

A FREE PUBLICATION

VETERANS DAY

Next Issue: Tuesday, November 23
Deadline: Thursday, November 18

TRENDY TIMES

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NOVEMBER 9, 2021 VOLUME 13, NUMBER 3

Littleton Christmas Parade Seeking Interns



The 2021 edition of the Littleton Christmas Parade is well into the planning stages and will take place on Friday, November 26, 2021 at 12 pm. The 34th annual parade (postponed from last year due to the pandemic) will follow its tradition and be held on the day after Thanksgiving, marking the arrival of Santa Claus in Littleton. The parade, as it is known, began back in 1986 under the direction of well

known Littleton parade fanatic Dennis Hartwell. He was 35 years old at the time of the parade's founding. Over the years when Dennis was on the road as a traveling musician, it became a Chamber of Commerce event with Jean McKenna as Chair. For the last few decades, Hartwell jumped back on board as Parade Director for the Chamber. But in 2019 the Chamber decided to give full

reigns back to Hartwell. It is now sponsored by the Littleton Civic Booster Club and Hartwell remains its Executive Director.

Looking at the parade's future, Hartwell (now 63) wants to get seriously interested "young blood" involved with the event. Says Hartwell, "I don't plan on retiring from the parade anytime soon, but I will not live forever and we need new people to learn about how the parade works and what it takes to make it happen." The Littleton Christmas Parade typically takes 4-5 months to plan. Hartwell started this year back in July contacting parade entities such as bands, and special guests who need advance notice in order to be booked and participate. "There's a lot more to it than the average person can imagine", stated

Hartwell.

He continued, "It is important that this event be carried on through many generations. Santa will always come to town on the day after Thanksgiving and the parade is his venue to do this." If there are people who have the same interests and desires as Hartwell, then they are asked to step forward and learn about the planning process. Dennis is eager to give those individuals his experience, systems of parade planning and an internship through his guidance. "Planning a parade is no easy task", said Hartwell. "But it is fun and rewarding at the same time."

If there is anyone who is serious and wishes to become an intern this year, please contact Dennis at ltnxmasparade@aol.com. He will show you the "ropes" and guide you

toward helping with the Littleton Christmas Parade, an event that will continue on for many years.



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TRENDY Dining Guide

Tuttle's Family Diner

by Gary Scruton

The dining landscape has seen some changes over the past year and a half or so. From take-outs only to staff shortages, those running eateries have been faced with plenty of hurdles to overcome. One establishment that seems to have handled all these changes well is Tuttle's Family Diner in Wells River.

As the name indicates, it is a family affair. From the cook to the head waitress and plenty of other help, the Tuttle family is well involved, and doing well at it. There has only been one day that they have needed to shut down due to staff shortage. On the evening we visited

there were three members of the wait staff, plus the cook (right there behind the counter) and at least one person out back washing dishes, and it appeared doing some prep work. It all meant that even though all the tables were full when we entered and therefore ended up sitting at the counter, the flow was still good and food was delivered in a very timely manner.

Janice and I visited the Tuttles on a Thursday evening and even with a few extra tables having been added since our last visit, we still found a pretty full house. The standard rule at Tuttles is to find your own seat. So we took a pair of stools, and like most diners, it allowed

us to take up a conversation with another "counter sitter".

As we have come to expect there were the regular items on the menu, plus some specials on the large chalkboard. One of our fellow counter sitters had one of those specials. The maple bacon PT Farm burger was on his plate and he was certainly enjoying the more than a mouthful high sandwich. In fact his comments made my choice that much tougher.

When it was time to order I mentally flipped a coin and decided to go with one of my favorite meals, the fried scallop dinner. I asked for the fries and a side of cottage cheese. For a beverage I just got a glass of

water.

Meanwhile Janice decided on a dish she has tried before as well. She ordered Jamaican fried fish which she ordered to come with fries and winter squash for a side. Her beverage of choice was a soda. We also both got a fluffy dinner roll. (Of course I ended up eating both).

As I mentioned before, the staff here is very efficient and it took little time for our meals to come our way. Both meals came out on standard size dinner plates. The silverware, wrapped in a napkin, was solid.

My scallops were as good as I have had in some time. Each one was juicy, tasty and well worth savoring. I do not know if this is because of the way they are cooked, or if it is the right time of year. But I was more than happy with my choice, and that coin flip.

Janice's Jamaican fish was spicy enough for her without being overbearing, which she does not enjoy. So her meal also went down well. The squash was a per-

fect side with it. At least the portion she finished, as she did need a small box to take some a piece of fish and some fries home for later enjoyment.

We both certainly enjoyed our meal, but almost as much we enjoyed the conversation with our fellow counter sitter, and with owner Jennifer Tuttle who was working in our area as we finished our meals and was happy to engage in conversation that went from staffing all the way to burning wood pellets.

Regular readers know that I almost always pay my meal tab with a credit card. That was the plan this evening as well. Once the bill was laid on the counter I reached for my wallet and that little piece of plastic. Boy was I surprised when I did not find it in the slot where it always resides. Luckily no big panic, I did have enough cash to cover the exactly \$38.00 bill. Janice also had some cash to add to what we left to cover the tip.

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For More Details

Contact Gary @ 603-747-2887

or Email: Gary@TrendyTimes.com

Railroad Decides To Hold Off On Selling Tickets For Annual Santa Express

Lincoln, NH - Officials with the Hobo and Winnepesaukee Scenic Railroad announced today that due to rising Covid-19 numbers in the State of New Hampshire, and out of an abundance of caution, their annual Santa Express Trains will not operate this season. Instead, the railroad hopes to once again offer these special holiday excursions in 2022.

"The railroad had planned to make Santa Express Train tickets available in early November, but due to

Covid-19 positivity rates trending upward, we felt it best to hold off on ticket sales due to the surrounding uncertainty", said railroad manager Benjamin Clark. "Regrettably, after reviewing the data in our region, we felt it was the proper decision to make at this time."

The Hobo and Winnepesaukee Scenic Railroad will re-open for the 2022 season in Mid-May. For additional information, please visit www.HoboRR.com or call (603) 745-2135.

Northeast Kingdom Chamber Announces Establishment Of Regional Business Assistance Center

The Northeast Kingdom Chamber announced this week it is ramping up its business advocacy and support efforts with the establishment of its NEK Business Assistance Center. The NEK Chamber is the regional chamber for the tri-county region known as the Kingdom, the counties of Caledonia, Essex and Orleans.

The chamber has always been strong with this assistance, said NEK Chamber Executive Director Darcie McCann, but it is greatly increasing such aid, especially in light of the guidance businesses need during this economic downturn and pandemic.

The chamber's longtime toll-free number, 800-639-6379, is being switched over to the Business Assistance Center to encourage more business people from across the region to reach out

for help. The chamber office is also promoting the use of two dedicated computers, high-speed internet and printer for those who need such services and has established a new Facebook page, the Northeast Kingdom Business Forum, as a place where news can be posted on and about companies. The NEK Chamber is also a notary and provides certificate of origination services to member companies shipping product overseas.

The NEK Chamber office is located on the Lyndon Institute campus in the Mathewson Hall building. Appointments for use of the computers will be done by appointment, by contacting 802-626-5594/748-3678 or director@nekchamber.com. People using these free services will need to adhere to Covid guidelines.

"We have been listening to businesses during the pandemic and have acted

on their input. They told us they need special help in getting back on track," said McCann. The director made it clear that the chamber will continue to work with local, regional and state economic development agencies and entities to best serve the business community.

"We may not always know or have the answer but know where to go to find it," said McCann. She encourages business people to contact the chamber with any challenges and obstacles they might face. She noted she hopes to be able to schedule online meetings with companies as well.

One of the major reasons the chamber moved to its new location is to provide such support and to address regional workforce development issues, said McCann. "We want the business community of the Northeast Kingdom to know we are here for them."

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Withdrawal from the National School Boards Association

I applaud NHSBA's decision to withdraw from the National School Boards Association. Throughout past years, I've enjoyed and appreciated our working relationship and your valued input during legislative committee work sessions. The September 29 letter from the National Association to President Biden was obviously politically driven, an affront to parents and done without communication or support from local New Hampshire School Boards.

Perhaps there is a valuable take-away that can be learned from this fiasco. Lasting and quality educational change cannot be achieved through extreme reaction or an unfounded mandate.

