

A FREE PUBLICATION

TRENDY TIMES

20 Pine Street, Woodsville, NH 03785
Phone: 603-747-2887

Next Issue: Tuesday, September 20
Deadline: Thursday, September 15



Email: Gary@TrendyTimes.com
Website: www.TrendyTimes.com

SEPTEMBER 6, 2022 VOLUME 13, NUMBER 24

Maria Bamford Performs Live at The Colonial Theatre

Acclaimed comedian and actor Maria Bamford will perform live at The Colonial Theatre in Bethlehem, New Hampshire, Friday, September 16th.

Maria Bamford is revered for her deeply personal and experimental comedy about mental illness. She starred in the surreal, semi-autobiographical Netflix comedy series *Lady Dynamite*, about a comedian who suffers a nervous breakdown, and is the star of three unconventional hour-long stand-up specials: *Weakness is the Brand*, *Old Baby*, and *Maria Bamford, the special, special, special!* Maria was the first female comic to have two half-hours Comedy Central Presents specials and

starred alongside Patton Oswalt, Zach Galifianakis, and Brian Posehn in the Comedy Central series *The Comedians of Comedy* and Netflix's *Comedians of Comedy: The Movie*. She also created and starred in the cult hit web series *The Maria Bamford Show*, in which she plays all the characters.

Maria is often recognized for her prolific voiceover work, including characters on *Big Mouth*, *BoJack Horseman*, *Summer Camp Island*, *Adventure Time*, *Talking Tom and Friends*, *Bob's Burgers*, *Legend of Korra*, *Puss in Boots*, *CatDog*, and PBS's Emmy-winning series *Word Girl*. She also stars as Tilly Mulch in *Team Coco's* scripted podcast

Frontier Tween. Maria played DeBrie Bardeaux on Netflix's *Arrested Development* and recurred on the ABC hit series *Fresh off the Boat*. She is the 2014 winner of the American Comedy Award for Best Club Comic. Maria's late-night appearances include *CONAN*, *The Tonight Show*, *The Late Show with Stephen Colbert*, and *Late Night with Seth Meyers*.

Maria Bamford Live at The Colonial is sponsored by MLK & Company and Persimmon Consulting.

Member General Admission tickets for Maria Bamford are \$44, Non-member General Admission tickets are \$52, and Front and Center tickets are \$60. Tickets and information are available online at

www.BethlehemColonial.org

The mission of the Friends of The Colonial is to inspire and invite participation in the cultural conversation by preserving and improving this historic landmark theatre, providing high-quality film and performing arts programming and quality family entertainment, and offering a vision of small-town revitalization based on the arts.

To learn more about upcoming movies and events, purchase tickets, or become a member or volunteer please visit www.BethlehemColonial.org. While you are there, sign up for regular email updates or follow The Colonial on Instagram (@bethlehemcolonial), Facebook (Facebook.com/BethlehemColonial), or Twitter (@ColonialNH).



Dicks Field & Tree
Field Mowing, Tree Work, Driveway Repairs, Firewood, Trucking
802-359-2478
cm3cando@hotmail.com

Looking to hire Tent Installers & Inventory Associate.
• **Motivated individuals**
• **40+ hours a week**
• **Team-oriented Company**
• **Starting at \$17/hour.**
www.abbottrental.com or
502 Union St, Littleton
ABBOTT RENTAL & PARTY STORE

Jackson Antiquarian Books
Used & Rare Books
Next to Village Eclectics 2
Main St., Bradford, VT
Open M-Sat 10-5:30
802-449-3330

ANTIQUES & EMPORIUM
ALWAYS BUYING GOLD, SILVER, FURNITURE & COLLECTIBLES
182 S. WHEELLOCK ROAD, LYNDONVILLE
802-626-3500
OPEN DAILY 10 AM - 5 PM

WIZARD OF PAWZ GROOMING
Plain Rd. Bath, NH
Quality Grooming, Affordable Pricing
603-747-4171

ALWAYS FIT ATHLETIC CLUB LLC
alwaysfitathletic.com
603-747-8006
Woodsville, NH

NEW CLASS STARTING 9/12
Bootcamp with Cheyenne Dunnells
Mon/Wed/Fri • 5-5:45 am

Bootcamp is a high intensity interval training class that mixes body weight exercises with cardio and strength training.

INTERIOR & EXTERIOR PAINTING
Restoration of All Things Wood & Drywall
Remodeling & Sanding of All Floors
Plus the Honey Do Lists
Jim Jellison (603) 991-7251

Melanie's Woven Memories
Handwoven Caring - Splint - Rush Seating
Shaker Tape - Baskets - Minor Repairs
Competitive Pricing - Quality Work
Melanie Miller • 802-467-1326
melaniemiller58@yahoo.com
www.melanieswovenmemories.com

Village Eclectics 2
Antiques, Vintage Collectibles, Local Crafts, Books
OPEN MON.-SAT. 10:00-5:30
Corner Main & Bank St. Bradford

TATTOOS & PIERCINGS
603-444-7800
301 Cottage St., Ste. 6A
Littleton, NH
inked again

Brad Bailey, Agent
40 Main Street
Littleton, NH 03561
Bus: 603-444-4420
brad.bailey.mib@statefarm.com
State Farm, Bloomington, IL 2001739

THOMSON FUELS
PROPANE | HEATING OIL | OFF-ROAD DIESEL

Competitive fuel prices
Burner cleanings
Heating installations & replacements
Water heater installations & replacements

MON-FRI 8-5
802.222.3330
THOMSONFUELS.COM
177 MAIN ST. BRADFORD, VT
 THOMSONFUELS

WOODSVILLE POWER EQUIPMENT
SALES * SERVICE * PARTS * REPAIRS
Now Moved to:
4942 Dartmouth College Highway, Woodsville, NH

603-747-2322 WoodsvillePowerEquipment@yahoo.com

Antique Junction
144 Main Street, Bradford, VT
Vintage, antique & unique items
802-449-3121

Visit our **DISPLAY WINDOWS** at 200 Main St, the old Aubuchon storefront

HOUSEWRIGHT CONSTRUCTION, INC.

New Construction / Remodeling / Design-Build
Restoration / Reproduction / Custom Woodworking
EPA Land Safe Certified Firm / Renovator

802-866-5520
www.housewright.net
5365 Main Street S • Newbury, VT 05051

- Life Insurance
- Disability Insurance
- Retirement Planning
- Long Term Care
- College Planning

Main St. N., Wells River, VT
802-588-5035
nate@nmafinancial.com
www.nmafinancial.com



TRENDY Dining Guide

Eating While Cruising

by Gary Scruton

Another item was crossed off my personal bucket list during the end of August. My wife and I went on a cruise. We went with my sister and her husband who are well experienced in the cruising world. For us it was very much a rookie adventure.

After losing out two Januarys in a row (due to COVID-19 cancellations) on taking a cruise (both scheduled for the Western Caribbean) we instead headed north by way of Canada and then to Alaska.

The cruise actually departed from Vancouver, British Columbia, with stops in Juneau, Sitka, Icy Strait Point and Skagway before we ended the cruise in Seward. From there it was a 120 mile bus ride to Anchorage and then flights back to New

England.

But this column is about food, and eating, both of which were more than plentiful on board ship. I had a couple of cruising friends tell me that I should expect to gain ten pounds while on the cruise. My official weight gain was only four, but that was a couple of days after the cruise which included much traveling and therefore a lack of eating, at least on a regular and sustained basis. But let's get back to the food.

Our on board status included a standing reservation for the 5:15 meal in the main dining hall on the ship. I will tell you we did not miss any of these meals. The service was more than outstanding. Our head water and his assistant took care of four tables of four guests each. Some nights all four were

full and one night only our table had guests seated. Whatever the case we were served promptly, they remembered what we did or did not want, and did it all with a smile (you could tell even if they were wearing masks, as were all crew members, but not most guests). It did take a bit getting used to when the waiter placed your napkin on your lap, and when the entree was done, they swept the tablecloth clean before bringing the dessert. There was also the removal of silverware after each course, and even the rearrangement of the remaining silverware before dessert to ensure you were prepared for the next taste treat.

In regards to the menu, it changed each day. There were some standards that appeared each

day, but there were also some different dishes each day. Another difference, at least for me, was that being a three course meal, you were asked to pick an appetizer, an entree, and a dessert at the beginning of the entire process. Of course our waiter was more than happy to make recommendations each night and it was very quickly noticeable that he knew what he was talking about.

Let me get away from my experience for just a moment and mention how my brother-in-law handles cruise dinners. The very first night, when handed a menu, he handed it back and simply said bring me something that no one else at our table has. I don't even want to see another menu all week. And that is precisely what happened. Paul never asked for something different once served, even though he was given ample opportunity, and he clearly stated that he enjoyed every dish that was placed in front of him.

This was the main dining room and we ate our evening meal there each day. But there were plenty

of other choices. Most days we took advantage of a buffet style serving area for breakfast and lunch. There seemed to be several "standard foods" but there was an area where you could custom order some items. And if you missed getting a beverage there was waitstaff circulating that were more than happy to fulfill your requests.

We also took advantage of one other spot. It was another large dining room that did not require reservations and served all three standard meals. The difference was that once you were seated, you were given a menu, placed your order, and just sat back to be waited on. Again, no complaints about any food any of us were served.

I should also mention that there were other stations around the ship that offered beverages, snacks, and a host of other taste tempting items.

Bottom line? I ate too much and am surprised I did not gain that 10 pounds. But it is a trip I will long remember for a multitude of reasons.



POLLY'S PANCAKE PARLOR

HOURS:
 OPEN: MONDAY - FRIDAY
 7:00 AM - 2:00 PM
 SATURDAY & SUNDAY
 7:00 AM - 3:00 PM

Mail Order of our products continue online
www.pollyspancakeparlor.com

I-93 Exit 38, Route 117
 Sugar Hill, NH
 (603) 823-5575
www.pollyspancakeparlor.com

Peyton Place Restaurant
 MAIN STREET • ORFORD, NH •

Full Menu Thursday - Saturday 5-9 PM
 Gourmet Pizza & Salad Sundays!
 Patio Seating - Weather Permitting
FAMILY OWNED AND OPERATED SINCE 1993

RESERVATIONS ACCEPTED • WALK-INS WELCOME

603-353-9100 www.peytonplacerestaurant.com



Breakfast All Day  **Daily Specials on Facebook**

Now Serving Hard & Soft Ice Cream 

OPEN: Sun., Mon. & Tue. 8 am - 3 pm
 Thu. & Fri. 8 am - 3 pm • Saturday 8 am - 1 pm
 CLOSED WEDNESDAY

378 Railroad St., St. Johnsbury, VT

Open For
 ★ Dine In • Take Out ★
 8 AM - 6 PM Tuesday - Saturday
 CLOSED SUNDAY & MONDAY
 See Our Full Menu On FACEBOOK

**Breakfast, Lunch & Prepared Meals
 Catering, Ice Cream & Fresh Fudge**

2 Pine St., Woodsville, NH 03785 603-243-0555

TUTTLES FAMILY DINER
 41 Main Street, Wells River

Now Home of School House Bakery

MONDAY CLOSED
 TUES. 6:00 AM - 2:00 PM
 WED., THURS., & FRI.
 6:00 AM - 7:00 PM
 SAT. 6:00 AM - 2:00 PM
 SUNDAY 7:00 AM - NOON

Gift Certificates Available **802-757-3333**

HUNGRY BEAR PUB & GRILL
 since 1971

Jct. of Rts. 5 & 15 Exit 16 off I-91
 776 Lower Plain, Bradford, VT 05033
 (802) 222-5288
www.thehungrybearpubandgrill.com
 Daily Lunch & Dinner Specials
 Full Bar & Vermont Craft Beers
 Best Pub Fare Around!
 Follow us on Facebook to receive daily food & Drink specials

TWIN LOBSTER DINNERS THURSDAY'S IN JULY & AUGUST.
 SERVED WITH A FRESH EAR OF CORN, HOUSE MADE COLESLAW & BUTTER. \$30.
 In house dining only. While they last!

