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TRENDY



TIMES

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Bettye LaVette Sings Dylan in St. Jay, Oct. 26

Three-time Grammy nominee Bettye LaVette returns to St. Johnsbury this month as part of the 10th anniversary KCP Presents Performing Arts Series, produced by Catamount Arts. LaVette will be accompanied by blues guitar legend James "Blood" Ulmer at St. Johnsbury Academy's Fuller Hall on Friday, October 26, at 7pm.

"Soul singing doesn't get any better," raves the New York Times about LaVette, a living icon and song interpreter of the highest order. Called "truly a singer's singer," by the late great George Jones, LaVette's been performing since the birth of '60s soul music and has been refining and recreating popular music ever since.

LaVette recorded her first hit at 15 ("Let Me Down

Easy") and toured with soul pioneers Otis Redding, Ben E. King, and James Brown. Although the recording industry proved fickle, LaVette has performed consistently during the past half-century, gaining cult followings in Europe and across the U.S.

LaVette's popularity exploded after an iconic Kennedy Center performance of The Who's "Love Reign O'er Me" during an honors tribute to the band. She brought the house down and suddenly found a whole new audience for her unparalleled style of blues and soul singing. In 2009 she performed a show-stopping rendition of Sam Cooke's "A Change Is Gonna Come" with Jon Bon Jovi for President-elect Obama's kick-off Inaugural concert. In April of that

year, she shared the stage with Paul McCartney & Ringo Starr at Radio City Music Hall.

In late 2016, her friend, photographer Carol Friedman, pitched LaVette the idea of doing an album of Bob Dylan songs with Grammy Award-winning producer, Steve Jordan. The resulting Verve Records album "Things Have Changed" was born, prompting LaVette's current tour. "This album is more hers," says Rolling Stone, "more personal and reflective of her wicked ways, sly humor, and battle-tested wisdom than any (other) she's made."

Opening for LaVette on the Dylan songs tour is jazz, blues, and free funk guitarist James "Blood" Ulmer, known as much for his collaboration



with jazz saxophone pioneer, Ornette Coleman, as for his raucous guitar and leathery vocals, evocative of his deep Southern roots. "Mr Ulmer's guitar tone," reports the New York Times, "a gasping metallic cry, expresses everything from out-in-the-woods loneliness to nail-chew-

ing urban anxiety...mixing country licks, be-bop, and blues."

Tickets for LaVette's October 26 appearance with James "Blood" Ulmer at Fuller Hall in St. Johnsbury are available online at www.kcppresents.org or by calling 802-748-2600.

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TRENDY Dining Guide

Room 111 @ Victory Lanes

by Gary Scruton

Not every eatery has to have fancy tables and chairs, or dishes and silverware, or even menu items. Sometimes it is simply nice to find a place to sit down, order a good meal, perhaps enjoy a beverage, and sit back to enjoy the moment.

Room 111 at Victory Lanes (aka The Bowling Alley) is one of those little known spots where you can stop in to get a very solid meal for a very reasonable price.

From the outside, and even when you walk thru the front door, the fact that this is indeed a bowling alley (one of the few candlepin alleys left in this area) is easy

to see. The six lanes were busy with a league on the Thursday night that Janice and I stopped in. We knew that the procedure here is to make a left turn and head toward the bar area. We could have sat there, but we kept going around another corner to the pool room and took seats at one of the high top tables. This room only has a few tables (of course there is a big green felt covered table in the middle of the room. One with six pockets). The bartender soon came to our table with a pair of menus. He also told us that he would do his best to keep an eye on us, but if the bar got busy he might not get back our way real quickly. We took him at his word and

once we had decided on our orders I took our menus and went over to the bar to place our order. That seemed to work just fine.

The bartender did not take long before he brought us our beverages. Janice had gone with a diet coke, while I decided to try a dark stout that was one of the six taps that were available.

It wasn't long before another employee came out of the kitchen area with our meals, and after getting redirected by the bartender, brought them to our table. Doing his best waitress impression he asked if we needed anything else. We had a couple of simple requests which he quickly fulfilled, and off we went to en-

joying the food.

Janice had ordered fish and chips (the menu gave a choice of 4 or 6 pieces, she took the smaller selection). The fish was flaky and had a good taste to it. The fries were a good match.

I had made the choice of what they refer to as a "Dude Burger". The menu described it has a burger with cheddar cheese and an onion ring. There was also a note that instead of beef, one could order either a chicken burger, or a veggie burger. This meal also came with fries. Even though the description did say "onion ring" I was a bit surprised to get just that, not a ring of onion, but instead an onion ring that you might expect to get with an order of

such. All together this meant that I had to work to get the sandwich into my mouth for a tasty bite. But the effort was certainly worth it. The fries and the stout also both paired well as far as I was concerned.

Though we did not partake of any of the desserts that are offered on the menu, it needs to be noted that they were available.

Both the kitchen help, and the bar tender checked in on us during our eating process, and when we were finished the bar tender got a slip to us in a timely manner. We stopped at the bar on our way out to pay the \$28.69 total, and left a tip for the bartender.

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Business Celebration To Be Held Nov. 29: Businesses Urged To Send Their Good News: New Business Resource Fair on Same Day

Have some good news to report about your business? The Northeast Kingdom Chamber Business Celebration will be held on Nov. 29 and we would like to include more regional business achievements at the event. The celebration will be held from 12 to 2 p.m., at the Burke Mountain Hotel & Conference Center Ballroom, 2559 Mountain Road, East Burke.

"An integral part of the celebration has always been collecting business news from throughout the area," said Darcie McCann, executive director of the Northeast Kingdom Chamber, "but we need companies and organizations to send us ahead of time as many highlights of

the year and achievements as possible." The chamber will be accepting news until the week before the November event.

This year's celebration will include planned speakers from area businesses as it has since the event was established 24 years ago, and a town meeting portion, where people can get up and speak about their companies from the floor. A few awards will also be presented. The chamber will be accepting nominations for its employee achievement awards. The deadline to nominate an outstanding employee for the celebration is Nov. 15.

The Employee Achievement Award honors those

workers who go above and beyond the call of duty to help their companies and fellow employees to make their respective business a special place to work. Those nominating candidates for this award can contact the chamber on how to best send in your nomination.

"We have really tried to focus on highlighting outstanding employees in the past few years, as they are the heart and soul of their companies, said McCann. "We will once again strive to keep the identities of the recipients secret up until the announcement at the celebration, as it has really added a special aspect to the event."

The Business Celebration, organized by the Northeast Kingdom Chamber, continues to expand its reach, as the regional chamber covers the tri-county region. Consider sending your news and nominations from all corners of the Kingdom. There is a cost to attend the luncheon and reservations are required.

This year, for the first time, the chamber will host the Northeast Kingdom Business Resource Fair on the same day and location as the Business Celebration, from 9 a.m. to 5 p.m., at the ski resort's Day Lodge. Representatives from federal, state and local agencies will be on hand to answer ques-

tions from business people on taxes, permitting, employee job services, health care/insurance, business support and relevant areas. There is no cost to attend the fair for guests. Interested vendors should contact the chamber for more information on booth registration and cost.

Community members and individuals are invited to attend this luncheon as well as the business resource fair, as it is an opportunity to acknowledge many local businesses and celebrate the Northeast Kingdom as a place to do business.

The event has received major sponsorship from the Northeast Kingdom Chamber with corporate sponsorship, thus far, from Burke Mountain Hotel & Conference Center, Community National Bank, Passumpsic Savings Bank, Union Bank and Murphy Realty.

For reservations or more details on how to get involved in these events, contact the Northeast Kingdom Chamber at 2000 Memorial Drive-Ste. 11, St. Johnsbury, VT 05819; call 802-748-3678; or e-mail at director@nekchamber.com.



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Fix It

Some are advocating that the only way to resolve NH's school funding issue is to move forward with another funding disparity lawsuit similar to Claremont I and 2; however, we should be cautious in taking that path. Others believe, and perhaps rightfully so, that another round of Claremont-like lawsuits might be the first step toward either a statewide sales tax or income tax.

For better or worse, meaningful education reform hinges on a state's school funding system, and it is the legislature's responsibility to understand not only the cost of the new reform, but to identify how that cost can be accommodated by an equitable education funding formula. I have been asked, "How are you going to fix the formula so towns like Haverhill can offer students education equity similar to that received in wealthier communities while keeping the foundation formula affordable?"

For starters and until the full formula has a meaningful, lasting revision, the 4% stabilization deduct must be stopped. Haverhill's annu-

al 4% reduction is \$84,391. To end stabilization, I introduced a bill (LSR36) this week that will require the "department of education to distribute a total education grant to each municipality in an amount equal to the total education grant for the fiscal year plus the amount of the fiscal year 2018 stabilization grant, if any, distributed to the municipality." This, if passed, will stop some of the bleeding. Long-term resolution must also include a requirement that property poor towns having low equalized property valuation per student will receive financial assistance from the state. For example, all communities are now required to assess a statewide education property tax called the SWEPT. The equalized SWEPT tax rate set at 2.26 raises \$609,398 per student in Haverhill while the same rate generates \$7,008,235 per student in Moultonborough.