RSA21-N:1, states it well: "The general court finds that

the students, parents, general citizenry, local school teachers and administrators, local governments, local school boards, school administrative units, and state government have a joint and shared responsibility for the quality of education delivered through the public education system in the state of New Hampshire."

NHSBA's decision to withdraw from the National is grounded in common sense, and speaks to the fact that the National's leadership was not and is not reflective of New Hampshire.

Respectfully,
Rep Rick Ladd
Chairman, NH House
Education

Burklyn Arts Council Cancels Winter Fair, Prepares For Next Summer's Event

Northeast Kingdom - The Burklyn Arts Council board announced this week it has cancelled this year's Burklyn Arts Holiday Fair, scheduled for Dec. 4 and 5. Not affected, however, is the council's summer crafts fair, to be held Saturday, July 2 in Lyndonville's Bandstand Park. Organization for that popular annual event has already begun.

Like so many events that have faced cancellation this year, increasing Covid-19 numbers in the region played a part in the council's decision to forego the holiday fair. Additionally, vendor

numbers were considerably lower than normal.

"Our council is all about promoting arts in the schools. Concern for the health of the children, families, volunteers, vendors and trustees who attend the fair must be our foremost priority," according to a board statement. "The prospect of someone getting Covid from attending the event was not a risk we were willing to take." Between 1,000 and 2,000 people attend the two-day holiday event.

"We know this news is disappointing, but there is a

bigger consideration here," added the board. She added that those wishing to shop for items for the holidays can check out the organization's web site, which includes links to its vendor sites, <https://www.burklyn-arts.org/artisans>.

Vendors or volunteers interested in participating in the summer event should contact BAC at burklynarts40@gmail.com. Summer booth information should be going up on the council's site soon, <https://www.burklyn-arts.org/>.

Work Completed On Haverhill Rec. Sites

Recently, both Augie's Rest Stop and Railroad Park were shown a little love.

Work to regrade and re-surface Augie's was a collaborative effort by Kevin Horne, Kevin Fagnant, and Haverhill Highway.



Work at Railroad Park included adding wood chips to the picnic area and play areas; the regrading and re-



surfacing of the parking area and entrance; as well as reestablishing the walking path. This work was a collaboration by Selectmen Matthew Bjelobrk, Mark Codling, and Sherri Sargent of Haverhill Parks & Recreation.

Material for both projects were provided by the Town of Haverhill through the Highway and Parks & Recreation Departments.

Thank you all for donat-



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Brigitte Codling
Haverhill Town Manager



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No One Was Sleeping During Sleeping Indoors

by Gary Scruton

It was so great to once again be seated in front of actors from Old Church Theater. Even though there were two recent performances of "Presto" it was "Sleeping Indoors" that truly marked the return of this great group of volunteers.

This production was held at the Bradford Academy Auditorium which itself makes some aspects of putting on a production more difficult. But part of the issue was solved by the mere fact that there was no change in scenery during this performance. All scenes took place in the one room of the home of Paul and Nora Farefield, played, respectively, by Chris Leary and Carie Anne Quinn. These two are the first to appear on stage and they certainly do well in setting the stage for what is to come. They work well with each other as well as with the other two members of the cast, not to mention the four (or is that five, or even six) cats!

But I should also mention

that another aspect of setting the stage was accomplished by some, at first, questionable music playing as we entered the hall, and then continued until the lights went up. That music later became clearer as a Christmas mood was the one being set. So if you really, really do not want to hear Christmas tunes before Thanksgiving, or if you really, really do not want to hear any adult language (yes there is more than one occasion, but all at, I believe, appropriate and meaningful times) then this is not a performance for you to attend.

The story itself revolves around Dwain, played by Miles Conklin, who is described early on as a southern gentleman who needs a helping hand. Miles does a great job of keeping his accent throughout the play, as well as doing the difficult task of playing the physical role as well. A man who may be a genius, may be crazy, may be sick, or may simply be wanting to be left alone. There is some depth written into the play and this cast

did a solid job of bringing that point across.

The fourth member of this ensemble is another OCT regular, Meghan Ashley. The night we attended, opening night, was also Meghan's birthday and the rest of the cast managed to catch her off guard with flowers and encouraged the audience to chime in with a birthday tune. In regards to her performance, the key thing is that Miles mentioned her in his post performance remarks by saying that Meghan's ability is what helped him get through the night.

One more note to mention about this performance is that according to the playbill "All net proceeds from Sleeping Indoors to benefit homeless services in the Upper Valley". So be entertained, donate to two worthy causes, and get into the Christmas spirit with a visit to one of the three final performances of Sleeping Indoors by Old Church Theater. Bring your friends, your neighbors, or perhaps even someone you find under a bridge. You never know what they may offer.

Nominations Open For 2021 Business & Citizen of the Year

WELLS RIVER, VT -- The Cohase Chamber of Commerce is now accepting nominations from the public for its 2021 Business of the Year and Citizen of the Year awards. The deadline for nominations is December 1, 2021.

The awards are presented annually to a business and an individual who have had a significant impact on the community in the past year. Winners will be celebrated at the Cohase Chamber Annual Meeting on January 18, 2022.

Last year, Hatchland Farm received the Business of the Year award, and Carolyn and Larry Coffin of Bradford, Vt., shared the Citizen of the Year award. Nominees for both awards must meet certain requirements, including leadership, innovation, and charitable work in the community.

For a full list of criteria, past winners, and to submit your nomination online, please visit cohase.org.

The 15th Annual Community Awards will be presented January 18, 2022

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WHEN: Saturday, Oct 17, 2021
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Postponed Until
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WHERE: Robert E Clifford Memorial Building
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Over 100 Haverhill residents attended the last Open Public Discussion and it proved to be a wonderful forum for residents to ask questions, offer comments, and discuss items of public interest with the Select Board, Town Administration, and their neighbors.

This event will again be moderated by Doug Dutile and will follow the same format as the Open Public Discussion the Town hosted prior to the 2020 Town Meeting; once a subject arises it will be exhausted before we will move onto another subject.

Please join us and bring your neighbor!

Calendar of Events

EVENTS FROM LOCAL NON-PROFITS, SCHOOLS AND TOWNS. *PRESENTED FREE BY TRENDY TIMES.*

OCTOBER 1 - NOVEMBER 13

isolating together in wood & wood
See Article on Page 1
NEK Artisans Guild, St. Johnsbury

WEDNESDAY, NOVEMBER 10

ROSS-WOOD POST #20 AMERICAN LEGION
MONTHLY MEETING
6:00 PM
4 Ammonoosuc Street, Woodsville

THURSDAY, NOVEMBER 11

VETERANS DAY PARADE & CEREMONY
11:00 AM See Ad on Page 8
Central Street, Woodsville

FRIDAY, NOVEMBER 12

14th ANNUAL TURKEY SPIN OFF
6:00 PM See Ad on Page 8
American Legion Post #20, Woodsville

FRIDAY & SATURDAY, NOVEMBER 12 & 13

SLEEPING INDOORS by OCT
7:00 PM See Ad on Page 9 and Article on Page 5
Bradford Academy Auditorium, Main Street

CHILDREN OF EDEN by UPSTAGE PLAYERS

7:30 PM See Ad on Page 9
Littleton Opera House

SATURDAY, NOVEMBER 13

LISBON LIONS HOLIDAY DINNER
See Article on Page 6
Home Delivered Only

OPEN PUBLIC DISCUSSION

2:00 PM See Ad on Page 4
Clifford Memorial Building, Woodsville

SUNDAY, NOVEMBER 14

CHILDREN OF EDEN by UPSTAGE PLAYERS
2:00 PM See Ad on Page 9
Littleton Opera House

SLEEPING INDOORS by OCT

3:00 PM See Ad on Page 9 & Article on Page 5
Bradford Academy Auditorium, Main Street

THURSDAY, NOVEMBER 18

VFW POST #5245 MONTHLY MEETING
7:00 PM
VFW HALL, NORTH HAVERHILL

SUNDAY, NOVEMBER 21

ACOUSTIC MUSIC JAM
12:00 NOON - 3:00 PM
Clifford Memorial Building, Woodsville

SENIOR CITIZEN THANKSGIVING DINNER

12:30 PM
American Legion Post #20, Woodsville

MONDAY, NOVEMBER 22

HAVERHILL SELECT BOARD MEETING
6:00 PM
Clifford Memorial Building, Woodsville

FRIDAY, NOVEMBER 26

LITTLETON CHRISTMAS PARADE
12:00 Noon See Article on Page 1
Main Street, Littleton