Sunday Funday
 \$6. Bloody Mary's & Mimosa's
 \$3.5 Bud Light Aluminum Bottles
 Live Local Music Every Sunday 2-5pm

Live Local Music On The Patio Thursday's & Friday's 6-9 pm

Woodsville Village Pizza
 179 Central Street, Woodsville, NH **603-747-8111**

Better Ingredients - Better Food

Open Tue. - Sun. 11 am - 9 pm

Pizza, Grinders, Meals, Salads, Sandwiches, or try the Village Sampler

Items made from Scratch 

Jay's FAIRLEE DINER

Route 5, Fairlee, VT 802-333-3569

Open for Breakfast 6:30 - 11:00 AM
 Serving lunch 11 AM - 2 PM
 Closed Monday & Tuesday

See us on Facebook 

Trendy Dining Guide Ads
 This Size Ad: \$125 for 6 Issues,
 Or 13 Issues for \$225.
 Plus You Get a Restaurant Review
 For More Details
 Contact Gary @ 603-747-2887
 or Email: Gary@TrendyTimes.com

“Back to the Future: Life in Newbury 150 Years Ago”

The Newbury Historical Society will hold its final summer program on September 11, 2022 with a tour of five pre-Civil War homesteads in Newbury. Have you ever wondered what it was like to live in Newbury in the 19th century? The tour will travel as a group to visit five houses, talking with their current owners about their history, their changes, and what life was like for their original occupants.

The tour starts at 2pm in South Newbury. Space is limited and reservations are required. For further information and to reserve your spot, email cynthia.maltbie@gmail.com or leave a voicemail at 802 429 2226. You will receive detailed information once your reservation is confirmed. This tour is free and open to the public but donations to the Newbury Historical

Society are gratefully accepted.

The tour is not fully accessible. There will be an outside presentation at each stop. Most houses have small stairs so entering the houses may be difficult for some.

The tour will end at about 5pm at the Newbury Historical Society Schoolhouse museum in West Newbury for light refreshments with an exhibit of photography by Newbury Photographer Chris Esten and images of the Wells River Schoolhouse from 1874 -2022 assembled by Emmy Houseman, Newbury Historical Board member.

The Newbury Historical Society is dedicated to preserving the history of Newbury, South Newbury, Wells River, West Newbury and surrounding areas.

Weeks State Park Autumn Wildflower Walk

by Linda Scherf for Weeks State Park Association

Fall is near and it is time to get outdoors to enjoy the signs of season's end. Please join us for this free wildflower walk led by field ecologist and botanist, Matt Peters, who has over a dozen years of experience studying the flora, fauna, geology and soils of Weeks State Park. Matt has led nature walks at the park for many years.

Meet at the parking lot

at the start of the scenic auto road up Mount Prospect at 1:00 PM on Sunday September 11, 2022. Bring a hand lens and flower guide if you like and dress for the weather. A paper list of common fall wildflowers will be provided at the assembly point. The free program ends at 4:00 PM.

Matt Peters is a consultant field ecologist and botanist for the Vermont Fish and Wildlife Department. He compiles inventories of natural commu-

nities and rare plants in New Hampshire and Vermont.

Weeks State Park is located on the east side of Route 3, approximately 2 miles south of Lancaster, NH.

The summer programs are sponsored by the Weeks State Park Association, NH Division of Parks, and UNH Cooperative Extension. "Thank You" to our local business supporters who help make the program series possible.

Singin' The Blues

by Maggie Anderson

If you've ever seen a video of somebody on a merry-go-round hanging onto a spoke with a white-knuckled grip while his fun-loving dad, or cousin, or sibling spins the thing faster and faster, you get a glimpse of what life has been for me this past couple of weeks.

From a season flying past with the speed of a four-year-old trying to avoid bedtime, to conversations swirling around all the political high points and low on top of life's ordinary events, my last two weeks have left me breathless.

This afternoon I had a conversation with a young woman who raised her four children nearly single-handedly, and is now irked on behalf of her children,

one who has completely paid off his student loans, mainly by living ultra-frugally in a camper without power or running water all through his college years, and paid off his student loans shortly after graduation – sadly for him – five years ago.

She never had anything close to a hundred and twenty-five thousand dollars a year in her life, and her kids, though the whole forgiveness ruse was supposed to take the burden off those who could not afford to pay the loans back without undue stress, will not see a dime in loan forgiveness of any kind.

My personal take on loan forgiveness is it gives students the impression that, if their burden seems unwieldy somebody will make it easier for them to

ignore the contract they've already signed. It allows them to believe their signature on a contract, promising to pay back what they got when they needed it means nothing at all.

How then do we expect them to understand if they sign a contract to purchase a new car, the dealership takes it back if they don't make the payments, and the dealership does not forgive the loan because things are tough for the buyer.

Plus all those who paid their student loans off as they agreed, and all those metriculating afterward are wondering, why they get nothing back, or why they have to cough up the cash before school starts, "if they didn't have to honor their obligations why must I" sort of mentality. It's the proverbial can of worms.

Besides all of the political noise coming at us from every direction ahead of the midterms, I have spent the past week holding my breath awaiting results of tests, always an excruciatingly long wait, my oldest daughter underwent in order to determine whether or not she had a malignant tumor.

The results are in and I can finally exhale again. I'm happy about this, it was not a pretty shade of blue.

TRENDY TIMES
Now Printing 9,000
Copies Every Two Weeks



Tax-Free NH

Budget KB

Kitchens & Baths to fit any budget!

Kitchen & Bath



We offer Sunnywood vanities, JSI Cabinetry, WF Cabinetry and Covered Bridge kitchen, bathroom and specialty cabinets. Laminate, Butcher Block, Solid Surface, Stone and Quartz counters as well as Goodfellow flooring.

Budget Millwork

Therma-Tru Doors • Jeldwen Doors • Pine Doors • Primed Doors • Bifold Doors • Bipass Doors • Silverline Windows • Windsor Windows • Steel Roofing • Vinyl Siding • Special Orders

Design Services, Free onsite visits and quotes for all design projects.

Contact: **Rebecca 603-787-2517**

OPEN MONDAY - FRIDAY 8:00 AM - 4:00 PM
CLOSED SATURDAY & SUNDAY

1143 Clark Pond Road, N. Haverhill, NH 03774
E-Mail: rkinerson@yourbudgetlumber.com
woakes@yourbudgetlumber.com
603-787-2517

GATEWAY
WELLS RIVER • WOODSVILLE

GATEWAY SPORTS
802-747-2300
Tue-Fri 9am - 5pm
Sat. 9am - 4 pm

25 Railroad Street
Wells River, VT

Friendly Knowledgeable Sales Staff
Buy & Sell Ammo & Accessories
Large Selection of Firearms
Pistols & Revolvers
Bolt Action & Semi-auto Rifles
Muzzleloaders • Crossbows • Scopes

We also carry fishing supplies
We can special order or try to find what you are looking for.
Large & small caliber pistol & rifle ammunition
Reloading Supplies
Layaway program to work with your needs

Welcome Consignments
We sell on "Gunbroker" as Grizzly10

OVER 2000
BROKEN-IN TIRES
MANY SETS OF 4



CANON TIRE
1-91 Exit 8, Ascutney, VT
802-674-5600
NEW TIRES TOO!!!

Bradford Dog Park Grand Opening

Bradford, Vt. — Celebrate the arrival of fall with the season's premiere grassroots culture and entertainment event, the Bradford Dog Park Grand Opening on Sat., Sept. 24 from 12-5 p.m.!

There will be plenty for kids, canines and grown-ups in a fun-filled day featuring free doggie goodies, a dog show and obstacle course, and games and activities for kids.

Chow down with food and drink vendors including Lady's Heart & Soul Catering, Sweet & Savory Bakery and Mamma

Boocha, the latter equipped with locally crafted canine treats and swag.

Rock out in the Elizabeth's Park Pavilion from 2-5 p.m. with performances from local icons The James Graham Trio and The John Lackard Band!

The Bradford Dog Park Grand Opening is sure to please. See you at Elizabeth's Park!

Presented by Bradford Parks & Recreation.

For more information, visit facebook.com/bradfordparksandrecreation or contact bprc@bradford-vt.us.

Why I Support Chuck Morse for US Senate from New Hampshire

Op-Ed by Tom Thomson
Tree Farmer, Orford, NH

Chuck Morse has served his neighbors in Salem as both a Town Selectman and Moderator, then served New Hampshire as a State Representative for two terms (1998-2002) and then was elected to the State Senate in 2002-2006 and reelected again in 2010 to the present. He served as Chair of the Finance Committee and in 2013 he was elected as the President of the N.H. State Senate.

Chuck Morse and his wife Susan run a very successful business "Freshwater Farms" in Atkinson and employs more than 50 Granite Staters. When Chuck returned to the N.H. Senate in 2010, he found the Democrats had left our State with a \$800 million dollar deficit. Using

his good business skills, he led N.H. back on a sustainable, fiscally responsible spending path without raising taxes. At the end of July, N.H. enjoyed a \$429.7 million dollar revenue surplus, thanks to Senator Morse, Governor Sununu and many other statewide Republicans.

Because of Chuck Morse's many town and state elected positions and his successful business skills he has led the way as New Hampshire President of the Senate in cutting taxes for New Hampshire businesses by lowering business taxes and successfully started the phase out of the interest & dividends tax in our state. Chuck Morse wants to take his New Hampshire business skills to Washington DC and serve New Hampshire's tax-

payers as he has done as President of the NH Senate.

It was reported in the NH Sunday News on Aug. 14th that Democrat Senator Maggie Hassan raised \$26.6 million dollars for her US Senate reelection. The amount is shocking to most N.H. voters, but what they may not know is that 90% of her \$26.6 million comes from out of state donors from New York to Los Angeles.

Senator Hassan has outraised five of the Republican candidates by a 9 to 1 margin. But it gets worse, three of the five Republicans received more of their donations from out of state. However, NH Senate President Chuck Morse has received 90% of all funds from his N.H. friends and neighbors and he has promised to represent all N.H. citizens while serving them in Washington DC, and not the out of state donors that are "Bankrolling" Senator Hassan's reelection.

I know of no other N.H. 2022 US Senate Candidate that is more qualified to serve as our next N.H. US Senator than Chuck Morse who will take his proven leadership skills and tax cutting record and start on day one to protect the pocketbook of every New Hampshire Taxpayer.

I encourage everyone to be sure to get out and VOTE on Primary Day, Sept. 13th.

Remember Senator Hassan continues to support Joe Biden's Open Border policy, (this July a total of 200,000 illegal immigrants walked into the United States, and for the first 9 months of 2022 over 2 million have crossed the southern border into the U. S.), Senator Hassan also voted for Higher Taxes, Increased Spending, and the Highest Inflation rate (9.1%) in the past 42 years. While Chuck Morse has pledged to Secure our Borders, Lower Taxes, Control Spending and Fight to reduce Joe Biden and Senator Hassan's highest inflation in the past 42 years.

I am proud to support N.H. Senate President Chuck Morse for US Senate, please join me on Sept. 13th Primary Day and VOTE for Chuck Morse.

Volume 13 Number 24

September 6, 2022

Not all Times are Trendy, but there will always be Trendy Times

PUBLIC NOTICE

The Town of Haverhill has contracted with C.W. Witcher to demolish 42 Ammonoosuc Street in the Village of Woodsville, NH.

This work will begin on Wednesday September 7, 2022, and is expected to take a week. Residents are asked to avoid both Gibson Place and Ammonoosuc Street, if possible.

Questions may be directed to the Town Administration Office at 603-787-6800

Harman's
Vintage 2020
Aged Cheddar

Harman's Cheese & Country Store
1400 Route 117 -Sugar Hill, NH 03586

**Open 7 Days a Week
9:30 am - 4:30 pm**

Phone: 603-823+8000 • www.HarmansCheese.com

LIVE! THE COLONIAL

AWARD WINNING COMEDIAN

MARIA BAMFORD

Stephen Colbert called her his "favorite comedian on earth" and Judd Apatow said she is "the funniest woman in the world."