There is also a relationship between student achievement and the state's funding system. Of the 26 municipalities that raise less than \$660,000 per stu-

dent as required by SWEPT, 85% or 22 districts fall in the bottom two achievement quartiles. Of the 122 municipalities that raise more than \$1,000,000 per student from the SWEPT, 60% or 73 of the districts fall in the top two performance quartiles. The wealthy communities are also allowed to keep all SWEPT revenue above that necessary for base adequacy. Statewide, this annually produces approximately \$30M. This is not the case, however, in property poor municipalities where additional taxes are often necessary just to maintain basic services.

The funding formula should be revised and needs to be changed by the legislature. Even with a costly, lengthy court lawsuit, as occurred with the Claremont decisions, the court will ultimately, kick the can back to the legislature to fix as occurred 20 years ago. To fix the formula, all legislators must work together and not be split by partisan politics or haggle over the donor versus non-donor town issue that will most likely surface. A meaningful education funding formula is about providing our children the best education possible in order that NH's future workforce is a strong, vibrant economic contributor to our Nation and NH remains a place where young and old can afford to live.

Respectfully Submitted,
Rep Rick Ladd
Chair, House Education

Dutile Runs for Re-election

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10. Chairman of the New Hampshire Attorney General's Drug Task Force Steering Committee.

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I am 61 years old and was born and raised in Lebanon, New Hampshire and Moved to Haverhill, New Hampshire in 1994 where I now reside with my wife Barbara.

As Sheriff, I wish to continue serving the citizens of Grafton County and I am committed to you and our communities.

I hope to earn your support and ask for your VOTE on November 6th.

Lean Left Vermont: Actions for the 2018 Midterms

Waterbury, VT - With voter interest in the Nov. 6 midterm elections at a historic high, a new volunteer orga-

nization, Lean Left Vermont, is providing Vermonters with a way to help elect Democratic and progressive candidates in other states.

Lean Left provides a gateway and support for Vermonters who want to make phone calls, canvass or raise funds on behalf of candidates elsewhere in the Northeast. Lean Left offers tips for quick and easy fundraisers. The organization also provides how-to guides and support for phone bank sessions; and organizes canvassing trips to key districts in New Hampshire, New York, Maine and Pennsylvania. Phone calls and knocking on doors are critical to voter engagement. In addition, Lean Left offers texting and postcard projects. The group already has assisted candidates for the U.S. House and for state legislatures, which play a crucial role in voter registration, voter identification laws and the drawing of U.S. House district lines.

Lean Left VT was formed in early 2017 in Washington County but now works with volunteers all over the state. For more information: www.leanleftvt.org or leanleftvt@gmail.com

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St. Johnsbury Players Present World Premiere of David Dudley's Family Portrait With Goat

St. Johnsbury, VT -- The St. Johnsbury Players are proud to present playwright David Dudley's Family Portrait with Goat, as their Fall offering. In contrast to Dudley's scathing, heartfelt monologue plays, Family Portrait, directed by newcomer Abigail Warhus, is a tender, playful meditation on our struggle to reconcile guilt and accountability, ambition and necessity, and the ongoing search to find joy in the face of the things that haunt us.

After being involved in a fatal collision with a motorcyclist, Gabby (Alice Morrison), a reporter in her 20s, flees Boston in search of peace and employment in the fictional Rowe, Vermont. Through a combination of wit, desire, and sheer necessity, Gabby convinces the editor of the local paper (Maghan Bourque) to give her a job. Gabby is assigned to write an inspirational profile on a local woman known for raising goats, Nan (Ursula Malabre-Speicher). But the paper's editor, Bethany, really wants to know what happened to Nan's husband, Bill, who went missing the week before. The story will force Gabby to confront the ghosts lurking in Rowe's forest, as well as those that hound her.

David Dudley is a playwright, journalist and educator. His plays have been performed in New York, Boston, California, Chica-



From left to right: Alice Morrison as Gabby and Ursula Malabre-Speicher as Nan in St. Johnsbury Players production of Family Portrait with Goat (Photo courtesy of Photographic Illustrations by Barry Hayes)

go, Arizona, and Vermont. His one-act play 24 Minutes was a finalist for the Heide-man Award at Actors' Theatre of Louisville, and was performed as part of AFTER ORLANDO, an international theatre action. David served as a script reader for Step-pewolf Theater, as well as apprenticeships with Bread & Puppet Theater and The Wooster Group.

Family Portrait with Goat is directed by Abigail Warhus a local, director, actor, and poet. Her directorial credits include: FIERCE: Musical Theatre's production of Heathers, and Caridad Svich's After, as part of AFTER ORLANDO, an in-

ternational theatre action.

Family Portrait with Goat opens will be performed at the St. Johnsbury School Auditorium on October 18, 19, 27 at 7:30 p.m. and on October 28th at 2 p.m. Admission is \$10 for adults and \$7 for students and seniors. Tickets are available at the door or in advance through Catamount Arts (www.catamountarts.org). Family Portrait with Goat is made possible through special contributions from Community National Bank, Passumpsic Savings Bank and Union Bank. For more information contact 224-730-9172 or visit www.stjohnsburyplayers.org.

"Ring" Will Offer Drama, Enchantment

Bradford, VT: "With This Ring" by Joe Simonelli is Old Church Theater's final production of the 2018 season, opening October 19th through the group's 176 Waits River Road theater in Bradford. Shows are 7:30pm on Fridays and Saturdays (October 19, 20, 26, 27) and Sundays (October 21, 28) at 4pm.

"With This Ring" is an enchanting drama that follows a wedding ring's journey through four couples' lives over almost 100 years. It is loved, cherished, lost then found, stolen, and in a remarkable and unexpected ending comes full circle in a heart-warming and satisfying conclusion. The four couples of the four scenes are played by Anne Foldeak, Paul Hunt, Jake O'Neil, Carrie Anne Quinn, Heather Doane, Miles Conklin, Beth Button, Chris Leary and Meghan Bullard. Directed by Sheila Kaplow.

Reservations for the best available seats may

be made by email at reservations@oldchurchtheater.org, or by calling anytime to 802-222-3322. Admission is \$12, \$10 seniors, \$6 children.

The playwright travels across the country in support of theaters who present his plays, and was last at Old Church Theater in 2016 for their production of "The Ghost in the Meadow". Mr Simonelli has announced he will attend the Friday and Saturday performances on October 26 and 27 and hold a talkback with the audience about the play, its origins and dramatic techniques used.

Old Church Theater continues to raise funds for the restoration of Bradford's historic "old church" located at 137 North Main Street: Coming up on November 10th will be its "Creative Harvest" event with entertainment, music, refreshment, auctions and more. The group's annual meeting is scheduled for November 18th.

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Calendar of Events

A Full Page of Events from Local Non-Profits, Schools and Towns. *Presented FREE by Trendy Times.*

TUESDAY, OCTOBER 16

WINDBORNE
6:30 PM - See Article on Page 9
Fairlee Town Hall Auditorium

WEDNESDAY, OCTOBER 17

SITTING WITH POWER & EASE: AWARENESS THROUGH MOVEMENT INTRO
6:30 PM
63 Monument Square, Barnet

THURSDAY, OCTOBER 18

SCRAPBOOKING WITH GAYLE
2:00 - 4:00 PM
Bath Public Library

VFW POST #5245 MONTHLY MEETING

7:00 PM
VFW Hall, North Haverhill

FAMILY PORTRAIT WITH GOAT

7:30 PM - See Article on Page 5
St. Johnsbury School, Western Avenue

FRIDAY, OCTOBER 19

LITERACY CELEBRATION WITH JON GAILMOR
10:00 AM
St. Johnsbury Athenaeum

FALL RUMMAGE SALE

5:00 - 7:00 PM
Haverhill Congregational Church Parish Hall

HALLOWEEN MOVIE NIGHT:

HOTEL PENNSYLVANIA 2
6:00 PM
St. Johnsbury Athenaeum

WITH THIS RING

7:30 PM - See Ad on Page 8 & Article on Page 5
Old Church Theater, Bradford

FAMILY PORTRAIT WITH GOAT

7:30 PM - See Article on Page 5
St. Johnsbury School, Western Avenue

SATURDAY, OCTOBER 20

FRIENDS OF BATH CRAFT FAIR
9:30 AM - 2:30 PM
Batch Village School

FALL RUMMAGE SALE

10:00 AM - 2:00 PM
Haverhill Congregational Church Parish Hall

ROCK & ROLL BAKED POTATO BAR SUPPER

5:00 to 7:00 PM
Fairlee Community Church of Christ, Fairlee

HARVEST DINNER

5:30 - 7:00 PM
United Congregational Church of Orford UCC

WITH THIS RING

7:30 PM - See Ad on Page 8 & Article on Page 5
Old Church Theater, Bradford

SUNDAY, OCTOBER 21

BENEFIT TEXAS HOLD "EM POKER
11:00 AM Cash Game - 1:45 Tournament
American Legion Post, St. Johnsbury

