

# TRENDY TIMES

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JUNE 8, 2010 VOLUME 1 NUMBER 26

## Lisbon Dedicates Bridges to Veterans



More than just the town of Lisbon was represented during two bridge dedications on Sunday, May 30, 2010. One bridge was for an individual, while the other was for him and countless others.

The weekend as a whole was a huge one for the Town of Lisbon as it meant Lilac

Time had once again come into bloom. The town was bustling with plenty of events all weekend long with a real attention on Saturday. That was when so many gathered to see or participate in, the Lilac Time Parade. Plus there were plenty of vendors with their pop ups to keep out the

bright sunshine. There was also live music, speeches and all the other pieces that make an event like Lilac Time so anticipated. Plus one parking lot in downtown Lisbon was full of rides and games that showed up on Friday and hung around until Sunday.

Also on Sunday were two different bridge dedications. Though both were appropriate to the Memorial Day Weekend, they came about in very different manners.

The first, and undoubtedly better attended and publicized dedication, was at the former Salmon Hole Bridge on Routes 10 & 302, just north of Route 117. This bridge dedication came about due to State Legislation. That



means there were many people involved from the initial request, to the proper writing of the bill, to final passage. Then came the work of putting together the day's activities. The event was blessed with great weather and a very large turnout.

The bridge was dedicated

to Alan Burgess who lost his life in Iraq, as a member of the New Hampshire Army National Guard. Many stories have been written about his service, the tragedy of his death, and all that he meant to his family and friends. All I can add is that the event brought people who knew him well, family members who will always love him, and some who did not know Alan, but who respected what he had done and the meaning of the dedication of a bridge in his name.

The second bridge was dedicated as the Lisbon Veterans Memorial Bridge. Though this took in, and was dedicated to, a much larger, ongoing number of veterans, the crowd was not nearly the same, nor were the preparations or requirements for the renaming.

This bridge also spans the Ammonoosuc River, but is on a town road not a state road. Therefore the ability to rename the bridge fell in the capable hands of the Lisbon Selectboard and Town Manager. At this dedication, there was no one person to talk about, there have been hundreds and undoubtedly there will be more. Appropriately, during the ceremony any person who had served in the military was asked to identify themselves, and they did, because they too were part of this bridge dedication.

Bottom line is that Lisbon now has two bridges with new names. Both to honor the memory and spirit of members of the armed forces. And what better time to do so than on Memorial Day Weekend, during Lilac Time.

Gary Scruton  
Editor/Publisher

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Story by Pastor Sue Ellery. Photo by Tim Goslant.

Joseph Goslant, age 7, holds out his hands to show some of the money he has raised for his church.

Joseph attended the Vacation Bible School at the Woodsville United Methodist Church last summer along with his sisters, Sadie and Emma. He enjoyed it so much that he and his sisters became regular Sunday school attendees at the church. His parents are Tim and Cindy Goslant of Woodsville.

Last week Joseph's father approached Pastor Sue Ellery with an offer. He offered his son to work for the church. "He's part of the church now and he should learn to work to help support it," said Tim Goslant. Of course Pastor Sue was interested in what he had to say and asked what he had

in mind. Mr. Goslant suggested that perhaps his son could sell lemonade at the upcoming food sale. They already had a great little lemonade stand for Joseph to use. Pastor Sue jumped at the idea and called Carole Kendall, President of the Girl's Club, the group holding the food sale and asked her opinion of the offer. Needless to say, Mrs. Kendall was enthusiastic about the idea. The monies raised support the ministries and missions of the Girl's Club and the church.

Joseph had a long day selling over 40 glasses of lemonade, being an ambassador for the church, getting to know some of the ladies of the church better, and getting his first lesson in stewardship.

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# Orford NH Law Firm Launches "Support Our Troops" Program

ORFORD, NH-The Van Dorn & Curtiss law firm, widely regarded as one of the best personal injury law firms in Northern New England, is launching the first phase of its "Support Our Troops" program during the month of June. A mass mailing of informational cards will begin next week to homes and businesses in select Grafton County locations including Hanover, Lebanon and Littleton.

According to Attorney Ed Van Dorn, the effort will seek donations of needed food and personal items for armed forces from New

Hampshire and Vermont serving in the Iraq and Afghanistan theaters of war.

Van Dorn said the program is in memory of Littleton US Army Specialist Jeremy F. Regnier who was killed in Iraq in 2004. The program is being coordinated by his staff at his law firm on Route 10. Jeremy was the cousin of the firm's office manager Shelly Vizena.

According to Attorney Van Dorn's wife, Patricia, who is assisting in the organization of the massive collection effort, items needed for distribution to troops include priority items, such as DVDs,

CDs, socks, T-shirts, deodorant and sunblock.

Also food items being requested by troops include individual snack packs, nuts, raisins, beef jerky, canned meats and powdered drinks.

Mrs. Van Dorn said hygiene supplies being asked for include moisturizing lotion, lip balm, toothpaste, razors and shaving cream.

She said a complete list of requested items is outlined on a large postal card being mailed by the law firm during the first week of June.

Pick up locations for donated items include the Brick Store in Bath; Mascoma



Bank on South Main Street in Hanover; Carter Community Building in Lebanon; Northrop's in Lisbon; The Co-Op in Littleton and also (for employees only) the Littleton Coin Company; Aldrich General Store in North Haverhill; Van Dorn & Curtiss law firm in Orford; Four Corners Store in Piermont and The Party Store in Woodsville.

Further information on this program, including a complete list of needed items

and drop off points are available at the law firm's website at [www.vandornandcurtiss.com](http://www.vandornandcurtiss.com). Please click on the SUPPORT OUR TROOPS link.

The next phase of the project will include mailings to Vermont towns in the Upper Valley area and drop off points in those communities. After that the plan is to expand to include all of Grafton County NH and Orange County Vt.