**FRIDAY
SEPT 16
8 PM**

Doors & Patio Open @ 7
Serving Beer & Wine

TICKETS: \$44, \$52, \$60
Online at BethlehemColonial.org
& Cotamont Arts Box Office
St. Johnsbury, VT

Sponsored by MLK & Company
and Persimmon Consulting

MULTI GRAMMY AWARD WINNERS

BEAUSOLEIL

avec
Michael Doucet

"The best Cajun band in the world!"
—Garrison Keillor

"They play music that's honest to the bone!"
—Allen Toussaint

SATURDAY, SEPT. 24 • 8 PM

DOORS & PATIO OPEN AT 7 SERVING BEER & WINE

TICKETS: \$32, \$40. Online at BethlehemColonial.org
& Cotamont Arts Box Office, St. Johnsbury, VT

Sponsored by Barbara & Sandy Strain, Scott Hunt, and Woodstock Inn Brewery

THE COLONIAL THEATRE
2050 MAIN STREET, BETHLEHEM, NH • INFO LINE: 603 869 3422 • Bethlehemcolonial.org

Code for UV Announces Impact Sprint Designation and Partnership with ValleyNet, Inc.

Bradford, Vermont: Code for Upper Valley (UV) is pleased to announce the inclusion of its RuralNet application as one of 12 projects in the Impact Sprint program of its parent organization, Code for America. The Impact Sprint program seeks to empower volunteer software engineers by providing project management support and encouraging partnership with local organizations. Code for UV is partnering with ValleyNet as part of its mission to provide fiber internet to the home of every resident of the towns it manages on behalf of the East Central Vermont Telecommunications District ("ECFiber") and Lyme Fiber.

RuralNet was born out of a Community Pitch Night in November 2019 hosted by The Space On Main, Code for UV's fiscal sponsor. The project was pitched by Edward Childs and Claude Phipps, then board members of the REDI project to provide fiber broadband to residents of Newbury, VT. Newbury joined the ECFiber Communication Union District in May of 2020. RuralNet is a web application that enables crowd-sourced internet speed reports to be displayed in a map format. These are speeds that subscribers actually experience at their service

location, which often differ from the speeds announced or advertised by their internet service provider.

Tom Cecere, the CEO of ValleyNet, plans to provide the RuralNet app as a tool for his installers and customers to document and verify delivered broadband speeds. Jennifer Lynn, the project manager for RuralNet, is also exploring ways to partner with Code for America's National Action Team for broadband access and their efforts to promote the Affordable Connectivity Program. The Code for UV brigade is led by co-captains Craig Mackenzie and Arlene Guest and in addition to Jennifer Lynn, includes a team of talented local developers, including Colby Hemond and Eshin Jolly.

About Code for UV (codeforuv.org): Code for UV is a Code for America Brigade, or local chapter, focused on improving the lives of residents of the Upper Valley region of Vermont and New Hampshire. Code for UV is sponsored by The Space On Main and made up of individuals who are interested in changing the Upper Valley for the better. We work with local government and nonprofits to fix local services, utilize open data to improve citizen knowledge, and work for the better-

ment of all. There are plenty of opportunities to use your skills. Even if you are not a tech type, we can still have opportunities for you to contribute. Become part of a movement to improve our community!

About Code for America (codeforamerica.org): Code for America is a non-partisan, non-political nonprofit organization founded in 2009 to address the widening gap between the public and private sectors in their effective use of technology and design. The organization works to improve government services for all, starting with those who need them most. The organization began by enlisting technology and design professionals to work with city governments in the United States in order to build open-source applications and promote openness, participation, and efficiency in government, and now works with state, county, and federal government to spread the principles and practices of "delivery-driven government." It has grown into a cross-sector network of public sector change agents and a platform for "civic hacking". The Code for America Brigade Network includes 80+ brigades across the country committed to volunteering in their local communities.

No. Grafton County Democrats to Hold JFK BBQ Dinner with Congresswoman Kuster & NH Senate Candidate Edith Tucker

The annual JFK BBQ Dinner, hosted by the Northern Grafton County Democrats (NGCD), will take place on Sunday, September 18th, at the Sugar Hill Meeting House beginning at 5:00 pm.

Each fall, the NGCD Committee invites current national, state and local candidates to join in honoring former President John F. Kennedy, to look back at past elections, and to celebrate elections to come. Tickets for the all-you can-eat BBQ and festivities are \$44, and can be reserved at <https://northerngraftondemocrats.org/>

As everyone enjoys live music and Chef Joe's excellent BBQ, this year's candidates will speak about their campaigns and their plans when elected. The Keynote Speaker will be Congresswoman Annie Kuster. Among other honored guests will be Edith

Tucker who is running for NH State Senator representing District 1, joined by the winner of the September 13 primary for Executive Councilor. The NGCD Committee also expects to welcome Dr. Tom Sherman, Democratic gubernatorial candidate, along with other candidates from Grafton County and elsewhere in the State. The celebration is a chance to talk with the candidates and join with friends in making plans for electing Democrats up and down the ballot on November 8, 2022.

The Northern Grafton County Democratic Committee supports and promotes Democratic candidates, holds events of interest to Democrats and the general public, and organizes volunteers to work on campaigns. For more information visit its web site at <https://northerngraftondemocrats.org/>

WE BUY & SELL GUNS

<p>CONQUEST EVERCALM Package \$40⁹⁹</p> 	<p>CONQUEST EVERCALM SCENT STICK Rutting Buck Testosterone \$19⁹⁹</p> 	<p>OUTDOOR EDGE WILD-LITE KIT \$36⁹⁹</p> 
<p>OUTDOOR EDGE SWING BLADE \$62⁹⁹</p> 	<p>BLOCK GENZ YOUTH TARGET \$53⁹⁹</p> 	<p>MORRELL YELLOW JACKET YJ-450 Plus Bag \$98⁹⁹</p> 

603-747-2976 • www.bossmanoutdoors.com

BOSSMAN
OUTDOORS

24 Railroad St.
Woodsville, NH



MANLIFT RENT

Day • Week • Month

Trailer Hitch Installations

TOOL BARN, INC.

1233 Lower Plain • Route 5
Bradford, VT

802-222-9311

Mon-Fri 7:30am-4:30pm • Sat 8am-12 Noon



AUTHORIZED DEALER
Weather Tech



Have you ever wondered what it was like to live in Newbury in the 19th century?

The Newbury Historical Society presents:

A tour of five pre-Civil War homesteads in Newbury.

September 11, 2pm -5pm

Space is limited and reservations are required.

Please note the tour is not fully accessible, however each stop has an outside presentation.

The tour ends at the Historical Society's West Newbury Schoolhouse Museum with 2 photo exhibits and light refreshments.

For reservations and questions: Email: cynthia.maltbie@gmail.com or call 802 429 2226.

Free and open to the public - donations gratefully accepted.

Calendar of Events

EVENTS FROM LOCAL NON-PROFITS, SCHOOLS AND TOWNS. *PRESENTED FREE BY TRENDY TIMES.*

TUESDAY, SEPTEMBER 6

ANNUAL MEETING WOODSVILLE WELLS RIVER 4TH OF JULY COMMITTEE
7:00 PM
Baldwin Memorial Library, Wells River

SATURDAY, SEPTEMBER 10

OMELETS TO ORDER BY BRUCE BALCH
8:00-9:30 AM
United Congregational Church of Orford UCC

SUNDAY, SEPTEMBER 11

WORSHIP RETURNS TO MAIN ST. BUILDING
10:30 AM
United Congregational Church of Orford UCC

ACOUSTIC MUSIC JAM

12:00 - 3:00 PM
Clifford Memorial Building, Woodsville

WILDFLOWR WALK

1:00 PM See Article on Page 3
Mount Prospec parking lot, Lancaster

NEW ENGLAND COLONIAL MEETINGHOUSES AND THEIR IMPACT ON AMERICAN SOCIETY"

Alumni Hall, 75 Court St. in Haverhill Corner
2:00 PM See Article on Page 7

PRE-CIVIL WAR HOMESTEAD TOUR

2:00 - 5:00 PM
See Ad on Page 5 and Article on Page 3
Newbury, Vermont Reservations required

MONDAY, SEPTEMBER 12

HVERHILL SELECT BOARD MEETING
6:00 PM
Clifford Memorial Building, Woodsville

ROSS-WOOD AUXILIARY UNIT #20 MEETING

6:00 PM
4 Ammonoosuc Street, Woodsville

TUESDAY, SEPTEMBER 13

NEW HAMPSHIRE PRIMARY DAY
A Ballot Box in Your Home town

WEDNESDAY, SEPTEMBER 14

DIAGNOSING PLANT DISEASES ON THE FARM 4:00 - 6:00 PM
Meadowstone Farm, Bethlehem, NH

ROSS-WOOD POST #20 AMERICAN LEGION

MONTHLY MEETING - 6:00 PM
4 Ammonoosuc Street, Woodsville

THURSDAY, SEPTEMBER 15

NHARNG RETIREE LUNCHEON
Joint Force Headquarters, , Concord

HVERHILL COMMUNITY SURVEY RESULTS

7:00 PM See Ad on Page 9
Clifford Memorial Building, Woodsville

MARIA BAMFORD

8:00 PM
See Ad on Page 4 and Article on Page 1
Colonial Theater, Bethlehem

SATURDAY, SEPTEMBER 17

ANNUAL CHICKEN BBQ
4:30 - 7:30 PM \$15 per person
American Legion Auxiliary Unit 83, Lincoln, NH

SUNDAY, SEPTEMBER 18

BENEFIT TEXAS HOLD 'EM POKER
10:00AM-7:00 PM Cash 1:00 PM Tournament
Moose Lodge 1779, St. Johnsbury

JFK BBQ DINNER,

5:00 PM See Article on Page 5
Sugar Hill Meeting House

TUESDAY, SEPTEMBER 20

HARNESSING HISTORY: ON THE TRAIL OF NEW HAMPSHIRE'S STATE DOG, A NH
7:00 PM See Article on Page 14
Alumni Hall, Haverhill

SAT, SEPTEMBER 24 - SAT. OCTOBER 1

FREE CLOTHING EVENT
9:00 AM - 6:00 PM
Warren N.H. Town Hall

SATURDAY, SEPTEMBER 24

LITTLETON ART FESTIVAL
9:00 AM - 4:00 PM
Main Street Littleton NH

EAST ORANGE CHURCH & SCHOOLHOUSE

FALL FUN DAY
11:00 AM
EO Church, East Orange, Vermont

BRADFORD DOG PARK GRAND OPENING

12:00 - 5:00 PM See Article on Page 4
Elizabeth's Park, Bradford

OLD TYME COUNTRY DANCE

7:30 - 10:00 PM
West Newbury Hall

BEAUSOLEIL IN CONCERT

8:00 PM See Ad on Page 4
Colonial Theater, Bethlehem

SUNDAY, SEPTEMBER 25

ACOUSTIC MUSIC JAM
12:00 - 3:00 PM
Clifford Memorial Building, Woodsville

EVERY TUESDAY

WRITING WORKSHOPS/MAGGIE ANDERSON,
5:00 PM - 7:00 PM (ends October 11)
Joseph Patch Library, Warren

EVERY THURSDAY

WORKING ON WELLNESS
6:00 PM
Monroe Public Library

EVERY FRIDAY

SHARE THE HARVEST TABLE
NOON - 7:00 PM
Baldwin Memorial Library, Wells River.

EVERY SUNDAY

BETHANY CHURCH WORSHIP SERVICES
9:00 AM "the church set apart on the hill"
Mt. Moosilauke Highway, Pike, NH
Phone: jo anne at 603-787-6658

WEEKLY EVENTS AT CLIFFORD MEMORIAL BUILDING

South Court Street, Woodsville
ANTIQUÉ STROLLERS WALKING PROGRAM
Monday - Friday from 11:00-12:00
MOVEMENT AND STRETCH CLASSES Tuesday and Thursday afternoons

September Activities at Horse Meadow Senior Center

Horse Meadow is open daily, Monday-Friday, 8:00-3:00. Grab & Go continues M-F 11:00-11:30, Congregate (inside) Dining - Monday-Friday 11:30-12:30
Bone Builders is for those that are registered in advance. Call 787-2539 to find out more about Zoom activities.

