Palm Sunday services are planned at respective churches. An ecumenical choir festival will be held at the Bradford Congregational Church at 7:00 p.m.

Two congregational churches (W. Newbury and Newbury) are planning a joint Maundy Thursday service at the Newbury Church at 7:00 p.m. on April 1.

A Good Friday, "Walk in His Steps" program (carrying the Cross from the North Haverhill Methodist Church to the Trinity Church of the Nazarene) is scheduled, April 2nd with a Special Good Friday Service at the church, 7:00 p.m.

Easter Sunrise services will be conducted at respective churches.

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# Antlers - Part #2

By David Falkenham, Extension Educator, Forestry and Wildlife Resources



Right now in the cold depths of winter, deer and moose are struggling to survive. They are metabolizing their fat supply at an unprecedented rate and in March and April starvation will claim many of them. It is hard to believe that by early September a full grown bull moose can weigh over 1,300 pounds and on his head he may be sporting a set of antlers that is six feet wide and weighs over 50 pounds. A mature buck can weigh over 300 pounds and have a set of antlers that tags him as the most popular big game animal in the country.

But how did they do it? How did they grow a huge set of antlers, and prepare their bodies for the physical rigors of the rut, followed im-

mediately by the cruel depths of winter? The answer is food, food, food; and it all begins in the spring.

In early spring and through the summer, both sexes of the deer family must quickly make up for winter's deficits. The males will be growing their antlers and putting on muscle mass for the rut. The females will be giving birth (sometimes to triplets), lactating and raising the young. To do this deer must consume not only calories, but lots of minerals as well, namely sodium, potassium, and calcium. The primary early spring mineral source for deer and moose is the salt along the roadsides. Here they literally suck the salt out of the soil. Moose are most notorious for their road-

side sightings, however if you stop the car and examine the mud wallows you will find plenty of deer tracks as well (heads up while driving in the spring). I know one forester who had a moose lick his truck from bumper to bumper consuming the salt stuck to the vehicle.

As summer progresses and the landscape greens up, moose and deer move into the forests and wetlands to consume nature's bounty. Minerals are critical for antler growth and lactation and this need is now supported mostly by aquatic vegetation. Most of us have seen moose or deer up to their necks in ponds and swamps. This is partly for relief from the swarming flies, but mostly for the aquatic vegetation that has a high mineral content. Once while camping near a swamp in Maine, my father and I listened to a female moose feeding in the swamp. I was lulled to sleep that night by the sound of this moose blowing bubbles in the water.

Summer is also a time for protein which is critical for all animal life during this time of demanding growth. All ages of deer and moose are ravenously consuming pound after pound of high quality plant protein. Deer are known to eat over 70 different kinds of food; though I

think it may be more than that. If you have ever watched a deer or moose feed through the forest you will quickly realize that the world is their dinner plate.

By the end of August antler growth has stopped, lactation is slowing, and body growth is also slowing. They must now prepare for the breeding season followed by winter hardship. During the rut a mature male deer may travel up to ten miles a day, picking fights and looking for love around every mountain. Females are much smarter than that and save their energy for survival. Fat and protein are the key nutrients of fall which are gained mostly by eating acorns, beech nuts, apples,

berries, agricultural crops, clover, grasses, legumes and browse. Moose tend to stick with browsing woody plants, and there aren't many small trees a moose won't eat (ask any forester or Christmas tree grower). These foods not only build fat supply, they are also the foods that moose and deer eat all winter, especially browse.

The foods of hunting season are the ones we most commonly associate with deer; however, these foods really are just the tip of the iceberg. It takes the nutrition of a variety of foods eaten throughout the year to enable them to grow their antlers big and strong to help them dominate during rut and endure the hard winter.

Not all Times are Trendy but there will always be Trendy Times

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# 14 Growing Raspberries Workshop

# Conservation Plant Sale and Workshop Benefits Landowners and Wildlife

Grafton County Conservation District (GCCD) and Grafton County University of New Hampshire Cooperative Extension (UNH CE) are excited to offer an indoor workshop on growing raspberries. The workshop will be held on Tuesday, February 23 at 1:00pm at the UNH Cooperative Extension Conference Room, Grafton County Complex, Route 10, North Haverhill.

When growing raspberries it is important to select a variety that suits your site and tastes. Heather Bryant, UNH CE Agricultural Resources, will review basic raspberry biology, evaluating

your site and preparing your raspberry bed, selecting an appropriate variety, planting, pruning, harvesting and storing your berries. Heather will discuss how and when to trellis your raspberries, and provide some basic plans for your trellis. Finally, Heather will provide information on weed and disease management. This is a great opportunity to ask your questions and grow your best raspberries ever! The workshop is free and open to all. Please join us for this informative workshop. Call Pam at: (603) 747-2001, ext. 103 if you plan to attend so that we have handouts for everyone.