SUNDAY, DECEMBER 12

BENEFIT TEXAS HOLD 'EM POKER
11:00AM-1:15 PM Cash 1:45 Tournament
Moose Lodge 1779, St. Johnsbury

MONDAY, DECEMBER 13

ROSS-WOOD UNIT #20 AMERICAN LEGION
AUXILIARY MONTHLY MEETING
6:00 PM
Post Home, 4 Ammonoosuc St., Woodsville

WEEKLY EVENTS AT CLIFFORD MEMORIAL BUILDING

South Court Street, Woodsville

ANTIQUÉ STROLLERS WALKING PROGRAM

Monday – Friday from 11:00-12:00
MOVEMENT AND STRETCH CLASSES
Tuesday and Thursday afternoons
1:00 – 2:00 PM

PICKLEBALL

Tuesday & Thursday evenings at 6:00 PM
Saturday mornings at 9:00-10:30 AM
LINE DANCING every Wednesday evening
6:00 - 7:00 PM

CORNHOLE LEAGUE. October 27 at 7:00
& 29 at 6:30. November 1 & 5 at 6:30,
10 at 7:00, 12, 15 & 20 at 6:30. 24 at 7:00,
26 & 29 at 6:30.

*All listings in our
Calendar of Events are
free of charge. Check out
www.trendytimes.com*

*for an easy way to submit your
upcoming event, fundraiser,
or performance.*



by Eli Heath
Paige Computer Services

With today's technology our children practically live on the internet. Here are some tips on protecting your children while they are on the internet and what parents should do to make surfing the internet a safe place for their children. The Internet can be a safe environment for children to surf if certain guidelines are established between the parents and children.

The internet is not evil; I have heard people say that they are afraid of what may happen if they go on the internet. When you go on the internet, it opens a new world of adventure and communication. I compare surfing the internet to driving a car, know where you are going, be aware of where you are, and keep your eyes open to any hidden dangers

Tek Talk with Eli

that may come your way. There is inappropriate material on the internet, and there have been cases where children are victimized by serious crime from the internet. Children can greatly reduce the risks by following some simple guidelines.

1. Never give out personal information—home address, school, name or telephone number or e-mail—in a public chat, message or bulletin board, that information is available for all to see not only your friends. Think carefully before revealing your age, marital status or financial information.

2. Get to know what service your child is using. Is it Facebook or another website or app? If you don't

know logon have your child show you where they go. Find out what information the site offers, what content is available and any ways to block objectionable material.

3. Never respond to messages that are obscene or suggestive, belligerent, threatening, or make you feel uncomfortable. Encourage your children to tell you if they encounter such messages. If you or your child should receive such messages forward those to your internet service provider so appropriate action can be taken.

4. Never allow a child to arrange a face-to-face meeting with another computer user without parent's permission. If a meeting is ar-

ranged, make it a public spot, and be sure you go with your child.

5. Be aware people are not always what they seem to be on the internet. What may appear to be an innocent conversation between your child and another child may be a 40 year old man posing as a child.

6. Remember if it seems too good to be true on the internet it probably isn't true.

7. Log your child's chat conversation. Yahoo and AIM allow you to save a copy of the chat log to the computer. That is important should the information be needed to prosecute a potential suspect. Should your children complain about their privacy, sit down and talk to them, explain why it is important and the dangers lurking on the internet.

8. Have the computer lo-

cated in the family room where you can monitor your child's internet activity.

9. Have a written contract with your children on Internet Do's and Don'ts, one may be found on www.missingkids.com

There are several commercial computer programs that can be purchased that will help monitor and protect your children while on the internet. There is Net Nanny from www.netnanny.com or Cyber Patrol from www.cyberpatrol.com. I hope this information will be helpful so you and your children can surf the internet with a feeling of security. Please e-mail me at paigece@gmail.com if you have any questions or comments or call (603) 747-2201. Until next time Happy Computing!

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Dorm Life - 50's Style

by Elinor Mawson

"Girls are expected to conduct themselves in a ladylike manner at all times, avoiding boisterous conduct such as swearing and the slamming of doors."

That was rule #1 in the dorm when I "went away to school" the year I was 14. I had had a less than happy year at the local high school, doing poorly academically, having few friendships and hating my home life. My mother decided I needed a change.

The dorm was a large building with the dining room and kitchen on the first floor, and 10 rooms and bath on the second. Teachers occupied 4 of the rooms, including our "preceptress" Miss Burnham who didn't miss a trick.

I was assigned to room with Eva, a senior. She had been there for 3 years and knew all the ins and outs of the place. I was right off the farm and had no idea what to expect, and she was very patient and helpful.

The schedule consisted of: 7 AM - wake up, get dressed: 7:30 AM breakfast: 8 AM-2 PM school (lunch at noon): 2 PM-4:30 PM - activities, sports: 5:30 PM Supper; 7-9 PM compulsory study: 10 PM lights out

At mealtime we all went to the dining room, stood in back of our chairs and repeated Grace: "We thank thee our Father for this food". Then we sat down and ate, family style. The food was plain and (mostly) appetizing. After everyone had finished, we could leave the table.

Study Hall was tough! We had to sit at our desks the whole 2 hours. And we HAD

to study. No knitting, no music, no talking. Sometimes I would write a letter, Sometimes I would sneak a Hostess Cupcake, but most of the time--you guessed it-- I would study. When the bell rang at 9:00, someone would shout, "I've got the tub" or "I've got the iron!".

The bathroom for 10 or 12 people consisted of 2 sinks, 2 toilets and 1 tub. No shower.

The teachers would use the tub during our study hall, but the rest of us had to figure out a schedule of our own.

On Saturdays we could wear jeans. We had to clean our rooms on Saturdays and sometimes we could "entertain" our boyfriends in the living room downstairs for one hour. We were ever mindful of the teachers one floor above.

Whenever we received grades from school, we also got "dorm marks" which encompassed room appearance, cooperation with teachers, personal appear-

ance, church attendance, etc. I am sorry to say that my dorm marks weren't as welcome as my school grades. I would get comments like "Off color remarks", and "room is always messy". Needless to say, my mother wasn't very pleased.

We were allowed to "sign out" for a half hour at a time and go to the local greasy spoon. I always had an English Muffin and a pale ginger ale. They cost 15 cents. I had an allowance of \$2.00 a week which, even then, didn't go terribly far. Once a week we could sign out for an hour and go to an inn which served ice cream. If I had any money left over I would have a sundae for 35 cents.

Despite all the restraints and rules, I spent three of my happiest years away at school I made friends that I still have today, and, of course, in my junior year, I met the guy with whom I have spent the last 62 years of my life.



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*The Bath School Board is seeking
someone to fill the position of District Clerk.*

QUALIFICATIONS: *A registered voter in
the school district.*

*If interested, please send cover letter
and resume to:*

Bath District Clerk Position
c/o SAU #23
2975 Dartmouth College Hwy.
No. Haverhill, NH 03774
Email: sau23@sau23.org

MINUTES CLERK NEEDED

*The Bath School Board is seeking
someone to take minutes at their board
meetings held once a month.*

*If interested, please send cover letter
and resume to:*

Bath Minutes Clerk Position
c/o SAU #23
2975 Dartmouth College Hwy.
No. Haverhill, NH 03774
Email: sau23@sau23.org

HAVERHILL COOPERATIVE SCHOOL BOARD DISTRICT CLERK NEEDED

*The Haverhill Cooperative School Board is
seeking someone to fill the position of District Clerk.*

QUALIFICATIONS: *A registered voter in
the school district.*

*If interested, please send cover letter
and resume to:*

Haverhill District Clerk Position
c/o SAU #23
2975 Dartmouth College Hwy.
No. Haverhill, NH 03774
Email: sau23@sau23.org

Not all Times are Trendy, but there will always be Trendy Times November 9, 2021 Volume 13 Number 3

Hosting State Officials, Both Elected and Appointed

Over the years the Thomson Family Tree Farm has hosted hundreds of tours, from school kids, International Conservation organizations, elected or appointed state and national officials along with many other groups.