9/1 9:30 Bone Builders, 10:00 Writers Group
9/5 CLOSED for Labor Day
9/6 8:00 Nifty Needlers, 9:30 Bone Builders, 1:00 Shelf Stable Food Pick Up, 10:30 Music by Jane Wilcox
9/7 1:00 Bingo, 1:00 Drums Alive
9/8 9:30 Bone Builders, 10:00 Floral with Jane

9/9 12:30 Herbal Group, Haircuts with Marshall by appointment, Music by Marshall

9/12 10:00 Interfaith Chat, 1:00 Drums Alive

9/13 8:00 Nifty Needlers, 9:30 Bone Builders, 10:30 Music by The BOYZ

9/14 10:00 Veterans Coffee, 1:00 Bingo, 1:00 Drums Alive

9/15 9:30 Bone Builders, 10:00 Writers Group

9/16 HMSC CLOSED for Employee Safety Day, 11:15 Commodities in the parking lot

9/19 NO Drums Alive today, 10:00 Popcorn & a movie in the living room

9/20 8:00 Nifty Needlers, 9:30 Bone

Builders, 1:00 Shelf Stable Food Pick Up, 10:30 Music by Jane Wilcox

9/21 11:00 Book Club Discussion, 1:00 Bingo, NO Drums Alive today

9/22 9:30 Bone Builders, 9/23 12:30 Herbal Group, Music by Marshall

9/26 10:00 Interfaith Chat, 1:00 Drums Alive, 1:00 Caregiver support

9/27 8:00 Nifty Needlers, 9:30 Bone Builders, Music by Jane Wilcox

9/28 10:00 CANDY BAR BINGO, 1:00 Regular Bingo, 1:00 Drums Alive

9/29 9:30 Bone Builders, 10:00 Writers Group

WELLS RIVER WELLNESS HALL

Kelsey Root CHC, RTY
Health Coach and Reiki practitioner
802-757-0101

14 Creamery Street
Wells River, VT
WellsRiverWellness.com

Renee Schulze LICSW
Clinical Social Work/Therapist,
MSW, LICSW, BCD
802-299-7654

Allison Line Andrews LICSW
Clinical Social Work/Therapist
802-274-5120

Sarah Metz LICSW
Clinical Social Work/Therapist
802-589-0791

Rising Spirit Yoga
www.risingspiritryoga.com
1-800-381-0972

Supplements, CBD and Yoga apparel,
Incense and more.

Workshops and specials



Office space available.
Contact Kelsey at
802-757-0101
WellsRiverWellness@gmail.com

Unique Films Find An Audience At The Colonial Theatre

On the heels of the anticipated documentary, "Kurt Vonnegut: Unstuck in Time", The Colonial Theatre in Bethlehem will screen Vonnegut's beloved story "Slaughterhouse 5" on Friday, September 9th. Widely touted as a novel impossible to adapt to the silver screen, "Slaughterhouse 5" was awarded the Jury Prize at the Cannes Film Festival in 1972. Now fifty years later The Colonial Theatre celebrates this unique film with a special anniversary screening.

Unique films are nothing new at The Colonial Theatre which is itself celebrating 107 years of operation. "It is important to us that people can see things here that they would not be able to see anywhere else," says The Colonial's Director of Programming, Susanna Brent, "this is a community that truly loves film and great films, no matter how unique are fully embraced here".

True to their word the whole week is full of unique films. Thursday, September 8th The Colonial screens "Kusama: Infinity", an impressive documentary about the top-selling female artist in the world, Yayoi Kusama. A film that vividly captures the story of an artist who overcame impossible odds to bring her radical artistic vision to the world. Then on Saturday, September 10th starts the feature run of Jordan Peele's sci-fi thriller "Nope". A film that Peele himself has described as "starting with 'Close Encounters' but realizing we're in 'Jaws'". At its heart though, Peele's film is a love letter to the film industry itself spoken in the love language of a classic flying saucer flick – a language in which The Colonial Theatre in Bethlehem is fluent.

General Admission tickets for "Kusama: Infinity" and "Slaughterhouse 5" are \$12, while Member tickets are \$10. Tickets for

"Nope" are \$8 for General Admission and \$6 for members. Tickets and information are available online at www.BethlehemColonial.org.

The mission of the Friends of The Colonial is to inspire and invite participation in the cultural conversation by preserving and improving this historic landmark theatre, providing high-quality film and performing arts programming and quality family entertainment, and offering a vision of small-town revitalization based on the arts.

To learn more about upcoming movies and events, purchase tickets, or become a member or volunteer please visit www.BethlehemColonial.org. While you are there, sign up for regular email updates or follow The Colonial on Instagram (@bethlehemcolonial), Facebook (Facebook.com/BethlehemColonial), or Twitter (@ColonialNH).

Reading

by Elinor Mawson

When my mother and I moved in with my grandparents at the beginning of World War 2, I was 3-1/2 years old. I am sure that it was a culture shock for all of us; however I really don't remember much about that time. What I do remember is sitting on my grandfather's lap and looking out the window of the house in town and looking at signs on the stores across the street. "Odd Fellows Block, Tobey's Drug Store, First National" are the signs I remember and somehow I learned the names of the letters and started spelling the signs. That was my introduction to reading, and I marvel now at how easy it seemed. I was off and running to reading.

When I entered first grade, I was already a reader, but had to do the work required of all first graders. I remember cutting out words and pasting them in order under a picture. "This girl can not color", "This boy can not paste". The reading was easy; coloring the picture above the sentence and

not going outside the lines was another matter altogether. And whatever paste that was left over from the project, I ate.

The class (there were 42 of us) was divided into reading groups: Butterflies, Bluebirds, Daisies. I was a Butterfly and could read like a champ. It was difficult to sit there and hear the others painstakingly read easy words out loud.

I really don't remember learning arithmetic. I do know that it was taught completely differently than it is now, and I wonder why and how I learned as much as I did.

By the way, I ate paste until the teacher caught me and told the class that paste was made from cow's feet. I stopped.

When I was to go to second grade, I transferred to a smaller school in the next town where there were 3 grades to a classroom. And there was no second grade! The teacher consulted my mother who consented to put me into third grade because I was good in reading. It turned out to be a terrible mistake, but we wouldn't know that for

sure for a long time.

As time went on, I excelled in school. And I read all the time at home. Eventually I was able to walk the mile to our town library and read 7 books a week. My father caught me reading without my glasses once and threatened to keep me from reading for a month if he caught me without them again. And -- you guessed it! He did, and I suffered for that month. I remember my sister getting her "Jack and Jill" magazine and not being able to read it. I was in misery.

Being able to read has been my constant privilege and pleasure all my life. I am a great advocate of reading, and a great believer in Libraries. I recall my grandson saying one time, "Our other Grammie gives us clothes, you give us books!" It was music to my ears.

There are books in every room in our house. I treasure each one. I still read as much as I can; I'm on my fourth Kindle.

And now, I always wear my glasses.

Haverhill Historical Society's Summer Speaker Series

Haverhill, NH – The public is invited to the 4th of our free presentations. Having received a grant from NH Humanities we are able to host Paul Wainwright of Atkinson, NH who will join us with an illustrated talk – "New England Colonial Meetinghouses and their Impact on American Society" at Alumni Hall, 75 Court St. in Haverhill Corner on Sunday September 11 at 2:00 in the afternoon. The venue is handicapped accessible.

New England's colonial meetinghouses embody an important yet little-known chapter in American history. Built mostly with tax money, they served as both places of worship and places for town meetings and were the centers of life in colonial New England communities. Using photographs of the few surviving "mint

condition" meetinghouses as illustrations, Paul Wainwright tells the story of the society that built and used them, and the lasting impact they have had on American culture.

Artistic photography and a love of history have been long-standing interests of Paul Wainwright, but he was captured by physics in high school and eventually wound up getting a PhD in the field from Yale. Wainwright worked for many years at Bell Labs, with photography being a continuing avocation. Since 2001 he has pursued his love of photography full-time and is especially drawn to photographing historic structures in very personal and introspective ways.

For more information contact Roger Warren – 603 787-2446 or wroger825@gmail.com

Continuity and Change

By Laurie Kozar

The Vermont Rural Education Collaborative celebrates the start of another school year. As with each school year there is both continuity and change. VREC wishes to take this opportunity to share changes in our organization, announce the return of our mini-grant program for 2023/2024 school year, and invite educators to the VREC fall conference.

At the end of June Margaret Maclean stepped down as Executive Director for VREC. Margaret had served as VREC's E.D. for four years, and had been with the organization for more than 20 years when it was called the Vermont Rural Partnership (the precursor to VREC). An Educator, Vermont Principal of the year, and member of the Vermont State Board of Education, Margaret was additionally an employee of the Rural Schools and Community Trust, and a successful international consultant with Teacher-Collaboration.org. Margaret has always actively advocated for rural schools, and has skillfully positioned VREC for continued growth.

As of July 1, 2022 John Castle has taken the reins as VREC's new E.D. John has served as Superintendent of Schools for North Country Supervisory Union for the past eight years, and his career in education spans almost 30 years and includes leadership roles such as Superintendent at Rutland Northeast Supervisory Union, teaching principal at Holland Elementary School and principal at Lake Region Union High



School. John has also served as a board member and Treasurer for VREC over the past four years. "I greatly value all that Margaret accomplished, her wealth of knowledge and her commitment to rural schools. VREC is now poised to expand our capacity and deepen our support to schools in our region. I appreciated the opportunity to serve on the VREC Board with Margaret, and now appreciate the opportunity to serve as VREC's new Executive Director. Truly the strength of VREC is in our collaborative approach between school districts and partnerships with other organizations."

VREC is one of 13 rural collaboratives across the country and offers regional professional development, student-led mini-grants to support place-based/project-based learning, in addition VREC provides grants to advance equity literacy, and partners with the NorthWoods Stewardship Center on a middle school leadership program.

"I believe we are able to serve our school-communities through the pathways of Learn, Innovate, Advocate and Partner."

VREC will hold its first Fall Conference on October 5th, with noted educator, creator of Expeditionary Learning and author Ron Berger. "Ron Berger's work is the gold standard when it comes to combination of place-based and project-based

learning - which is very much in line with VREC's mini-grant program." Says John Castle.

VREC will continue to have a strong voice for sound public policy for Vermont's rural schools. John observed that policy makers from more urban centers in Vermont often fail to recognize the vital cultural context of rural schools within the particular geographic regions and communities in which they stand. "All too often rural schools are described in terms of deficits, rather than opportunities." Rural schools do have differences and unique challenges, yet they have many of the same challenges of more urban public schools. At the same time there are many qualitative assets that exist within small rural school-communities that provide enriching experiences for their students. Many of these assets are natural resource based and offer extension from classroom learning to the environment, or experiences for children that are tied to community resources or community members. "VREC is all about a narrative that validates and lifts up our rural educators for the amazing work they are doing and the wonderful outcomes we see students achieving."

To learn more about VREC, including the fall conference and mini-grants, visit their website at vtruraledu.org

On August 27 in a swampy area in Northern NH, I captured this fabulous Moose having a snack.

For copies: cnb.pics07@gmail.com



GREAT FUTURES START HERE.



BOYS & GIRLS CLUB
OF THE NORTH COUNTRY

BGCNC is seeking After-School Program Counselors

who will be responsible for supervising Club members in a variety of creative, physical, and artistic activities, and also assist with homework.

Applicants must be 16 years of age or older.

Starting wages \$13-15/hour.

Hours are Monday – Friday, 2:30* - 6 PM
(* starting time flexible ~ between 2 and 3 pm)

SIGNING BONUS OF UP TO \$1000

BGCNC is also seeking a Van Driver

who will be responsible for transporting children from school to the Club in our shuttle van.

Applicants must be 25+ years of age and hold a valid driver's license with a clean driving record.

Starting wages \$20/hour.

Hours are Monday – Friday, 1:45 PM – 3 PM.

Apply today! Contact Sandy Brackett at 603-838-5954 or director@bgcnorthcountry.org

PAID ADVERTISEMENT

PAID ADVERTISEMENT

PAID ADVERTISEMENT

YOU CAN COUNT ON- PAUL TO VOTE:

- Against Mask Mandates & Lock-Downs
- Pro-2nd Amendment
- Make Your Paycheck Go Further
- Pro-Parent
- Against the WOKE Agenda
- For Election Integrity

GOP PRIMARY ELECTION
TUESDAY, SEPTEMBER 13TH

Sacred Spirit Wellness

Center and Shop

51 Main Street, Wells River
802-588-5018

Our expanded shop offers a wide variety of metaphysical and holistic health items and products.