The Grafton County Conservation District (GCCD) is now taking orders for the 2010 Conservation Plant Sale. Plants are selected for environmental benefits such as reforestation, wind and sound protection, shade, bank stabilization, wildlife food and cover, pollinators and aesthetic value. The plants are sold as bare-root stock, or in small containers. Healthy, hardy plants adapted to our growing conditions are offered for sale. The Plant Sale is GCCD's biggest fund raising activity each year. The money raised from this sale is used to support District programs and educational activities including distribution of stewardship materials to elementary schools, North Haverhill Fair display, tours and workshops.

Each year GCCD selects

a variety of flowers and shrubs attractive to landowners and wildlife. Groundcovers and shrubs can be used for soil stabilization and borders. Many shrubs provide food and cover for wildlife, attractive foliage, flowers and fruits. Some of the plants we are offering include Blue Chip juniper, nannyberry, spice bush, red osier dogwood, elderberry, cranberry, lilacs and American hazelnut. The Conservation District sells balsam and Fraser fir, American arbutus, American mountain ash, sugar maple and black walnut trees. A variety of apples, strawberries, blueberries and raspberries are also for sale.

The District offers different plants each year to meet the varying needs of landowners. To receive more information on the Conservation Plant

Sale and an information packet contact Grafton County Conservation District at 747-2001, ext. 103 or email: [pamela.gilbert@nh.nacd.net](mailto:pamela.gilbert@nh.nacd.net). The 2010 Plant Sale Order Form and Plant Descriptions are also available on our website at: <http://graftonccd.org>. The deadline for ordering plants is March 10, 2010. The plant orders must be picked up at Windy Ridge Orchard in North Haverhill on Friday, April 30 or Saturday, May 1, 2010 for spring planting.

A Planting and Pruning Workshop will answer many questions landowners have about planting fruit and softwood trees. This workshop will be held at Windy Ridge Orchard, Route 116/Benton Road, North Haverhill, starting at 5:30 PM, Friday, April 30, 2010. Our host, Dick Fabrizio, will demonstrate planting and pruning methods for apple trees, and share his knowledge and expertise on apple tree care. Dave Falkenham, UNH Cooperative Extension Forest Resources Educator, will demonstrate planting techniques and discuss site considerations for planting balsam and Fraser fir. Dave will demonstrate how to prune your trees into shapely specimens, and discuss fertilizing and pest management. Dick and Dave are always willing to answer your questions. Feel free to join us at this informal, but informational workshop. Please call Pam at 747-2001, ext. 103 if you plan to attend so that there will be enough handouts for everyone.

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*Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason, of course you will need to be really out there for us to turn you down. However, we do reserve the right to make slight changes to submissions for readability purposes. Thank you for your understanding.*



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# Haverhill Candidate Luncheon

Town Meeting Day in Haverhill is right around the corner. Balloting for town and school officials and some other items will take place during the day at the Morrill Municipal Building in North Haverhill. The polls are open from 8 am until 6 PM on Tuesday, March 9. The town meeting will take place later that evening, convening at 7:30 PM. The School meeting in Haverhill happens about 9 days later on Thursday, March 18 at 7 PM.

Voters will be asked to make many choices during these meetings following discussion. When it comes to making choices about elected officers, it is up to the voters to get information ahead of time and to make informed decisions.

In an attempt to get some of that information out to the public, one local service group has set up a Candidate's Luncheon. The Good Old Boys meet on a monthly basis for a lunch and to hear from a speaker. For March they will meet on

Monday, March 1 and have invited all candidates running for office on the Town and School ballots in Haverhill (where most members of the club call home).

The luncheon is held at the Happy Hour Restaurant in Wells River where a lunch, included soup and sandwich, is served for eight dollars. For this particular event all are welcome to attend, whether a member of the club or not.

If you have further questions about the Club or this particular lunch meeting please contact Ed Patten at 603-787-6280.

There will be at least two chances for voters of Haverhill to meet those vying for a seat on the Board of Selectmen. A candidates' forum will be hosted by the Republicans of Haverhill New Hampshire (ROHNN) on Tuesday, February 23rd. The forum will be held at 6:30 PM at the VFW hall on Benton Road, Route 116, in North Haverhill. Parking is mostly behind the building and all are encouraged to attend and bring your questions.