WITH THIS RING

4:00 PM - See Ad on Page 8 & Article on Page 5
Old Church Theater, Bradford

MONDAY, OCTOBER 22

VERMONT BENCH & BAR LISTENING TOUR
5:00 PM
St. Johnsbury Athenaeum

WEDNESDAY, OCTOBER 24

SITTING WITH POWER & EASE: AWARENESS THROUGH MOVEMENT INTRO
6:30 PM
63 Monument Square, Barnet

FRIDAY, OCTOBER 26

BETTYE LAVETTE w/ JAMES "BLOOD" ULMER
7:00 PM - See Article on Page 1
St. Johnsbury Academys Fuller Hall

WITH THIS RING

7:30 PM - See Ad on Page 8 & Article on Page 5
Old Church Theater, Bradford

SATURDAY, OCTOBER 27

HAVERHILL'S HAUNTED HAPPENINGS
5:00 - 7:00 PM Youth
7:30 - 10:00 PM Teen & Adults
Clifford Memorial Building, Rt. 135, Woodsville
See Ads on Pages 8 & 9

WITH THIS RING

7:30 PM - See Ad on Page 8 & Article on Page 5
Old Church Theater, Bradford

FAMILY PORTRAIT WITH GOAT

7:30 PM - See Article on Page 5
St. Johnsbury School, Western Avenue

SUNDAY, OCTOBER 28

BENEFIT TEXAS HOLD "EM POKER
11:00 AM Cash Game - 1:45 Tournament
American Legion Post 30, Route 5, Lyndon

FAMILY PORTRAIT WITH GOAT

2:00 PM - See Article on Page 5
St. Johnsbury School, Western Avenue

WITH THIS RING

4:00 PM - See Ad on Page 8 & Article on Page 5
Old Church Theater, Bradford

MONDAY, OCTOBER 29

HAVERHILL SELECT BOARD MEETING
6:00 PM
Morrill Municipal Building, North Haverhill

WEDNESDAY, OCTOBER 31

JACK-O-LANTERN CONTEST & TRICK OR TREATING
4:00 PM
St. Johnsbury Athenaeum

THURSDAY, NOVEMBER 1

WOODSVILLE AREA FOURTH OF JULY COMMITTEE MEETING
7:00 PM
Woodsville Emergency Services Building

Ongoing Weekly Events

MONDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Darling Inn, Lyndonville
BINGO - 6:00 PM
Orange East Senior Center, Bradford

TOPS (TAKE OFF POUNDS SENSIBLY)

6:00 PM - Peacham School
KIWANIS CLUB OF ST JOHNSBURY
6:15 PM - VFW Post, Eastern Ave.

DRAWING FROM LIFE - 6:00 - 8:00 PM

Joseph Patch Library, Warren

MONDAYS/WEDNESDAYS

RSVP BONE BUILDERS
10:30 AM - 11:30 AM
Linwood Senior Center, Lincoln
RSVP BONE BUILDERS
1:30 - 2:30 PM
United Community Church, St. Johnsbury

MONDAYS/THURSDAYS

ADULT INTERVAL AEROBICS CLASS - 6:30
Woodsville Elementary School
GOLDEN BALL TAI CHI
8:30 - 9:15 AM - St. Johnsbury House
RSVP BONE BUILDERS
9:00 - 10:00 AM
Municipal Building, Lyndonville
9:15 - 10:15 AM
Congregational Church, East St. Johnsbury
6:00 - 7:00 PM
Community Church, Concord

MON./WED./FRI.

RSVP BONE BUILDERS
1:30 - 2:30 PM - United
Community Church, St. Johnsbury

TUESDAYS

BREAKFAST BY DONATION
8:30 AM - 10:00 AM
Horse Meadow Senior Center,
North Haverhill
RSVP BONE BUILDERS
9 AM - 10 AM - St. Johnsbury House
10:30 AM - 11:30 AM
Congregational Church, Danville
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Presbyterian Church, S. Ryegate
NOON - Darling Inn, Lyndonville
RSVP BONE BUILDERS
2:00 - 3:30 PM - East Haven Library
TOPS (TAKE OFF POUNDS SENSIBLY)
Weigh In 5:00 PM - Meeting 6:00 PM
Horse Meadow Senior Center, N. Haverhill

EMERGENCY FOOD SHELF

4:30 PM - 5:30 PM
Wells River Congregational Church

COMMUNITY DINNER BELL -

5:00 PM September 5- June 5
All Saints' Church, School St., Littleton

AA MEETING (OPEN BIG BOOK)

7:00 PM - 8:00 PM
St. Luke's Parish Hall, Woodsville

TUESDAYS/THURSDAYS

RSVP BONE BUILDERS --
8:30 - 9:30 -- Monroe Town Hall
ACTIVE OLDER ADULT STRENGTH CLASS
1:30 PM
Woodsville Post Office, S. Court St
RSVP BONE BUILDERS
3:00 PM - East Haven Library
TUESDAYS/FRIDAYS
RSVP BONE BUILDERS
9:00-10:00 AM
St. Johnsbury House
RSVP BONE BUILDERS
9:30-10:30 AM
GRACE Art Gallery, Hardwick
GOLDEN BALL TAI CHI
8:30-9:30 AM
United Methodist Church, Lyndonville

WEDNESDAYS

AQUA AEROBICS
Evergreen Pool, Rte 302, Lisbon
ADULT STRENGTH TRAINING
1:30 - 2:30 PM - United Community
Church, St. Johnsbury
BINGO - 6:30 PM
Haverhill Memorial VFW Post #5245
North Haverhill
CRIBBAGE - 7:00 PM
Orange East Senior Center, Bradford
WEDNESDAYS/FRIDAYS
NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Presbyterian Church, West Barnet
NOON - Darling Inn, Lyndonville

THURSDAYS

NEK COUNCIL ON AGING'S HOT MEALS
11:30 AM - St. Johnsbury House
NOON - Senior Action Center,
Methodist Church, Danville
NOON - Darling Inn, Lyndonville
ST PAUL'S BIBLE STUDY ON JAMES, 6:15
PM, 113 Main St., Lancaster
TOPS (Take Off Pounds Sensibly) --
Weigh-in @ 6:00 p.m., meeting @ 6:30
-- Monroe Public Library
FRIDAYS
RSVP BONE BUILDERS
9:00 - 10:00 AM - St. Johnsbury House
9:30 - 10:30 AM
Grace Art Gallery, Hardwick
1:30 - 2:30 PM - United Congregational
Church, St. Johnsbury
WORSHIP UNDER THE TENT- 7 PM
100 Horse Meadow Rd, No Haverhill
AA MEETING (OPEN DISCUSSION)
8:00 PM - 9:00 PM
Methodist Church, Maple St, Woodsville
SATURDAYS
STORY HOUR FOR CHILDREN - 10:15 AM
September thru May
Brainerd Memorial Library, No. Danville
SUNDAYS
CRIBBAGE - 1:00 PM
American Legion Post #83, Lincoln
NORTH DANVILLE BAPTIST CHURCH (ABC),
Worship and Sunday School, 9:30 AM
Refreshments at 10:20 a.m.

Horse Meadow Senior Center

Activities for October, 2018
We need meals on wheels drivers, mileage reimbursement. Contact Wanda Peters- 787-2539!
Lunch is served daily at 12:00, except when noted

CLOSED ON October 26:
Volunteer Appreciation Day

Breakfast Buffet: Every Tuesday @ 8:30-10:00
*Meals are available M-F for home delivery.

*A variety of Exercise Equipment is available daily in Bertha's room at HMSC
SPECIAL DAYS:

October is Domestic Violence Month, on 10/18/18 @ 10:45 we will begin a Domestic Trauma Sup. Group Play Reading Group: 10/29 @ 10:30 "Our Town" sign up or call for info. 787-2539 Wanda S.