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Not all Times are Trendy but there will always be Trendy Times

# Using Manure in the Garden

By Heather Bryant, Extension Educator, Agricultural Resources

As the weather gets warmer and the gardening season approaches I have received several questions about using animal manures in the garden. Most of the manure questions have concerned food safety. By and large, animal manures are an excellent local and natural source of nutrients for your garden. They also provide organic matter which is important for good soil structure. However, there are a couple of things you want to keep in mind.

First E. coli, Listeria, and Salmonella bacteria may be present in fresh manure, particularly when temperatures are cool and the manure remains moist. Parasites such as roundworms and tapeworms may also be present. Plant surfaces that come into contact with these manures may then be contaminated as well.

Instead of fresh manure, a better option is to use composted or well rotted manures, and incorporate them into your soil one month before you plant your crops. Manures, even well composted manures, will stimulate microbial activity in the soil which could impede germination or plant growth in the short term. If you do use fresh manure, spread and incorporated it 120 days before you plan to harvest any crops where the edible portion may come into contact with the soil.

Also consider where the manure came from. Are the animals healthy and do you know how the manure has been handled? Keep your pets out of the garden as much as possible. Animals such as cats and dogs may carry parasites that will be more easily transferred to humans than the parasites in

other types of manure. Also be aware that some manure, particularly fresh manure, will contain viable weed seeds.

Naturally, washing your hands after gardening will minimize your risk, and is a recommended practice whether you are using manures or not. Washing and peeling all the vegetables you plan to eat raw is also important, particularly if you use manures, chemical fertilizers, or pesticides.

Sensitivity to these pathogens, like the bacteria and parasites listed above, can vary from person to person, and those who should be particularly aware are pregnant women, young children, the elderly, or people with illnesses which suppress their immune system.

People in a high risk category might consider limiting their manure use to crops they will not eat (jack-o-

lanterns and flowers), crops they will cook, or crops where the edible portions rarely touch the ground (peppers).

Finally, remember that using manures can, over time, lead to a build up of phosphorus in your soil. This is not harmful to your vegetables, but if the levels are high enough, the phosphorus can leach into lakes and streams causing water quality problems. If you have never done so before, or you have not done so in a number of years, consider getting your soil tested. More information

on soil testing can be found at this website <http://extension.unh.edu/Agric/AGPDTs/SoilTest.htm>

Like many safety issues, awareness is your best defense. If you have further questions on this topic please call 603-787-6944, and have a wonderful gardening season.

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# JUST DESSERT

## A Concert By Amy Mitz To Benefit Hospice

On Tuesday June 15th at 7 pm at the Sugar Hill Meetinghouse, mezzo-soprano Amy Mitz will present a light-hearted program featuring contemporary music. There is no charge to attend the concert but all freewill donations will go to North Country Home Health and Hospice for their hospice program. Hospice volunteers will provide delicious portable desserts to nibble on while listening to an evening of song featuring mezzo-soprano Amy Mitz and pianist Anita Bonnevie. Special guests include mezzo-soprano Courtney Vashaw-Piper; clarinetist, bodhran drum and manicotti player Russ Bonnevie; and high school tenor Aden Mitz.

Mezzo-Soprano Amy

Mitz recently received an honorary Doctor of Music degree from Hebrew Union College-School of Sacred Music in New York City, where she also received Cantorial Investiture and a Master of Sacred Music in 1985. She studied in the vocal studio of Lyric Opera Singer Eileen Deneen in Chicago, has served congregations in Chicago, St. Louis, New York and New Hampshire, and has performed solo in numerous settings in the United States and Israel. Amy enjoys fundraising for worthwhile causes and fostering understanding among diverse faiths through music. She has performed regularly in the Lenten Series at All Saints Episcopal Church in Littleton and has been raising funds

for hospice as part of the Lupine Festival since 2004.

Pianist Anita Bonnevie really is a Maine-iac, but has lived her in the beautiful White Mountains for so many years that it feels like home. She has taught music in most of the local schools, played for most of the local theatre companies and shared her love of playing with most everyone willing to listen.

Mezzo-Soprano Courtney Vashaw-Piper lived, ate, slept and breathed music in high school, and sang soprano, alto and tenor in All Eastern and All State Competitions at that time. She has worked with the Weather-vane Theatre and Colonel Town Players for many years. At the present time she is a member of the Board of Di-



rectors of the Colonel Town Players. Earlier Courtney pursued a career in education, teaching English in this region for 8 years. Now she is Assistant Principal of Profile School and a huge advocate for the arts at Profile.

Clarinetist Russ Bonnevie has been making beautiful music with his wife Anita for the last 40 years. Both music majors in college, they have been living, working and playing in the North Country since moving here in 1976. After 26 years

as a public school librarian, Russ now works part-time at the Littleton Public Library and plays clarinet and sax with local community bands.

Young tenor Aden Mitz is a student at Profile School and danced in time to music before he could walk. He's been singing ever since. He has performed in Back to the Eighties, The Wiz and has performed in concert and competition with the Profile School Chorus since 2007. And oh yes, he is Amy Mitz's son.

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# Deadly Aunts On Stage!



"The cast of Old Church Community Theater's "Arsenic and Old Lace" readies for their June 11th opening in Bradford. Left to right (standing) Bob Brown, Doug Coughlin, Sam Langdon, Zach Fogg, Aaron Richter, Paul Landry, Danielle Mansfield-Marcoux, Mark Cookson, Chuck Fray. Left to right (seated) Laine Giollespie, Liane Allen and Peter Richards.

The play runs 2 weekends, June 11- 13 and June 18-20: Friday and Saturday shows are at 7:30pm and Sunday matinee is at 4pm. Information and reservations at 802-222-3322 or [www.oldchurchtheater.org](http://www.oldchurchtheater.org). Tickets are \$10.00 and \$5.00 for students."