Follow us on Facebook to see our events calendar and to stay up to date of offerings

Open Tue 9-3 Wed-Fri 9-6 Saturday 10-2
Or by appointment Closed Sun & Mon

Out of the Box Theatrics & Weathervane Theatre Announces Second Annual Playwrights in Residence

WHITEFIELD, NH - New Hampshire's award-winning Weathervane Theatre and acclaimed Off-Broadway theatre company Out of the Box Theatrics (OOTB) are proud to announce Alex Carrera and Kelly Strandemo have been selected as Playwrights in Residence for the second annual OOTB Residency at Weathervane Theatre.

"I am so honored to be able to once again collaborate with OOTB in expanding our continued commitment to fostering and developing new work including Weathervane's very first commission," said Producing Artistic Director Ethan Paulini. "What a special moment to allow our North Country audiences the chance to participate in and shape two new American plays."

Liz Flemming, OOTB Founding Producing Artistic Director adds: "I am unbelievably grateful to collaborate with the Weathervane Theatre on this new work initiative. OOTB and Weathervane have been developing new work in the North Country for three years now and it is always such a gift to both the artists and the community."

The OOTB Residency at Weathervane Theatre is a week-long residency program where the two organizations will collaborate on supporting works in development. These emerging plays will receive rehearsals and a fully-staged reading at the Weathervane. Carrera's Secretos was selected from a nationwide search.

Strandemo's Primary was commissioned by the Weathervane after the success of Strandemo's The Congresswomen, a political comedy that was part of Weathervane's 2020 season.

Alex Carrera is a Latinx actor and writer with cerebral palsy originally from southern California, and graduated from the University of California, San Diego with a B.A in Theatre in 2020. The writing residency with Out of the Box Theatrics and Weathervane Theatre is his first professional job since graduating and he is excited to be part of this community of theatre and art makers.

In Secretos, Beatrice has a deadbeat husband, a dead-end janitorial job, a disabled son, an angsty teenage daughter... and a secret that binds this Mexican-American family together. The cast for Secretos features Alex Carrera, Jorge Donoso, Robert H. Fowler, Daniel Hidalgo, Erik Keiser, Liv Lopez, Martha Thomas, and Michelle Zink Muñoz. It is directed by Nathaniel P. Claridad. Secretos plays in person and virtually Sunday, September 11th at 6 PM.

Kelly Strandemo previously appeared at Weathervane in The Congresswomen, for which she also served as playwright/adaptor. Kelly has appeared on stage off-Broadway, regionally, and in London, and can be seen in the upcoming films Cardiff and B&B With Me. Kelly holds a Master's Degree in Classical Acting

from the London Academy of Music and Dramatic Art (LAMDA).

Strandemo's Primary takes place right here in New Hampshire. It's an election year in the Granite State. The dwindling number of residents of a small town are thrilled when a new family moves in, thus ensuring the national attention they receive from their traditional Primary can continue. But when the new residents are anything but "traditional," assumptions of each person's primary desires are uncovered as they navigate how to pursue life, liberty and happiness as a community.

The cast for Primary features Avery Elledge, Robert H. Fowler, Carrie Greenberg, Ira Kramer, Alex Lanning, Deborah Osborne, and Lew Whitener. Stage directions will be read by Jordan Applewhite, candidate for New Hampshire House of Representatives to represent Grafton 1. It is directed by Ethan Paulini. Primary plays virtually and in person on Friday, September 9th at 2 PM.

In person and livestream tickets are currently on sale at <https://www.weathervanenh.org/ootb-residency>. Tickets and residency passes range \$10-\$20. Tickets can also be ordered via phone at 603-837-9322. Please check the website for current in person COVID-19 seating policies. For pay what you can options please contact ethan@weathervanenh.org



Tom Thomson endorses Glenn Libby for Grafton County Commissioner in District 2. Glenn is very proud to receive the endorsement of Tom Thomson in his race for Grafton County Commissioner. Glenn is a conservative who embraces the saying of the late Governor Meldrim Thomson that "Low taxes are the result of low spending". Glenn has thirty years of experience in County government with twenty plus in executive management. Glenn retired as the Superintendent of Corrections in Grafton County in 2014 and has remained involved with the County since, working part time on the County Farm. Glenn is a tireless worker who believes in teamwork, great communication, and constituent service - he has shown the ability to work with differing opinions and displays a respectful demeanor and common sense.

Haverhill Community Survey
RESULTS ARE IN!

COME HEAR WHAT RESIDENTS HAD TO SAY ABOUT THE FUTURE OF HAVERHILL

Thursday, September 15, 2022
Clifford Memorial Building
7:00 PM

North Country APPLIANCE SERVICE

603-787-6677

DON BOWMAN - OWNER/SERVICE TECHNICIAN
Factory Authorized Service Provider • Serving NH & VT

JunkitNH

Junk, waste, debris removal and demolition services.

Free Estimates Fully Insured

JunkitNH.com (603) 953-7200

info@JunkitNH.com

Find us on

DAVIS REALTY OF NH & VT, INC.
139 Central St. - Woodsville, NH * 603-747-3211 • Fax 603-747-3575
Email: DavisRealty1958@gmail.com • Web: www.davisrealtynhvt.com

NEWBURY, VT - Petite cottage with outside water supply, out house, gas lights, gray water system, gas lights and gas cook-stove. Heated with wood stove, sleeps 3, Located on secluded wooded lot on dead end road with access to Vermont snowmobile trails that will take you all over the state. Enjoy a spacious yard, located on town road. Great opportunity for guests with self-contained RV's. Only a few miles from the interstate but very quiet setting. An enjoyable property for sure. \$63,600.

NORTH HAVERHILL, NH - Log home with a country porch. Cathedral ceiling and open concept on the first floor. First floor bedroom, first floor full bath. Open loft area great for a bedroom, office etc. Lower level offers a spacious bedroom with a cedar closet and a half bath with the potential of the new owner to complete. Wood floors on first floor with tile floors in the kitchen and bathroom. Shopping near by. Check this one off for a must see. \$274,500.

Call for a Free evaluation of your property. Inventory is low and we have anxious Buyers.

We Accept Cash, Check or Credit/Debit Cards



CLASSIFIEDS

Personal: For Sale, Wanted, Lost, Found: Up to 30 words FREE for 2 issues. (\$10,000 value limit)
 Business: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/15 issues. Limit of 30 words.
 Classifieds that exceed word count may be subject to an additional charge.

Mail or Drop Off at Trendy Times, 20 Pine Street, Woodsville, NH 03785 Email: Gary@trendytimes.com



SERVICES

MICHAEL SHEPARD LAWN CARE: IN WELLS RIVER, home phone 802-757-3247 or cell 802- 505-3097 09.20

TDL WASTE SERVICE & trash drop. Jct. Route 302 and Wallace Hill Road, Wells River. Wed. 5-7 pm. Sat. 8 am - 1 pm, Sun. 9 am - 1 pm. Phone 802-584-3287 and 802-272-7019 11.01

BOAT SERVICE: Is your boat unreliable and ready to go? Doesn't have the power it used to? Our Certified Technicians fix things right. We can water test or dyno test so you know it's fixed. Fairlee Marine www.fairleemarine.com 802-333- 9745 09.20

JOE'S HANDYMAN SERVICES: Specializing in home repair & new improvement. Installations, Carpentry, Decks, Additions, Kitchen or Bath updates, Plumbing, Electrical & Some landscaping. No Job Too Small. Free Estimates, 30 years experience, Reasonable Rates. Call after 5 pm. 603-838-0672 10.04

SCREEN AND GLASS WINDOW REPAIR. Wed. - Sat. 11 am - 5 pm, 11 Mill St. (Route 302) Wells River, VT 802-584-3336 11.29

FOR RENT

WOODSVILLE - TWO FURNISHED ROOMS with private entrance and private bath. All utilities except TV/Internet included. \$900 per month. PERFECT FOR VISITING NURSE OR STUDENT. Available September 5. Call 603-254-1448 08.23

BOAT RENTALS, Pontoon, Canoes, Kayaks, Runabout ski boats. Daily and weekly rentals. We launch and pick up. Fairlee Marine www.fairleemarine.com 802-333-9745

WANTED

VINTAGE MUZZLELOADERS WANTED: Percussion or flint lock. Cash paid. Call with description. 802-431-7344 09.06

WANTED TO BUY - I TRACK RECORDINGS Call 603-444-2479 09.20

INSTRUCTION

FREE ESL (ENGLISH AS A SECOND LANGUAGE) LESSONS. Call 802-588-5044 9.06

INSTRUMENT LESSONS: Private piano, guitar, banjo & clarinet lessons for beginner & intermediate students of all ages. 40+ years instructing. Call 603-398-7272. 08.17

FOR SALE

CERTIFIED USED BOATS. Lots of good used boats to choose from. Checked over by our certified technicians. If it's not reliable, we won't sell it. Fairlee Marine, see them on our website at www.fairleemarine.com 802-333-9745 09.20

BOX (50) .38 MATCH FEDERAL AMMO \$45.; Box (50) .38 Win. FMS \$45.; Box (50) assorted .38 h/P&P, super speed \$45. 802-439-3254 08.23

4 WILD COUNTRY 255/85/16 studded snows on 8 lug steel after market Chevy wheels. \$200 or Best Offer. 603-823-9558 09.06

VINYL RECORDS: Many country favorites, also some from the 1960-70 era. Best Offer. 802-695-3350 09.06

CAR KAYAK RACK. Never used. Holds two kayaks. Thule brand. \$150. 802-695-3350 09.06

TROY-BILT HORSE ROTO TILLER, classic. \$200. or best offer. 603-823-9558 09.06
 TWO BURNER COLEMAN camp stove. \$15. New chicken wire, 60" x 50', \$20. New horseshoe set \$15. Call 802-429-2239 09.06

BOWLING BALLS, 4 with bag, Brand: EFCO, Model: Ram Pro Rubber, #72D, Green w/yellow, almost new, paid \$220. \$150 603-496-8639 09.06

TOY MOTORCYCLE MODELS, 6-8 pieces, Call Jeff at 603-496-8639 09.06

WHITE'S METAL DETECTOR, Model: Coinmaster, p/n 800-0325, new with box, paid \$250. \$200. Call Jeff at 603-496-8639 09.06

CABINET, GLASS DOORS 22"x16"x42", wood \$30; Bookcase 30"x12"x48", wood 3 adjustable shelves, 440. 802-439-3254 09.06

RIDING MOWER TIRE 16 x 6.50 x 8 never used \$20 603-838-6851 09.06

FREE

USED CHEST FREEZER. Four (4) barn-sash windows, 27x33. Call 802-429-2239 09.06

GAS DRYER Call 603-747-4140 09.06

HELP WANTED

ALL POSITIONS: Must be able to work some weekends. Stop in to apply at Kitchen Counter Cafe, Railroad Street, St. Johnsbury. or call 802-424-1629 09.06

FOR SALE

LIGHTWEIGHT BOAT DOCKS. 1 person can install or take them out. In stock. Standing, floating, or roll-in. Fairlee Marine, see them on our website www.fairleemarine.com 802-333-9745 09.20

BARRELS, TOTES & PAILS: 5 gallon - 275 gallon. Plastic or steel. Open and closed top. Call Bicknell Barrels 802-439-5519 08.23

REAR SEAT COVER FOR SUBARU FORESTER, p/n J50155J330, new in box, fits years 2019-2022, paid \$210, \$150. Call Jeff at 603-496-8639 09.06

ANTIQUE CHROMOTIC VARIABLE PITCH PIPE, with original tin case, made in Czechoslovakia, \$250 . Call Jeff at 603-496-8639 09.06

1-SET OF 44 NORMAN ROCKWELL PRINTS, "Scouting through the eyes of Norman Rockwell" Very good condition \$50 603-838-6851 09.06

2004 TOYOTA COROLLA DOORS ONLY, electric windows motors controls complete useable sheet metal. \$100.00 or best offer 603-823-9558 09.06

DRUMS-3 TAMA ROCKSTAR-DX TOMS good condition \$125 603-838-6851 09.06

TWIN BED IN EXCELLENT CONDITION, including mattress. \$100 Call 603-667-5804 09.20

OLD SARACAC GLOVES SERVING MACHINE TEL. 603-444-2479 09.20

WHITE SNOW BOSS 750 SNOWBLOWER, electric start, 24" width, uner 100 hours. \$275.00 or best offer. Call 802-439-6214 and leave message 09.20

1977 CHEVROLET PICKUP, 1971 Chevrolet 1 ton dump, 1966 Chevrolet 2 ton dump, 1991 Chevrolet 1 ton four wheel drive. 603-960-4027 09.06

CHAPIN SAND, ETC. SPREADER, P/N81008A, tested but never used. 80 lb. capacity \$50 603-496-8639 09.20

TV/DVD WIVEL STAND, cherry, new in box 20"x13"x5"H, \$60. 603-496-8639 09.20

REALISTIC MACH2 AUDIO LUND-SPEAKERS, professionally refurbished, 15" woofer, 3-way system \$800 Call Jeff at 603-496-8639 09.20

JOHNNY WINTER CONCERT POSTER, framed and signed by whole band, Jan. 2011, topeka Music Hall, Londonderry, \$2,500. 603-496-8639 09.20

ROTEL RB-1090 STEREO POWER AMP., 380 w/ch, original owner, \$1000 603-496-8639 09.20

NH Wildfire Risk Remains Elevated Due To Extended Drought Conditions

In its weekly update, the U.S. Drought Monitor announced that drought conditions continue across a vast majority of New Hampshire, with 24 percent of the state currently experiencing severe drought, 2.75 percent suffering from extreme drought conditions and 49 percent designated as being in moderate drought. The state as a whole is 92 percent abnormally dry, which in itself is an indicator of elevated wildfire risk.