ENTERTAINMENT: Starts between 11&11:15
Phyllis: 10/9, 10/23
The Boy-z: 10/17
Ethel Cooper: 10/18, 10/24
Bob Benjamin: 10/25
Wayne Klinger 10/22
Barry Hayes: 10/31

CLINICS:
Senior Feet with Beverly Sinclair- Call HMSC for the date and to make an appointment

ON-GOING ACTIVITIES:
Cancer Support Group now meets once a month: This month is 10/11 @ 10:45
Domestic Trauma Support Group @ 10:45, Thursday 10/18, Contact Jessica for info. 787-2539

Notary Services Wednesdays from 7:00 AM to 11:00 AM, Mel Colby JP, NP (NH)
Bone Builders: Mondays, Wednesdays & Fridays @ 9:30, Tuesdays and Thursdays @ 1:00

Grief Support with Florence, Mon. at 10:30 in the library
Interfaith Fellowship & Coffee beginning at 9:30 on 10/2, 10/16 w/ Pastor Wayne Chevalier All welcome!

Hearts & Hands Quilting: Mondays @ 1:00
Herbal with Elaine on Fridays, 10/19 @ 12:30
Nifty Needlers: Every Tuesday 9:00-2:00

Writers Group: Wednesdays @ 10:30
Bingo: Wednesdays @ 1:00
Mahjonn: Every Friday @ 10:30

Cribbage: Thur. @ 12:30
Hand & Foot Card Games Fridays @ 12:30
Drums Alive: Tues. @ 12:30
Sewing with Rosemary: Mondays @ 10:00

HMSC Chorus: Mon. @ 12:30
*Also, Please think about volunteering

Want to Connect to Other Readers? Join the Bath Book Club!

The Bath Library Book Club will be discussing "Circling the Sun", by Paula McLain, on Thursday, November 8th at 5 pm at the Bath Public Library.

Brought to Kenya from England as a child and then abandoned by her mother, Beryl is raised by both her father and the native Kipsigis tribe who share his estate. Her unconventional upbringing transforms Beryl into a bold young woman with a fierce love of all things wild and an inherent understanding of nature's delicate

balance. When everything Beryl knows and trusts dissolves, she is catapulted into a string of disastrous relationships.

Books may be picked up at the Bath Library; hours are Tuesdays, Wednesdays and Thursdays 9:00am to noon and 1:00 pm to 5:00 pm and Saturdays 9:00 am to noon. Anyone with an interest in reading and conversing about books is welcome to attend. For information, please contact the library at 603-747-3372 or email bathlibrarykjb@gmail.com

Orange East Senior Center

Orange East Senior Center, 176 Waits River Road, Bradford, VT Activities and Events for October 2018.

Lunch is served daily at 12:00

Meals are available M. W, & F for home delivery.

Bingo every Monday at 6 pm, doors open at 5 pm. Everyone Welcome

CLINICS:

Foot Clinics are the 2nd and 4th Wednesday of each month. Call OESC to make an appointment 802 222 4782. Foot care provided by Susan Hanna Rose, RN.

Blood Pressure and Wellness Clinic on 10-26 from 10:00 am to 1:00 pm

ENTERTAINMENT:

Starts between 11 & 11:15 Music - No Strings Attached on 10-26

50/50 Raffle sold every Friday and drawn on 10-26

ON GOING:

Notary Services - V Chaffee
Exercise Classes every Monday, Tuesday, Thursday and Friday at 9:00am

Line Dancing every Tuesday at 10:00 am

Arts Group is groups that meets and support each other's arts and crafts on Wednesdays at 2:00pm

Computer Class each Wednesday at 3:00 pm

North Country Fruit and Vegetable Seminar and Tradeshow

Spend Halloween with us learning about fruit and vegetable research across the state, Integrated Pest Management, creating pollinator friendly habitat, using soil tests to manage fertility in high tunnels, and using bio-controls in greenhouses and high tunnels!

This annual educational event will be in a new location this year, the Town and Country Inn and Resort at 1033, 20 US-2 in Shelburne, NH. The event runs from

9am to 3:30pm and includes a lunch tailored to fruit and vegetable lovers.

A number of service providers will also be participating in our trade show to highlight the goods, services, and technical assistance available in our region.

For more information on the event and how to register please visit <https://extension.unh.edu/events/north-country-fruit-vegetable-seminar-trade-show>

Bath Library Open House

The Bath Public Library is having an Open House to celebrate our library! Join us throughout the day on Saturday, October 27th from 10 to 2.

Take a tour of the library - did you know we have movies, audio books, magazines, puzzles and even a telescope that you can check out?

At 2 pm, we will present our program, "Your Tax Dollars at Work"; see a demonstration of how easy our new system is to use from the comfort of your own home

computer or device. Explore our entire collection using our online catalog, reserve books, renew your books, use our library savings calculator and have access to a number of electronic resources. At the conclusion of the program, members of the Board of Trustees will be on hand to answer any questions that you might have.

There will be light refreshments served.

For more information, call us at 603-747-3372 or e-mail us at bathlibrarynh@gmail.com

North Country Students Show “UP” for Substance Use Prevention at NCHC’s UP Granite Youth Conference



The inaugural UP Granite Youth Conference on September 21st hosted students from all over Coos and Northern Grafton counties around the unifying theme, “UP,” designed to encourage young people in the North Country to get UP, stand UP, and speak UP against drug and alcohol misuse, while working towards a positive school climate that is respectful of all students.

The North Country Health Consortium (NCHC) organized and sponsored the event at the Mountain View Grand in Whitefield, partnering with 10 local schools to ultimately gather a crowd of 140 youth to represent their schools: Berlin, Gorham, Littleton, Woodsville, Lincoln, Profile, Groveton, North Country Charter Academy, Lisbon, and White Mountains Regional High School.

Headlining the UP Conference was a national speaker on recovery, Tony Hoffman, who described his career in the off-road racing and stunt riding cycle sport—BMX—when he was in high school and a top-ranked BMX amateur boasting multiple endorsements. However, experimentation with alcohol and other drugs derailed his early success, leading him to a two-year prison sentence. Today, Hoffman travels the country, bringing awareness to the dangers of prescription pill and heroin abuse and advocating for a shift in thinking towards current addiction-recovery processes.

Throughout the afternoon’s activities, students enjoyed opportunities to interact and express themselves, sharing their ideas and aspirations to improve their school and community

climate, especially as related to substance use. They advocated for more resources in their community and school, so that people with a substance misuse problem can get the help they need, when they need it. Students also spoke out for more education about substances, both in the school and community, and ways to help students realize their potential without resorting to drugs. Wrapping up the UP Granite Youth Conference, Rapper GeNreal, closed with two inspirational performances that reinforced previous messages.

Funding for this event was provided in part by the NH Bureau of Drug and Alcohol Services.

The North Country Health Consortium is a non-profit public health organization based in Littleton that collaborates with health and human services providers serving northern New Hampshire. To learn more about the UP Granite Youth Conference and how your school can get involved next year, contact NCHC’s Substance Misuse Prevention Coordinator, Greg Williams: gwilliams@NCHCNH.org. For more information about NCHC, visit: www.NCHCNH.org or call: (603)259-3700.

Volume 10 Number 1

October 16, 2018

Not all Times are Trendy, but there will always be Trendy Times

Collins Farm HAUNTED Corn Maze

October 19th 5-10pm
October 20th 5-11pm

GO AHEAD AND SCREAM... THERE ARE THOUSANDS OF EARS LISTENING

Adults: \$15
Under 12: \$5

Route 302 Bath, NH

For full event details or to become a scare volunteer, visit facebook.com/collinsfarmllc

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The unbelievable 90 year journey of a ring through four couples' lives...

Directed by Sheila Kaplow

OCTOBER 19-20-21 **OCTOBER 26-27-28**

Old Church Theater
Bradford, Vermont
oldchurchtheater.org
176 Waits River Road

Fridays and Saturdays at 7:30pm / Sundays at 4pm
176 Waits River Road, Bradford, VT
Reservations: 802-222-3322 or oldchurchtheater.org

Admission \$12
Seniors \$10
Students \$6

HAVERHILL RECREATION COMMISSION'S

HAUNTED HAPPENINGS

SATURDAY OCTOBER 27 **RATED PG-13**

TEEN/ADULT FROM 7:30-10:00 PM

ROBERT E. CLIFFORD BUILDING
65 COURT STREET
WOODSVILLE, NH

DOOR ENTRY FEE OF \$5.00 PER PERSON

REFRESHMENTS WILL BE SOLD.

Windborne Vocal Group Performing in Fairlee



ing this music and message their full time work, and they are now touring across the US and UK, with performances in 20 states this year. Their performance in Fairlee is sure to inspire and delight!

Admission charged at the door: \$10 for adults and \$5 for students/children. For more info: www.fairleearts.org

Fairlee Community Arts presents internationally acclaimed vocal band Windborne at the Fairlee Town Hall Auditorium on Tuesday, October 16 at 6:30pm. The ensemble is touring in support of their new project: Song on the Times: A Songbook and Album for Social Struggle and will be in residence at the Lyme School working with students there on Tuesday and Wednesday (Oct. 16-17).