BRADFORD, VT- The famous comedy "Arsenic and Old Lace" will be presented at the Old Church Community Theater on North Main Street in Bradford, Vermont on June 11-13 and again on June 18-20. Show times are 7:30pm on Fridays and Saturdays and special 4pm matinee on Sunday. Reservations for this family-friendly show can be made by calling 802-222-3322 or [reservations@oldchurchtheater.org](mailto:reservations@oldchurchtheater.org).

Written by Joseph Kesselring, this comedy favorite features two endearing elderly ladies whose charity

includes murdering lonely men with a very special elderberry wine. In 1944, the play was made into a movie, including a host of famous actors, and the Old Church Community Theater has recreated all the fun and absurdity of this masterfully written gem: Who is digging the Panama Canal in the basement? What is Einstein

and Boris Karloff doing in the house? And, what are the old ladies doing with all the bodies?

Included in director Robin Ng's cast are Aaron Richter, Liane Allen, Laine Giollespie, Danielle Mansfield-Marcoux, Zach Fogg, Chuck Fray, Mark Cookson, Peter Richards, Sam Langdon, Joe Scaro, Jim Flanders and Doug Coughlin.

"Arsenic and Old Lace" is the second play in The Old Church Community Theater's 2010 season: In mid-July G.B. Shaw's "The Devil's Disciple" will be presented, followed in August by "The Gin Game" and in late September there will be several one act plays. For more information and photos of past plays please visit [www.oldchurchtheater.org](http://www.oldchurchtheater.org).

Since 1984 The Old Church Community Theater has presented five or more plays each season, and continues this year to be a part of what makes the Upper Valley special, bringing the magic of live theater to Bradford. As a non-profit organization, anyone is welcome to participate on or off-stage.

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linking movement with the breath, some gentle stretches, and practice some meditation/relaxation techniques. Please wear comfortable clothing, and bring a mat if you have one as part of the class may be standing.

Laura began studying yoga and meditation about ten years ago, and had the fortune to find great teachers everywhere she has lived - from Delaware to New York

City to Vermont. She had taught meditation classes in New York and Burlington.

The Bradford Public Library is located at 21 South Main Street in Bradford, just north of the dam and the falls of the Waits River off Route 5. For more information you can call 802/222-4536 or send an email to: bradfordpubliclibrary@gmail.com



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By [pete03785@gmail.com](mailto:pete03785@gmail.com)



This is one of the most laughable and contradictory bumper stickers I've seen in a long time.

The letters have symbols which roughly form these letters:

- C Islam – crescent and star
- O Buddhism – ying & yang
- E Science = E=mc<sup>2</sup>
- X Judaism – Star of David
- I Paganism – mother earth image
- S Wiccan – wiccan symbol
- T Christianity - Cross

The very first letter is the biggest lie.

Islam won't coexist with anyone. The Koran [Quoron], which I have read, allows for only 3 possibilities for 'infidels'; that's ANY non-Muslim:

1. forcible conversion
2. 2nd rate citizenship with an infidel slave tax
3. or death

[I must admit that this article recently in Fox News tries to put a 'reasonable face' on the Muslim faith although I fear it is the voice of a small minority; [www.foxnews.com/opinion/2010/05/07/m-zuhdi-jasser-times-square-muslims-homegrown-islamist-terror-hasan-faisal/](http://www.foxnews.com/opinion/2010/05/07/m-zuhdi-jasser-times-square-muslims-homegrown-islamist-terror-hasan-faisal/)]

Buddhism believes in EVERYTHING which means it believes in nothing.

Science is self worship and allows no room for faith. Ironically, it takes more faith to believe in atoms, which we cannot see, than in the God of Nature whose fingerprint we see in every flower, bird, cloud or star.

Judaism HAS tried to coexist, albeit surrounded by enemies on every point of the compass. Ok, Egypt DOES have a peace treaty, but that will only last as long as Hosni Mubarak stays in power.

Paganism and Wiccan are earth worship cults with minimalist followings that believe they are right and everyone else is wrong.

Christianity is the only one who offers the best and highest coexistence of all; our being reconciled with God, our sins forgiven, our souls empowered to live godly lives in an ungodly world.

COEXIST? Not with such a disparate mix, sorry!

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The fawn who was discovered while doing yard work was left alone and later that day Mom came by and took her away. Submitted by Walter Dellinger.



The Bath Ghost Walk on Sunday, May 30 saw its larger turnout of living guests ever. The spirits making an appearance included the original builders of the "Colonial Inn" on Bath's Main Street.



By Ronda Marsh

## Orange-Spiced Greek Chicken

In my endless quest for a chicken recipe where boneless/skinless breasts do not end up with a texture akin to sawdust, I came across the classic French "Chicken Veronique," which involves cooking chicken with grapes and wine. Sounded good, but I was in what I now refer to as "My Greek Food Phase," where for a period of about 6 months I craved anything involving Feta or olives. I made some changes to the recipe to reflect a Greek influence, including the addition of honey, cinnamon, and orange juice. It actually all worked together to produce golden, succulent and flavorful chicken, as well as a yummy sauce to drape over rice as an accompaniment. I've made this for company, and even those who don't usually like Kalamata olives agree their addition lends a subtle flavor enhancement to the dish. So go rent "My Big Fat Greek Wedding" to get yourself in the proper frame of mind, and then whip up this dish for dinner. It will make you want to exclaim "OPA!"