"While recent rains have had a positive effect on drought conditions in some parts of the state, the possibility of wildfires remains high across a vast majority of New Hampshire," said Chief Steven Sherman of the N.H. Forest Protection Bureau. "We'd like to remind everyone to stay actively engaged in reducing wildfire risk so that we can all enjoy a beautiful and safe fall season."

Ninety percent of wildfires in New Hampshire are human caused. Most often they start from

campfires, brush fires or other planned fires, but other heat sources – like vehicle engines and lawn-care equipment – can overheat or cause sparks, burning dry fuels on contact and starting a wildfire.

Anyone wishing to have a campfire or other category of fire in New Hampshire may obtain a burn permit at nhfirepermit.com or from the local jurisdiction where the fire will take place.

"As days grow shorter and people get in those last cookouts and camping trips, it's incredibly important that they make sure any fire they have is what we call 'dead out,' which means drowning it with water, stirring the embers and then using a bare hand to make sure that what remains of their fire is cool to the touch," said Sherman.

"Even a little bit of warmth means that heat is still present, and that can grow and cause a wildfire even hours after everyone's gone home."

New Hampshire averages 250 wildfires a year

with 250 acres impacted. Two large wildfires this spring, the Centennial Fire in Shelburne and the Bemis Fire in Crawford Notch, resulted in a total of 153 acres of damage.

While New Hampshire tends to see elevated wildfire risk in the spring when dried leaves and other forest floor litter are abundant and trees have not yet greened up, a second increase in wildfires often happens in the fall, especially when drought conditions are high.

The N.H. Forest Protection Bureau is part of the Department of Natural and Cultural Resources' Division of Forests and Lands, which protects and promotes the value provided by trees, forests and natural communities. For more information about the Division of Forests and Lands and the work of its Forest Protection Bureau, visit nh.gov/nhdf or call 603-271-2214.

"Every Story is an Heirloom" 11

Writing workshops with Maggie Anderson, Tuesdays 5:00 PM - 7:00 PM at the Joseph Patch Library in Warren.

The best way to get conversations started in any group is to offer a word everyone can comment on, and then let the stories bounce off the walls as though somebody dropped a box of ping pong balls from the ceiling.

The best way to catch those stories is to grab a pencil and jot them down.

Each of us sees life

from a unique perspective. Even a difference in height changes one's view of what's on the top shelf, which means every person on the planet has a story to tell.

Come join us and we'll see if we can discover some. We'll meet at the library on Tuesdays, beginning September 6th, from 5:00 - 7:00 PM for six weeks. Attend the sessions you can; we'll miss you when you can't.

For more information call the library at 605-764-9072.

GRS Tire & Auto

Full Service Auto Repair
Foreign & Domestic

Alignments • Brakes • Lube, Oil & Filter Changes
Oil Undercoating • State Inspections • Tires
Towing & Recovery • Tune-Ups • Used Car Sales

GARY SIEMONS, PROPRIETOR
603-747-4192
95 Central Street, Woodsville, NH
Hours: M-F 8-5



Robert's Thrift Store

OPEN 7 DAYS A WEEK

9 AM - 5 PM



25¢
Grab
Bags

ALL SUMMER Items Now 25¢

This Means Everything, Not Just Clothes

WE'RE A LITTLE OUT OF THE WAY, BELOW MAIN STREET AND
LOCATED UNDER THE POST OFFICE IN BRADFORD, VT • 802-222-5001

Now offering Graphic Novels/Comicbooks

OUR HOLIDAY ROOM HAS HALLOWEEN & MORE

25¢
Grab
Bags

Peacham - EP Management Corp is accepting applications for one-bedroom units at Peacham Academy Apartments. Non-Smoking, professionally managed building. On-site coin-operated laundry. 24-Hour emergency maintenance. Income limits apply. Section 8 Vouchers welcome. One-Bedroom Units \$870/mo. Rent includes heat, electricity, hot water, trash removal & recycling. Tenant pays phone, internet & cable. For application call 802-775-1100 ext 8 or e-mail denises@epmanagement.com.

Equal Housing Opportunity.

RICH SAFFO

Concrete Form Co., Inc.



Since 1978
Continuous Service

Phone: 603-787-6747
Fax: 603-787-6560

Executive Director



Cohase Chamber of Commerce

The Cohase Regional Chamber of Commerce seeks an energetic, motivated individual to serve as its Executive Director. This is a part-time position (15 hours/week) that reports to the Board of Directors. Previous experience preferred.

Overall Responsibility:

- Responsible for the day-to-day Chamber of Commerce management, the implementation of policies established by the Board of Directors, and the coordination and implementation of activities, the majority of which are carried out by the volunteer base.
- Maintains a smooth and effective relationship with members, functioning as liaison with the Board of Directors, while actively managing all of the business affairs of the organization.
- Serves as the organization's official spokesperson.

Requirements

- Professional presence, leadership, and strong interpersonal and communication skills.
- Ability to build consensus.
- Experience managing a coordinated online presence among most relevant social media channels.
- Knowledge of computer software applications, including, Microsoft Word, Microsoft Excel, Microsoft PowerPoint, Microsoft Publisher, Constant Contact and website maintenance.
- Self-starter who has a high level of initiative.
- Leadership style that encourages team effort.
- Consistent attendance at monthly Board meetings, committee meetings, chamber events and occasional regional meetings as needed.

The Board is accepting resumes on a rolling basis with a deadline of October 1, 2022 to submit an application. Please email your letter of interest and resume to Jenn Hall, Vice Chair Cohase Chamber of Commerce Board of Directors jhall@theguarrantybank.com.

The Cohase Chamber of Commerce serves the beautiful Cohase region, nestled in the valley of the Connecticut River. This region encompasses the Vermont towns of Newbury (including the villages of Newbury, Wells River and West Newbury), Bradford and Fairlee, and the New Hampshire towns of Haverhill (including Haverhill Corner, North Haverhill, Mountain Lakes, Pike, and Woodsville), Orford and Piermont.

TUNE IN FRIDAY MORNINGS for



FAIRBANKS MUSEUM

WEATHER

& planetarium

SHORTLY AFTER 7:30 AM

A Conversation with the Meteorologist!

SPONSORED BY
HATCHLAND FARM
& WICKED GOOD DAIRY DELIGHTS
& MILK STORE





Puffer Broadcasting, Inc.

Finding Solutions for Your Financial Needs

Kim R Shillieto
Financial Advisor

One Main Street
Littleton, NH 03561
603-444-0344
www.edwardjones.com



Member SIPC

TRENDY TIMES

Now Printing
9,000 Copies
Every Two Weeks

Senior Feet

Foot Care For Age 55 & Older



Beverly Sinclair
Registered Nurse
802-449-7385
bev@sinclair-chiro.com
www.bevseniorfeet.com
183 North Main St
Bradford, VT

Paige Computer Services

For all your computer needs!
Sales • Service • Training
Eli Heath, Owner



50 Smith Street, Suite C
Woodsville, NH 03785
603-747-2201
www.PaigeComputerServices.com

Quality Service for Reasonable Prices!

Jacobs Brook Campground

Considered to be one of the best campgrounds in New Hampshire that cares about preserving camping at its best.

It is a retreat in the NH woods with large sites on 34 acres.

46 High Bridge Road • Orford, NH 03777
603-353-9210
www.jacobsbrookcampground.com



Second Chance animal rescue

"we care when there's no one there"

1517 Meadow Street
Littleton, NH 03561
603-259-3244
www.secondchancear.org

Are You Properly Insured?

You probably won't see it on your calendar, but September is Life Insurance Awareness Month. And it is indeed important to be aware of the importance of life insurance. Are you adequately insured?

Many people aren't. About 40% of Americans face some type of life insurance gap, either because they're uninsured or underinsured, according to a 2021 survey by the research and advocacy groups LIMRA and Life Happens.

The need for life insurance is pretty straightforward: If something were to happen to you, would your family be able to continue their same lifestyle? Would the mortgage still be paid? Would your children still be able to further their education?

So, if you decide that you should acquire or strengthen your life insurance, how much do you need? Your employer may provide you with some insurance as an employee benefit, but it may not be sufficient. You might have heard that you should have coverage worth seven or eight times your annual salary. But this estimate is just that — an estimate. Everyone's situation is different, and

there's really no one formula that can tell you how much insurance you require. To determine the coverage you need, you'll want to consider several factors, including your age, number of dependents, your income and that of your spouse and the size of your mortgage.

Knowing how much coverage you need is obviously important, but you'll also want to consider what type of life insurance is right for you. You have two basic choices: term or permanent insurance.

As the name suggests, term insurance provides coverage for a specified amount of time, such as 10, 20 or 25 years. Term insurance only offers a death benefit — there's no buildup of cash value in your policy. Generally speaking, term insurance is considered to be quite affordable, especially when you're young.

Permanent insurance, on the other hand, offers a death benefit and the opportunity to build cash value. Because of this, premiums for permanent insurance — which includes "whole life" or "universal life" — are considerably higher than those for term life.

Which type of insurance should you choose? Again, it all depends on your situation and

your preferences. Some financial experts advise people to "buy term and invest the difference" — that is, use the money saved on the lower term insurance premiums to invest in stocks and mutual funds. Others, however, disagree, and point to the benefits of permanent insurance, such as the ability to borrow against the cash value of a policy to pay for unexpected expenses. Ultimately, in making the choice between term and permanent insurance, you'll need to look at your entire financial picture to determine which option is best for you.

In fact, life insurance should be a key component of your overall financial strategy, along with your investment mix and the long-term goals you've set. Insurance can even play a role in your estate planning, as you determine the best way to distribute assets to your family members and any charitable organizations you support.

Life Insurance Awareness Month lasts 30 days — but your need for life insurance can endure for decades. Make sure you're doing everything you can to protect your loved ones.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC



What's Your Opinion?
Let others know with a Letter to the Editor. Just be prepared for a response.

Letter to the Editor: Representative Republic

To the Editor,

We elect persons to represent us as a unified United States of America. After President Biden's political speech on August 30, 2022 in which he declared 70+ million Republican voters to be extremists and a threat to democracy, there is absolutely no reason to vote for a Democrat on November 8, 2022 unless of course you like tyranny and dictatorship, 87,000 more federal employees who are armed (1/2 of the total number of military recruits needed) and instructed to bilk you for money to support bigger government. What happens when government controls your life? The American dream in which you choose your life path through personal effort, becomes labor for the government. You will be told where to live, in what type of dwelling, what you can drive, where you will work and play (if play will even be allowed), what healthcare you will be allowed, and what you will pay to support the government which will grant favor to a new breed of American — oligarch. Enough is enough!

Robert A Peraino, MD
Franconia, NH 03580

Robert,

The primary election in New Hampshire takes place on Tuesday, September 13. This is the time for members of each of the two major political parties to choose their flag bearer for the general election to happen in November. So this current election will determine much of what the battles will be about, and how candidates will conduct themselves come that general election time. Not only are the viewpoints and opinions of the candidates important, but also how they conduct themselves in a wide range of circumstances.

For those of us who are Independent voters in New Hampshire, we have a choice of which ballot to choose and therefore which candidates we wish to move forward in this great democratic manner. So please, whatever your voting status may be, know the candidates, and make a wise choice when you vote on September 13.