Song on the Times is an illustrated songbook and album that collects music from working class movements for peoples' rights in the US and UK over the past 400 years, and sings them for the struggles of today. The concert features Windborne's richly harmonized arrangements of album highlights. Their tour and album have been getting rave reviews: SingOut! Magazine named it "One of the Best Albums of 2017" and praises Windborne as "Some of the finest singers of protest and folk music that I have ever heard." No Depres-

sion writes: "Completely enthralled with them from the first notes...their harmonies are gorgeous," and Blues and Roots Radio calls Song on the Times "Spectacularly good...utterly brilliant, a hugely impressive album."

The outpouring of requests for performances led Windborne to make spread-

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BRADFORD • PIERMONT • FAIRLEE • ORFORD
NEWBURY • HAVERHILL

Haverhill Recreation Commission Presents

2018 Youth Halloween Party

Saturday, October 27, 2018
from 5:00-7:00 PM

Robert E. Clifford Memorial Building
65 South Court St. Woodsville, NH

There will be a "spooky" walk for the little ones starting at 5:00 PM with dancing, games, activities and don't forget "Ghoulish" goodies will be sold!

Fantastic dance music provided by DJ Anthony Daniels!

The Costume Parade will start at 6:30 PM with prizes awarded for three categories: Cutest ~ Scariest ~ Most Original Costume

Door fee \$5.00 per person with children under 3 being FREE!

Help support our fundraiser and the continuation of this event!
We hope to see you there!
Call Sherri Sargent with questions (603) 787-6096

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- Essential oils from cinnamon, oregano and chili peppers
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- MOS for digestive and immune health
- Yucca extract to reduce coccidia and ammonia for improved health

\$100 OFF PER BAG 10/8/18 THRU 11/18/18

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GREEN MOUNTAIN ORGANIC LAYER PRODUCTS (16% COARSE, 17% MASH AND PELLETS, ORGANIC SOY-FREE PELLETS)

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CLASSIFIEDS

Personal: For Sale, Wanted, Lost, Found: Up to 30 words FREE for 2 issues. (\$10,000 value limit)
Business: Help Wanted, For Rent, etc. \$10/2 issues, \$20/5 issues, \$50/15 issues. Limit of 30 words.
Classifieds that exceed word count may be subject to an additional charge.

Mail or Drop Off at Trendy Times, 171 Central Street, Woodsville, NH 03785 Email: Gary@trendytimes.com



FOR SALE

FIESTA WARE: Vintage. Late 1930's to early 1940's. The brights. Mix and match colors. 4 piece place setting. \$50. Could be sold separately. EC. 802-785-4410 10.16

BARRELS, TOTES & PAILS: 5 gallon - 275 gallon. Plastic or steel. Open and closed top. Call Bicknell Barrels 802-439-5519 12.24.19

1997 BLAZER: Inspected and running every day. Motor replaced at 180,000 miles. Completely overhauled. New catalytic converter, front and rear rotors, breaks, shocks, ect. Asking \$1,200. 802-461-8267 10.16

JOHN DEERE 1952 TRACTOR, set cylinder, 2 new rear tires. \$1,000. 802-895-2833 10.30

2 ARCTIC CAT SNOWMOBILES: 2000 ZL 580 EXT \$1,500. for both machines. 802-745-9205 10.30

BRAND NEW SOLAR PANELS: Call for more information 802-745-9205. Make an offer 10.30

OFFICE CHAIR Black faux leather swivel chair with arms. No rips or tears,very sturdy. \$25.00 802-626-9694 10.30

FOUR DRAWER DESK. Has a two door, two shelf hutch that sits on desk. Very good condition.\$85.00. Call for details. 802-626-9694 10.30

SEARS GARDEN TRACTOR, 18.5 horse twin cylinder Kohler engine. \$450. King Cleveland alto saxophone \$150. with case. Huffy Mt. Bike, 18 speed, new condition. \$75. 603-747-3809 10.30

2009 CHEVY SILVERADO 1/2 ton, 4x4, 8 foot bed, V-6, auto, new tires, Colorado truck.\$8,500 OBO. Call 802-274-4582 10.30

2004 HARLEY HERITAGE CLASSIC SOFTTAIL 16,000 miles, lots of chrome. Nice ride. \$7,500. Don't ride much. 802-274-4582 10.30

MOTORCYCLE: 1995 Honda VFR 750, Red, 41K miles, runs great, Corbin seat, excellent Michelins, rear cowl, Hindle exhaust. No right rear pegs. \$1,500. in Littleton 603-991-9960 10.30

HOMEMADE WOODEN TRIKE, extra motor and parts, trailer. 1600 Duel part. Balanced. No manifold. 603-444-2479 10.30

WANTED

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Letter to the Editor

Serving as your Register of Deeds

The office of the Register of Deeds represents a cornerstone of our economy. In the 8 years that I have served as your Grafton County Register of Deeds, I have witnessed a very strong recovery of our real estate market. As I took office, the country and the county were still feeling the effects of the financial crisis. Foreclosure rates peaked at 170 per year down now to 50 per year. Simultaneously, the threat of further reduction in property values was almost inevitable when faced with the widespread destruction that would have been inflicted by Northern Pass. Many good and dedicated people of vision came together to help our county thrive.

I speak my mind, I am independent and not behold- ing to any industry, commis- sion or party. I do not solicit political donations and have a long history of speaking out on campaign finance reform. I garner my base of support one phone call at a time, one frustrated prop- erty owner at a time. You can read more about me and my accomplishments at KelleyMonahan.com. You may question the rea-

sons for my actions as an elected official, but please, never question my patri- otism. I spent a great deal of time last year working on family genealogy and hope to soon be admitted to the Plymouth chapter of the Daughters of the American Revolution. My family has fought for our country since the beginning.

I testified to the NH House on the actions that sovereign citizens were tak- ing by filing false liens on the property of unsuspect- ing citizens and public offi- cials. My testimony helped convince the committee to draft law making our state the first in the nation where this action is considered a felony on the first offense.

I strove to achieve bal- ance between access to the Official Public Record and privacy concerns in the age of the internet.

You do not hear a great deal about the office of Grafton County Register of Deeds, that is simply be- cause it works...seamless- ly. The dedication of my team is remarkable, they are committed to problem solving for the public good.

I seek innovation and creative ways of assisting our municipalities with the ability that only we possess.

We are the sole source of this data, reports generated from our offices to NH DRA have allowed for the cre- ation of the very success- ful equalization program which NH DRA uses to set tax rates. Aggregation of the data is most valuable, so much so, that the last 4 years have seen constant efforts in our legislature to erode our role and hand it over to privatization. It is my efforts on a national level and my consistent persua- sive testimony in Concord that has inspired my peers to nominate me as the Vice President of the NH Regis- ter of Deeds Association for the coming biennium.

The founders of our great state placed such value on the ability to properly identi- fy ownership and interest in real property that they em- bedded the office in the NH Constitution. I have been your gatekeeper for these very challenging 8 years and with your support, I will continue to keep watch and act to protect this basic function of government by keeping it locally controlled. No one can equal my ded- ication and passion for this office and I respectfully re- quest the honor of your vote on November 6, 2018. Kelly Monahan

Letter to the Editor

Join me in Supporting Senator Bob Giuda

I am pleased to support District 2 State Senator Bob Giuda and will enthusiastically cast my vote on Nov. 6, 2018 for his reelection.

Senator Giuda under- stands the most important part of his job is to support and work on behalf of his constituents and he has done just that.

Many of you know I am a Tree Farmer who supports and advocates for the third largest industry in our state, the Forest Products Indus- try, which generates \$1.4 Billion into our state's econ- omy and creates just under 8 thousand jobs.

This industry is very large and important in Dis- trict 2, which includes for- est landowners, foresters, loggers, truckers, saw mills, firewood producers, chip plants and biomass plants (wood to energy) along with all of the support business- es which are critical to the entire forest industry.

This past Legislative session the House and Senate passed Senate Bill 365, known as the Biomass bill, which passed with overwhelming bipartisan support, but was vetoed by the Governor. This veto would have put 900 forestry

jobs at risk along with \$254 million of economic dollars into the states economy by closing the six independent Biomass plants.

Senator Giuda saw the devastation this veto would have had on his consti- tuents and led the charge along with Senator Jeb Bradley and many other State Senators to override the Veto on SB 365.

In big part due to Sen- ator Giuda working closely with the Forest Landowners and the Forest Industry we were successful in over- turning the Veto on Sept. 13th.

Senator Giuda led with others in the Senate an overwhelming vote of 21 to 3 in favor to overturn the veto. His speech on the Senate floor just before the vote was articulate and convincing; and his support was unwavering for his con- stituents.

As a forest landowner I am pleased with the leader- ship and hard work Senator Bob Giuda did on overturn- ing the veto of SB 365.

I hope you agree with me and cast your vote to reelect State Senator Bob Giuda in District 2 on Tues- day, Nov. 6, 2018.