- 3 or 4 Boneless/skinless chicken breasts (or 6-8 thighs, if you prefer dark meat)
- 1 teaspoon seasoned salt
- 1 teaspoon pepper
- 1-1/2 teaspoon paprika
- 1/2 cup flour
- 2 Tablespoons canola or olive oil
- 1 cup orange juice
- 2 Tablespoons honey
- 1/2 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 1/2 teaspoon dried oregano
- 1/2 cup white wine
- 1/2 onion, rough chopped
- 1/2 cup seeded Kalamata olives

Rinse chicken and dry with paper towels. Cut each trimmed breast across into 3 pieces. Sprinkle both sides with salt, pepper and paprika, and then dredge in flour, patting off excess. In a small bowl, combine honey, cinnamon, nutmeg, oregano, and orange juice. Set aside. In a skillet, heat the oil and lightly brown the chicken on both sides, cooking in batches, if necessary. Preheat oven to 350°F. Place browned chicken in an oven-proof casserole dish large enough to accommodate (I use an 11x7) which has been lightly sprayed with cooking spray. Sprinkle onions and olives on top of chicken. Pour off any excess oil from the skillet, then pour in the white wine to deglaze, gently stirring to remove fond (the yummy brown stuff) from the bottom of the pan. Pour this liquid into the bowl with the orange/honey mixture, stir to blend, and then pour over the chicken. Bake uncovered for 45 minutes, then cover dish with foil, turn heat down to 300°F, and continue baking for 15 more minutes. Serve over hot buttered noodles, orzo, or rice.

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# Ross-Wood Post #20 American Legion, Woodsville, NH

## A Family Organization.



### From the American Legion Commander

To All Members of Ross-Wood Post #20. Please attend a monthly meeting or take part in Color Guard or other activities. Your few hours of time will help insure the continued stability of this important piece of our national and local fabric.

To veterans who are not yet members of this or some other American Legion Post, please accept this as your invitation to check us out and see what good things we are doing.



During the recent installation 50 continuous year member Bud Darby was recognized.

### Other recent American Legion Activities.

The Scholarship Committee recently met to go over many fine appreciations from students at Woodsville High School, Blue Mt. Union, and Lisbon Regional High School. There were also two applications from students who have a parent or grandparent as a member of Ross-Wood Post #20. When all was done a total of six scholarships totaling at least \$3,000 will be handed out to graduating seniors. These funds will be sent to the students upon entry into the second semester of their chosen school.

Legion members also participated in the many Memorial Day activities. On Saturday, May 29 we were well represented in the Lilac Parade in Lisbon. On Monday, May 31, activities began at the Grafton County Nursing Home at 8:00 AM. That was followed by ceremonies at the monument in North Haverhill and the Horse Meadow Cemetery. Those events were followed by the annual parade in Woodsville on Central Street. The day was capped off by a barbecue luncheon prepared by the Auxiliary at the Post Home.

Many thanks to each and every member who participated in any way, and to the members of the general public who took time from the busy weekend to think about Memorial Day. Also a sincere thanks to Haverhill Memorial VFW Post 5245 for inviting us to join them at the North Haverhill event and for joining us in the Woodsville Parade. Thanks also to the Newbury American Legion Post members who marched, and for bringing the Boy Scout Troop out of Newbury who also marched and joined us for the luncheon. It is great to see young people getting involved.

Another award was presented by Service Officer Everett Rust. It read:

“In appreciation of  
Jean Wheeler  
for her support of and  
financial contributions toward  
World War II Veterans and  
their past and future excursions  
to Washington, DC to  
visit THEIR war memorials.”



### This is the American Legion Auxiliary

Serving Veterans, their families and their communities.

The American Legion Auxiliary has become the largest patriotic women's organization in the world, since 1919. Our 900,000 members are a strong voice for veterans issues. We support all the programs of the American Legion. We are their Auxiliary.

We are mothers, daughters, granddaughters, female Veterans and military wives.

We also have our Junior members. This is from birth to age 18.

We value our community and serve it. We also know first hand that “Freedom does not come free”. We are dedicated to our community and to make the lives of our Veterans and military families easier. We do this through fund\*raisers. We are a family with the two other organizations of our Post the Legion, and the Sons of the American Legion. We all work together for our Veterans and their families.

The American Legion Auxiliary invites you to join our family. If you would be interested, please go to our web site at [www.legion-aux.org](http://www.legion-aux.org) for more information on eligibility dates, or stop by the Legion home in Woodsville to talk to us.

### Fundraiser for the American Legion Auxiliary

August Calendar Raffle Tickets are now on sale. Only 150 tickets to be sold at \$20/ticket with proceeds to benefit Auxiliary Programs



Another Special Award given at the Installation of Officers was given to past President Virginia Sullivan by former New Hampshire State Auxiliary President Nancy Partington. Newly installed Ross-Wood Unit 20 President Kathy Fitzgerald looks on.



### UPCOMING EVENTS:

Ross-Wood Post #20 Monthly Meeting  
Wednesday, June 9, 6:00 PM

Sons of the American Legion Monthly Meeting  
Thursday, June 10, 7:00 PM

Summer Fest Parade in Littleton, NH  
Sunday, June 13, 1:00 PM, Muster at 11:00 AM

Flag Day Ceremony at the Post Home  
Monday, June 14, 6:00 PM - *Public Invited*

Ross-Wood Auxiliary Unit 20 Monthly Meeting  
Monday, June 14, 6:30 PM

Fourth of July Parade in Woodsville, NH  
Sunday, July 4, 11:00 AM, Muster at 10:00 AM

Photos are all courtesy of George Rogers,  
Historian at Ross-Wood Post #20



To contact Ross-Wood Post #20 write:  
PO Box 207  
Woodsville, NH 03785  
603-747-3387  
[garyscruton@yahoo.com](mailto:garyscruton@yahoo.com)

### From the Sons of the American Legion Commander

I want to thank all for voting me in as Commander for a second term. Congratulations to all the other officers elected. We're all hoping for another great year in the betterment of the American Legion Ross-Wood Post 20.