L to R, Sarah Stewart, Commissioner of the Department of Natural & Cultural Resources, Tom Thomson of the Thomson Family Tree Farm and Patrick Hackley, Director of the Division of Forest and Lands. Photo taken by Claire Thomson.

Recently we had the pleasure of hosting Commissioner Sarah Stewart who oversees the N.H. Department of Natural & Cultural Resources (DNCR) and newly appointed Director Patrick Hackley of the N.H. Division of Forests & Lands.

Under Commissioner Stewart, the DNCR has five divisions, which are N.H. Division of Forests & Lands, N.H. Division of Parks & Recreation, N.H. State Library, N.H. Division of Historical Resources and the N.H. State Council of the Arts. Noted Stewart, "Our five Divisions are dedicated to protecting, promoting and managing a wide variety of New Hampshire's natural, recreational and cultural resources".

This summer we invited Commissioner Stewart and Director Hackley to spend the day on our Certified Tree Farm in Orford to see and learn what most New Hampshire Forest Landowners do on their property and how willing they are to share their lands with both the general public and our state agencies such as the DNCR. An example would be opening our property for snowmobiling, which falls under the Division of Parks

and Recreation's, Bureau of Trails. In New Hampshire there are 7,200 miles of snowmobile trails of which 82% of all trails are on private properties such as ours, the remainder would be on state, federal and non-governmental organizations. On our tour we drove on the road system, which is used in the winter for snowmobiling, cross-country skiing and snowshoeing.

Snowmobiling alone brings into our states economy around \$600 million, direct and indirect, which points out how important the relationship is between our private landowners and our state agencies working together. In addition, those same private trails and roads that provide recreational access also serve as the transportation network for a thriving forest products industry generating over \$1.5 billion in economic revenue and employing over 7,000 people.

There are many other activities that happen on these lands such as hunting and fishing along with many other recreational activities. This past year we saw a large increase in hiking in the forest and trails due to Covid-19.

We enjoyed Commissioner Stewart and Director Hackley touring our Tree Farm and seeing what New Hampshire private forest landowners are doing and sharing with the state. We also agreed to continue to keep lines of communications open and work together to improve relationships with three very important industries, which are critical to both forest landowners and our states economy; Forestry, Recreation and Tourism.

I encourage you to visit the NH Department of Natural & Cultural Resources web-site to learn more: dnrc.nh.gov.

The Thomson Family Tree Farm looks forward to seeing other state appointed or elected officials who may want to get out of Concord and tour a Tree Farm.

Tom Thomson
Tree Farmer
Orford, NH



Bayley Hazen Rd. Ryegate VT

Cyndi Wellman For a copy contact: cnb.pics07@gmail.com

Volume 13 Number 3

November 9, 2021

Not all Times are Trendy, but there will always be Trendy Times

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**Veterans Day Parade
& Ceremony**

Thursday, November 11

11:00 AM Step off From Woodsville Village Pizza
Ceremony at Central Street Flagpole
With Guest Speaker Gary Moore
Luncheon for Participants to Follow

Friday, November 12

14th Annual Turkey Spin Off

6:00 PM at the Post Home

Also Drawing winners of the Gift Card Raffle
Public is invited, please use front door.
Guests must be signed in by member.

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Carey Brodzinski, Wells River



Carey is both a Family practice and Psychiatric NP, presently concentrating on taking care of patients with mental health concerns. Carey was born in England. She emigrated to Canada with her family in 1966. She has been working in the USA since 1976, after graduating from Nightingale school of nursing, in Toronto. She received her BSN from The State of New York University, Regents College in 1997.

She obtained her MSN and Family practice certificate from UVM in 2000. She returned to UVM to get her post graduate certificate in psychiatry, graduating in 2007. She is looking forward to working with the dedicated employees at LRHC. Outside of work she enjoys spending time with her family and friends, travelling, cooking and gardening.



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Another Big Check Thanks To Littleton Food Co-op

On a beautiful fall day in October, the Littleton Food Co-op (LFC) convened on Copper Cannon Camp for the Manager's Retreat. It was also the perfect day to present Peter Christnacht, Executive Director of Copper Cannon Camp, with a big check for \$6,399.43 collected from LFC's Partner of the Month Round Up program from September. Copper Cannon's mission is to enrich the lives of underserved youth of New Hampshire by providing a quality tuition-free camp experience. Since 1963, they have been making a difference in the lives of youth.

Such a beautiful camp and thoughtful, fun-loving people. No wonder Copper Cannon Camp has such positive effects on our youth in New Hampshire. Thank you Copper Cannon Camp for all you do in service to our treasured children.

Member-owned Littleton Food Co-op serves the community by providing high quality food, offered at a fair price, with outstand-

ing service. Everyone is welcome to shop and anyone is welcome to join. Located at the intersection of Cottage Street and Route 302 (exit 41 off I-93), the Littleton Food Co-op is open daily from 7 am - 8 p.m. For more information or to become a member, please visit www.littletoncoop.com, call 603-444-2800 or just stop by!



Back row - Left to right - Jimmy Northrop, Michel Lurie, Jose Bonilla
Front row - Left to right - Andrea Dobbs, Peter Christnacht, Ed King

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Biden Salutes America With One Finger!

Op-ed by Nick De Mayo, M. Ed., Northern Grafton County Republican Committee (NGCRC), Chairman Sugar Hill, NH

Most Americans who run for President of the United States do so with great pride because they are following in the footsteps of a legendary leader, patriot, and "Father of our country," General George Washington. As the first President of the United States, George Washington set the tone for the entire future US government. He always did everything to PROTECT America and Americans. He was a die-hard PRO-AMERICAN!! He would be turning in his grave at Mt. Vernon if he could see what his Maryland neighbor is doing with the beloved United States of America that Washington created!

Biden is no patriot! No George Washington!! Biden seems to be saluting America with one finger, the one located in the middle of the saluting hand! His policies for the last ten (10) months are "un-Washington, ie George Washington-like." While Washington was "pro-American," the current White House occupant is "anti-American." "Biden is governing for Leftists only!" according to JD Vance, Ohio Senatorial candidate for Congress.

Since Day One in office, Biden has made, and is continuing to make "anti-American" decisions like cutting valuable oil supplies from the very productive US oil pipelines, which heretofore, was allowing the American oil industry to be more self-sufficient, and allowing affordability for American citizens in all aspects of energy use. His "open borders" policy has created incessant, illegal immigration at our southern border, thus promoting child abuse and child endangerment causing the death of innocents while enriching the pockets of the Mexican cartel gangs. Human sex trafficking is off the charts! The dispersal and delivery (to more American cities and towns throughout the United States!) of all forms of dangerous drugs... marijuana, cocaine, methamphetamine, and heroin) has been made easier by this uncontrollable, ludicrous "open borders" policy! Additionally, this "anti-American" move away from continuing to protect America and American citizens by construction of the border wall has unnecessarily cost American taxpayers millions upon mil-

lions of dollars in delivered, but unused, steel materials now needlessly sitting, and wasting away along the Rio Grande River. American citizens in towns situated along the southern border, as well as cities and towns around America, are victimized by illegals entering our country who are being allowed to enter by this Administration without their proper medical shots. Trespassing on private property in border towns is widespread forcing homeowners to carry weapons to protect their property and families. Biden's anti-American, "open borders" policies have caused real health and national security issues. No American town is safe from this unlawful, organized incursion of illegals due in part by the misguided efforts of "NGO's" who re-settle these illegals in towns across America by the use of "midnight flights."