Tom Thomson, Tree Farmer Orford, NH

Letter to the Editor

“Starr for NH State Sen- ate, District 1”

Don't let Jeff Woodburn deceive you. He has failed the people of the North Country.

Jeff talks a big game, but when it comes down to it, he isn't delivering the re- sults the people of the North Country need.

When the State sent money to our towns and schools to make infrastruc- ture improvements in the last year, it wasn't because of Jeff Woodburn. In fact, it was Republican leadership in Concord that delivered those resources to the North Country. Senator Woodburn voted against the very cuts that grew our economy and

expanded our revenues to enable that investment.

Jeff's Party, when he was still leading it, tried a last-minute halt to the school infrastructure invest- ments. This was a ploy to get a political win against the Republican majority, and it's clear that sort of ap- proach has no place in our state government.

Jeff views himself as a resistance soldier, fighting against President Trump as a New Hampshire Senator. That's not the way things should be done in New Hampshire, nor is it some- thing he can really achieve.

We need someone in Concord who is focused on our streets in the cities and

towns of the North Country, not on Pennsylvania Ave- nue.

David Starr, a former captain in the US Air Force and a Vietnam veteran, knows how to lead, and will work with the success- ful Republican leadership team in Concord to get the job done for the people and businesses of the North Country.

On November 6th, I'm asking you to vote for the candidate with integrity and honor in the North Country. Please join me in voting for David Starr for the position of Senator of District 1 in the New Hampshire State Senate.

Nick De Mayo, Sugar Hill

Letter to the Editor

Re-Elect Sheriff Dutile

As Retired Police Chiefs from the City of Lebanon, we write this letter to en- dorse and support Sheriff Doug Dutile's campaign for Re-Election as the Graf- ton County Sheriff. We've known and worked with Sheriff Dutile during his 27 years with the sheriff's of- fice, and the last 14 years as the High Sheriff. Doug

has handled all the duties of his office while being mind- ful to budgetary restraints and his commitment to ac- countability and openness in County Government.

During Doug's time as Sheriff, he has demon- strated he possesses the qualities needed, exem- plifies honesty, fairness and thoughtfulness as he con- tinues to lead the sheriff's office into the future.

To the voters of Grafton County, we need to do our due diligence and re-elect Sheriff Dutile as he is the most qualified person for the job.

- Retired Chief Randy Chapman
- Retired Chief Jim Alexander
- Retired Chief Gary Smith

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Retirement Security Week -- Take Steps to Boost Your Retirement Security

To raise awareness about the importance of saving for retirement, Congress has dedicated Oct. 21-27 as National Retirement Security Week. And the evidence shows that increasing this awareness is indeed important. Consider this: Some 50 percent of households are considered at risk of not having enough money to maintain their living standards in retirement, according to the National Retirement Risk Index, produced by the Center for Retirement Research at Boston College.

What can you do to help yourself stay out of the "at risk" category? Here are a few suggestions:

Define what retirement security means to you. Everyone has different ideas about what a secure retirement looks like. You might feel that true security means being able to remain in your current

home and live independently throughout your life. Or you might only feel secure if you know you can afford to travel or help your grown children or grandchildren financially. Once

you've identified your own vision of retirement security, you should be able to determine the financial resources you'll need to reach your desired outcome.

Create an appropriate financial strategy. To achieve your idea of a secure retirement, you can't just hope for the best – you need to create a comprehensive financial strategy, accounting for your various sources of retirement income: Social Security, pensions, employer-sponsored retirement plans, your investment portfolio and so on. You need to know how much you can expect from these sources, and how you can strengthen them.

Be diligent in your retirement savings. You could spend two or three decades as a retiree, so you'll want to accumulate as many resources as you possibly can – and that means you'll need to save and invest diligently during your working years. Put in as much as you can afford to your 401(k) or other employer-sponsored retirement plan – and every time your salary goes up, try to increase your annual contributions. But you can also go beyond your employer-backed plan and contribute to an IRA. In all your retirement accounts, you'll want to

include a reasonable percentage of growth-oriented investments, within the limits of your personal risk tolerance.

Establish an appropriate withdrawal strategy. Your retirement security isn't just based on how much you've built up before you retire – it also depends on how you manage your assets and investment income during retirement. As you begin to take out money from your 401(k), IRA and other investment accounts, you need to establish a withdrawal rate appropriate for your age, retirement lifestyle and asset level. If you take out too much each year, you risk outliving your resources, but if you withdraw too little, you might be short-changing yourself on your quality of life. You may want to work with a financial professional, who can review your entire situation – income, expenses and so on – and recommend an appropriate annual withdrawal figure.

These aren't the only keys to attaining retirement security – but they can still help you move toward that goal. Keep them in mind as the years go by.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor

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The Project #3

by Elinor Mawson

Time went on. Christmas came and went. My back got better every day as long as I didn't over-extend myself. We made appointments with the dentist and took the kids there. One of the children tried to miss the school bus every day and it was hard not to get angry with her.

It was also difficult not to be angry with the mother of these kids. She did very little except sit on the couch

and look into space. Once in awhile she would do a load of laundry and put it in the dryer (!); I used the wooden rack to dry MY laundry. One day I came home from work and found the toddler asleep on the stairs and the mother sitting on the couch. I held my tongue. We still made separate meals for the family.

The kids hated vegetables. One night I served a few peas for them and they fussed like I was trying to

make them eat liver. The girl started crying when I asked her to eat one pea and I lost my temper. She remembers it to this day, and I am ashamed of myself yet.

Four months went by. We finally found a woman who would take them in. We breathed a sigh of relief, even though we still had to take them to appointments and watch them once in awhile. The youngest child was scheduled for surgery at Shriners' and we took her, along with her mother, to Springfield.

The operation went well, and we returned home, leaving the mother with the little girl for a few days. When we returned to pick them up, the doctor cautioned us about letting the child walk in her cast.

The next day, one of her siblings told me that she had been "running all over the place". I went to check on her and found her cast all broken up. I whisked her away, called my husband and off we went to Springfield. She was fitted with a fiberglass cast and we were told that if she ruined that one, they would take her into protective custody.

When we got home, I called and quit my job. We rented a small wheelchair and the little girl and I spent the next 3 months together. We had a wonderful time.

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To be continued

Daniel S. George: OBITUARY

Woodsville, NH – Daniel S. George, 60, of Mill Street, died Thursday, September 27, 2018, at his home surrounded by his family.

He was born in Woodsville August 3, 1958 to Ernest Preston George Sr. and Helen June (Brown) George along with his fraternal twin Deborah J. George, Dan was one of ten children.

In his younger years he enjoyed hiking, fishing, hunting and being outdoors. One of his favorite jobs was as a landscaper, working on jobs in Lincoln, NH when the condominiums were being built. He had many talents, one of which was a self-taught electronics repair tech, he enjoyed the challenge of fixing what was broken and everyone knew if something they had needed to be fixed or installed he was "the guy". He had a small floor re-finishing business in the late 80's and early 90's with clients the likes of Patty Page, as well as working as a custodian at Bath Village School. Whatever job he was doing he always took pride in doing it to the very best of his ability, a character trait taught to him by his father and later passed down to his children as well.

In September 1980 Dan met Leslie Simpson (Harrington) while working as an orderly at Grafton County Nursing Home, it was love a Romeo & Juliet kind of romance. They married in January 1981 and together loved and lived life and raised 7 children. Dan loved with his whole heart and he made sure people knew our home was always open and you were always welcome. Many days and nights were spent with friends and teenagers seated around the table enjoying homemade pizza,



za, fried pickles, onion rings not to mention many delicious bowls of corn chowder, beef stews, etc. and Dan's words of advice on enjoying your life responsibly, but always spoken in love.

He is pre-deceased by his mother Helen in October 2008, a nephew Zebulun December 2008, his father Ernest in August 2016, a nephew Ben December 2016, and many other family, what a blessed reunion.

He is survived by his wife Leslie of 37 years, daughter Debra and grandsons Orion & Leo, daughter Naomi and grandchildren Nevaeh, Niyah & Daxton, son Elijah and grandchildren Vivian & Lucian, son Noah and grandchildren Logan, Ayvah & Preston, daughter Sophie and grandsons Nash & Daniel, daughter Olivia and granddaughter Helen and son Gabriel, Brothers Walter, Mark & Tom and sisters Marion, Elizabeth and Dotie.

A Celebration of Life was planned for Saturday October 13th from 1 to 5 pm at Horse Meadow Senior Center, 91 Horse Meadow Road, North Haverhill, NH.

To sign an online condolence please visit www.rick-erfh.com

Your Money or Your Memories

by Maggie Anderson

In giddy anticipation I headed to the North Haverhill Fair last Friday. We went on Friday because the price of Friday's tickets was kinder to our budget and it gave us a few extra bucks to play with.