The voters will have a choice this year as there are two candidates looking for

# Candidates Forum By ROHNNH

the same seat. This is a two year term created because Peter Conrad, who was elected last year, resigned during the year. Lynn Wheeler was appointed by the board to finish this year and she is now in a race with Wendy Worcholik.

Also on the ballot for Town Meeting Day on Tuesday, March 9 is incumbent Select Board Member Rick Ladd. He currently serves as chair of the board and is also a New Hampshire State Representative.

The other seat on the five member board currently be-

longs to Robert Maccini, who is not running for reelection. That seat has Wayne Fortier looking for votes. Wayne is a former School Board Member and chair, and is also a former Haverhill Police Chief.

The ROHNNH have also invited all other candidates for public office in Haverhill to attend and participate in the forum.

This is an excellent chance for the voters of Haverhill to meet those who will be looking for votes on March 9. It is also an excellent time to ask questions and get answers.

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Trendy Times has received letters from some of the candidates looking for votes in the upcoming Town Meetings in New Hampshire. These letters will, as promised, be published in our March 2 edition. We are still looking for any other candidates who would like to take advantage of this opportunity to send us their letter of up to 300 words for publication. This offer is good for any candidate for any office that will be voted for on March 9, 2010. This includes those who do have competition as well as those who are running unopposed. It is an opportunity to let the voters better know who you are and what you stand for.

Deadline for submission is Thursday, February 25 at 5 PM. A large thank you to those who have already submitted letters.

Gary Scruton, Editor, Publisher

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By Ronda Marsh

## Chinese Beef & Broccoli



This is a truly spectacular but simple version of a popular Chinese take-out dish, which you can easily make yourself. It goes together really quickly, and with the addition of some plain white rice, you have a complete meal. The recipe comes from a gal named Jaden, who has a food blog and has published "The Steamy Kitchen Cookbook." Because I like things with a bit of spice, I also add some red pepper flakes; but that is not part of her recipe, so feel free to eliminate them if you prefer. The only rather different ingredient involved here is oyster sauce, which is crucial to this recipe and is readily available on the local grocery store's international aisle. Now please don't wrinkle up your nose and get all nervous about this possibly unfamiliar condiment. Millions of Asians use it everyday, like we use ketchup, and it is in a lot of Chinese dishes that you may have already eaten. Essentially, it is oysters that are cooked down until they caramelize into a thick, brown sauce. There is no fishy flavor because it dissipates as it condenses, so the end result does not smell or taste like a fish-based product. Really. Truly. I wouldn't fib! The better brands don't usually have MSG, but if you are sensitive, watch the ingredients list. Believe it or not, the original oyster sauce (Panda brand, by Lee Kum Kee) was not available in the U.S. prior to Richard Nixon's presidency, when he opened up trade relations which allowed its export. Since he rarely did anything without some personal benefit, I bet Nixon immediately returned and gave the first jar of oyster sauce to his chef!

- 1 lb. top sirloin or flank steak, thinly sliced across the grain into 1/8-inch thick strips
- 1 broccoli crown, cut into bite-size florets
- 1 tablespoon vegetable oil
- 1 tablespoon minced garlic
- 1/2 teaspoon crushed red pepper flakes (optional)

### BEEF MARINADE

- 1-1/2 teaspoons soy sauce
- 1 teaspoon cornstarch
- 1/2 teaspoon vegetable oil
- Freshly ground black pepper to season the beef

### STIR-FRY SAUCE

- 3 tablespoons oyster sauce
- 2 teaspoons dry Sherry or Marsala
- 2 teaspoons balsamic vinegar

In a bowl, combine the ingredients for the beef marinade. Add the beef and let marinate for 10 minutes at room temperature. In a small bowl, mix together the ingredients for the stir-fry sauce. In a wok or large sauté pan, add 1 inch of water and bring to a boil. Add the broccoli and cover to steam for 3 minutes. The broccoli should be bright green, crisp-tender and you should be able to pierce the stem with a fork. Drain. Discard the water in the pan and dry the pan well. Set the pan over high heat and when hot, add the vegetable oil and swirl to coat. Add the garlic (and red pepper flakes, if using) and fry for 15 to 30 seconds, until fragrant. Add the steak strips, keeping them in one layer and fry 30 seconds. Flip the strips and fry the other side. Pour in the Stir-fry Sauce and stir to combine. Simmer until the sauce is thick enough to coat the back of a spoon, about 30 seconds. Add the cooked broccoli back into the pan and toss to coat well. Serves 4.



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