In addition to the dangers he has inflicted on Americans at the southern border, Biden has diligently and steadfastly worked to hurt Americans in other, more diverse areas. He has promoted other "anti-American activities against the American people" like issuing into existence a totalitarian government through the promotion of vax mandates, by the unleashing of bank surveillance on the middle class via the proposed hiring of 80,000-plus IRS agents to the cost of \$80 Billion which according to Thomas Hoenig, Vice Chairman of the Federal Deposit Insurance Corporation [FDIC] (which was created by the US Congress to maintain stability and public confidence in the nation's financial system) ... "Biden's IRS snooping into 400 Million accounts is a gross intrusion of privacy," through the promotion of widespread inflation causing a tax on hard-working families to pay more and more for basic necessities, especially gas, by the recommendation of higher corporate and individual taxes, by promoting distrust among our allies through his hasty and disorganized Afghanistan withdrawal screw-up, and handing over to our enemies (through his careless abandonment) of valuable US military property and equipment like tanks, planes, helicopters, guns, bullets, night-vision goggles, helmets, vests, boots, and sensitive, intelligence computer equipment. He carelessly and uncharacteristically left Americans behind enemy lines to fend for themselves! Is it any wonder that his constant ref-

utations to these truths has led many to label this occupant in the White House as "Lyn' Biden"?! Fascist tactics are continuing to be used against the American people. Obama used the IRS to go after Conservative groups with the help of Lois Lerner ("Enemies Within," Trevor Loudon, 2013) while Biden is using the IRS to go after the middle class through the efforts of Secretary of the Treasury, Janice Yellin (Fox Business). Is it any wonder why Biden's approval rating is only 37% among American voters!?

Biden has further promoted Fascist tactics by allowing the Department of Justice (DOJ) under the direction of Attorney General, Merrick Garland, to intimidate concerned parents, labelling them as "domestic terrorists" for attending their school board meetings in order to voice their guaranteed 1st Amendment Constitutional Right of Freedom of Speech in order to question, and understand the methods under which their children are being taught.

The latest "anti-American" attacks are a "wealth tax" which is an alternative minimum tax on unrealized gains on one's savings, and reparation payments to illegals to the tune of \$450,000.00, each, due to family separation while illegally crossing our border! It's like stealing across our border, and then, winning the lottery!...adding insult to injury to the American taxpayer!

All the while, there is no outcry from our 4 - entrenched, silent New Hampshire "Pelosi-puppet" Swamp creatures. In addition to replacing "anti-American," globalist-toting Biden, the time is near-at-hand to replace Hassan, Kuster, Pappas, and Shaheen because they will never go of their own volition.

Veterans Day – A Time To Remember and Give Thanks

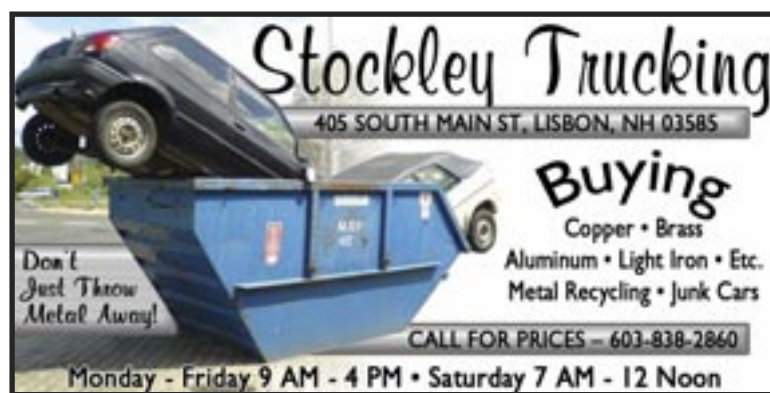
by John O'Brien
A proud V.N. Veteran
Orford, NH

Veterans Day on November 11th is a day of celebration set aside honoring all men and women who have served and are currently serving in the United States Armed Forces – Active Duty, Guards, Reserves, and Retired - in times of war and peace.

Any time you have the opportunity, thank the members of the military, past and present, especially

those returning from a war zone, most recently – Afghanistan. Be especially mindful of our Disabled and Paralyzed Veterans and the sacrifices they and their loved ones have endured, and to the families of those who have paid the ultimate sacrifice.

"What is a Veteran." "A Veteran is someone who at one point in his/her life, wrote a blank check made payable to The United States of America, for an amount of up to, and including, his/her life."



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November 9, 2021

Volume 13 Number 3

Finding Solutions for Your Financial Needs

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Work with Your Life Partner to Achieve Mutual Goals

When you and your life partner work together to achieve your important long-term goals, such as a comfortable retirement lifestyle, the experience can be greatly rewarding. However, your success will require commitment and discipline. So, what steps should you take along the way?

One key move is to decide early in your relationship how you will handle money. Many couples merge their finances and make joint decisions on major purchases. But some couples like to keep at least part of their finances distinct, perhaps by maintaining separate checking or savings accounts. There's really no one correct solution for everyone, but whatever you decide, you'll want to be assured that all the bills will be paid and that neither one of you feels the pressure of an unfair financial burden.

Here's another suggestion: Try to avoid keeping financial secrets from your partner. That means disclosing your debts, hidden funds or uncommon investments. These types of surprises can lead to difficulties and mistrust. Even if you're entering the relationship carrying

something like a heavy student loan, it's best to get it out in the open right away so, together, you can strive to gradually eliminate it.

Of course, there's also a practical side to not keeping secrets. Your large student loan could affect your credit rating – an issue that may arise when you and your partner are seeking a mortgage or some other type of loan. Clearly, you both should be aware of this potential stumbling block before you begin the application process.

Now, let's consider your investments. You each may have your own IRA and 401(k) or similar employer-sponsored retirement plan, but you might also share a joint investment account. However, you might not share the same risk tolerance – perhaps one of you tends to be more aggressive, willing to take more risks in exchange for potentially higher returns, while the other is more conservative, preferring to keep down the risk level of a portfolio, even if it means lesser capacity for growth.

Again, neither you nor your partner is necessarily "right" or "wrong" in your views on investing – and

nobody's feelings about risk should be ignored. But once you've clearly identified your retirement goals and estimated their cost, you may find that compromise is possible. In other words, perhaps the conservative partner will realize that a too-cautious approach could hinder progress toward the desired retirement goal, while the partner who focuses on maximum growth will learn that a somewhat less aggressive approach can still yield the desired results. This type of compromise may affect the investment choices you make in your individual accounts as well as your joint accounts. And the way you choose your investments may even change over time, especially if your financial goals evolve.

Ultimately, communication is the key. As long as you're talking to each other and openly expressing your wishes and concerns, you and your partner can find a way to keep moving toward your mutual goals.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC

Liver Disorders And Anemia

by *Melanie Osborne*

Close to two dozen major functions are performed by the liver on a continuous basis. In order to perform all these functions, the liver processes an incredible amount of blood, about three pints every minute. When the liver is diseased many of these functions do not operate correctly. Toxins are no longer filtered out effectively and may be build up in the body, as will the by-products of protein metabolism such as Ammonia. Sugar levels fall. Infection is common, and the kidneys may fail. Severe, uncontrollable bleeding is also common, with coma and death likely. But checked in time, a diseased or failed liver stands a good chance of healing.

It is difficult to overestimate the importance of maintaining a healthy supply of blood. The blood performs many vital functions which sometimes become overtaxed during acute and chronic cellular disease. Likewise, many ailments and diseases are the result of impurities and toxins in the blood. The blood is therefore a target for effective medicinal intervention. The herbs listed below are an incredible blend that could properly be "termed" as alternative, meaning that it gradually changes the properties of the blood from unhealthy to healthy. What happens is toxins and wastes are filtered out, microbial poisons are killed, vital salts are adjusted and

balanced, nutrients are supplied and plasma substances are strengthened and enhanced. These herbs are highly beneficial in the treatment of imbalances such as skin sores, easy bruising, diseased gums, exhaustion, anemia, cancers, venereal disease, and other related conditions.

Herbs for blood purifying/Liver Balancing Include: DANDELION ROOT: (Taraxacum Offinale), A source of natural Potassium and an excellent liver cleansing and strengthening agent, with soothing healing properties for the digestive system and bowel inflammation. Primary Uses: a specific for liver cleansing and healing, including serious liver conditions such as hepatitis, jaundice, and cirrhosis; as part of a bowel cleansing and toning formula; as part of a combination to reduce high blood pressure and its resultant water retention. Secondary Uses: aids weight loss; reduces cholesterol, speeds liver metabolic action.