Commander: Philip Davidson  
1st Vice: John Boudreault  
2nd Vice: James Fitzgerald  
Secretary/Treasurer: Peter LaVoice  
Chaplain: Steve Pickens  
Sargeant of Arms: Mike Adams  
Historian: Joseph Davidson



# JEANIE FORRESTER TO SENATOR DEB REYNOLDS:

## Repeal the Job Killing LLC Income Tax

Today, Conservative Republican State Senate District 2 candidate Jeanie Forrester called on incumbent Democrat State Senator Deb Reynolds to make the repeal of the job killing LLC income tax a top priority during next week's special session.

"Senator Reynolds owes it to her constituents and the small businesses of New Hampshire to make sure there is a stand alone up or down vote on the repeal of the LLC tax," said Forrester.

For months, the Democrat House and Senate major-

ity and Governor Lynch have agreed with Republican lawmakers that the LLC tax should be repealed. Unfortunately, no Democrat has gotten the job done and the tax is still a drain on New Hampshire small businesses.

"Senator Reynolds has allowed the repeal of the job-killing LLC tax to be held hostage by special interests and budget gimmicks. If she is serious about supporting our business community and creating jobs, she will lead the way to repeal," added Forrester.

Despite the Democrats controlling the House, Senate and Governor's Office, this tax is still alive and well and a consensus cannot be reached on how to close the over \$300 million budget gap. Last week, Senator Reynolds was part of a Democrat majority that walked away from negotiations that would have cut spending to reduce this deficit.

"Walking away is not an option. The citizens of District 2 and New Hampshire deserve better," concluded Forrester.

# WENDLEBOE ENTERS

## NH STATE SENATE DISTRICT 2



Representative Fran Wendelboe, surrounded by dozens of supporters, made her candidacy for State Senate District 2 official when she signed formal candidacy paperwork at the Secretary of State's office in Concord on Wednesday.

Wendelboe presented a

stack of petitions from district voters asking that her name be placed on the ballot.

Pointing out the current fiscal crisis of a 300 million dollar deficit and the looming additional 600 million dollar budget shortfall in the next budget, Wendelboe cited her long and proven record of

being a take charge staunch conservative. "I've fought and voted against literally hundreds of new taxes and tax increases while in the NH House" stated Wendelboe. She continued, "I pledge as your next State Senator, I will make the hard choices and tough decisions necessary to make government spending live within existing revenues". "The current Senator and her party colleagues have only been willing to use smoke and mirrors to look like they are trying to balance the budget, but more borrowing, extending payments, and shell games is fiscal insanity" stated Wendelboe.

Voters can learn more about her Senate candidacy and her stand on issues at her website: [www.franforsestate.com](http://www.franforsestate.com)

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### It's Time to register for the 2010 4th of July Parade.

Registration is FREE. The fun is FREE. There are even CASH prizes.

Woodsville/Wells River Area 4th Of July Committee  
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The parade steps off at 11 AM on Sunday, July 4th. All entries should be checked in by 10 AM. For further details, contact Parade Chairman Steve Strout at 603-747-2878 or visit [www.wwr4thofjuly.com](http://www.wwr4thofjuly.com) for the full 4th of July schedule.

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# A Walk In The Woods 2010

By David Falkenham, UNH Cooperative Extension Grafton County Forester

Slowly, very slowly, my mind starts to wake up. In my half awake state I smell cool fresh air and I hear the first birds of the morning. Now I remember; I am camping with friends on a very relaxed search for salmon and brook trout. Did I say camping?? Well technically we are sleeping outside, in the backyard of my boss's parent's house on the shoreline of Lake Francis in Pittsburg, NH. On the first morning we used the coffee maker in the kitchen, but on the second morning I insisted on camp coffee and a morning fire to start the summer season off right!

As I wake up from a fresh air induced sleep, I start to note the differences in bird songs from the oak-pine forests in North Haverhill to the spruce-fir forest above the 45th parallel. The oven-bird, cardinal, robin and vireo's that sing all morning in my backyard are now replaced by loons, white throated sparrows, black-burnian warblers and yellow bellied flycatchers. The view from my tent door is phenomenal: Lake Francis in the morning fog... it is 4:30 am.

Coffee, breakfast, fishing, then off we go to the upper Connecticut River between Lake Francis and the First Connecticut Lake. As I leave my truck my first goal is to put a lot of distance between me and the crowds that commonly gather at the bridges along the river (good roads make bad fishing). Into the woods I go, head first into a tangled mess of alder which is part of an expansive wetland along the flood plain of the river. This is not the easiest walking with fly rod in hand.

I slow down and observe

the tracks in the mud: deer, bear, moose, woodcock, otter, raccoon and mink. Riparian forests, especially when mixed with tangled stands of alder, are among the richest habitat types that we have. I get down on my knees to look at tracks and imagine being a small animal and how much protection this jungle offers. However I am a 5' 10" bi-ped, not really designed to walk quickly through this stuff, so I continue to struggle through it. I stagger to a stand of spruce/fir which offers much better walking. The game trails continue in all directions, however I head for the river which I can finally see glinting in the sunlight. Sunlight: the fisherman's curse and the non-fisherman's blessing.

As I waded into the river I notice the power and cold temperature of the spring water. These rivers are dam controlled; fortunately the water is drawn off the bottom

of the lakes thus keeping the water temperature in the rivers consistently cold. This cold water is great for salmon and brook trout. The water races and runs quickly, smashing into rocks with a white frothy spray and forming dark pools and eddies where the fish rest in the quiet water. The sunlight reflects off everything wet creating a glare that is difficult to see through, but beautiful to look at. What would be truly beautiful now is the site of a three pound brook trout slamming my fly, but in this radiant sunshine that won't happen today.