Gary Scruton, Editor

NOW OFFERING CUT & SPLIT FIREWOOD



\$225/CORD
DRY HARDWOOD
Local Delivery
Included

We Also Do Wood Chipping Up To 4"

J & A LAWNCARE

603-747-4030
BEST TO CALL AFTER 5 PM
Woodsville, NH

Make a Difference by Getting Dirty for Cleaner Rivers

Brattleboro, VT – Join a clean-up group managed by a Group Leader, establish your own group, or simply get dirty for cleaner rivers by picking up trash. Whatever your choice, your contribution will help keep rivers and streams cleaner.

Registration will open on Friday, 8/26 for the Connecticut River Conservancy's (CRC) 26th Annual Source to Sea Cleanup. The peak Cleanup dates are Friday-Saturday, September 23-24, but groups are welcome to organize Cleanups on a date that works best for them. For more information and to register for the Cleanup visit www.ctriver.org/cleanup.

"The Source to Sea Cleanup strengthens community while cleaning up our rivers and streams. It's an opportunity for you to make a difference," says CRC Executive Director Andrew Fisk. "When people help clean their rivers, they make lasting connections with each other and with their rivers." CRC coordinates the annual Source to Sea Cleanup across all four states of the 410-mile Connecticut River basin, including the tributaries that feed the main river in NH, VT, MA, CT.

"We're excited to work with our volunteers to tackle the trash that abounds in our waterways, especially during the pandemic. The event naturally keeps everyone safe yet engaged in hard work for clean rivers. We hope you'll join us!" says Stacey Lennard, CRC Cleanup Coordinator.

Each fall, thousands of volunteers of all ages mobilize on foot or by boat. Volunteers remove trash along rivers, streams, parks, boat launches, trails and more. Last year 1,394 volunteers reported hauling 43.2 tons of trash from riverbanks and waterways across the four watershed states. Volunteers remove everything from recyclable

bottles and cans, fishing equipment and food waste to tires, televisions, and refrigerators. "We encourage volunteers to tally their trash each year. We use the data to call on decision-makers to enact trash solutions to keep trash out of our rivers in the first place."

"There are lots of ways to get involved," continues Lennard. "Volunteers can report a trash site in need of cleaning, organize and register your own local cleanup group, or be a #RiverWitness on social media."

CRC continues #RiverWitness to help people connect with each other online through their shared concern for and appreciation of our rivers. Take a photo or video when you are at the river, participating in the Source to Sea Cleanup, or enjoying time outside. Or make art inspired by river beauty or river pollution. Share on social media, include #RiverWitness and tag Connecticut River Conservancy. If you're not on social media, share images on CRC's website: www.ctriver.org/riverwitness. Your images will be added to an online mosaic photo display and video. Select images will be used in CRC's ongoing advocacy efforts.

If your group wants to get involved but needs a cleanup site, if you have questions, or if you know of a trash site in need of cleaning, contact CRC's Cleanup Coordinator Stacey Lennard at cleanup@ctriver.org. Learn more about the event at www.ctriver.org/cleanup.

We're thrilled to have our lead sponsors returning this year: Eversource, All-American Waste and USA Waste and Recycling. We can't do this work without their leadership and the support of the many additional sponsors across the watershed. See our full sponsor list here: www.ctriver.org/cleanup/sponsors.

Étienne (Steve) Joseph Poirier: OBITUARY

Étienne (Steve) Joseph Poirier age 77 passed away in the early morning hours of August 16, 2022, at his home in Lincoln, New Hampshire.

He was born in Maisonneuve, New Brunswick, Canada in 1945. The 6th of 9 children to Edmond and Philomène (Landry) Poirier, he grew up in a large, close-knit, French-speaking Acadian family. He worked on the family farm, situated on the beautiful and ever-changing Bay of Caraquet. He trained as a mason during his teenage years and worked in a mine where he was involved in a mining explosion and collapse that injured his leg. He emigrated to the United States in 1964, learned to speak English, and established roots in Lincoln, New Hampshire. He first stayed with his aunt, "Matante" Rose (Landry) and uncle, Henri Binette, and then with his uncle, Maxime Landry, aunt, Lina, and their family. He got a job working at the Lincoln paper mill and then started his own masonry business. He married his loving wife, Betty, in 1967, and with the help of her father and brothers, built a tiny house in Lisbon, N.H. He then built their forever home where they raised their family in Lincoln. When masonry work was slow in the winter season, he worked at Loon Mountain as the steam train engineer. Later in life, he worked for a short time at Linwood School as a custodian before getting a job at the N.H. state garage where he finished his working career. He always loved his work and was a hard worker.

He was a communicant of St Joseph's Catholic Church, in Lincoln, for 58 years, and a member of The Knights of Columbus. He was a frequent blood-



donor, giving over 20 pints of blood from his early adulthood until he couldn't give any more. He often drove people to medical appointments whenever they needed a ride.

He enjoyed gardening in his backyard, growing his favorite vegetables: tomatoes, potatoes, cucumbers and yellow beans. He loved cooking for friends and making meat pies. He was a great storyteller and quick to tell a joke! ("Who can refuse a free piece of pie?") He loved eating seafood, especially lobster and clams. He enjoyed digging for clams during his summertime family vacations to his hometown, often eating an entire mixing bowl full of raw clams, dug from the beach that bordered his family's farm.

Steve and Betty enjoyed annual winter travels to New Port Richey, Florida for the last 14 years, where they rented a house next-door to Betty's youngest brother.

He is survived by his wife Betty, his two sons Mark (partner, Francis) and Steve (wife, Dawn), his grandchildren Mason, Matthew and Preston, his two sisters, Rose (Clarence), Alfreda (Paul-Émile), his four brothers,

Gilles (Marcella), Réal (Patricia), Clarence (partner, Louise), Sylva, and dozens of nephews, nieces and cousins throughout eastern Canada and New England. He always knew how to make them laugh!

He is predeceased by his father Edmond, his Mother Philomène, his brother Valmont (Monique - living), and his sister Odette (Valmond - living).

The funeral is scheduled for Tuesday, August 30, 2022 at St. Joseph's Catholic Church in Lincoln, N.H. Viewing will be downstairs, from 10:00 a.m. to 10:45 a.m. Mass will be held at 11:00 a.m. upstairs, followed by a burial ceremony at Riverside Cemetery. Lunch reception and celebration of life slideshow to follow at the family home. Remembrances gratefully received by Betty at 48 Mansion Hill Drive, Lincoln, N.H. 03251. Étienne always preferred to give help and donations directly to people around him whom he thought needed it. Instead of sending flowers, please offer help or "pay it forward" for someone whom you think needs it within your own community.

Pillsbury Phaneuf Funeral Home has been entrusted with arrangements. To view an online tribute, leave a message of condolence or for more information please visit www.phaneuf.net.

To order memorial trees or send flowers to the family in memory of Étienne J. Poirier, please visit our flower store.

Not all Times are Trendy, but there will always be Trendy Times

September 6, 2022

Volume 13 Number 24

Ricker Funeral Home & Cremation Care of Woodsville



1 Birch Street • P.O. Box 271
Woodsville NH 03785
(603) 747-2717
www.rickerfh.com
email - info@rickerfh.com

Adam W. Smith

BEEZWAX

By John Martin



Stockley Trucking

405 SOUTH MAIN ST., LISBON, NH 03385

Buying

Copper • Brass
Aluminum • Light Iron • Etc.
Metal Recycling • Junk Cars

CALL FOR PRICES - 603-838-2860

Monday - Friday 7 AM - 4 PM • Closed Saturday & Sunday



What About Ma?

by Kellie Quackenbush

All About The Pickles

Ma and Auntie were famous for many talents and skills that they shared with the community in their lives. One of the skills that they carried on from generations gone by was in making their pickles. The art of creating tasty, crispy pickles and canning the produce from their gardens was one of their gifts.

Putting the garden together by Memorial Day would generally ensure that by mid July we would start picking cucumbers. For myself, I plan on canning and freezing fruits in July and August. For myself and my family, I do process pumpkins and apples in late September and early October but the cucumber season is finished by then.

Making pickles has been a tradition in my family and a very popular activity with the farming families in this region for over a century. There have been many types of canning jars and many different manufacturers of canning materials. Currently, we all know about BALL canning products and canning items under the BALL label. "Newell (formerly Jarden): The home canning giant. New-

ell is a company that produces most of the Mason jars and Mason jar lids for North America. They do so under the following brand names: Ball, Bernardin, Golden Harvest, and Kerr." per www.healthycanning.com.

For those who are new to canning, www.ballmasonjars.com will get you to various instructive articles about canning everything from meats to vegetables- I found Canning and Preserving 101 to be an easy to read guide for beginners. BALL is also very good about providing basic, tried and true, recipes for preserves and pickles. For ease in making tasty salsa or pickles, you may want to go with a ready mix of ingredients like those under the Mrs. Wages brand name. With the packaged mixes are directions to help make your pickles and preserve them. Mrs. Wages is to pickles what Betty Crocker is to cake mixes.

"The Mrs. Wages® brand makes the pickling process effortless! But it doesn't just stop at pickles. We can help you pickle anything from relish and green beans to watermelon rinds and cherries. Refrigerator

Pickles without the work or the wait compared to the Quick Process® Pickles. Boiling water bath method not required if you simply make and store in the refrigerator for up to 6 months unopened. To make this product shelf stable for up to a year, you must use a boiling water bathing process. The pickled vegetables are ready to eat 24 hours after preparation." per <https://www.mrswages.com>.

My family recipes have been serving us well for over 100 years. Our kitchen and dining room are filled with the hearty aroma of pickling herbs and spices for the later part of the summer. If anyone should ask me what fragrance I am wearing during canning season, I smile and reply "Bread and Butter 2022". Of course, I read the latest from the USDA and the NH Agriculture Department to make sure my recipes are up to date on the latest safety requirements and canning guidelines. In some years that would require having my pressure cooker calibrations checked, other times it is a matter of testing acidity in a pickle recipe.

Making pickles brings Ma, Auntie and Grammy right back to my kitchen. There are a few things that bring the happy memories of my childhood back and canning is one. Ma is with us with every jar of pickles I make. Happy harvesting.

Harnessing History: On the Trail of New Hampshire's State Dog, the Chinoo

The Haverhill Library Association Hosts "Harnessing History: On the Trail of New Hampshire's State Dog, the Chinook". A NH Humanities Program, September 20 at Alumni Hall at 7:00 p.m.



Did you know that New Hampshire has a State Dog? New Hampshire designated the Chinook as the official state dog in 2009. Created in the White Mountains of New Hampshire, the Chinook dog breed made its name on Admiral Byrd's first Antarctic expedition in 1928. These days they're multipurpose dogs who are happy hiking, competing in agility and other dog sports, pulling a sled or other conveyance, and playing with the kids.

This program looks at how dog sledding developed in New Hampshire and how the Chinook played a major role in this story. Explaining how man and his relationship with dogs won out over ma-

chines on several famous polar expeditions, Bob Cottrell covers the history of Arthur Walden and his Chinooks, the State Dog of New Hampshire.

Bob Cottrell holds an MA from the Winterthur Program in Early American Culture in Delaware. The founding director of the Remick Country Doctor Museum in Tamworth, he is now the Curator of the Henney History Room at the Conway Public Library, a Board member at the Conway Historical Society, and President ex-officio of the Tamworth Historical Society. He serves as an independent history and museum consultant.

Refreshments will be served.

Another Big Check From Littleton Food Co-op

On August 12, 2022 the Littleton Food Co-op (LFC) welcomed Sandy Brackett, director of the Boys & Girls Club of the North Country (BGCNC) and youth from BGCNC to the Co-op. A check was presented to the Boys & Girls Club worth \$6,729.92 all from donations made by member/owners and customers of the Littleton Food Co-op during the month of July 2022. Helping hold the check is the LFC maintenance director, Andy Brackett and Sandy's husband. The Boys & Girls Club of the North Country will be using the funds for operating expenses and transportation as they continue to ensure an affordable out of school program for all children of the North country.