YELLOW DOCK ROOT: (Rumex Crispus), A rich source of herbal iron, particularly effective for liver, gallbladder, spleen and skin disorders. Primary Uses: as a specific in treating anemia, and in blood building formulas in general; a specific in liver, gallbladder, spleen and other iron deficiency disorders; as an effective lymphatic cleanser and mild blood purifier; as a mild astringent in a combination for hemorrhoids and other inter-

nal bleeding problems; as part of a formula for eczema and psoriasis; as a treatment for jaundice due to congestion; as part of a combination to dissolve cancerous growths and tumors; as part of a strengthening formula in the elimination of intestinal parasites. Secondary Uses: as part of a mild purgative for constipation; to help promote production of bile; as part of a blood building iron and vitamin C compound. Nutrients: calcium, iron, magnesium, manganese, phosphorus, potassium, selenium, zinc. vitamins B1, B2, B3 & C.

SARSAPARILLA ROOT: "Mexican" (Smilax Aristolochaeifolia), A natural steroid and progesterone precursor with wide-ranging properties, from improving sports performance and scaling skin conditions. Primary Uses: as a definitive natural steroid for testosterone production in the body, particularly useful for body building as a source of muscle building hormone; as part of a body balancing and blood purifying combination; as a specific for itching, scaling skin conditions; such as eczema, psoriasis and herpes; as a specific in a female or male hormone and gland balancing compound; as part of a treatment for rheumatoid arthritis; as a liver healant for chronic hepatitis. Nutrients: iron, magnesium, manganese, phosphorus, potassium selenium, zinc. LICORICE ROOT: (Glycyrrhiza Glabra), A wide-ranging, anti-inflammatory,

anti-fungal, anti-spasmodic, and anti-bacterial herb, particularly useful as a blood cleanser, nervine, endocrine and hormone support. Other important functions include effectiveness as a blood sugar regulant, healant for gastro-intestinal conditions such as ulcers, and capable adrenal nourishment. It also acts as natural cortisone. Primary Uses: as a specific in a blood cleansing and detoxification tonic; as a specific in a formula to regulate both hypoglycemia and diabetes; to speed healing of mucous membranes in a formula for gastric and duodenal ulcers; as a primary stimulant to the adrenal glands; as an anti-fungal in treating Candida Albicans. Nutrients: calcium, choline, iron, magnesium, manganese, phosphorus, potassium, selenium, silicon, zinc. Vitamins B1, B2, B3 & C.

KELP, LEAF & STEM: (Ascophyllum Nodosum), A sea vegetable rich in iodine, chromium and other mineral; with anti-biotic, cleansing and thyroid stimulating activity. Primary Uses: as part of a weight loss, prenatal, gland/blood sugar balancing and iodine therapy formulas.

CAYENNE PEPPER: (Capsicum Annum), A highly aromatic, carotene-rich digestive and heart tonic with anti-bacterial qualities, used as a central system catalyst and circulatory stimulant in many formulations. Primary Uses: as a specific in heart muscle regulation, to strengthen all parts of the circulatory system and to normalize blood pressure;

as a specific in digestive formulas to control gas, flatulence and upset stomach; as a warming agent for arthritic, lower back and rheumatic pain; as a specific in breaking up mucous congestion in colds, flu, bronchitis, respiratory and cleansing formulas; to treat shock, and to prevent the onset of shock (as in a heart attack). Nutrients: Amino Acids, calcium, essential fatty acids, folate, iron, magnesium, phosphorus, potassium, zinc. Vitamins B1, B2, B3, B5, B6, C & E.

BURDOCK ROOT: (Arctium Lappa), A strong liver purifying and hormone balancing herb, with particular value for skin, arthritic, and glandular problems. Primary Uses: as a specific in all blood cleansing and detoxification combinations; as an important anti-inflammatory and anti-infective for serious female conditions such as endometriosis inflammation, eruptive fevers and excess fluid retention; as a specific for antihistamine activity in cases of itching, or eruptive skin problems such as acne & eczema. Nutrients: Amino Acids, calcium, chromium, copper, iron, magnesium, manganese, phosphorus, potassium, selenium, silicon, zinc. Vitamins B1, B2, B3 & C.

Melanie Osborne is the owner of Thyme to Heal herbs and has a private practice on Route 302 in Lisbon, NH. She has been in practice since 1991. She is certified in Therapeutic Herbalism through the Blazing Star Herbal School, in Shelburne Falls, MA.

Letter to the Editor: Follow The Science

To the Editor,

This has been the mantra concerning COVID. But nobody does, and no one in authority – the Biden administration – really cares. The Democrats tell you what to do or else. Business is so scared of what the Biden administration might invoke to keep us – the people – subjugated and inflict more misery on business that has no basis in U.S. constitutional law. Nobody cares to contest tyranny except those -certain businesses and professions – who recognize that executive orders are meaningless unless there is complicity. Nullification – Amendment X of the U.S. Constitution - is used repeatedly by certain states to thwart the tyranny of Washington without explicitly stating so. Florida and Texas are well known for their self-determination. The Biden administration uses what Democrats always do: call people names because any statements based in fact are few and far between; attack the messenger because attacking the message is all too clear to the average American. Biden administration policy and lies ignore the burden of COVID being introduced into our communities by the surreptitious relocation of border crossers and so-called get-aways (those not intercepted by our border patrol).

Now comes an outspoken pro-vaccine supporter (Booth, The Littleton

Robert,

COVID-19 is a name that just two years ago we had never heard or used. But those who remember history do recall the so-called Spanish Flu which devastated the world's population a little over 100 years ago. Of course so much has changed since that time, both in science and in life in general.

I know people who have not been vaccinated as well as those who have been (even some who

Courier Oct. 6, 2021) who tells you to get vaccinated. Never mind that: the efficacy of the current vaccines is quite short-lived. "Wear a mask even if you have been fully vaccinated" because the protection from vaccination may last as little as a couple of months; vaccinated persons can acquire COVID and transmit the virus to both vaccinated and unvaccinated who can then transmit the virus to – you guessed it – both vaccinated and unvaccinated persons; that naturally acquired immunity - from having a positive COVID antibody test (indicating past infection) with or without having had symptoms is far superior to vaccination; that survival from COVID infection with or without symptoms exceeds 99% in all age groups – a fact government does not advertise to keep you in fear and subconsciously looking to government for protection, which government has no exceptional power to assure you or grant you. WMUR-TV, New Hampshire's station for news, continues to parrot COVID data without comparison nor context and is meaningless. Viewers remain as confused as WMUR-TV's producer and broadcasters. Data is just a snapshot, an inaccurate one, because many more people than just those tested have been infected. In the state of Maryland – as reported by former CDC director Redfield – 40% of deaths have occurred in vaccinated

people.

Now driven by conflicts of interest to big pharma, vaccine is being recommended for 5 to 12 year olds. Experts without such conflicts recommend childhood vaccine only for those at high risk of severe disease and death: those with obesity, diabetes, chronic respiratory disease such as asthma and cystic fibrosis and immunocompromised children. The risk associated with vaccination of children is too great in otherwise well, normal children and should not be given.

I and four of my family members from Massachusetts to Kansas to California have had symptomatic COVID infection and all have recovered uneventfully. Stop being afraid. Get vaccinated if you want to do so. Wear a mask if you want to do so. But know that what you do is your personal choice. You bear no responsibility nor guilt for what happens to anybody else. You are not responsible for a vaccine that really doesn't work to protect anybody beyond a few months. Herd immunity occurs when a certain percentage of the population has been infected, leaving too few uninfected persons for the virus to latch onto for survival and replication. Given the media hype, herd immunity is just around the corner. Will authority tell us so we can stop the incessant outrage.

Robert Peraino
Franconia

have already gotten "the booster shot".) But that does not mean that any of them are smarter, or more independent, or better than anyone on the other side.

The most important thing any of us can do at a time of crisis is to work together. Row in the same direction. Pull the rope together. If we all agree on the final goal, then we should be able to agree on how to get there.

Gary Scruton, Editor

Letter to the Editor: Be A CASA

To the Editor,

We have all been staying close to home for the last 18 months. While many of us were able to manage during this pandemic, some families weren't as stable and were highly stressed. Children often bear the brunt of that stress; that's when a child needs us. I am one of many NH Court Appointed Special Advocates/Guardian ad Litem (CASA/GAL). After some interesting and informative training, we represent the child and report to a judge about how a child, who is under the care and supervision of the Division of Children and Youth and Families (DCYF), is doing. CASAs work with these children and their families, DCYF workers, and CASA supervisors to support a safe and stable environment for a child.