Near the end of his book "Walden Pond", Henry David Thoreau wrote "Life flows through us like water in a river". There are times today in this fast cold water that I think the river is trying to sweep me away and make me part of it. My liquid mind is swept away, fortunately my body stays upright. I can't

say the same for my fishing/camping partner upstream from me.

Though the fish aren't biting, I am still enjoying my time in the woods today. It is reassuring to know that roughly 140,000 acres in the Pittsburg area are protected with a state-owned conservation easement and more than 8,000 acres are owned by the NH Fish and Game Dept. It is safe to say I will be returning to fish here well into the future; this is open protected land, free for all of

us to use respectfully.

I would like to thank Lesley and Ruth Covell for providing exceptional camping accommodations for this trip. Don't be surprised to look out on your lawn some morning and see my tent set up again. I'll make the coffee!

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# Boating Safety Course

Vermont Law: Any person born after January 1, 1974 is required to take a boating safety course before operating any motor boat on the waters of Vermont.

A course will be taught by volunteer State certified instruction, Jim Soutar. Topics included in the eight hour course will include safety equipment, "rules of the road" (navigation rules) and Vermont boating laws. Please bring a lunch, paper, pencil and 36 inch long piece of soft 5/16" diameter hemp rope.

There is no charge for the course, however, pre-registration is required.

Students may register up to one week prior to the class. The class will be held on Saturday, July 3 and Monday, July 5, 2010 from 9:30 AM until 2:30 PM each day. The course will be held at the Groton State Park Nature Center. Students must be at least 11 years of age before the end of 2010.

For course information & regulations, contact: Jim Soutar 802-479-2400 (days) or 802-584-3878 (nights & weekends). Pre-study work is required. Therefore, manuals for the course should be picked up at least one week prior to the start of the course.

# Calendar of Events

**WEDNESDAY, JUNE 9**  
**MONTHLY MEETING - ROSS-WOOD POST #20 AMERICAN LEGION**  
 6:00 PM  
 American Legion Home, Woodsville

**THURSDAY, JUNE 10**  
**WEIGHT WATCHERS MEETING**  
 5:30 PM  
 Weigh In & Registration is at 5:00 PM  
 Woodsville Post Office Annex  
 31 South Court Street, Woodsville

**FRIDAY, JUNE 11 - SUNDAY, JUNE 13**  
**LITTLETON SUMMERFEST**  
 1:00 PM Sunday - Parade

**FRIDAY, JUNE 11**  
**ARSENIC AND OLD LACE**  
 7:30 PM  
 Old Church Community Theater, Bradford

**SATURDAY, JUNE 12**  
**RAY PINEO/GREG FINNERTY MEMORIAL MOTORCYCLE RIDE**  
 9:00 AM Registration  
 New England Wire Parking Lot, Lisbon

**ARSENIC AND OLD LACE**  
 7:30 PM  
 Old Church Community Theater, Bradford

**SUNDAY, JUNE 13**  
**BATH FIRE ASSOCIATION CHICKEN COOKOUT**  
 11:00 AM - 4:00 PM  
 Bath Highway Shed, Bath

**ARSENIC AND OLD LACE**  
 4:00 PM  
 Old Church Community Theater, Bradford

**TUESDAY, JUNE 15**  
**REPUBLICANS MEETING**  
 6:30 PM  
 VFW, No. Haverhill

**NH STATE VETERANS COUNCIL REPRESENTATIVE**  
 8:00 AM - 12:00 Noon  
 Woodsville American Legion Post #20

**FRIDAY, JUNE 18**  
**RAILROAD PARK CONCERT TRINITY (CELTIC BAND FROM BURLINGTON, VT)**  
 6:00 PM  
 Railroad Park, Woodsville

**ARSENIC AND OLD LACE**  
 7:30 PM  
 Old Church Community Theater, Bradford

**SATURDAY, JUNE 19**  
**CHURCH BAKE SALE**  
 9:00 AM - 12 Noon  
 St. Lukes Parish House, Woodsville

**OX PULLING**  
 10:00 AM  
 North Haverhill Fair Grounds, No. Haverhill

**ARSENIC AND OLD LACE**  
 7:30 PM  
 Old Church Community Theater, Bradford

**SUNDAY, JUNE 20**  
**HORSE & PONY PULLING**  
 10:00 AM  
 North Haverhill Fair Grounds, No. Haverhill

**ARSENIC AND OLD LACE**  
 4:00 PM  
 Old Church Community Theater, Bradford

**MONDAY, JUNE 21**  
**HVERHILL SELECTBOARD MEETING**  
 6:00 PM  
 Morrill Municipal Building, North Haverhill

**WEDNESDAY, JUNE 23**  
**REPUBLICAN MEETING**  
 5:00 PM  
 Horsemeadow Senior Center, No. Haverhill

**WOODSVILLE/WELLS RIVER 4TH OF JULY COMMITTEE MEETING**  
 7:00 PM  
 Woodsville Emergency Services Building

**FRIDAY, JUNE 25**  
**AMERICAN RED CROSS BLOOD DRIVE**  
 1:00 PM - 6:00 PM  
 Horsemeadow Senior Center, No. Haverhill

**FRIDAY, JUNE 25 - SUNDAY, JUNE 27**  
**3RD ANNUAL MOORE DAM FISHING TOURNAMENT**  
 Moore Reservoir, Littleton

**SATURDAY, JULY 3 AND MONDAY, JULY 5**  
**BOATING SAFETY COURSE**  
 9:30 AM - 2:30 PM  
 Groton State Park Nature Center, Groton

**SUNDAY, JULY 4**  
**4TH OF JULY CELEBRATION - ALL DAY**  
 11:00 AM Parade / 10:00 PM Fireworks  
 Woodsville / Wells River

**TUESDAY, JULY 6**  
**NH STATE VETERANS COUNCIL REPRESENTATIVE**  
 8:00 AM - 12:00 Noon  
 Woodsville American Legion Post #20