The extra money could be used to purchase nearly anything, anything but a fan that is. Believe me I would gladly have dropped a ten spot if I could have found a fan for sale anywhere on the grounds. It reminded me of the last year I sold at the Amherst Teddy Bear Fair. It was a scorching 105 degrees and it was, as those of you who've ever been there know, an outdoor event. I sold more fans than bears - note to the vendors at the fair - remember to stock fans they sell faster than ice water.

The extra funds could also be used to buy munchies of every description, which is what we did by the way. At the 4-H booth I ordered a loaded baked potato I didn't have to turn our kitchen into a blast furnace for and Hank had what he considers health food, an order of nachos and cheese.

The spud was great, I don't go near nachos so you'll have to check with Hank, but I'm guessing they were okay since he was licking the bowl before he chucked it into the gaping maw of the waiting trash bin.

My anticipation was twofold, the primary anticipation was the result of having several entries in the Arts and Crafts Exhibit. Like a grandmother showing off pictures of the newest adorable genius in the pack I wanted to stand around waiting to hear all the cooing and be in on all the cheek pinching.

The second reason for my giddiness was that I couldn't wait to take a ride

on the Ferris Wheel. The heat being over the top, we decided to go home until the temps tapered off and the sun had set. We went back for a stroll around the midway and a trip on the big wheel in the cool of the evening.

The view from the top was worth the wait and the tickets the operator wouldn't take from us were cheerfully received by a boy at the ticket booth still trying to decide which rides he could afford to take.

Our final tally was \$16.00 spent at the gate, \$3.50 for my spud, \$3.00 for Hank's health food, and \$10.00 for 8 tickets to ride. We only needed 6 tickets to the top of the world but the guy behind us was 2 tickets short of his kid's dream so he offered \$2.00 to take our 2 extra tickets off our hands.

An image of a guy in a movie going berserk in the grocery store, ripping open packages of hot dog buns because he only needed 2 more in order to have one for each of the 10 hot dogs in his pack came to mind. I can still hear him screaming

about the conspiracy of the vendors being in collusion as he was dragged from the store and promptly arrested.

By this time we were in for \$32.50 - \$30.00 after we sold the 2 extra tickets to the Grateful Dad (sorry, sometimes I just can't stop myself.)

The premiums paid out for the darlings I showed off totaled \$19.00. So the way I figure it, if we'd skipped our spin on the wheel our expenditure for the whole day would have been a whole dollar or \$3.00 factoring in that Grateful Dad's \$2.00 wouldn't have been ours if I hadn't wanted to ride the wheel to begin with.

Hank's answer to the checkers who tell you how much you saved on your purchases that day is always, "Think how much we'd have saved if we'd chosen to stay home."

But you know years from now when I can't remember how much the day at the fair cost us we'll still be able to recall that view from the top of the Ferris Wheel on a perfect summer evening in the country.

Because of Roe v Wade more than 6 million unborn children have died through abortion.
Heavenly Father, eternal and Faithful Lord, we recognize that we are in need of forgiveness as a nation, for turning our hearts away from You. Hear our prayer of repentance Lord and cleanse us from all unrighteousness. It is only by Your grace that we can live lives that are just and merciful. May You be pleased to restore AMERICA so that a generation not yet born may praise You. We pray in the name of Jesus, Amen.

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What About Ma?

by Kellie Quackenbush

All About Those Poison Leaves

Poison Ivy is alive and well in New England. We also have our share of Poison Oak and Poison Sumac. One cannot live in this region without having at least one family story about an encounter with the poison weed. Per Web MD, "Poison ivy, poison oak, and poison sumac are three of the most common causes of allergic contact dermatitis in North America."

Because the entire plant will cause allergic reactions, there is not a safe way of handling the weed. The plants oils will attach itself to animal fur, tools and clothes that may transfer to human skin days later when handling the affected object. Drying lotions can lessen the resulting rash and blisters but the effects can last for several days. Burning these poison plants can lead to infection of the eyes, mouth and nasal passages, not to forget lungs and airways. Exposure to smoke from burning poison ivy, oak or sumac is call for immediate medical treatment.

In the fall, during "leaf peeping" season, the lovely colored shrubs along your nature hike may be one of these poison plants. Per Web MD, "In some areas of the country (East, Midwest, and South), poison ivy grows as a vine. In the northern and western U.S., and around the Great Lakes, it grows as a shrub. Each poison ivy leaf has three leaflets. Poison oak closely resembles

poison ivy, although it is usually more shrub-like, and its leaves are shaped somewhat like oak leaves. The undersides of the leaves are always a much lighter green than the surface and are covered with hair." The turning fall leaves will be very pretty but it is strongly advised not to touch them or any plants around them.

Some people that have never encountered these plants, may not have a reaction the first time they touch these plants. However, it is important to remember that the reaction may take hours or days to appear. Per Web MD, "The rash that results from the poison plants is a form of allergic contact dermatitis. (Dermatitis is swelling and irritation of the skin.) Skin is not automatically sensitive to urushiol. Sensitivity builds up after the skin is exposed to the substance."

My advice is to toss your hiking clothes directly into the washer when you return from a nature hike. When you return from a nature hike, treat your clothes, equipment and your body as if you have indeed been exposed. Take a shower. Use cleaning towelettes to wipe down your shoes and hiking equipment. Have a supply of "calmine" lotion and soaps recommended to treat poison ivy on hand.

To be safe and aware can save you days of suffering. Enjoy the great outdoors and be careful around friendly trees with growing vines.

Letter to the Editor

To the editor,
My name is Jerry Stringham, and I am running to be a Representative, in the NH House of Representatives for the area covering Lincoln, Woodstock and Waterville Valley. Grafton's 5th district.

My background includes a lifetime of success in business and healthcare enterprises. I earned a degree in Mechanical Engineering from MIT and an MBA from the Harvard Business School. I co-founded several medical technology companies in New England. In 1998, I established Medical Technology Partners, a medical consulting practice that helps manufacturers of new medical technologies. We have worked with over 170 medical device and diagnostic companies with novel healthcare products. I have two adult children who I spend a considerable amount of time with.

I live in North Woodstock and run my consulting business from here. Community service has always been

important for me. In considering how to have the most impact in the community, the current opioid epidemic and healthcare access issues are important and I am uniquely qualified to have an impact because of my training and relevant experience. My strong academic and business management experience also make my role in overseeing and impacting the state's \$5 billion budget of service to the area and state. I have never run for public office, so this is new to me.

The NH House is largely a voluntary position and is only open for business on a limited basis. Despite the modest time commitment for the state representative position, I am surprised how poor the attendance record is at the state level. I view the position of state representative as a very serious position and showing up to vote and provide constituent services as the base requirements for the job. An outstanding representative should also propose legis-

lation.
I want to earn your vote as well as each and every citizen in our community. The towns representing Grafton's 5th district are unique with as many vacationers as neighbors. I can use as much help as possible to reach out to those who haven't met me or interacted with me personally. To help introduce myself, I have created a webpage and a facebook page.

They are: <https://www.facebook.com/JerryM-Stringham/> www.Jerrymstringham.com

I am asking for the opportunity to tell people who I am, why I am running and why my election will improve the lives of our citizens and community.

I look forward to earning your vote and enthusiastic support.

Democrat Jerry Stringham for NH House, Grafton 5, Representing Lincoln, Woodstock and Waterville Valley

LETTERS

(and even some real words)

From The Editor

Our regular readers may notice that there is a bit of a difference in our Letter to the Editor section for this issue. Normally each Letter is answered individually. This is quite often done in order to agree with the writer, or to give an opposite point of view, or to simply bring up another point of observation.

However, in this issue all the Letters to the Editor were either endorsements to candi-

dates for upcoming election, or letters from the candidates themselves. We appreciate both of those forms of informing the public about who is running for various offices. In fact we encourage both candidates and endorsers to write such letters and send them in. We will continue to publish as many as we can.

Because all of these letters were for, or about political candidates, and because Trendy Times continues to not endorse any candidate, (this is a decision that was made when we first started the publication, and one that we continue to stand by) we decided to give a "blanket" response to all of these letter rather than answering each individually.

Trendy Times would also like to take this opportunity to pass along an invitation to all of these candidates, whether or not they are elected, to keep the information coming. Most of

our regular readers will note that NH State Representative Rick Ladd, from Haverhill, does such an article on a regular bases. We would love to offer such space to other elected officials to do a similar article. This would offer a chance to keep in touch with constituents, to keep the voters informed of the goings on in Concord or Montpelier, and a chance to pass along your own views on upcoming issues.

So here goes, Letter writer, I appreciate your letter of support for _____. I can only continue to urge our readers, and all the voters, to continue to read what you can, listen when you can, and think about your choice in the upcoming election. Your vote does indeed matter. Be sure to vote.