My work as a CASA benefits both the community and me. When I listen to a child or teenager, I know I have a unique opportunity to present that youth's needs to the judge, who will make an informed

Sue,

If I am not mistaken CASA workers, like you, are volunteers who should be thanked and congratulated by all of us. As you say these volunteers work with children who need someone to help them find a path in the right direction.

Being a regular attendee at Haverhill Town Meetings for years I know that the town is normally asked to make a donation to the group. I strongly support that donation as well as all the volunteers who step forward. I can only echo your call for others to do the same.

Gary Scruton, Editor

decision about the youth's future. I usually represent our older youth who need someone to listen and to help them make good decisions. The community gains when our youth develop the skills to live comfortably and successfully in their community, and I gain when I know I've made a positive difference to a child.

If you're looking for a way to give back to your community, consider becoming a CASA. You will be trained and supported as you learn to make a positive difference in a child's life. New Hampshire's neglected and abused children need you. CASAs are the people in a child's life who don't judge them, they support them. The next information session is on November 17 and will be conducted virtually. Visit www.casanh.org for information about registering. Do yourself a favor today, investigate becoming a CASA. There is a child out there that needs your help and support.

Sue Ford
Easton, NH

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Manager

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14 Everyday Lives Chronicled By Newest Listings to the NH State Register of Historic Places

The New Hampshire Division of Historical Resources is pleased to announce that the State Historical Resources Council has added six properties to the New Hampshire State Register of Historic Places.

Built in 1908, Conant Lodge serves as the central gathering place and common dining area for the Appalachian Mountain Club's Cold River Camp in North Chatham. Displaying elements of the Craftsman style, it is an influential example of the early 20th-century movement for land conservation and outdoor recreation.

Goodhue House in Deerfield dates back to approximately 1773 and is a typical Georgian-style, center chimney farmhouse with an attached ell. Its kitchen, located in the main house block, has a large bake oven and a small pantry still that maintains its original layout - including a rare, 36-inch Lazy Susan - and a trap door leading to a cold storage room constructed of large granite block.

Originally constructed in 1829, with major alterations in 1856 and 1892, Greenville's Columbian Manufacturing Company Mill No. 1 was rebuilt in 1902. Its construction type is typical for textile mills of the period, with brick walls and a heavy, fire-resistant floor framing system that could not only carry the load of machinery but also offset the vibrations caused by their operation.

Lisbon Congregational Church Parish House, built in 1914-1915, reflects the prosperity of the community at a time when it experienced booms in manufacturing and population. A gift of businessman and philanthropist Herbert Bigelow Moulton and designed by Lisbon native Chase Roy Witcher, the Tudor Revival building's primarily brick exterior is trimmed with pre-cast concrete features that simulate stone.

The Milford Suspension Bridge has been in nearly continuous use since it was built in 1889. At a time when foot access across the river was the norm in New Hampshire's small villages, the suspension bridge made it easy to travel from the res-

idential neighborhoods on the east side of the river to the manufacturing complexes, business district, town hall and high school on the western side.

Developed as the Somersworth's primary public cemetery in 1851 after that city and Rollinsford became separate municipalities, Forest Glade Cemetery is a notable example of the mid-19th century Rural Cemetery Movement begun at Mount Auburn Cemetery in Cambridge, Mass. Its headstones, obelisks, monuments, tombs, mausoleums and well houses chronicle more than 100 years of funerary art.

Anyone wishing to nominate a property to the New Hampshire State Register of Historic Places must research the history of the nominated property and document it on an individual inventory form from the New Hampshire Division of Historical Resources. Having a property listed in the Register does not impose restrictions on property owners. For more information, visit nh.gov/nhdhr.

New Hampshire's Division of Historical Resources, the State Historic Preservation Office, was established in 1974 and is part of the NH Department of Natural and Cultural Resources. NHDHR's mission is to preserve and celebrate New Hampshire's irreplaceable historic resources through programs and services that provide education, stewardship, and protection. For more information, visit us online at nh.gov/nhdhr or by calling 603-271-3483.

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What About Ma? All About Remembrance Day

by Kellie Quackenbush

I was thinking about those flowers that the Veterans sell, the red poppies. Did you know that there is a meaning to those red flowers? It was during World War 1 that Northern France and a place called Flanders Field in Belgium, war destroyed the landscape and thousands of men died, the little red flower grew. "The brutal clashes between Allied and Central Powers soldiers tore up fields and forests, tearing up trees and plants and wreaking havoc on the soil beneath. But in the warm early spring of 1915, bright red flowers began peeking through the battle-scarred land: Papaver rhoeas, known variously as the Flanders poppy, corn poppy, red poppy..." per www.history.com/news/world-war-i-poppies-remembrance, by Sarah Pruitt, Updated: May 21, 2020, "As a sign of this faith, and a remembrance of the sacrifices of Flanders Field, Moina Michael vowed to always wear a red poppy; she found an initial batch of fabric blooms for herself and her colleagues at a department store. After the war ended, she returned to the university town of Athens, and came up with the idea of making and selling red silk poppies to raise money to support returning veterans." There are many nations that have taken up the tradition of wearing the red poppy, Americans do it on Memorial day but the Europeans still honor the sacrifices made during World War 1, "Today, nearly a century after World War I

ended, millions of people in the United Kingdom, Canada, France, Belgium, Australia and New Zealand don the red flowers every November 11 (known as Remembrance Day or Armistice Day) to commemorate the anniversary of the 1918 armistice. According to McNab, the Poppy Factory (now located in Richmond, England and Edinburgh, Scotland) is still the center of poppy production."

Ever fixed on the calendar, we remember Veteran's Day on November 11. "The Armistice halting the War to End All Wars was signed in Compiègne, France, at 11 a.m. on November 11, 1918 -hence the 11th hour of the 11th day of the 11th month. Those who planned the signing hoped that such timing would cement the memory of the end of the Great War for generations to come..." www.historiccolumbia.org.

The hopes for peace did not last long but the true intent and desire for World peace has not gone away. Since that day in 1918, we have survived World War 2, the Korean Conflict, The Vietnam War, the Gulf war and most recently the Afghanistan conflict that lasted twenty years. Congress revisited the National holiday that they created (Armistice Day), and noting World War 2 and other conflicts that cost the lives of so many, the day was renamed-Veterans Day. "An Act (52 Stat. 351; 5 U. S. Code, Sec. 87a) approved May 13, 1938, made the 11th of November in each year a

legal holiday—a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as "Armistice Day." Armistice Day was primarily a day set aside to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization of soldiers, sailors, Marines and airmen in the Nation's history; after American forces had fought aggression in Korea, the 83rd Congress, at the urging of the veterans service organizations, amended the Act of 1938 by striking out the word "Armistice" and inserting in its place the word "Veterans." With the approval of this legislation (Public Law 380) on June 1, 1954, November 11th became a day to honor American veterans of all wars." per <https://www.va.gov/opa/vetsday/vetdayhistory.asp>.

My Grandfather, my uncle, my father-in-law, and my husband's uncle served in our military during World War 2. My Father served our Country during Vietnam. My Uncle, dedicated his life to military service for Our Country, served during the "Bay of Pigs", the Korean war, Vietnam, and the Gulf war. My husband and my niece had long careers in the military and I had the honor of joining the military and serving my country.

This Veterans Day, I am thankful. I give my thanks to all of the brave men and women that gave their lives to the cause of peace and freedom. It is a day honored throughout the World to be mindful of the cost of war. It is a day to be thankful, thankful that brave people stood up to preserve what was good in the world. Thank you to all of the veterans and Military people who have stood for peace.

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Thank you for your understanding.



TRENDY TIMES
A FREE PUBLICATION

Letter to the Editor:

Why are we teaching our children to live in fear?

To the editor:

The Centers for Disease Control and Prevention (CDC) is withdrawing authorization for use of the Sars-COV2 RT-PCR test as of December 21, 2021. Their announcement follows FDA letters to health care professionals citing significant inaccuracies in test results. The test cannot differentiate between Sars-COV2 and the common cold; both contain coronavirus capsid protein, after all.

Yet officials still use these faulty tests to set public policy and fuel a scientifically unsound theory that people without COVID symptoms are super spreaders of the disease.

Faulty thinking lead to faulty ideas, prompting the oxymoron of social distancing and the dehumanizing, biologically ineffective behavior of covering the faces of millions of healthy people worldwide.