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Not all Times are Trendy but there will always be Trendy Times

June 8, 2010 Volume 1 Number 26

# 2010

# June 25 - 27



Daily Awards  
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On Moore Reservoir

3rd Annual

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## Prizes

#### Trout Prizes (daily - Fri., Sat., & Sun.)

- Brown, Rainbow or Brook Trout
- \$500 for the largest trout caught
- \$200 for the second largest trout caught
- \$150 for the third largest trout caught
- MINIMUM LENGTH LIMIT IS 12"

#### Northern Pike Prizes (daily - Fri., Sat., & Sun)

- \$500 for the largest pike caught
- \$200 for the second largest pike caught
- \$150 for the third largest pike caught
- MINIMUM LENGTH LIMIT IS 28"

#### Perch Prizes (daily - Fri., Sat., & Sun.)

- \$5 for each of the first 150 registered on Friday
- \$5 for each of the first 150 registered on Saturday
- \$5 for each of the first 150 registered on Sunday
- The maximum allowed is 5 perch per day, per person.
- Youth are eligible in this category
- MINIMUM LENGTH LIMIT IS 8"

#### Bass Prizes (daily - Fri., Sat., & Sun.)

- \$500 for the largest bass caught
- \$200 for the second largest bass caught
- \$150 for the third largest bass caught
- MINIMUM LENGTH LIMIT IS 15"

#### Youth Prizes (daily - Fri. Sat. & Sun.)

- 1st Place trophy, Perception Express Kayak and paddle Donated by The Village Sport Shop, Lyndonville \$200. Gift card Cabelas Outdoor Outfitters, Fishing pole and fishing gear.
- 2 nd Place trophy, \$300 Gift Card Cabelas Outdoor Outfitters
- 3 rd Place trophy, \$100 Gift Card Cabelas Outdoor Outfitters Fishing pole and fishing gear.

**PRIZES WILL BE AWARDED ON SUNDAY AFTER 2:30PM.**

Prizes are awarded in accordance with appropriate state and federal laws. Please be advised that all prizes in excess of \$600 are subject to 1099 federal taxes.

Adult  Fri. \$20  Sat. \$20  Fri. Sat, & Sun. \$45      Youth  Fri. \$15  Sat. \$15  Fri. Sat, & Sun. \$35  
Youths 15 yrs. and younger

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_

**Moore Dam Fishing Tournament, P.O. Box 19, East St. Johnsbury, VT 05838**

# Variety Store Update

By David Turner

It has been our policy to keep our customers and supporters informed as to how things have been going at The Variety Store and what Helping Hands has been able to accomplish thus far.

First, let me take the time to sincerely thank all of you who have become regular customers and supporters. It has been your patronage that has allowed us to accomplish all that we have. It is also all of your kind words, and compliments that keep us showing up every morning. Many of you tell us that you check with us first knowing if we do have what your looking for, it will be the best deal around.

Business has been up and down in the last few months. We have been able to pay all of our bills on time and still been able to provide some assistance to folks in need, and we have new customers find out about us every single day, but we still have a ways to go. This month one of the non-profit agencies that assist people in our area closed its doors. This may or may not increase the number of requests that we will get, but we would like to be ready if that happens.

There are still many people that have not discovered us and the time it is taking to build up a solid regular business, has kept our Helping Hands fund at a bare minimum. The fund we built up in the beginning was quickly used up last

winter, with large expenses like heat and we have not been able to recover to a point where we are able to help with all the requests we are receiving.

In order to keep our store interesting, we are constantly changing things with different clean, guaranteed items of every description that we have been collecting for many years to do this project. We have expanded our tool section to include larger tools and gardening supplies. We have also changed our clothing section into a furniture area. If you haven't been in lately, you haven't been in.

As business is now, we will be able to continue to provide some assistance to those in our area in need, and we will stay open as long as we can continue to at least do that. We originally pledged half of the profits back into the community, but to date, and until we are able to provide for most if not all, of the true needs we get requests for, we have and will take nothing for ourselves.

We are not a non-profit organization, do not operate on donations of goods, and receive no grants, state or federal funding. We do not want to be limited as to who and how we can be of service to the community, by the regulations that come with that funding.

Our overall plan would be to purchase the building and start a Community Center in the upstairs, with games, a

meeting room for clubs, a place where the adults can gather in the morning over coffee, and many more ideas. The space is vacant and could be renovated in a very short time. We already have offers of donations of a billiards table, a foosball table, an air hockey table and several T. V.'s for video games. But with the present growth rate of the business, and the number of requests for help that we receive, to accomplish this by ourselves would take several years.

In the beginning, and until we had proved our intentions, we did not ask for any outside assistance. (Our year-end report is available to anyone interested.) But, if we are to make this all a reality, we are now open to anyone who shares our vision, to become a partner with us in this endeavor. We now welcome any assistance or ideas that any of you may have, to make this become a reality this summer.

If you would like to find out more about the complete plan for the Community Center, feel free to stop by the store, next to Cumberland Farms, Tuesday thru Friday, 10AM-5PM, or call 603-747-2995 and we would be glad to share it with you.

In the meantime, if you have not checked us out yet, you owe it to yourself to at least see the amazing "Variety" of clean, guaranteed, lowest priced items that we carry. The only complaint we hear is that someone didn't check with us first, and paid too much somewhere else. And, as always remember that there are other wonderful small businesses all along the strip where you can receive friendly personal service and find all kinds of bargains. All those open flags that you see are welcome mats, put there for you.