Member-owned Littleton Food Co-op serves the community by providing high quality food, offered at a fair price, with outstanding service. Ev-

everyone is welcome to shop and anyone is welcome to join. Through our Partner of the Month Program, the co-op sponsors a different local non-profit each month of the year. All of the Partners are locally focused, socially and environmentally responsible, non-political, and secular. Partners are chosen by our Member/Owners by popular vote. Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily from 7 am - 8 p.m. For more information or to become a member, please visit www.littletoncoop.com, call 603-444-2800 or just stop by!

JOIN US FRIDAY MORNINGS!

6 AM to 9 AM

THREE HOURS OF

COMMUNITY CONVERSATIONS...

Stephen John & Guests:

Conversation with Businesses, Community Leaders & Non-Profit Organizations!



PUFFER BROADCASTING INC.

1047 US Route 302, Wells River, VT 05081-0875

802-757-2773 • 603-747-2770

FAX 802-757-2774

www.wykr.com



Scott Borthwick
Manager

Ph: 603.523-9284
Cell: 603.630.8032



Estate Wildlife Control, llc

Professional Removal & Exclusion of Wildlife

www.estatewildlifecontrol.com

Proper Warmups: Part 2

By Shawn Thomas

In my last article, I explained the most general and basic parts of why and how you need to warmup before doing your main lifts. In this article, I'm going to break it down even further.

Now point one, I mentioned that every program towards improving your physical health should include main movements, most importantly, the Squat, Bench Press and Deadlift. Or some variation of them at a minimum. Many times, I've heard push back from it from those outside of the fitness industry who don't understand their importance. They are acts of daily living. A bench press simulates getting something off you. A squat simulates sitting down and standing back up. A deadlift simulates picking things up off the ground. For us to live normal healthy lives those movement patterns can't be avoided.

To potentiate is to increase strength of nerve impulses which have been used previously, either short term or long term. Basically, get your nerves ready to move. People don't often realize that your central nervous system is a big part of your bodies ability to continue to improve physical health.

General Physical Preparedness is your ability to be ready to perform a physical task at a moment's notice.

Not how does this all come back to your warmups? By using the primer exercise, you are potentiating the neural pathways your body will take when performing the actual main

lifts after. By focusing two weaknesses as part of your warmups, you are increasing the GPP of the weak muscle groups to perform at the higher capacity.

So how is it structured? Matt Wenning structures warmups as 4 sets of 25 reps done in a circuit style with little to no rest. Now you may be saying, 300 reps as a warmup? That's crazy! I assure you it's not. First, you're going to need to use very light weight. For example, when Matt first started this style of warmup, he was able to barbell bench press over 600 pounds. He started his warmups with a dumbbell bench press using 30-pound dumbbells. Literally one tenth of the weight he was capable of lifting. So, for example, if you can bench press 95 pounds, you would likely start with a warmup dumbbell press of only 5-pound dumbbells.

Why little to no rest? The reason why is to increase both your muscular and cardiovascular endurance. If done with good form and with minimal rest, these 300 reps only take about ten to fourteen minutes.

As for weaknesses, we tend to train muscles we can see. Our chest, shoulders, biceps, abs, quads. Many times, out posterior chain gets ignored. For nearly all beginners, this is where you find the most weaknesses, in the back. So, rotator cuff, all back muscles, triceps, glutes, hamstrings and calves all tend to need to be "brought up" to create balance in your physical health.

So let me give a very

basic example.

We will use the barbell bench press as our main lift. We already mentioned a dumbbell press as a very good, and usually the best primer for the main movement of the day. When it comes to weaknesses, Triceps, Trapezius, rhomboids and Latissimus dorsi all tend to be weaknesses. For triceps, two major ways I would train to increase potentiation and GPP would be either a cable triceps push down, or a cable overhead push away. For early beginners, I would focus most on the rotator cuff, and the stabilizer muscles in the back, middle and lower trapezius and rhomboids. The best exercise for that in my opinion would be the AthleanX version of the face-pull with either a cable or resistance band. This exercise allows for greater shoulder health with external rotation and improves posture by strengthening muscles we typically stretch and weaken all day by nature of our modern daily lives.

I would be more than happy to give more examples in future articles. Also, you can reach out to me with help strengthening your own weaknesses for greater progression in the gym.

Shawn Thomas is a NASM certified personal trainer with a weight loss specialization. He also coaches personally as WSRT Fitness, which you can contact directly at wsrfitness@gmail.com for questions, consultations and coaching

Tek Talk with Eli ¹⁵



by Eli Heath
Paige Computer Services

Many people are getting new computers. Many times I get the question, how do I transfer files from my old computer to my new computer? That depends on a couple factors. What is the operating system on your old computer, if it is Windows 7 or Windows 10 also how technical savvy are you, do you like to open up a computer and replace everything, just files you downloaded, documents, favorites, e-mail settings and data files, so here are some suggestions;

Before you transfer files you should backup your addresses. If you have any in your Address book you can export them by opening your address book and go to File/Export/Address Book, browse to your Documents folder, give it a name and click save. You can then open the address book in Windows Vista and import it from your documents folder. Your e-mail settings you can transfer by opening Outlook Express, click on your e-mail account on the right, select Export, browse to your Documents Folder and select save. In Windows Vista you can also import these settings in Windows Mail Program.

Transferring files from your old computer, I suggest purchasing an external hard drive to transfer your files to, and when you are finished with the transfer use it to keep your files backed up. Another option is removing the hard drive from your Windows 7 computer and connect it to your new computer using a SATA Cable attached to your CD or DVD Drive, new computers do not use a IDE Connector (long flat cable) to connect your CD/DVD Drives to the system board of your computer, instead they use SATA

(Serial ATA Interface) for that connection, if that is the case than you would have to purchase an external hard drive or USB Thumb drive to make the transfer. In each case once you have the external hard drive or the computer's old hard drive connected to your new computer, using Windows Explorer on the new computer you need to open Documents on your old Windows drive, C:\User\Documents you then right click with your mouse and drag the files to your new computer's drive; release the mouse and say copy here. Do the same for files in Favorites and the Desktop. Programs cannot be transferred due to the way Windows handles program files. You will need the original CD's that came with the programs to reinstall them on your new computer. Before you do that check to make sure the programs are compatible with the Windows 10 Operating System. If you are transferring files from a Windows 10 Laptop to a Windows 11 Desktop then you will need a USB External Hard drive or depending on the amount of files to transfer you can use a USB Thumb drive.

There are other methods advertised such as a PC Mover made by Laplink it costs around \$40.00 and transfer programs that will transfer all your files and settings from your old Windows computer to your new Windows 10 and 11 machine. I do not suggest you purchase the transfer cable or software, if your computer is infected with malicious software or a virus that can be transferred to your new machine. If you need help to transfer your files go to your local computer repair shop for the price of the cable they will transfer the files for you.

I hope this information helps. Any questions e-mail me at paigeecs@gmail.com, call 603-747-2201 and be sure to check out our website at www.paigecomputerservice.com for questions.

So until next time remember if your computer is not working right it is not your fault! Happy Computing!

TRENDY TIMES STAFF

SALESRICHARD M. RODERICK & GARY SCRUTON
 CONTRIBUTING WRITERS
 MAGGIE ANDERSON, ELINOR P. MAWSON, MARIANNE L. KELLY, ELI HEATH, CINDY PINHEIRO, KELLIE QUACKENBUSH
 Phone 603-747-2887 • Email: gary@trendytimes.com
 DISTRIBUTION AGENTS.
 DAWN DEAN, RICHARD RODERICK, SHARON CASSADY, GARY SCRUTON
 EDITOR / PUBLISHER.....GARY SCRUTON
 WEB MASTERPAUL HUNT

20 Pine Street • Woodsville, NH 03785
 Tuesday – Friday 9:00 am - 5:00 pm

Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes. PLEASE LIMIT SUBMISSIONS TO 600 WORDS OR LESS.
 Thank you for your understanding.



TRENDY TIMES

A FREE PUBLICATION



by Cindy Pinheiro
to contact Cindy (aka Cin Pin)
write to the editor at
gary@trendytimes.com

Texas Caviar

Hello hello my fellow chefs! How are you all doing today? I'm doing okay and enjoying the weather. How was everyone's long holiday weekend? Labor Day means going back to school and celebrating my birthday. When I was a kid as much as I would be anxious for my birthday to come, it meant back to school and summertime is over. It was bittersweet. I liked school but hated getting up in the morning. I still to this day hate getting up early in the morning.

Today's recipe I love and I know you will too. It's easy peasy and "Delicioso". It's a great end of summer treat for your family or to share at a cookout. Let's get started with it, what to buy and how to make it.

Ingredients

- 1 16oz can Pinto beans
- 1 16oz can black eyed peas
- 2 cans Shoepeg corn
- 1 4oz small jar pimentos chopped small
- 1 small bunch green onions or scallions chopped small
- 5 Ribs of celery chopped small
- 1 large red pepper chopped small
- 3/4 cup sugar
- 3/4 cup vegetable oil
- 3/4 cup apple cider vinegar
- 1 tsp salt
- 1 large bag of Tostitos Scoops

Open up all your cans: the beans, black eyed peas and the Shoepeg corn and rinse well and drain. Using a large bowl put the sugar, oil, cider vinegar and salt in and whisk until combined. Add



the rinsed ingredients and mix. Add the chopped pimentos the green onions, the celery and red pepper. Mix well. You want your ingredients to be chopped very small, see mine in the picture, because you want to get as many different flavors on your Tostitos Scoops. Yummy! Everyone loves this recipe. Toss every time you add some to your dip bowl. I used a slotted spoon. Give this wonderful recipe a try and you will be a star.

Well folks until next time I am signing off. If you have any questions or comments please contact Gary and I will help you out. Enjoy!
Sincerely,
Cin Pin

Located Three Miles South of the Fairlee-Orford Bridge
Rte. 10, Orford, NH (603) 353-9901
Mill Gardens Farm Stand
www.millgardensfarmstand.com

Fall Blooming Perennials and Annuals

SALE ON PERENNIALS & SELECT SHRUBS

PLANT BULBS NOW FOR SPRING COLOR!

HOURS: Mon.-Fri. 8:00-5:00 • Sat. 8:00-3:00 • Sun. Closed

Residential, Commercial and Agricultural

ROSS PAGE FOUNDATIONS LLC

EST. 1970

Eric Page, Owner

Concrete Foundations/Floors/Slabs • Stamped & Colored Concrete
Thermomass Insulated Concrete Walls
ACI Certified Flatwork Finishers

802-592-3166 • 348 Thad Stevens Rd • Peacham, VT 05862

PAID POLITICAL ADVERTISEMENT

PAID POLITICAL ADVERTISEMENT

Had enough?

Vote Republican!

(603) 747-2205

Curt 'n Rod 35 Central Street
Woodsville, NH 03785

home decor centre

Over 2000 window treatments, styles, colors and sizes in stock plus accessories galore all displayed throughout the store.

Thurs, Fri, Sat, Sun, Mon 10AM - 4PM

Corner of Rte 302 and Wallace Hill Rd. - Newbury
Phone 802-757-2020
Hours: Wed., Thur., Fri. 7 am to 6 pm
Sat. 8 to 6 Sun. 8 to 2
Closed Monday and Tuesday

Items: Hot Coffee, Cold Brew, Craft Beer, Homemade Fudge, Vermont Maple Syrup, Ben & Jerrys, Hatchland Dairy Products

Your Full Color Ad Could Be Here For

\$46⁵⁰

or less per issue

Contact Gary 603-747-2887 or email: Gary@TrendyTimes.com

CH DANA RV

SALES & SERVICE

5th Wheels, Travel Trailers, Campers

603-638-2200 Largest Selection of PARTS & ACCESORIES for All RV's!

www.chdanarv.com
628 Woodsville Rd., Monroe, NH

CustomSUPPORT

We're here to help you!

www.customsupport.com

- Windows and Mac Installation & Repair
- Virus & Malware Removal (PC Tuneup)
- Network Installation & Configuration
- Website Design & Maintenance

227 Cross Road
Bradford, Vermont 05033
802.222.4460

paul.hunt@customsupport.com
john.hunt@customsupport.com

Cohase Chamber of Commerce

Cultivating Economic & Cultural Prosperity

Buy Local. Shop Local. Dine Local
Support Chamber Businesses

www.cohase.org

FAIRLEE, BRADFORD, FAIRLEE, VERMONT
HAVERHILL, PIERMONT, ORFORD, NEW HAMPSHIRE