To increase the trauma we've suffered since February 2020, our doctors and scientists were prevented from doing their jobs. They were forced to ignore sick patients until "too short of breath to reach the bathroom", they were bullied, vilified and censored for suggesting safe, life-saving early treatments. Pharmacies refused to fill prescriptions, and doctors were threatened with loss of license. The result; curable people became critically ill, and nationwide policies mandated their treatment with remdesivir and vancomycin, known to induce kidney failure. Needlessly, our death toll climbed.

With the aid of faulty PCR tests, influenza magically disappeared; every death became attributable to COVID. The fear frenzy accelerated at Warp Speed.

Step in the emergency

use authorization (EUA) of experimental COVID "vaccines". Let's think this one through on a basic scientific level. According to the manufacturers, the "vaccines" contain a genetic sequence (mRNA or DNA), wrapped in a proprietary nano-gel coating. These little, encapsulated warriors quickly disperse throughout our bodies, slip into our cells unnoticed, and trick our cellular machinery into producing the dreaded gain-of-function, laboratory-enhanced, man-made spike protein, the most dangerous component of the Sars-COV2 virus. We then become human factories for bullets that cause systemic blood disorders, nervous system disorders, immune and autoimmune disorders, and massive systemic inflammation. There is no off-switch. What could possibly go wrong?

They claim our antibody response to the "spike" will gain us immunity. Yet, somehow, "fully vaccinated" people are still catching and spreading the disease.

Fast forward to today. As of early October, the CDC's Vaccine Adverse Event Reporting System (VAERS) has registered at least 7,647 US deaths and 899 spontaneous abortions due to COVID 19 "vaccines". A recent Harvard Medical study calculated that the VAERS system underestimates adverse events from 10 to 100 fold. The Medicare-Medicaid registry has logged over 45,000 more "vaccine" deaths nationwide. Devastating losses all around.

According to the same CDC, the chances of making a full recovery from a Sars-COV2 infection are at least 99.987%; a child's chance is 99.998%. Once a person has recovered from

COVID19, their natural, robust immunity will last a lifetime. Exactly what are we trying to avoid?

Mom and Dad assured us that there were no monsters under the bed. Why are we teaching our children to fear their families and each other, to see every human as a dangerous threat to their life? Why are we teaching, pushing and forcing our healthy children to stay away from humans, to mask their faces in attempts to stifle their little toxic breaths, and to succumb to potentially harmful (even lethal) gene-altering injections (with or without parental consent)? If you won't eat GMO veggies, why would you want to make your child a GMO kid? When you stop to think about it, it's literally unthinkable.

Healthy people are not a danger to others. Your breath is not a poison. You do not need to cover your mouth and nose in order to live- quite the opposite! God gave us all an amazing immune system; it works best when we use it.

No, the monsters aren't under the bed; they are behind the desks in our town halls, our state houses, our nation's capitol, big businesses, news media headquarters and our governmental regulatory agencies. Let's face it, when you mix politics with science, the result is a toxic potion.

Time to step out of the Twilight Zone and back to reality. Refuse their poison policies. Let's be good parents and turn on the lights. The roaches are sure to scatter. Then maybe we can all get some rest.

Mary Anne Alliegro
Career Cell and Molecular Biologist
Campton, NH

Mary Anne,

I can certainly not argue with your thoughts or your observations or your conclusion. I have none of the background that you have.

All I can do is take your information and add it to all the other information that I have heard, read or seen, put them all together and make a decision of my own.

I would also suggest that this is just what many of our leaders (whether they are political,

media or scientific) have done with the information they have been given over the past many, many months. I would also note that some of that information has changed during that time.

So, whether or not to wear a mask, get a shot, or socially distance is (and needs to be) a personal choice. Weigh as many facts as you can and do what you feel is best for you, your family, and your community.

Gary Scruton, Editor

Ninety-nine Restaurant Raising Funds for the Boys & Girls Club

If you have visited the local Ninety-Nine Restaurant in Littleton lately, you may have noticed a pallet of pellets, a 65-inch boxed TV, a snowblower, skis, and more displayed, awaiting lucky raffle ticket winners. October is Boys & Girls Club Month at the Ninety-Nine Restaurants throughout New England. The Ninety-Nine Restaurant & Pub has a company-wide commitment and passion to serve in the communities in which it does business, which means that team members give back to those less fortunate in their community. Ninety-Nine Restaurants nationally broadened its community involvement by developing a relationship with the Boys and Girls Clubs of America, the oldest and largest organization that has a primary mission of affordable, quality service to youth.

Locally, for over a decade, the Littleton Ninety-Nine has shown its commitment to the Boys & Girls Club of the North Country in Lisbon, through several initiatives raising and donating more than \$135,000 in fundraising proceeds as well as goods and services. During their 2019 October fundraising efforts, the local Littleton Ninety-Nine Restaurant raised nearly \$25,000 with the help of their amazing staff and the generosity of guests who attended a pancake breakfast, a spaghetti dinner, and participated in the bucket raffle, calendar raffle, and bake sale. However, in 2020, this important fundraising campaign was canceled due to COVID. But once again, with their unyielding support, it was back with a goal of raising \$10,000. Although they fell just short of that goal due to the pandemic, they were able to raise approximately \$7,500 with plans to extend their giveaways into November and December.

Working families rely on the local Boys and Girls



(left to right) BGCA Northeast Director of Development Ann-Marie Tanzella, Manager Littleton Ninety-Nine Restaurant Moe Mulkigian, Staff Member Pauline Perkins, Executive Director Boys and Girls Club of the North Country Sandy Brackett.

Club of the North Country for quality, out-of-school care for their children. By ensuring affordable access, the Club provides a critical support system and safety net for low-income families. During these troubling COVID times, the Club continues to remain open, providing financial aid to approximately 35% of its current fiscal year members, which has translated to more than \$11,000 in financial aid and scholarships to ensure that no child is turned away, regardless of ability to pay.

To participate in the November calendar sales for the opportunity to win a great gift every day in December, visit the Littleton Ninety-Nine Restaurant before the end of November. All proceeds to benefit the Boys and Girls Club of the North Country.

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BEEZWAX



By John Martin



by Cindy Pinheiro
to contact Cindy (aka Cin Pin) write to the editor at gary@trendytimes.com

Pork Shoulder in the Crock Pot

Editor's Note: Once again I must sadly report that Cindy is not feeling well. More trips to the doctors but still no result. So at her request I have dug into the past editions (this one from November 2019) It's funny how thher comments about the weather can still be used this year.

Hello hello my fellow chefs. I hope you are enjoying my recipes. Today I want you to take out your crock pots and dust them off! This recipe is easy peasy and so, "Delicioso". The weather has been dreary and raining a lot. Now they are saying snow is on the way. Oh no I'm not ready for it but we are up North and there is no way to stop it so dust off your shovels and stay warm and try to make the best of it.

Okay, here's what you will need to buy and how to make this recipe.

Ingredients
1 1/2 pounds Boneless



Pork shoulder. I used Hormel in the package.

4 Potatoes your choice, I used Yukon gold, but use what you have.

4 carrots
4 Onions

1 bottle of Mushroom gravy or pork gravy.

I've never had boneless pork shoulder but it's delicious, tender and tasty. Put

the pork shoulder in the Crock Pot on high for two to three hours. It will make some pork juice. After the two hours add your potatoes, carrots and onions all cut in half. Pour the gravy over everything in the Crock Pot and cook for another 2 to 3 hours. The crock pot does all the work. While cooking the fragrance fills your home. When done cooking turn off the Crock pot and let sit for 15 minutes. Take out the pork shoulder and put it in a large platter and slice it about one inch thick. Take out your veggies and put in the platter. The pork is super tender and very tasty, hardly any fat. The veggies come tasty too and take on the flavor of the pork shoulder and the gravy. If you don't have a crock pot you can do everything in a pot on top of the stove on low. Test the veggies with a fork to make sure they are cooked. I really enjoyed this recipe so "ENJOY". That's it a one pot dinner. If you have a large family just add more veggies. You'll get all the credit and the Crock pot does all the work.

Well folks, until next time I'm signing off and remember that if you have any questions please contact Gary and I will help you out.

Bye for now, Cin Pin.

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