Gary Scruton, Editor

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Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason. *Of course you will need to be really out there for us to turn you down.* We also reserve the right to make slight changes to submissions for readability purposes.

Thank you for your understanding.



TRENDY TIMES

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Anxiety/Muscle Spasms/Pain Relief

by Melanie Osborne

This blend contains a group of safe herbs whose sedative properties are known throughout the world. Only in an encapsulated product such as this could they all be so easily combined. This blend can be expected to provide mild sedation and tranquilization at the recommended usage. Although some of the herbs in this blend are significant relaxants and sedatives by themselves, most of these herbs work best in combination

This compound is a nerve restorative, anti-spasmodic, and a soothing pain reliever. The specific herbs in this formula repair damaged and irritated nerves, soothe nervous agitation and excitability, and can (if taken at bedtime) exert a mild sedative action to help promote sleep. This compound is specific as a cardio-tonic agent to normalize heart palpitations while strengthening circulatory activity.

This compound is specifically indicated for the treatment of nerve and muscle spasms, nerve trauma,

nerve injury, and nervous agitation. As a restorative, it repairs the vital force after injury, trauma, or shock. It is specifically useful in the treatment of anxiety, insomnia, hyper-excitability, tension, nerve exhaustion, and nerve disturbances. This compound can also be used as an anti-viral agent for the treatment of shingles and herpes. This formula has been used successfully to aid individuals "quitting smoking" drug addictions and alcohol addiction.

CORYDALIS TUBER (Corydalis turtschaninovi Yanhusuo) Excellent for insomnia by providing pain relief; promotes relaxation, no "drug hangover" symptoms such as grogginess, dizziness or vertigo are reported with extract. Aids in an anti-arrhythmic effect on the heart, protects against stroke as well as lowers blood pressure; pain-relieving and sedative effects; treats stomach ulcers.

CALIFORNIA POPPY: (Escholzia Californica), Useful in treating sleeplessness and over-excitability in children, acting as a sedative. California Poppy is a

non-addictive alternative to the Opium Poppy and may be used as a general anti-spasmodic.

MILK THISTLE SEEDS: (Silybum Marianum), A specific in a liver regeneration and rebuilding combination, particularly in cases of hepatitis and cirrhosis; to increase the secretion and flow of bile from liver and gall-bladder; as a safe promoter of mother's milk; as a liver protective and disease preventative. Nutrients: calcium fatty acids, iron, magnesium, manganese, phosphorus, potassium, selenium, zinc.

SCHIZANDRA BERRY: (Schizandrae Chinensis), A very strong tonic and adaptogen herb with circulation-stimulating activity. A longevity and immune stimulation combination; to help in allergic skin reactions; used for asthma and dry cough. Contra- indications: Avoid during pregnancy.

VALERIAN ROOT: (Valeriana Officinalis), A strong pain relieving safe sedative herb for insomnia, anxiety, and depression, without narcotic side effects. It is also an effective anti-spasmodic and healant to the nervous

system. Nutrients: calcium, choline, essential fatty acids, iron, magnesium, manganese, phosphorus, potassium, selenium, zinc, vitamins B1, B2, B3 & C.

GINGER ROOT: (Zingiber Officinale), A warming circulatory stimulant and body cleansing herb, with excellent effectiveness for cramping, indigestion, nausea, cough, sinusitis and sore throat. Primary Uses: as a catalysts in all formulas where circulation to the extremities is needed, (as in arthritis); for respiratory and lung/chest clearing combinations; in digestive system stimulants and alkalizers for clearing gas. Nutrients: Amino acids, calcium, essential fatty acids, iron, magnesium, manganese, phosphorus, potassium, zinc. Vitamins B1, B2, B3, B6 & C. Ground

Melanie Osborne is the owner of Thyme to Heal herbs and has a private practice on Route 302 in Lisbon, NH. She has been in practice since 1991. She is certified in Therapeutic Herbalism through the Blazing Star Herbal School, in Shelburne Falls, MA.

Letter to the Editor

Letter to the Editor,

I am writing this letter because of the political turmoil in New Hampshire. As we look across our country we can see political problems everywhere. The fact is that it shouldn't matter whether you are a Republican or Democrat, both should be seeking a safe quality of life. Grafton County is served by Sheriff Doug Dutile and the Grafton County Sheriff's Department.

In Grafton County, Douglas Dutile is seeking re-election as Sheriff. As a native of Grafton County, and a person with over 40 years in law enforcement experience, I would hope that all responsible citizens of Grafton County would want to continue the protection we have enjoyed for over 14 years.

Sheriff Doug Dutile is a native of Lebanon. He grew up in the Upper Valley and started his law enforcement career at Hanover Police Department. Douglas was a respected Hanover Police officer for eight years. Feeling he could be more connected to the needs of the Upper Valley, especially the Hanover, Etna, Lyme and Orford areas Douglas went to the Grafton County Sheriff's Department. Over the years it should be noted that Douglas was never a politician, he was in fact an outstanding law enforcement officer that worked well with people from all walks of life. This in it's self allowed Doug to communicate and work well with people from both sides of the political aisle. Sheriff Dutile is respected by employees and citizens alike. Sheriff Dutile understands the sensitive needs of communities like Hanover and Plymouth, and their unique

issues caused by the influx of students and vast amounts of property, both public and private.

I have worked with Sheriff Dutile in the Lebanon, Hanover area. Having served over 20 years as a Chief of Police, I believe that my experience and training, like graduation from the FBI National Academy, gives me some credibility in describing leadership in Law Enforcement. Sheriff Douglas Dutile has brought strong leadership to the Grafton County area. His experience in Hanover has given him insight and understanding to the needs of Dartmouth College and Plymouth State University. Sheriff Dutile has a strong understanding of Dartmouth Hitchcock Hospital, which gives him the ability to cover security situations with all of the smaller medical facilities in the Grafton County area. It should also be noted that Sheriff Dutile is a member of the New Hampshire Police Standards and Training Council, the executive board that directs the New Hampshire Police Academy.

Sheriff Dutile also has the ability to give assistance to small towns with only one or two officers. He understands the need to assist communities without trying to control. This ability allows communication to flow much smoother and allows assistance to reach areas of investigation without delaying what ever emergency may be occurring.

I would like to thank the citizens of Grafton County for their support in the past and hope they will continue supporting Sheriff Doug Dutile in the future.

Russell Lary,
Chief of Police (Retired)
Grantham, NH

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by Cindy Pinheiro
to contact Cindy (aka Cin Pin)
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gary@trendytimes.com

Shrimp Scampi

Hello hello my fellow chefs. Well it's Fall and the leaves are beautiful. I live in the Northeast Kingdom and the rain last Thursday blew away all the leaves in my yard leaving behind a bare tree. Thank God for the evergreens. I'm not quite ready for snow.

Today's recipe is for Shrimp Scampi and I'm going to tell you how to make and prepare this great flavor filled dish. My family loves it and I think yours will too. Here's what to buy and how to make it.

Ingredients

- 1 pound cooked large shrimp
- 1 Dry Package of Amazing Taste Seasoning Mix (available at the fresh seafood counter at Shaws)
- 1 1/2 Cup Extra Virgin Olive Oil
- 1 1/2 Stick Butter
- 1 1/4 Cup Real Lemon Juice
- 6 Cloves Fresh Garlic or 1 1/2 Tablespoons minced garlic in the jar
- 2 Tablespoons Dry Parsley flakes
- 1 pound Spaghetti
- Parmesan cheese

Remove tail from shrimp by holding tail and pull shrimp out. This makes it easier to eat instead of messing your hands to hold tail to eat. Put your water on to boil adding 2 Tablespoons

of salt to boiling water. Water boils faster without the salt so add after a rolling boil. I chose to use cooked shrimp instead of raw because I'm not fond of cleaning and deveining shrimp. But you can certainly use raw shrimp if cleaning shrimp is your thing. Wash shrimp thoroughly under cold water. Put shrimp in bowl and coat with



dry seasoning and toss to coat well. Melt butter in pan, add oil, parsley flakes, lemon juice and garlic and simmer to marry flavors.

The trick to remove skin from garlic is to remove the clove and smash with the

heel of your hand or use the flat side of a wide knife and hit, the skin comes off easy.

When water is boiling rapidly add salt then add spaghetti. Now add shrimp to hot oil mixture just to heat through and mix well. If using raw shrimp it will turn white and pink. When spaghetti is cooked add 1/4 cup of pasta water to oil and shrimp mixture and toss. Drain spaghetti, return to pan, add your oil and butter and shrimp mixture using two forks to toss well so spaghetti gets nice and coated. It will get absorbed into spaghetti. Sprinkle parmesan on top and sprinkle extra parsley too. That's it!

This recipe is great leftover, even more "Delicioso" when reheated. Serve with a Chablis Wine or a Chardonnay. Drink responsibly.

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