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 Tuesday – Friday 9:00am - 5:00pm

*Trendy Times reserves the right to accept or reject publication of any letter to the editor or submission of any nature for any reason, of course you will need to be really out there for us to turn you down. However, we do reserve the right to make slight changes to submissions for readability purposes. Thank you for your understanding.*

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# Honor And Respect

## MAY GOD BLESS THIS AIRLINE CAPTAIN:

He writes: My lead flight attendant came to me and said, "We have an H.R. on this flight." (H.R. stands for human remains.) "Are they military?" I asked.

'Yes', she said.

'Is there an escort?' I asked.

'Yes, I already assigned him a seat'.

'Would you please tell him to come to the flight deck. You can board him early,' I said..

A short while later, a young army sergeant entered the flight deck. He was the image of the perfectly dressed soldier. He introduced himself and I asked him about his soldier. The escorts of these fallen soldiers talk about them as if they are still alive and still with us.

'My soldier is on his way back to Virginia,' he said. He proceeded to answer my questions, but offered no words.

I asked him if there was anything I could do for him and he said no. I told him that he had the toughest job in the military and that I appreciated the work that he does for the families of our fallen soldiers. The first officer and I got up out of our seats to shake his hand. He left the flight deck to find his seat.

We completed our preflight checks, pushed back and performed an uneventful departure. About 30 minutes into our flight I received a call from the lead flight attendant in the cabin. 'I just found out the family of the soldier we are carrying, is on board', she said. She then proceeded to tell me that the father, mother, wife and 2-year old daughter were escorting their son, husband, and father home. The family was upset because they were unable to see the container that the soldier was in before we left. We were on our way to a major hub at which the family was going to wait four hours for the connecting flight home to Virginia.

The father of the soldier told the flight attendant that knowing his son was below him in the cargo compartment and being unable to see him was too much for him and the family to bear. He had asked the flight attendant if there was anything that could be done to allow them to see him upon our arrival. The family wanted to be outside by the cargo door to watch the soldier being taken off the airplane. I could hear the desperation in the flight attendants voice when she asked me if there was anything I could do. 'I'm on it', I said. I told her that I would get back to her.

Airborne communication with my company normally occurs in the form of e-mail like messages. I decided to bypass this system and contact

my flight dispatcher directly on a secondary radio. There is a radio operator in the operations control center who connects you to the telephone of the dispatcher. I was in direct contact with the dispatcher. I explained the situation I had on board with the family and what it was the family wanted. He said he understood and that he would get back to me.

Two hours went by and I had not heard from the dispatcher. We were going to get busy soon and I needed to know what to tell the family. I sent a text message asking for an update. I saved the return message from the dispatcher and the following is the text:

'Captain, sorry it has taken so long to get back to you. There is policy on this now and I had to check on a few things. Upon your arrival a dedicated escort team will meet the aircraft. The team will escort the family to the ramp and plane side. A van will be used to load the remains with a secondary van for the family. The family will be taken to their departure area and escorted into the terminal where the remains can be seen on the ramp. It is a private area for the family only. When the connecting aircraft arrives, the family will be escorted onto the ramp and plane side to watch the remains being loaded for the final leg home. Captain, most of us here in flight control are veterans. Please pass our condolences on to the family. Thanks.'

I sent a message back telling flight control thanks for a good job. I printed out the message and gave it to the lead flight attendant to pass on to the father. The lead flight attendant was very thankful and told me, 'You have no idea how much this will mean to them.'

Things started getting busy for the descent, approach and landing. After landing, we cleared the runway and

taxied to the ramp area. The ramp is huge with 15 gates on either side of the alleyway. It is always a busy area with aircraft maneuvering every which way to enter and exit. When we entered the ramp and checked in with the ramp controller, we were told that all traffic was being held for us.

'There is a team in place to meet the aircraft', we were told. It looked like it was all coming together, then I realized that once we turned the seat belt sign off, everyone would stand up at once and delay the family from getting off the airplane. As we approached our gate, I asked the copilot to tell the ramp controller we were going to stop short of the gate to make an announcement to the passengers. He did that and the ramp controller said, 'Take your time.'

I stopped the aircraft and set the parking brake. I pushed the public address button and said, 'Ladies and gentleman, this is your Captain speaking I have stopped short of our gate to make a special announcement. We have a passenger on board who deserves our honor and respect. His Name is Private XXXXXX, a soldier who recently lost his life. Private XXXXXX is under your feet in the cargo hold. Escorting him today is Army Sergeant XXXXXX. Also, on board are his father, mother, wife, and daughter. Your entire flight crew is asking for all passengers to remain in their seats to allow the family to exit the aircraft first. Thank you.'

We continued the turn to the gate, came to a stop and started our shutdown procedures. A couple of minutes later I opened the cockpit door. I found the two forward flight attendants crying, something you just do not see. I was told that after we came to a stop, every passenger on the aircraft stayed in their seats, waiting

for the family to exit the aircraft.

When the family got up and gathered their things, a passenger slowly started to clap his hands. Moments later more passengers joined in and soon the entire aircraft was clapping. Words of 'God Bless You', I'm sorry, thank you, be proud, and other kind words were uttered to the family as they made their way down the aisle and out of the airplane. They were escorted down to the ramp to finally be with their loved one.

Many of the passengers disembarking thanked me for the announcement I had made. They were just words, I told them, I could say them over and over again, but nothing I say will bring back that brave soldier.

I respectfully ask that all of

you reflect on this event and the sacrifices that millions of our men and women have made to ensure our freedom and safety in these United States of AMERICA.

Footnote:

As a Viet Nam Veteran I can only think of all the veterans including the ones that rode below the deck on their way home and how they were treated. When I read things like this I am proud that our country has not turned their backs on our soldiers returning from the various war zones today and give them the respect they so deserve.

I know every one who has served their country who reads this will have tears in their eyes, including me.

Submitted by: Howie Howe

Not all Times are Trendy but there will always be Trendy Times

June 8, 2010 Volume 1 Number 26

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